



**ZONTA**

CLUB OF CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

# ZEPHYR

## December 2015

### 2015 Club Officers And Board

**President:** Kathy Cathcart  
[kcathcart@TheAlignTeam.org](mailto:kcathcart@TheAlignTeam.org)

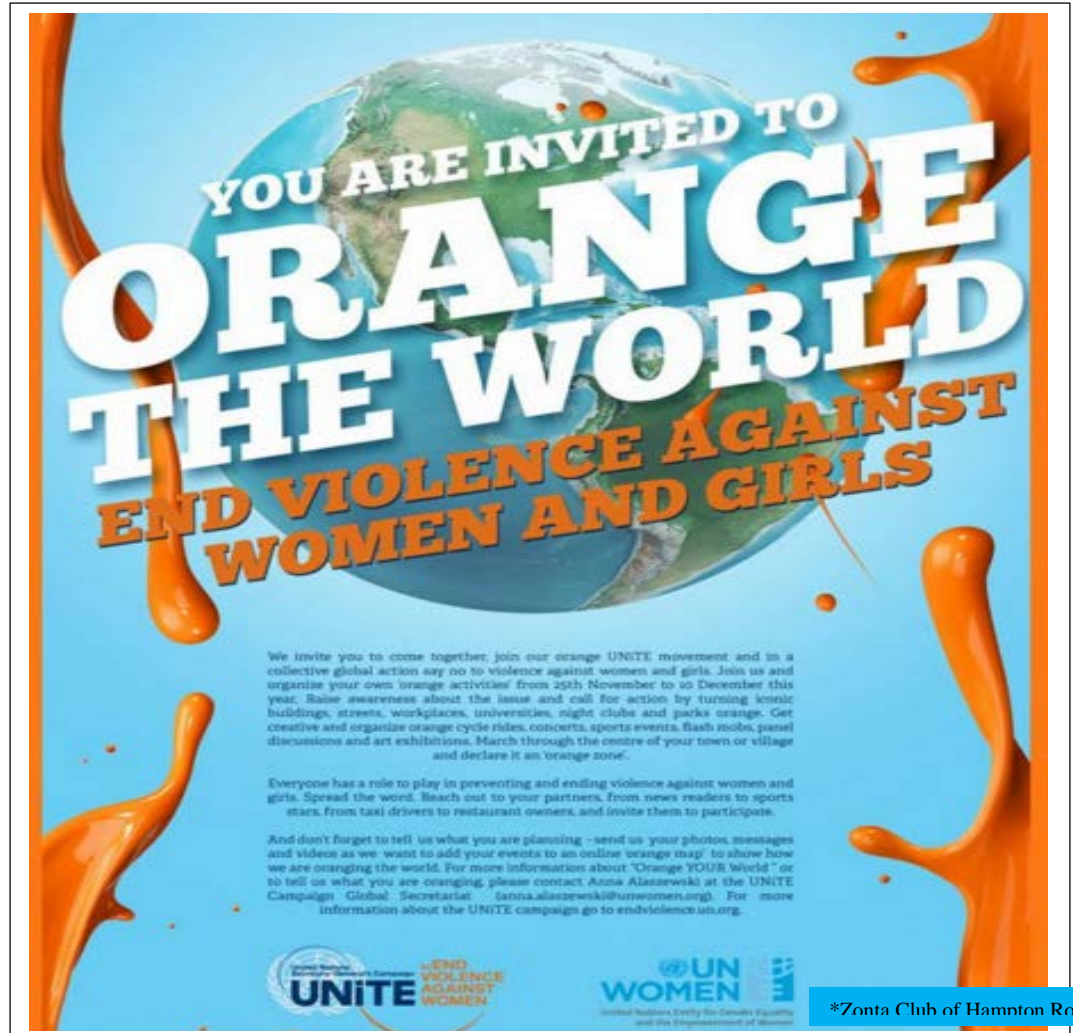
**President-Elect:**  
Connie Sloan-Cathcart  
[director@unitedwayoflamiecounty.org](mailto:director@unitedwayoflamiecounty.org)

**Secretary:** Pamela Moran  
[pamcgehan@yahoo.com](mailto:pamcgehan@yahoo.com)

**Treasurer:** Jo Ann Ziegler  
[josebears@bresnan.net](mailto:josebears@bresnan.net)

#### Board Members:

Betty Abernethy  
Misti Fisher  
Melissa Martin  
Denise Parrish  
Annie Wood



\*Zonta Club of Hampton Roads

## Zonta Says NO to Violence Against Women

### What are the 16 Days of Activism Against Gender-Based Violence?

Originally the 16 Days of Activism Campaign choose to symbolically link November 25<sup>th</sup> (International Day Against Violence Against Women) and December 10<sup>th</sup> (International Human Rights Day). The growth of the anti-violence against women movement provides one of the best illustrations of how local activism can translate into global action.

- Nov 25 *International Day for Elimination of Violence Against Women*
- Nov 29 International Women Human Rights Defenders Day
- Dec 1 World AIDS Day
- Dec 2 International Day for the Abolition of Slavery
- Dec 3 International Day of Persons with Disabilities
- Dec 5 International Volunteer Day for Social and Economic Development
- Dec 6 Anniversary of the Montreal Massacre
- Dec 10 *International Human Rights Day*

**Zonta Board Meeting  
November 3, 2015**

The meeting was called to order by President Kathy Cathcart.

Present: Kathy Cathcart, Connie Sloan-Cathcart, Jaime Davis, Denise Parrish, Betty Abernethy, Melissa Martin and Misti Fisher.

The October Treasurer's Report was reviewed.

Heather Wilkins and Lisa Hunt were recommended by the Membership committee, the board accepted unanimously.

Ending Violence Against Women - EVAW (aka Big Idea) – discussion and mapping began to develop a work plan. Board members agreed the plan is fluid and will be revised based on research and needs. Refer to the *EVAW Work Plan* document.

The November 12th meeting will be at the Historic Plains Hotel. This is the night of our United Nations presentations. Three new Z's will provide the program. In addition, Kathy will present the *Ending Violence Against Women Work Plan*.

Having no more business to discuss, the meeting was adjourned.

Respectfully submitted,  
Kathy Cathcart  
President

**UNITED NATIONS DINNER MENU  
November 12, 2015**

**Roasted Salad with Nigerian Pepper Dressing  
Chicken and Beef Skewers with a Vietnamese Peanut Sauce  
Served over Liberian Rice and Mixed Vegetables  
Nigerian Inspired Bread Pudding  
Rwanda Grilled Bread with Hummus**



**Zonta Club of Cheyenne**  
**General Meeting**  
**November 12, 2015**

The meeting was called to order by President Kathy Cathcart.

Introduction of Guest: Linda Bogart introduced Rick Fisher; Melissa Martin, Kristie Wilson; Mary Walker, Lisa Hunt; Connie Sloan Cathcart, Stacey Splittstoesser.

November – Every member - every November. Members were encouraged to make donations to Zonta International.

Jody Gostas reminded members that she had luminarias available. Luminarias should be displayed on November 25<sup>th</sup>, the first day of 16 Days of Activism, as a statement of support against domestic violence.

November 23<sup>rd</sup> – Governor Mead will sign a Proclamation Against Domestic Violence at 9:30 at the Capital. At 10:00am the Triumph High School Z Club is sponsoring a Procession of Silent Witnesses from the Capital to the Laramie County Library. Dicky Shanor will present the Mayor’s Proclamation Against Domestic Violence. All members were encouraged participate and to wear orange for the day’s events.

Betty Abernethy moved and Belinda Kolb seconded to accept the Treasurer’s Report and the General Meeting Minutes for October. Motion carried.

ZLNO – 3 table sponsors and 5 vendors have paid. The committee is still working with Little America. It is time to rock and roll! It is hoped that 375 to 400 tickets will be sold.

The Big Idea – Ending Violence Against Women

Money from ZLNO is to finance an impactful program. Jaime Davis developed an advocacy plan. This preliminary plan will be emailed to all members. There is a need to learn and then develop an advocacy program. Do we need to become a “pilot” program? Members are encouraged to participate on an Action Team. Deadline for Team reports is January 5<sup>th</sup>. Progress reports will be reviewed at the January Board meeting.

The program for the evening was a presentation by the New Z’s – United Nations, International programs.

The next membership meeting will be held on Thursday, December 10<sup>th</sup> at Applebee’s. The meeting will begin at noon.

Having no further business to discuss, the meeting was adjourned.

Respectfully submitted,  
Pamela Moran



**Zonta Club of Cheyenne**  
Treasurer's Report  
As of December 1, 2015

Balance	11/1/2015			\$ 20,399.92
Deposits	11/13/2015	Meals for 11/12/15 Meeting at The Plains Hotel	\$ 419.00	
			\$ 419.00	
Withdrawals	11/12/2015	The Plains Hotel - November Meals	\$ (483.91)	
			\$ (483.91)	
Balance	11/1/2015			\$ 20,335.01
Restricted Funds:				
		Meal Fund	\$ 711.12	
		YWPA Award	\$ 1,000.00	
		Zonta International (1/3 of Service Funds)	\$ 5,000.00	
		International Convention (Silent Auction)	\$ 2,023.72	
		Z-Club - Triumph High School (Service Funds)	\$ 200.00	
		Z-Club - Triumph High School (Meals at Club Meetings)	\$ 160.00	
		Reserve Fund	\$ 1,291.00	
			\$ 10,385.84	
Total Unrestricted as of 12/1/2015				\$ 9,949.17

Membership Meals to Date			
		Income (includes FY15-16 Pre-Paid Meals for 3 Members)	\$ 2,148.00
		Expenses	\$ (1,555.92)
			\$ 592.08

Z-Club Meal Expenses for Monthly Meetings

Month	Number Attended	0	\$	-
Jun-15		0	\$	-
Jul-15		0	\$	-
Aug-15		0	\$	-
Sep-15		0	\$	-
Oct-15		2	\$	26.00
Nov-15		0	\$	-

**Respectfully submitted,**  
**Jaime Davis,**  
**Treasurer**

Be sure to look at your EVAW  
assignment in your email  
messages from  
President Kathy Cathcart

## Zonta Says "NO" Kick-Off



Students from Triumph High School Z Club and Zontians meet with Wyoming Governor Matt Mead as he signs a Proclamation supporting 16 Days of Activism Against Gender Violence on November 23, 2016.



Zontians & Triumph Z-Club at State Capitol 11/23/2015



Gov. Mead, Deb Richardson, and Silhouette of Crystal Town



Cheyenne City Councilman  
Dickie Shanor reads  
Mayor Kaysen's  
Proclamation honoring 16 Days of  
Activism Against Gender Violence.



Preparing to process with silhouettes and place in  
Laramie County Library, Joseph O'Mahoney Federal  
Bldg, City Hall, and Grace United Methodist Church

Thank you, Pamela Moran, for all the photos  
you take. We know the main reason why!!

## ***Interviews with Past Presidents***

### **Melinda Brazzale 1991-1992**



Jody and I met with Melinda Brazzale for afternoon coffee early in November. I haven't seen Melinda for several years but she is still the same as I remember her. Full of life, smiles and energy. Recently retired for the Laramie County Library System, Melinda stays busy as ever. She and her husband Ernie just returned from Provo, Utah where their daughter lives and works at



Melinda cross country skiing in Lions Park with hubby Ernie

BYU. Their son lives in Denver where he works for the Bureau of Land Management.

I asked Melinda (a southern California native) how she ended up in Wyoming. She met her husband at a party in Denver. She thought he was too nice and wasn't interested but ended up becoming best friends. After marrying she moved to Wyoming because Ernie was from here. Some of you may remember the best place in Cheyenne to get a home cooked Italian meal was in the basement of the Brazzale house. That was Melinda's in-laws.

Melinda was Zonta President in 1991-1992. She had been a member for many years before becoming president. When asked why she joined, Melinda said that someone from Zonta saw her name in the newspaper and called her about joining. Melinda attended the Zonta International conference in Dallas Texas with Priscilla Berwick and Jody. She remembers sitting between them to keep warm because the facility was so cold. Melinda said she had been thinking about her experience as President and remembers a discussion about paying for meals a year in advance and how women react so differently to that concept than men. When her children entered secondary school she dropped out of Zonta to become more involved in their activities. She thought about coming back but wanted to belong to organization that focused on both men and women, so she joined the Cheyenne Rotary Club. Melinda is also active in the Presbyterian Church and is serving a three year term as President of Presbyterian Women of Wyoming.



### **Kathy Carlson 2002 - 2003**

Kathy Carlson and Linda Bogart joined Zonta at nearly the same time mid-1995 and shared many memories. Kathy's sponsor was Past President Sylvia Hackl. Before she was President, Kathy had served as District Parliamentarian for 2 years when Bev Morrow was Governor. She attended quarterly District Board meetings, several District Conferences and many

Area Meetings. Those of us who remember the Antique Show certainly recall the excellent chicken salad she would serve us after our "Flyer Distribution Party" once she got her few rescue dachshunds into the backyard! Kathy was also the chief soup chef in the Antique Show kitchen and taught me what I know about making soup.

Kathy and her husband Jerry love traveling. Even though she has had both knees replaced within the last year, Kathy still has big travel plans. Her bucket list includes Egypt and Antarctica! She has been doing knee exercises 5 days a week so that she has no excuse to avoid climbing pyramids and glaciers!

Even though Kathy still works at Legal Review Administrator for the State Attorney General's Office, she's taken up painting through LCCC and has completed 4 abstract acrylic works. She's keeping herself busy and ready for retirement when the call comes!

# ZONTA ART CONTEST

## PERSEVERANCE AND HOPE: SURVIVORS OF DOMESTIC VIOLENCE AND HUMAN TRAFFICKING



*CONSTANCE*

Artist, Eddie Fernandez, Jr.

One of the winners of the 2015 Zonta Art Contest  
Theme: Views of Human Trafficking

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### ALL FORMS OF ART WELCOMED

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### PRIZE CATEGORIES

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Textile	<b>Under 18 Years of Age \$150 Prize</b>
Photographs	
Sketches	<b>18 Years of Age or Older \$150 Prize</b>
Paintings	
Sculpture	Plans include exhibiting art at the Hynds Building during a portion of January starting January 8, 2016
Carvings	
Any and All Other	

**Final Submission Date: *December 29, 2015, 4:00 p.m.***

**Drop-Off Locations: Graffito Paint Your Own Pottery, 317 West Lincolnway  
Flydragon Design Art Studio, 1822 E. 16<sup>th</sup> Street**

Please include with submission:

Name, phone number, e-mail address and artist's age

**Reception: Monday, January 11, 2016, 4:30 to 6:30 p.m.**

**Human Trafficking Awareness Day**

**Hynds Building, 16<sup>th</sup> and Capitol Ave, Cheyenne**



**ZONTA CLUB OF CHEYENNE**  
P.O. Box 2135, Cheyenne, WY 82003  
(307) 509-0473  
<http://cheyennezonta.org/>  
[www.facebook.com/ZontaCheyenne](http://www.facebook.com/ZontaCheyenne)

On Nov 22, 2015 I watched the CNN Films documentary *The Hunting Ground*, a poignant movie about sexual assault on US college campuses. This led to me to a quick read of Jon Krakauer's book Missoula: Rape and the Justice System in a College Town. Is this a topic we need to consider when we look at the Zonta EAW plan? We have a vibrant junior college in Cheyenne with at least a couple of close connections to Zonta. Our sister clubs in Laramie, Ft Collins, and Greeley share university campuses and junior college campuses. There are many ways to examine this issue which coincides with the 16 Days theme for this year: **Make Education Safe for All.**

~Jody Gostas

## Calendar of Events

**December 1 Tuesday 5:30 pm**  
Zonta Board Meeting  
Align Conference Room

**December 1**  
Rosa Parks Day, 60<sup>th</sup> Anniversary

**December 10 Thursday 10:00**  
Laramie County Library  
Removing Silent Witnesses

**December 10 Thursday noon**  
Zonta General Meeting  
Applebees

**December 15**  
Bill of Rights Day

**December 19 Thursday 5:00**  
New Zees Happy Hour  
Plains Hotel

## Happy Birthday Zontians



Belinda Kolb	12/07
Bev Ambrose	12/07
Linda Bogart	12/12
Betsey Joannides	12/16
Connie Sloan-Cathcart	12/30

***SELL YOUR ZLNO TICKETS OR GIVE THEM AS GIFTS!!***



Winter Wonderland in Lions Park courtesy of photographer Peggy Lush