



DECEMBER 2017

[www.cheyennezonta.org](http://www.cheyennezonta.org)

### 2017 Club Officers And Board

**President:** Jaime Davis

[jaime.davis@collegeamerica.edu](mailto:jaime.davis@collegeamerica.edu)

**Vice President:** Kristie Wilson

[krisneener@yahoo.com](mailto:krisneener@yahoo.com)

**Secretary:** Melissa Martin

[melissamartin210@gmail.com](mailto:melissamartin210@gmail.com)

**Treasurer:** Amanda Roberts

[amanda.robertswy@gmail.com](mailto:amanda.robertswy@gmail.com)

### Board Members:

Brenda Mathre

Jennica Fournier

Denise Parrish

Lisa Hunt

Morgan Fish

### Nominating Committee

Betty Abernethy

Kathy Cathcart

Cindy Wertz

### Committee Chairs

**Advocacy:** Jody Gostas

Denise Parrish, Board Liaison

**Communication:** Kathy Cathcart

Melissa Martin, Board Liaison

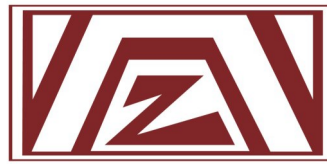
**Finance:** Belinda Kolb

Amanda Roberts, Board Liaison

**Membership:** Bev Ambrose

Jaime Davis, Board Liaison

**Service:** Jennica Fournier



**ZONTA**

CLUB OF  
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL  
**EMPOWERING WOMEN**  
THROUGH SERVICE & ADVOCACY

# ZEPHYR NEWSLETTER

## President Message



Brrr! Winter is here! I love the magic of winter—last week I stood at the window to watch the snowflakes fall, as it looked like glitter dancing in the wind. Winter holds my favorite memories from childhood, and helps me to look at everything in a new way. Once snow covers the ground, everything is different! The view changes! It reminds me that one seemingly small change can impact everything.

Do you ever feel like that? As we work to empower women; to end gender violence; to ensure that women are treated, and paid, equally; to advocate for education rights for all, regardless of gender; and to bring awareness to the issues of human trafficking in our own community; each of us is changing as well.

As you learn more about inequities in our world and it changes what you do and how you communicate, do you notice that people around you seem to change? Everything starts to look different, feel different; your perspective is altered. Sometimes the process will be uncomfortable. Sometimes it will stretch you, require you to change before you feel you're ready.

Yet, we keep fighting. Why? Because we can! We have a choice. If we are unhappy with our lives or particular circumstances, we can choose to make a change. We choose our friends, we choose where we live, we choose where we work... we choose to exercise or watch television... we choose whether we learn and grow or cling to what seems comfortable right now.

We choose!

What choices have you been making? Are they propelling you towards the life you want? If not, choose today to take a chance and make a change. If you need help, find a mentor—someone you trust and admire that can help you through the process. A note here: if you do nothing, you've still made a choice... a choice to stay the same.

Zontians, we have an opportunity to reflect on our lives and the impact we are able to make for women locally and abroad, and determine what changes we'd like to make. What will be the legacy we will leave? How will we make a difference, empowering women through service and advocacy?

At our December meeting, we will reflect on our current initiatives and identify some of our next steps. Do we need to make a change? How do we want to spend our time and energy as we continue to live the Zonta mission? Please plan to join us for the general meeting; together, we can influence lasting change on behalf of women everywhere.

Jaime Davis



**Saturday  
December 9<sup>th</sup>  
12:30 pm– 3:30 p.m.**



**Film Showing 1:00 pm  
Light Refreshments & Cash Bar**

**Elks Club Ballroom  
100 E. 17<sup>th</sup> Street  
Cheyenne**

**FREE PUBLIC EVENT!  
EVERYONE WELCOME!**

ZONTA PRESENTS



EQUAL MEANS EQUAL  
is an unflinching look at  
how women are treated  
in the United States to-  
day.

Ratifying the ERA would  
put American women's  
civil and human rights on  
a solid immovable foun-  
dation, impervious to the  
winds of political change.  
EQUAL MEANS EQUAL  
is an opening salvo to re-  
ignite the fight for our full  
civil rights once and for  
all.

Sponsored by  
ZONTA CLUB OF CHEYENNE  
<http://www.cheyennezonta.org/>

We would like to see a good showing from Zonta!

**Members present:** Cindy Wertz, Linda Bogart Betty Abernethy, Melissa Martin, Jaime Davis, Jody Gostas, Brenda Mathre, Kathy Cathcart, Misty Fisher, Guest Kristie Schwartz, Kristie Wilson, Belinda Kolb, Karen Pacheco, Ann Erdman, Mary Walker Morgan Fish, Amanda Roberts and Connie Cathcart.

**Call to Order:** Jaime called the meeting to order at 6:00 p.m. with members introducing themselves. Members then sang happy birthday to members with birthdays this month.

Kristie reported (on behalf of Denise Parrish) about the United Nations sustainable development goals. The focus for Zonta is the Gender Equality, including ending all forms of discrimination, all forms of violence and harmful practice (e.g. child marriage, and female genital mutilation). The idea of this document is to bring the Sustainable Development Goal #5 down to its most simple form. So, the sentences beneath the infographic is UN language of what the overall goal is intended to obtain. The table on the second page (back page) is intended to translate the specific targets into very simple concepts that should be pretty understandable and far less controversial than most United Nations matters (e.g. war and bombs). These are the motherhood and apple pie concepts - no violence, reasonable health care, gender equality, etc. Lesson: we need to read our audience and advocate appropriately. The bottom line: the UN -- we may not all like the style, the structure, the touchy-feeliness, but truly, the whole idea is simply to make the world a better place. Final word: when we read complicated documents like CEDAW (Convention on the Discrimination of Discrimination Against Women) or other treaties, we can get lost in the words. So, just remember the concepts. We must not rest until women's rights are human rights.

Betty also reported that November 25 is the international day of eliminating violence against women. Jody stated that December 10 is Human Rights Day (which anchors the 16 days of advocacy). These two dates are joint efforts between Zonta and the United Nations. Ann also stated that November 20 is the anniversary of the deceleration of the rights for children.

#### Committee Updates:

**Membership:** Jaime reported on behalf of Bev Ambrose about the membership Social Hour events. The next event will be at Culvers at 3:00 p.m. members are encouraged to stop by and informally get to know your Zonta friends. Jaime also talked about Navigators and new pilots (a program designed to mentor new members). Jaime reported that this concept never really took off. Think about ways to connect new members with seasoned members. More discussion on this topic will happen at the December lunch meeting.

**Communication:** Kathy reported that changes to the website are being made, including putting up new event information for the art contest, 16 days of activism and ZLNO. Kathy is also working to update the PayPal accounts.

**Finance:** Misti talked with the cop at Johnson Junior High to speak at ZLNO. Tickets and sponsors are ending to be addressed. Misti handed out a sign up sheet for members to help at ZLNO. Misti is looking at raffling off a 4-wheeler. We would purchase the 4-wheeler and sell enough tickets to make a profit. Misti is looking at ways to get the word out and get other business involved in marketing. We would need to sell at least 250 tickets (at \$20 each) to break event, 400 to make a decent profit. The centerpiece will be a "giving tree" theme where participants will be invited to donate to provide services for women in need.

Misti also discussed with the cop from Johnson Junior High School about having a anti-human trafficking presence during Cheyenne Frontier Days in the fairgrounds.

**Service:** Jaime reported on the Christmas Cookie bake sale by Frontier United Methodist church. Feel free to help out during the following dates:  
This Friday & Saturday 8:00 a.m. - 5:00 p.m., November 13 - 17 1:00 p.m. Until completed, and November 27 & 28 from 4:00 - 9:00 p.m. Of course, go buy cookies the first Saturday in December. All proceeds go to Boys & Girls Club of Cheyenne

Kristie stated that the Art Contest planning is December 22 is the last day for artist to submit their work. Tell artist to submit their work! The art reception will be Wednesday, January 10 5 - 8 p.m. Triumph kids will walk around with appetizers. Zontians are needed to host/greet people in the 3 rooms. Jaime will welcome guests and speak on behalf of Zonta. On Thursday Jan 18th from 6 - 9 p.m. will be the Zonta member guided painting. The budget will handle up to 30 participants for this guided painting.

(Continued)

**Advocacy:** Mary invited all to participate in the 16 Days of Advocacy silent march on November 20, 2017. The mayor and governor will sign proclamations on the same day. Betty and Kristie reminded members to wear orange in support of the event.

Ann asked members to save Saturday, December 9 to view the movie "Equal Means Equal" at the Elks Club from 1 - 4 p.m. This documentary highlights the ways women in the nation are not equal. We believe we need to extend the deadline for the ratification of the equal rights amendment. It is free to the public. Other Zonta Clubs will be invited to attend.

During the anniversary of United Nations Declaration of Children's Rights, the Global partnership for education resolution which emphasizes gender equality. Both house and senate have voted to conference Ann asked us to please phone or email your congress members and ask them to sign on. Abbreviate as you need to for inclusion in the minutes.

Ann also reported that November 20 is the anniversary of the UN Declaration on the Rights of the Child, signed in 1959. Principle 7 states, "*The child is entitled to receive education, which shall be free and compulsory, at least in the elementary stages.*" This is drawn from Article 26 of the Universal Declaration of Human Rights, the capstone of our 16 Days of Activism on Dec. 10. Likewise, the Millennium Development Goals Jaimie presented includes quality education as principle #4.

The Global Partnership for Education is a unique coalition of donor and partner countries, NGOs and private donors working together to ensure at least basic education for every child in the world. For example, GPE partnered with Zonta under the umbrella of the United Nations in Madagascar. Gender equality and the commitment of partner countries to supporting education are an integral part of GPE's efforts. Accountability for both expenditures and outcomes are factored in to all projects.

Every three years, GPE holds a replenishment conference at which donor countries and other supporters make a three year pledge. The next conference will be in February, 2018. In the House, Reps. Reichert and Lowey have introduced a resolution calling on our administration to make a robust pledge. An identical resolution has been introduced in the Senate by Sens. Booker and Rubio. We need to write/email/phone our members of Congress asking them to cosponsor these resolutions and push to have them brought forward for a vote. In the middle of all the controversy on so many subjects, this really should be an easy one for them! More cosponsors means a greater likelihood of successful action.

Mainly, Ann stressed children have a right to education, GPE is a powerful tool to achieve that goal, and write to our members of Congress to get them to cosponsor the bipartisan resolutions that have already been introduced in both houses.

**Upcoming Events:** Betty announced the next Zappy Hour will be next Thursday. Betty asked for input from members on change of time and location. Please contacts her with you suggestions. Betty will send out a survey or

The December 14 General Meeting will be held at the Radisson from Noon - 1 p.m. watch for Brenda's email for details. Members will be invited to bring items to support SafeHouse. Brenda will call Carla to see what items are needed. The following meeting will be January 11 at 210 E Idaho Street (Melissa & Linda's house) and will be a carry in.

Respectfully submitted by Melissa Martin, Secretary

**Calling All Artists!!**

**2018 Zonta Art Contest to  
bring awareness to —  
“Human Trafficking:  
It’s in YOUR hometown.  
See it to stop it!”**

**Three  
\$200  
Prizes**

**ART SUBMISSION DEADLINE**

**Date: 12/22/2017 Time: noon-5:00 pm**

**All Forms of Art Welcomed:**

- ♦ Textiles
- ♦ Photographs
- ♦ Sketches
- ♦ Paintings
- ♦ Sculptures
- ♦ Carvings
- ♦ Tattoo art
- ♦ Comic/Graphic Novel Art
- ♦ Graphic design
- ♦ All other medium

**Art Drop off Location:**

**Flydragon Art Studio  
600 W 17th Street  
Cheyenne WY 82001  
(307) 514-5547**

**Three \$200 Cash Prize Categories:**

**17 & Under (Youth)  
18 & Older (Adult)  
AND A  
People’s Choice Award**

**Artwork from all  
contestants will be  
displayed as the  
FEATURED ARTISTS of  
the month at  
Flydragon Art  
Studio from**

**Jan 1 thru Jan 27, 2018**

**Please attend Reception:**

**Weds, January 10, 2018  
5:00 p.m.—8:00 p.m.**

**HUMAN TRAFFICKING  
AWARENESS DAY**

**Sponsored by:**



**ZONTA**  
CLUB OF  
CHEYENNE  
MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

**ZONTA ART CONTEST SUBMISSION FORM**

**Must accompany art piece— LIMIT: one entry per person—Submission deadline: 12/22/2017**

**ARTIST : \_\_\_\_\_ NAME OF PIECE : \_\_\_\_\_**

**PHONE: \_\_\_\_\_ MEDIUM: \_\_\_\_\_**

**Check one:**

**Check one:**

**ADULT: \_\_\_\_\_ YOUTH: \_\_\_\_\_ FOR SALE: \$ \_\_\_\_\_ NFS: \_\_\_\_\_**



ZONTA - ART CONTEST

# BRINGING AWARENESS TO HUMAN TRAFFICKING RECEPTION

THEME

**IT'S IN YOUR HOMETOWN  
SEE IT, TO STOP IT**

Join us  
**Human Trafficking Awareness Day**  
**January 10th from 5pm-8pm**

**Open To  
The Public**

at Flydragon Art Studio  
600 W. 17th St. Cheyenne, WY  
307.514.5547

- View Contest Art Entries • Enjoy Refreshments • Become Aware



FLYDRAGON DESIGN  
ART STUDIO

**Sign up  
today  
through  
flydragon**

Join us again for more awareness **ONE WEEK** later  
**FREE GUIDED PAINTING WORKSHOP @ FLYDRAGON**

**January 18th 6pm-9pm**  
**First 30 people are free**

**PRESENTED BY:**  
Questions Call  
Kristie at 307-214-4376



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## ZONTA LADIES NIGHT OUT IS COMING FRIDAY, MARCH 2, 2018



Zonta of Cheyenne will offer –ZLNO tickets at the early bird price of \$65.00 through our website ([www.cheyennezonta.org](http://www.cheyennezonta.org)) with **PayPal only (No Direct sales for checks or cash ) from November 15th, 2017 until January 15th, 2018 .** After **January 15th 2018** direct sales for tickets will be checks, cash, or PayPal on Zonta's web site.

**Please remember ZLNO needs to be a success as it is what funds our activities and makes us a presence in the community.** There are many different ways to match your talents and interests to tasks. If your talent is not selling tickets, we are asking that you either make a bag to donate or collect items for the bags to donate. If there something you would like to do to help out with committees for ZLNO **Please** contact Misti. (421-2902)

**So Save the Date!!!!!!**

**Friday, March 2, 2018 – Mark Your Calendars**

Jan Hertel and her team would like to thank all the community volunteers from high school, groups and individuals. They appreciate families wanting to share a meaningful community volunteer experience to help the Boys and Girls club. The experience will provide this opportunity while providing sales of consistent products that are gift worthy. The volunteers of Zonta would like to thank Jan for involving us in this worthy cause. The sale of the cookies is December 2, 2017 at Frontier Methodist Church 1888 E. Four Mile Road. At 8:00 am. Hope to see all of you there.



Trays and trays of snowmen



Decorated holly and other sugar cookies



Brenda , Jody and Deanna separating cookies



Linda Bogart and Jan Hertel decorating



## Walking in Silence to Library with Silhouettes

From November 25 (the International Day for the Elimination of Violence against Women) to December 10 (Human Rights Day), the 16 Days of Activism against Gender-Based Violence Campaign is a time to galvanize action to end violence against women and girls around the world. The international campaign originated from the first Women's Global Leadership Institute coordinated by the Center for Women's Global Leadership in 1991.



**Governor Mead signing proclamation**



**Mayor Orr signing proclamation**



**Gathering at the Supreme Court**



**Dr. Michelle Aldrich (Triumph High School) reserved Parade route with Police Department**



**Walking in silence to Library with Silhouettes**

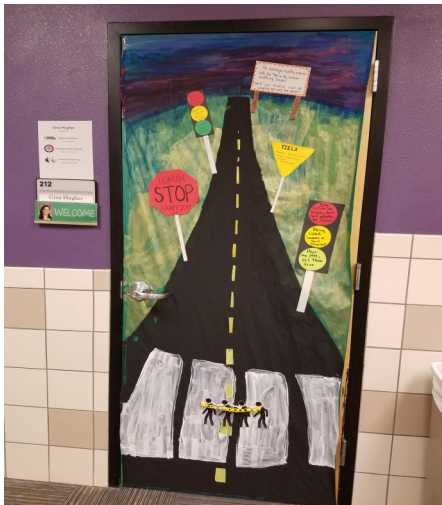


**Lisa Hunt, Kristie Wilson at Library with Silhouettes**



## Triumph High School Art Contest Z Club sponsored be Zonta Club of Cheyenne

The doors were judged by Triumph High School Receptionist, Business Manager, and Drug and Alcohol Counselor. The winning display won a brownie party.



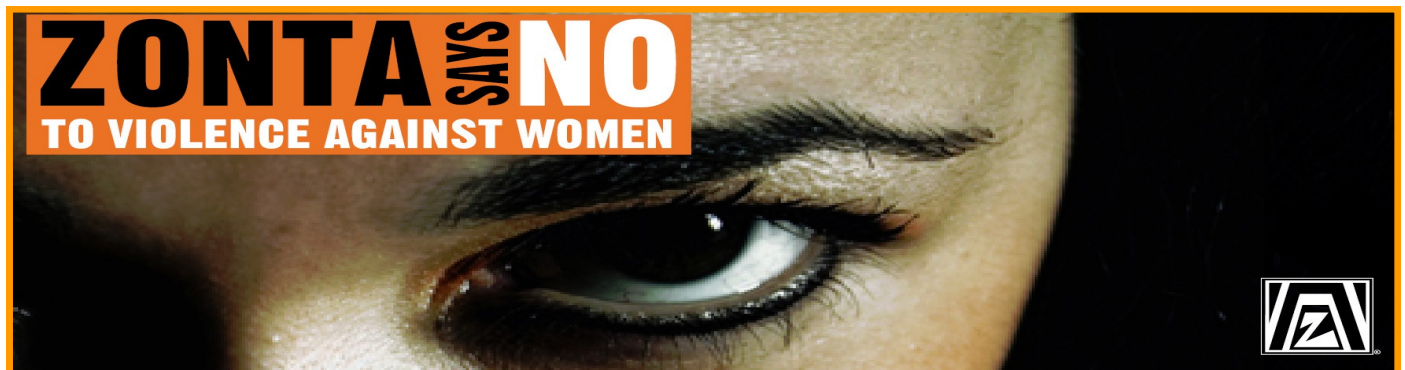
1st place door



2nd place door



3rd place door



## Women's Suffrage news clipping, illustration State Museum Object of the Month

A clipping from the 1888 newspaper showing women of Wyoming voting at the polls in Cheyenne, and a stylized painting made by Zella Harrington in 1955 based off that illustration are featured in the Wyoming State Museum's Object of the Month exhibit in December.

On December 10, 1869, Wyoming Territorial Governor John A. Campbell signed the bill known as women's suffrage into law. This was the first legislation passed in U.S. history to insure women the right to vote in all state-wide elections, and the right to hold public office.

The new law predated the 19th Amendment by 51 years.

The Wyoming State Museum is located at [2301 Central Avenue](#) in Cheyenne. Hours are 9am to 4:30pm Monday through Saturday. Admission is free.

You can find us on Facebook [#WyomingStateMuseum](#) and Instagram [#wyomingstatemuseum](#)

For more information, contact Mariah Emmons at [\(307\)777-5415](#)





## Upcoming Events:

November 25th—December 10th 2017: 16 days of Activism

December 2, 2017: Boys & Girls Club Cookie Sale

Frontier United Methodist Church

December 7, 2017: Board Meeting at 530pm

December 9, 2017: Equal Means Equal Presentation

Elks Club 100 E. 17th St.

12:30pm — 3:30pm

December 14, 2017: General Meeting Radisson Hotel (Noon)

December 21, 2017: Zappy Hour (TBA)

December 22, 2017: Deadline for Art Contest

January 4, 2018: Board Meeting at 530pm

January 10, 2018: Art Contest Reception

Flydragon Art Studio, 600 W. 17th

5pm — 8pm

January 11, 2018: General Meeting 210 W. Idaho St.

6pm — 730pm

January 18, 2018: Zappy Hour—Guided Painting Workshop

Flydragon Art Studio, 600 W. 17th

6pm — 9pm

## Foundation

Kathy Cathcart (Chair)  
Connie Sloan Cathcart (Vice-Chair)  
Denise Parrish (Secretary)  
Misti Fisher (Treasurer)  
Jaime Davis (Director)

