



ZONTA
CLUB OF CHEYENNE
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR
August 2017

2017 Club Officers And Board

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Betty Abernethy
Kathy Cathcart
Cindy Wertz

Committee Chairs:

Advocacy: Jody Gostas
Denise Parrish, Board Liaison

Communication: TBA
Melissa Martin, Board Liaison

Finance: Belinda Kolb
Amanda Roberts, Board Liaison

Membership: Bev Ambrose
Jaime Davis, Board Liaison

Service: Jennica Fournier

President's Message



July has been a very busy month for us. I am incredibly proud to see so many Zontians working together to create awareness and provide resources for victims of human trafficking, sexual assault, and domestic violence. ***We don't want to stop now!*** We will continue to unite in our efforts to eliminate violence; to be a voice for victims; to create opportunities through service and advocacy.

Through Zonta Says No, we've learned, the following facts:

- 79% of female victims are exploited for sexual purposes
- The trafficking of girls under the age of 18 is increasing
- Almost 41,000 girls become brides every day, often to older men. This is 28 girls per minute; **3 of which are under 15 years of age.**

These are alarming statistics, and recent events have shown that these atrocities are occurring right here at home. We can no longer assume we are immune, that these horrible things only happen in other parts of the world.

Zonta International has provided us with a how-to plan for advocacy projects. The first step is to team and subject: identify the team of volunteers who will drive the advocacy efforts. Once the team is identified, the next step is to select the most important aspect of violence against women and girls in your country/community.

Examples:

- Domestic
- Workplace
- Violence in open spaces
- Trafficking
- Early marriage

Then it is crucial to determine the focus of the advocacy action. Examples:

PREVENTION:

- Promote gender equal norms and violence-free environments in schools
- Support programs that help men to change violent behavior
- Request "safe cities": design/lighting of public spaces, safe public transportation, etc.

PROTECTION

- Request One-Stop Centers with medical/legal/social help for victims
- Promote short term shelters and long term affordable housing for women and children
- Support vocational training for victims to become self-supporting

(Continued on next page)

PRESIDENT'S MESSAGE (continued)

PROSECUTION

- Request laws that clearly blame perpetrators, not victims
- Encourage reporting of violence and give support to victims during legal processes
- Promote training of police and legal professionals to understand the issues.

The additional components are to plan and budget; select the most appropriate action(s); and document our impact. We have a good team, and they are working on both domestic violence and human trafficking issues in our community. We need your help to complete the plan and create specific areas of focus that drive our action. *Please join us at our August meeting to continue this discussion. We've said it many times: together, we are strong. Together, we can empower, serve, and advocate. I am honored to stand with you. Together, we will make a difference.*

~~Jaime Davis, President
Zonta Club of Cheyenne

ZONTA CLUB OF CHEYENNE GENERAL MEETING July 13, 2017

For the last several years, our July meeting has been primarily social and a picnic. This year we "picnicked" at Accomplice Beer Company in the Cheyenne Depot Building. No official Minutes were kept; the gathering was well attended by about 20 members and several guests.

After a few brief announcements, the food came out, including hot wings, sliders, potato chips. After folks got their food and beverages, we settled down to the serious business...BINGO! Kudos to Morgan Fish and Amanda Roberts for keeping us all on track (and honest!). After three rounds of BINGO and a little more socialization, the party began to break up – with a few diehards staying till around 8:30. Totally delightful evening, thanks to Morgan, Amanda, and Karen Pacheco for the organization.



Committee Reports

Finance: The Finance Committee has purchased QuickBooks as a tool to assist in the financial activities of the Club. The Committee is setting up all of the components now and will be able to generate reports, expedite budget planning, and send invoices for membership dues renewals. The Committee is also working on the 2017-2018 budget, which should be finalized at the August Board Meeting and then presented to the Club.

CFD Human Trafficking Awareness: See write-ups and photos below and on separate page in this Zephyr.

Advocacy: Ann Erdmann and Jody Gostas participated in a Zonta Advocacy Briefing Webinar on July 13. The topics covered were The Bipartisan Campus Accountability and Safety Act; How to Hold Meetings with Elected Officials; and, Equal Rights Amendment and Removing the Deadline for Ratification of the ERA. The excellent Webinar provided concrete steps every Zonta Club can implement to some degree. More information will be forthcoming.

Scholarships and Awards: Zonta scholarships have been awarded to Risikat Triplett and Kimberly Ann Culver, both non-traditional students and both pursuing studies in health science fields at LCCC. We hope they will both be able to attend our August meeting to be introduced to the membership.

Human Trafficking Art Contest: The first committee meeting was scheduled August 1 to determine theme for the 2018 contest, to determine budget needs, to design the flyers, and to brainstorm ways to improve this event

Membership: The Membership Committee is excited about the social activity we held in July. Thank you to those who were able to attend! We are looking forward to our August meeting which will be a lunch meeting at the Radisson, Thursday August 10th at noon. We will also host Zappy Hour on August 17th at 5:30 pm at the home of Betty Abernethy, 814 E Jefferson Rd. We are looking for impromptu activities such as coffee chats or movie dates to encourage relationship building in our Club. Many of us joined because we believe in the mission of Zonta; however, many of us will stay because we have a friend. *If you have an idea for a social activity, please let us know!* In addition, please watch our Facebook page for meet-up opportunities. We look forward to cultivating friendships within the Club. **We think the cookie bake might be one of those opportunities.**

Cheyenne Frontier Days & Human Trafficking Awareness

#1 The Human Trafficking subcommittee began two weeks of public information activities on Saturday, July 15. Three teams of two people each spent a frantic 2 hours distributing flyers around Cheyenne. We then met for discussion of results and suggestions for the future of this effort – and lunch!

L to R: Misti Fisher, Jenny Dillingham, Jody Gostas, Denise Parrish, Linda Bogart, Ann Erdmann (not pictured cuz he's taking the photo: Rick Walsh)



#2 On a blistering hot Wednesday, July 19, four Zontians and a group of friends and family (of Misti Fisher) met at Frontier Park to plaster the toilets and port-a-potties with the Human Trafficking (HT) flyer.



L to R: Grace, Zach, Emma, Cori, Cameron, Jarrae, Malcomb, & Jenny – DONE! (Belinda Kolb inserted)



Misti Fisher and sister Jenny Dillingham hanging HT flyers at Frontier Park



Amber Still, Emma, Cori, Cameron – hot and thirsty!



Jody Gostas, Cameron Fisher, and Scott Lesco 4-wheeling 'round the Park!



Port-a-Potty Portrait

Special thanks to Misti's family and friends. This could not have been done without them!

#3 How long has it been since you've stood on line for the Pancake Breakfast? About four days! Zontians were present at a booth along the free breakfast line on Monday, Wednesday, and Friday passing out information about human trafficking (HT) and the National Human Trafficking Hotline for help. Contacts were made with people who have had HT experiences. We heard many times that "there is such a need to get that information out." This was a high energy project but worthwhile. Many pictures were taken but there is limited space to post them here. Be sure to go to the Zonta Facebook page for more pix.

Day 1 – Misti, Denise, Mary, Lisa, Cameron, Kathy, Jody



YWPA winner
Kelsey Lynn Faircloth



Day 2 – the day the rains came down!!
Kristie, Misti, Cori, Jody, Morgan



Personal behind the lines
tour from extraordinary
Kiwanian Glen Crock.

LCCC scholarship winner
Kimberly Ann Culver



Flaming hot Army surplus ovens from
WWII used for coffee and ham!



YUM, YUM!



Dad took pix of his 2 girls in front of
the Zonta banner because he wanted
to emphasize the important message!



It may have been a bit slow coming - and it may be a bit blurry - but here are the \$\$ results from our hard work for Zonta Ladies Night Out, better known as ZLNO!! Looking forward to 2018 we will have lots of work to do, now that CFD is over. **MARCH 2, 2018**



| | 2015 | 2016 | 2017 |
|---------------------|------|------|------|
| Vendors | 34 | 32 | 35 |
| Table Sponsors | 32 | 26 | 23 |
| Meals Ordered | 364 | 253 | 323 |
| Raffle Tickets Sold | 354 | 356 | 344 |

| | 2015 | 2016 | 2017 |
|-----------------------|-----------------|-----------------|-----------------|
| Table Sponsors | \$13,490 | \$14,025 | \$15,225 |
| Cash Donations | \$1,625 | \$1,940 | \$1,601 |
| Vendor Tables | \$4,350 | \$4,135 | \$4,395 |
| Dinner Tickets | \$6,321 | \$5,966 | \$8,670 |
| Raffle/Vendor Tickets | \$4,861 | \$3,604 | \$4,920 |
| Grab Bags | \$1,150 | \$2,180 | \$2,205 |
| Card Games (Net) | \$390 | \$0 | \$0 |
| In-Kind Donations | \$443 | \$1,280 | \$2,695 |
| TOTAL RECEIPTS | \$32,630 | \$33,130 | \$39,711 |

| | 2015 | 2016 | 2017 |
|--|-----------------|----------------|-----------------|
| Meals | \$10,456 | \$7,966 | \$11,426 |
| Room Rental, Equipment, Other Expenses | \$995 | \$980 | \$3,111 |
| Printing | \$72 | \$79 | \$779 |
| Advertising | \$0 | \$0 | \$287 |
| Centerpieces | \$0 | \$222 | \$0 |
| Cash Raffle Prizes | \$350 | \$350 | \$350 |
| TOTAL EXPENSES | \$11,873 | \$9,597 | \$15,952 |

| | 2015 | 2016 | 2017 |
|---------------------|-----------------|-----------------|-----------------|
| NET PROCEEDS | \$20,757 | \$23,533 | \$23,759 |

Getting our name known - baskets always come with Zonta information!



No matter which way you turned our silent auction basket for the Cowgirls of the West fundraiser, there was something fabulous to see - including a great WY license plate purse and some Wyoming made wine.

Thanks to all who contributed.



Zonta Club of Cheyenne is one of the sponsors for Wyoming's Joint Symposium on Children and Youth, to be held August 15-17 in Laramie. We'd like to send members to participate in the Symposium! If you're interested, please respond and let Jaime Davis know if you can attend one day or all three, and we can coordinate the details.

From the Symposium coordinators:

CEU's are available for the following disciplines:

Medical

Wyoming Hospital Association (WHA)
has approved this event for 18 continuing education credit hours!

Law Enforcement

Wyoming Peace Officer Standards & Training (POST)
has approved this event for 24 hours!

Education

Wyoming Professional Teaching Standards Board (PTSB)
has approved this event for up to 15.5 hours!

Legal

The Wyoming State Bar has approved this event for 18.5 general CLE's!

Child Care

Wyoming Statewide Training & Resource System (STARS) has approved this event for 14 clock hours!

Mental Health

Wyoming Psychological Association (WPA) mental health CEU's will be released soon!



Have you ever shopped at the **Christmas Cookie Extravaganza** at the Frontier United Methodist Church? It's usually the same weekend as the Christmas House and has become something of a tradition for me since I don't bake. I get my supply in pretty tins and pretend that I have baked them for friends and relatives...if there are any left after I stash them at home!

Imagine my chagrin when I learned the organizers were too fatigued to continue with the project. Jan Hertel to the rescue. But she needs **help!**

For at least the last 6 years, proceeds from the sale have gone to the Cheyenne Boys and Girls Club.



This year the Boys and Girls Club is at maximum capacity of 1200 at their new facility and there are 240 new applications for services.

I see this as a great opportunity for us to strengthen ties with other organizations but most of all to develop greater camaraderie within our own Club.

Here's what's involved:

A *Team Baking Day* will be August 12. We will do 9 – 11 separate recipes and make 8 batches of each recipe. These are not drop cookie recipes. They are recipes that must be done assembly line style because there are several steps to completing each cookie. After instructions are understood and the process has been explained and demonstrated there will be lots of time for chit chat as everyone does one step in the process and the cookies move down the line.

We will start at 8:00 am in the Frontier Methodist Church kitchen in the lower level (1888 Four Mile Road, corner of Four Mile and Powderhouse) entry is through the double back doors which face west and have a shed by them).

Lunch, drinks, broken cookies will be provided. Hope to see you there!

Calendar of Events

August 3 Thursday 5:30p.m.
Zonta Board Meeting
Paramount Second Floor

August 10 Thursday 12noon
Zonta General Meeting
Radisson Hotel

August 12 Saturday 8:00 a.m.
Frontier Methodist Cookie Bake

August 17 Thursday 5:30p.m.
Zappy Hour
Betty's House – 814 E Jefferson

August 18 – 20
Cheyenne Arts Festival
Depot Museum and Plaza

September 22-24
District 12 Conference
Doubletree Inn @ Lincoln Park
Greeley CO

Happy Birthday Zontians



| | |
|-------------------------|-------------|
| Colleen Murray | 8/04 |
| Jo Ann Russ | 8/13 |
| Karen Pacheco | 8/18 |
| Jennica Fournier | 8/25 |
| Jody Gostas | 8/30 |

Honorary international Zontian we should all know, indefatigable advocate for human rights and women's issues passes on...

Simone Veil, French and European public official and leader of human rights and women's issues, died 30 June at the age of 89.

Born 13 July 1927, Veil was a trailblazer in French politics for more than four decades and created changes that have lasted to this day. **She was named a Zonta International honorary member in 1996 and was the keynote speaker at the 1998 Zonta International Convention in Paris.**

"You have, Madam, made our old nation, better and more beautiful. Your grandeur is ours," said French President Emmanuel Macron while addressing Veil's death. "You have given our lives the light you had in you and which nothing or nobody was able to extinguish."



She will be buried at the Paris Panthéon, a high honor for French national heroes such as Victor Hugo and Marie Curie.

Read more about her amazing life and achievements in NY Times obituary or Wikipedia.