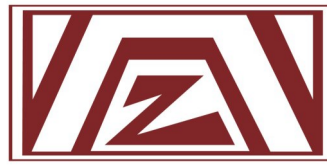


APRIL 2018

www.cheyennezonta.org



ZONTA
CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR NEWSLETTER

2017-2018 Club Officers And Board

President: Jaime Davis

jaime.davis@collegeamerica.edu

Vice President: Kristie Wilson

krisneener@yahoo.com

Secretary: Melissa Martin

melissamartin210@gmail.com

Treasurer: Amanda Roberts

amanda.robertswy@gmail.com

Board Members:

Brenda Mathre

Jennica Fournier

Denise Parrish

Morgan Fish

Lisa Hunt

Nominating Committee

Betty Abernethy

Kathy Cathcart

Cindy Wertz

Committee Chairs

Advocacy: Jody Gostas,

Ann Erdmann

Denise Parrish, Board Liaison

Communication: Kathy Cathcart

Melissa Martin, Board Liaison

Finance: Belinda Kolb

Amanda Roberts, Board Liaison

Membership: Bev Ambrose

Jaime Davis, Board Liaison

Service: Jennica Fournier



President's Message

International President Sonja Hönig Schough recently sent the following information with Club Presidents, and I wanted to share some of her words.

Thank you for believing in Zonta and committing your time and talent to create a better world for women in your community, nationally and internationally.

We set challenging goals for this biennium, and I am happy to report that we are almost there with still some months to go. Without your support this would not have been possible.

During this biennium, we have expanded our programs and improved member and donor services. We have further developed our advocacy campaigns and raised our visibility and voice at all the different UN arenas. A global membership drive has been presented and even if we cannot see the result this year, I am confident that with your support we will see progress next biennium. These are just some examples of activities - a full report will follow later.

Because of you, hundreds of women around the world were awarded with fellowships and scholarships. Our UN partners are delivering on their promises to give women and girls self-sustainability. None of this could have been done without you.

I echo that entirely. One of the exciting things about being a Zontian is knowing that our impact is global. Zonta Club of Cheyenne is one small part of Zonta International, but each club contributes to the greater good. Zonta International continues efforts related to the 17 Sustainable Development Goals (SDGs) adopted at the United Nations in September 2015. The SDGs seek to change the course of the 21st century, addressing key challenges such as poverty, inequality and violence against women. These goals will guide world leaders and the global community as we work together to realize the human rights of all people, eradicate poverty, and protect our planet for future generations.

Each of the 17 Sustainable Development Goals is integral to Sustainable Development; however, Zonta International's primary focus is on **Goal No. 5: Achieve gender equality and empower all women and girls**. There are 8 targets that support that initiative; I encourage you to review them on the ZI website: <https://www.zonta.org/Global-Impact/Advocacy/SDGs>.

Our efforts, even here in Cheyenne, Wyoming, support the sustainable development goals. We are paving the way for equal access, equal voice, equal vote, and equal compensation for women. Let us continue to unite as we work to improve women's lives, their children's lives, and the communities in which they live and work. Together, we strive to make gender equality a reality for women and girls worldwide. Together, we are strong. Together, we can empower, serve, and advocate. I am honored to stand with you. Together, we will continue to make a difference.

ZONTA LADIES NIGHT OUT 2018

We had another successful year for ZLNO. *Way to go, Zontians!* Preliminary numbers look like about **\$25,000** profit. This will allow lots of support for our goals to reduce violence against women. Now begins the critical next stage. We need to have an effective after action review (AAR). What works; what doesn't? What can be improved and how? To accomplish this, event chairman Misti Fisher has scheduled 2 dates and places for the review to permit as many as possible to attend at convenient times. The first will be Tuesday, April 3 at noon at 2 Doors Down...or if you prefer, the evening one will be Wednesday, April 4 at 6:00 pm at her house (5140 Timberline Rd in Buffalo Ridge). Be sure to RSVP to Misti at mistfisher_7@msn.com. This is perhaps the most important step for a successful ZLNO in 2019.





Karen Pacheco

New Zonta Member



My name is Karen Pacheco, I'm originally from Modesto, California, and lived in San Diego, Portland OR and Westminster CO, before I landed in Cheyenne in 2004.

I married for the only time at 44, to my husband Bill, who I met on Match.com. Neither Bill or I have children.

I love to travel, so much so that last year I started my own travel agency.

In my free time I enjoy putting around the yard, going on road trips, and cooking.

I joined Zonta in the Spring of 2017 because I want to help empower women. I love the idea that our group helps women in our community, which in turn helps women everywhere.



ZONTA CLUB OF CONVERSE COUNTY PRESENTS

STRONG WOMEN OF THE WEST

APRIL 13 & 14 2018
ZONTA AREA II SPRING MEETING
DOUGLAS WYOMING



Friday Night (6pm-8pm)—Ice Breaker at the College Inn: 105 N 2nd St, Douglas, WY. Followed by a historic tour, appetizer and refreshments at the historic Hotel LaBonte:

206 Walnut St, Douglas, WY.

Saturday Meeting (8:00am-3:00pm)—held at the Ruthe James Williams building in the Wyoming State Fairgrounds 400 W Center St, Douglas, WY 82633, next to the Pioneer Museum. Light breakfast, lunch and beverages will be included.

A block of rooms have been reserved at the Sleep Inn, please call 307-358-2777 by April 3rd and mention "Zonta Club".

Detach registration form below and send with fee to:

Carolyn White, 12 Hoya St., Douglas, WY 82633

-----Return by April 1st _____

Full Registration Friday Night and Saturday _____ \$40

Partial Registration: Saturday Only _____ \$35

Please check here if you require a vegetarian lunch.

Name _____ Club Zonta Club of Cheyenne

Address _____

Email _____ Phone _____

Please make checks payable to "Zonta Club of Converse County" and mail to Carolyn White, 12 Hoya St., Douglas, WY 82633. If you have questions, please call Carolyn at 307-358-3142 or 307-359-2450.

Habitat's upcoming fundraiser Jump into Jewels

New or gently used items are needed: necklaces, chains, earrings, rings, bracelets, watches, pins, purses, belts, scarves, hats and jewelry boxes. Donation items can be dropped off at the Habitat ReStore, [1721 Ames Ave.](#) (corner of west 18th & Ames Ave. across from MLK Park) or Donna's Consignment Boutique, located in the Historic Plains Hotel [1600 Central Avenue](#) (south entrance). Tax deductible donation slips are available.

For more information email kate@cheyennefh.org



**Join us Saturday, April 28th
at 921 Morningside Drive
for a day of shopping, fashion and fun!**

You're invited to:

Jump into Jewels: 10:00 AM - 5:00 PM

Champagne Brunch Preview Party: 10:00 AM - Noon

*(\$15 entry ticket required)**

FREE entry to browse and shop: Noon - 5:00 PM

Special promotion starting at 4:00 PM

*Purchase brunch tickets at the Habitat ReStore 1721 Ames Ave. (corner of W 18th & Ames Ave.), or Donna's Consignment Boutique, (located in The Plains Hotel) 1600 Central Avenue, or www.cheyennehabitat.org

SPONSORED BY:

**LYNN BUYS
HOUSES**

Vinos



**DONNA'S CONSIGNMENT
BOUTIQUE**

Proceeds from
Jump into Jewels will
directly fund Habitat's
2018 Women Build
home.

For more information call the Habitat ReStore 307-637-8067 or email info@cheyennefh.org

Upcoming Events:

April 3rd, 2018 Review of 2018 ZLNO 12noon, 2 Doors Down 118 E. 17th St.

OR

April 4th, 2018 Review of 2018 ZLNO 6:00pm, 5140 Timberline Rd. (Buffalo Ridge)

April 5th 2018 Board Meeting 5:30pm, Rolando's Mexican Restaurant 1829 Dell Range Blvd

*April 12th, 2018 General Meeting 12noon (Lunch Meeting), Radisson Hotel

April 13th—14th, 2018 Zonta Area 2 Spring Meeting Douglas, Wyoming

April 19th, 2018 Zappy Hour 5:30pm, TBD

April 28th, 2018 Jump into Jewels 10am—5pm, Brunch 10am—Noon \$15.00, 921 Morningside Dr.

April 30th, 2018 Last day to make contribution for *Zonta International Foundation Donor Recognition* at 2018 Convention

May 3rd, 2018 Board Meeting 5:30pm, TBD

**May 10th, 2018 General Meeting 6:00pm (Evening Meeting), TBD

May 17th, 2018 Zappy Hour 5:30pm, TBD

*April is our Business Meeting. We elect officers, review the annual budget, and any spending proposals.

**May is our Installation Meeting. We install officers, new members, and recognize the Zontian of the Year.

Foundation:

Kathy Cathcart (Chair)

Connie Sloan Cathcart (Vice-Chair)

Denise Parrish (Secretary)

Misti Fisher (Treasurer)

Jaime Davis



The Freedom Drivers Project

THE TRUCK IS COMING, THE TRUCK IS COMING!! We've talked about this for more than a year; it's hard to believe that it will actually happen. During Frontier Days, July 25 – 26, 2018, we will be sponsoring the mobile display unit from Truckers Against Trafficking called The Freedom Drivers Project. It will be set up at Frontier Park in B Lot or C Lot. We will need to have 4-5 volunteers at the truck for 2-3 hour shifts for the whole time it is open, which will probably be from 10:30 a.m. until 7:00 p.m. Make plans now to be available to help during this project. We should get a lot of attention from this event. Please look at the website for more information about this display (<http://truckersagainstrafficking.org/freedom-drivers-project-homepage/>)



On Thursday April 5, 2018 the truck will have in Cheyenne will be at Aims Community College in Greeley from 9:00 am –noon and 1:00—4:00.

Women History

One this day...

1914: International Women Day was celebrated after Clara Zetkin proposed the idea in 1910

At the second International Conference of Working Women held in Copenhagen in 1910, Clara Zetkin, a socialist leader from Germany, proposed the idea of an International Women Day to press for women's reforms. More than one hundred women representing seventeen nations unanimously approved Zetkin's plan. During the next couple of years, International Women's Day was celebrated on March 8 for the first time, and this has remained the date for the international celebration.

2018 Service Project

We are making back packs for Rape Victims in Laramie County. Bags are for the Victims Assistant Program in Cheyenne. When young women have encountered a rape, they have a physical exam and must leave their clothes for evidence. These bags will contain clothes and other items that they need. We have three members that have volunteered to make the bags. These bags contain three sizes of clothes, Small, Medium and Large.

Items needed are:

Sweat or Yoga Pants

T-Shirts

Sports Bra

Panties

Flip-Flops

Small Fleece Blanket (or one yard of fleece, 54" wide)

Deodorant

Tooth Brush and Tooth Paste

Shampoo & Conditioner

Body Wash & Cloth

Sanitary Pads & Tampons

You can bring any of these items to our meetings. We will also except cash or Kohls cash.

Questions Contact: Brenda Mathre, Jennica Fournier, or Linda Bogart



13 victim bags were donated to Nichol Zimmermann Forensic Nurse Program Coordinator at Cheyenne Regional Medical Center.

Items we are in need the most at this time are small , Medium, and Large Pants and Bras and Blankets (54 inch)

“Do not bring people in your life who weigh you down. And trust your instincts ... good relationships feel good. They feel right. They don't hurt. They're not painful. That's not just with somebody you want to marry, but it's with the friends that you choose. It's with the people you surround yourselves with.”

Michelle Obama



The 2018 Rally for Women' Rights on March 3rd, 2018

The 2018 Rally for Women' Rights on March 3rd was a great success. Mayor Orr proclaimed the day for Women. Mary Throne, in addition to Susie Markus from Wyoming Health Council, talked about women's issues and domestic violence problems and ways to help our women and children. Haley from Triumph's Z Club explained their "Purses with a Purpose" project to help victims. In attendance were supporters, advocate agency representatives, victims and family members.

Ann Erdman, Melissa Martin, and Kathy Orr presented vital women and children's problems to be addressed, and numerous ways Cheyenne citizens could get involved with eliminating abuse and supporting victims and advocacy groups.

We look forward to the 2019 Rally for Women's Rights and the Elimination of Violence and Abuse of Women and Children, with the support of Grace UMW, Zonta Club of Cheyenne, and Triumph's Z Club who helped make this year's rally so successful. Thanks to Channel 5 and the Wyoming Tribune Eagle for their coverage, and Ty Warner for his musical support!! The 2019 Rally is already in the planning stages if you'd like to help. Contact Kathy Orr at 631 8077 orrkathy7@gmail.com

