



ZONTA
 CLUB OF
 CHEYENNE
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

ZEPHYR NEWSLETTER

JANUARY 2018

www.cheyennezonta.org

Club Officers And Board

President: Jaime Davis
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Vice President: Kristie Wilson
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Treasurer: Amanda Roberts
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Board Members:

Brenda Mathre
 Jennica Fournier
 Denise Parrish
 Lisa Hunt
 Morgan Fish

Nominating Committee

Betty Abernethy
 Kathy Cathcart
 Cindy Wertz

Committee Chairs

Advocacy: Jody Gostas
 Denise Parrish, Board Liaison
Communication: Kathy Cathcart
 Melissa Martin, Board Liaison
Finance: Belinda Kolb
 Amanda Roberts, Board Liaison
Membership: Bev Ambrose
 Jaime Davis, Board Liaison
Service: Jennica Fournier



President Message

January is a busy month for us. We have the Human Trafficking Awareness Art Contest; our General Meeting, which celebrates Amelia Earhart; then Zappy Hour, which for the second year in a row is a guided painting session and can be a wonderful social event as well as a networking tool for new members. And, of course, we are continuing to plan for Zonta Ladies Night Out – selling sponsorships, tickets, talking to vendors, and coordinating the remaining details for our largest fundraiser of the year.

Zontians don't ever slow down! And we shouldn't. We have a big mission. We know that there are equality concerns, that gender violence still occurs, and that atrocities transpire every day against women – locally, nationally, and internationally. We continue to discuss the issues, to advocate for gender equality and empower women and girls. Zontians across the globe unite to:

- End all forms of discrimination against all women and girls everywhere
 - Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation
 - Eliminate all harmful practices, such as child, early and forced marriage and female genital mutilation
 - Recognize and value unpaid care and domestic work through the provision of public services, infrastructure and social protection policies and the promotion of shared responsibility within the household and the family as nationally appropriate
 - Ensure women's full and effective participation and equal opportunities for leadership at all levels of decision-making in political, economic and public life
 - Ensure universal access to sexual and reproductive health and reproductive rights as agreed in accordance with the Programme of Action of the International Conference on Population and Development and the Beijing Platform for Action and the outcome documents of their review conferences
 - Undertake reforms to give women equal rights to economic resources, as well as access to ownership and control over land and other forms of property, financial services, inheritance and natural resources, in accordance with national laws
 - Enhance the use of enabling technology, in particular information and communications technology, to promote the empowerment of women
- Adopt and strengthen sound policies and enforceable legislation for the promotion of gender equality and the empowerment of all women and girls at all levels

We have opened the doors to many important conversations, and that is a really good step. We need to continue working to empower women, to fight for equality. We are making progress, but we are not done. Where would you like to engage? How do you want to serve? What goals do you have – for yourself, and for the Club? Together we will continue to communicate, to advocate, and to act. And, together, we will accomplish tremendous things!

Jaime Davis
 President, Zonta Club of Cheyenne



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Zonta Club of Cheyenne
General Meeting
Thursday, December 14, 2017

The meeting was called to order at 12:00p.m. Members in attendance were: Jaime Davis, Karen Pacheco, Kristie Wilson, Brenda Mathre, Kathy Cathcart, Betty Abernethy, Amanda Roberts, Nancy Freudenthal, Ann Erdmann, Jody Gostas, Linda Bogart, and Morgan Fish. We also had Z-Club members Dr. Michelle Aldrich and Antiguanne Dawson (Student)

We each introduced ourselves and shared one thing we were grateful for during the holiday season. After introductions, we sang happy birthday to Zontian Linda Bogart.

Jaime Davis then communicated two announcements:

- In 2018, we will continue to rotate our lunch and dinner meetings each month. Our venue may be changing, so please watch the meeting announcements. Dinner meetings will most likely be at the Airport Golf Club.
 - All meetings in 2018 will have a reduced fee of \$10. We request that members who do not plan to eat still pay for the meeting.
 - Zontians who prepaid their meal fees for the year will be offered a reimbursement.
- ZLNO is approaching quickly. We need people to help sell sponsorships and tickets. Please plan to attend the ZLNO meeting on 12/21 at 5:15pm.

Kathy Cathcart reported on the 16 Days of Activism. She thanked all those who participated, particularly Lisa Hunt who managed the silhouettes; and the Triumph Z-Club for coordinating the permits for the parade route. The Governor signed the proclamation, which was well attended. Immediately following, we walked across the street and the Mayor also signed a proclamation. Mayor Orr also participated in the Silent Witness March with us, which was unexpected yet appreciated.

Ann Erdmann reported that we had approximately 35 people for the showing of Equal Means Equal, including 2 Zontians from another club who are very interested in showing the film in their area.

Antiguanne Dawson, student from Triumph High reported that they have started work for their next project, Purses with a Purpose, and will be gathering purses, hygiene items, and other necessities for women in January.

As a Club, we discussed member retention, and specifically the Navigator / New Pilot program as a retention tool. We agreed that the program itself is valuable, but we need to revisit it to clarify the intent of the program and create better instructions for the Navigators. Some of the concerns were which person was which, and what the Navigator (more seasoned Zontian) was supposed to do with or for the New Pilot.

(Continued)

We also decided that the matches between the Navigators and New Pilots need to occur more organically, particularly based on personal interests. One Zontian mentioned that she attempted to reach out several times to a New Pilot, but they didn't seem to have a connection and couldn't get interest in scheduling a meeting. It was suggested that we use complete some sort of member interest / strength survey to better understand our members. We also need to be careful not to label someone as a New Pilot who may be a returning Zontian, as one member felt she'd been misclassified.

Finally, we recognized that we need to follow-up with former members who did not renew to identify reasons they left. Perhaps we're struggling with member retention for reasons unrelated to social connectedness.

We concluded the meeting with three announcements:

- Zappy Hour is combining with the ZLNO planning meeting, so it will be held on Thursday, 12/21 at 515pm at Align.
- The Human Trafficking Art Contest is still gathering art pieces. Please help market the event, and join us on January 10th!
- The January General Meeting will be held at Linda and Melissa's, 210 E. Idaho Ave.

Meeting Concluded at 1:00p.m.

Foundation:

Kathy Cathcart (Chair)

Connie Sloan Cathcart (Vice-Chair)

Denise Parrish (Secretary)

Misti Fisher (Treasurer)

Jaime Davis (Director)

March Against Gender Violence



CHEYENNE, Wyo.- Cheyenne Mayor Marian Orr was among members in the community who are taking a stance against gender violence. Orr signed a proclamation at the Wyoming Supreme Court Building, helping kick off the 16 Days of Activism Against Gender Violence campaign.

Shortly after, Orr joined members of the public as well as the Zonta Club of Cheyenne and Cheyenne Triumph High School's Z Club in a silent march to the Laramie County Library.

Triumph High School Z Club president Hannah Lipps said it was a great experience being joined by others in the community taking a stance. She said, "It felt really good because, you know, you're not alone." She added, "I think it's a good thing to do, it's a good thing to stand up for other people who can't do it themselves or they feel too scared to do it themselves."

Cheyenne Zonta Club member Lisa Hunt agreed with Lipps and said, "It's very powerful. We walk in silence because obviously the people who have suffered from this type of violence or passed away can't speak for themselves. So we feel it's important for us to be able to speak for them."

Hunt helped organize the event and said it's important to help spread awareness in the Cheyenne community. She said it's an issue that affects everyone- women, children and men. She added, "This story is really about the individuals who have passed away because of gender-based violence and they are our silent witnesses."

In order to help spread awareness and share stories of those individuals who have been victims to gender violence in Wyoming, Hunt said they use silhouettes to represent them and share their story.

The Silent Witness display remain at the Laramie County Library through December 10. The Activism Against Gender Violence campaign was from November 25-December 10 and is be devoted to fighting all forms of gender-based violence.



Students raise awareness for Zonta Says NO to Violence Against Women

Congratulation's to Triumph High School Z Club!!!!

**In the Zonta International News:
Zonta Club of Cheyenne and
Triumph High School Z Club were
featured for marching
against gender violence.**



Equal Means Equal December 9, 2017



Advocacy

I listened to a great podcast between WY Humanities and the team of Sheryl WuDunn and Nicholas Kristof about their books Half the Sky and A Path Appears. Many of us will recognize this couple because they are very committed to improving the status of women and fighting human trafficking. If you have the time, go to the Wyoming Humanities podcasts at thinkwy.org and click on "podcasts." The current theme for the podcasts is "What Is Your Why?" Provocative? Stimulating? Does it make you wonder **why** you make some choices?

The Advocacy committee sponsored a showing of the documentary Equal Means Equal on December 9. That date was chosen to mark the end of 16 Days of Advocacy which really ended on December 10*. December 10th was also significant because on December 10, 1869, John Campbell, governor of the Wyoming Territory, approved the **first law in U.S. history** explicitly granting women the right to vote. Despite the conflicts with at least 50 different activities in Cheyenne that day, we had a respectable turn-out with about 35 people attending, some who were not even Zontians! Everyone who commented was impressed by the content. There was so much to consider and it demands a second viewing. It has been suggested that we try to show the movie again in smaller doses but we haven't gone further with that.

On January 10 there will be the reception for the artists who participate in the Human Trafficking Art Contest. All Zontians, friends, and public are invited to attend. This is the 5th annual art contest to increase awareness of human trafficking; we had an excellent response last year and are hoping for the same this year.

* Thank you goes to Dr Michelle Aldrich and the students at Triumph High School Z Club for pursuing the 16 Days of Activism Against Gender-Based Violence and the Silent Witness March on November 20. Thank you to Lisa Hunt and Mary Walker for coordinating the display of the Silent Witnesses at the Laramie County Library and returning the Witnesses to Laramie.



The meeting began at 12:15 with introduction of guests. Due to the excused absence of President Jaime Davis, Vice-President Kristie Wilson ran the meeting.

The first order of business was a report on the District 12 Conference given by Kathy Cathcart, currently District 12, Area 2 Vice Area Director. Kathy spoke glowingly about the conference, and encouraged others to attend in the future, as it can be very energizing relative to the mission and work of Zonta. Kathy reported that membership numbers in the District – and with our Club – have decreased and there is a real need to focus on obtaining new members.

The report from our Z-Club was given by Denise, one of their members. She spoke about the plans to participate in the Silent Witness campaign in November and the collection Z-Club (at Triumph) was doing for UNICEF. She passed around a jar to allow donations to the UNICEF funds being collected.

Bev Ambrose, Membership Chair spoke about the need to obtain the list of her Membership Committee members, so she can have a meeting. She spoke about her experience to engage new members in Club leadership and activities.

The Communications report was given by Kristie Wilson. The members were encouraged to read the Zephyr for information about activities. There was discussion about changing types of communications and how many don't read emails but rely on Facebook and messaging. Kathy Cathcart offered to take on the role of Chairperson of the Communications Committee and offered to continue posting to the Club's Facebook page. Dr. Aldrich also said that Triumph gets some space in Traders on a rotating basis with other schools and she offered some of the November space to the Club to address 16 Days of Activism.

Mary Walker distributed a handout with the plan for the Silent Witness for Sixteen Days of Activism. This plan includes a Silent Witness March, a proclamation signing with Mayor Orr, and a proclamation signing with Governor Mead. It was indicated at the meeting that Channel 5 is very interested in these activities and is looking for an interview.

Ann Erdman spoke about the work she is doing with RESULTS. The group's latest efforts have been focused on the Global Partnership for Education, with efforts focused on trying to get the federal government to continue its support for this project. She indicated that they had a meeting with Senator Enzi's staff. They were able to take a letter from Zonta (written by Denise Parrish, District UN and Advocacy Chair) to the meeting since Zonta also has Global Education activity with its partnership with UNICEF in Madagascar.

As to ZLNO, attendees were reminded to Save the Date of March 2, 2018. Discounted tickets will be available through Paypal on the Zonta Club of Cheyenne website from November 15, 2017 through January 15, 2018 at a cost of \$65. Denise Parrish also brought some ZLNO raffle tickets to the meeting for the members to sell. It was indicated that ZLNO grab bag items would be needed.

The next meeting will be an evening meeting on November 9th at the Airport Golf Club.

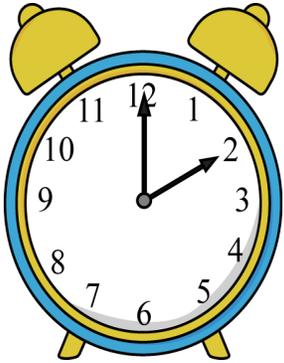
The meeting concluded and was adjourned at 1 p.m.

Denise Parrish
November 3, 2017

ZONTA LADIES NIGHT OUT IS COMING

FRIDAY, MARCH 2, 2018

“Attention”



Time is running out to get your ZNLO tickets for \$65.00 through the website (www.cheyennezonta.org) with PayPal only. After January 15th, 2018 direct sales of \$75.00 and tickets will be checks, cash, or PayPal on Zonta's web site.

Please remember ZLNO needs to be a success as it is what funds our activities and makes us a presence in the community. There are many different ways to match your talents and interests to tasks. If your talent is not selling tickets, we are asking that you either make a bag to donate or collect items for the bags to donate. If there something you would like to do to help out with committees for ZLNO Please contact Misti. (421-2902)

ZONTA SAYS NO
TO VIOLENCE AGAINST WOMEN



ZONTA - ART CONTEST



BRINGING AWARENESS TO HUMAN TRAFFICKING RECEPTION



THEME

**IT'S IN YOUR HOMETOWN
SEE IT, TO STOP IT**

Join us
Human Trafficking Awareness Day
January 10th from 5pm-8pm

**Open To
The Public**

at Flydragon Art Studio
600 W. 17th St. Cheyenne, WY
307.514.5547

- View Contest Art Entries • Enjoy Refreshments • Become Aware



Join us again for more awareness **ONE WEEK** later
FREE GUIDED PAINTING WORKSHOP @ FLYDRAGON

January 18th 6pm-9pm
First 30 people are free

**Sign up
today
through
flydragon**

PRESENTED BY:
Questions Call
Kristie at 307-214-4376



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ZONTA
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Save the date!

Mardi Gras Trivia Night
February 10, 2018

You are invited

to the Zonta Club of Greeley's Second Annual

Trivia Night!

Celebrate Mardi Gras at Zonta's Trivia Night.

When: February 10, 2018

6 pm Social Hour/Silent Auction | 7pm Trivia

Top prize \$500!

Where: Island Grove Regional Park - Conference Rm A & B

501 N. 14th Ave, Greeley CO

See website!!!

Registration opens Jan 2, 2018

\$160 per team of 8

\$20 per individual

Register at: zontagreeley.org

All proceeds benefit women and girls locally and globally.

*Cash
Round
Prizes!*



1927-2017

Gwynne Robb Zonta Past President 1975-1976

Jody and I met Gwynne Robb at Pointe Frontier where she resides. Gwynne was raised in Kansas, Dodge City and then moved to Denver to attend the Colorado Women's College for two years. She finished her degree at the University of Colorado. She got her first job at Cheyenne High School as a Physical Education teacher.

Gwynne was sponsored into Zonta by Mary Reid Rogers. After receiving her Master's degree from the University of Wyoming she became Dean of Girls at Johnson Junior High and then the Assistant Principal. We asked Gwynne how she was able to get the time off to attend the noon meetings. Gwynne said that she arranged the time off with the Principal and was no problem. In the 1970's the Zonta club had 100 members and was considering splitting the club into two clubs but never did. Gwynne remembers the friends made and fun they had planning the antique show. At that time she made all the contacts for vendors. They had about 25 vendors and it was held at Little America. Gwynne went to two Zonta International Conventions, one in Sydney Australia and one in Canada.

When I became involved in District and Area meetings I went to a training that was held in a cabin in the Red Feather Lake area in northern Colorado. I was surprised to find out that was Gwynne's cabin which she still owns today. Gwynne attended District meetings and remembers Amy Grubbs, Past International President from Colorado. Jody and I enjoyed our visit with Gwynne and we both remember her as a member. Her concern about the club was it was becoming too focused on raising money and not enough time to socialize while working on projects. We have heard this in many of our interviews. Gwynne was a gracious hostess, sharing her cookies she received from Alpha Delta Kappa where she had been a past member and proud to say she is 88 years old.

Linda Bogart

The pain of yesterday is the strength of today.

Paulo Coelho

Boys and Girls Club Cookie Bake

Thank you to all the Zonta Volunteers for the Cookie Bake for the Boys and Girls Club December 2, 2017. Was a great group to work with. Thanks to Jan Hertel and Jan Strickler and all the volunteers, the Cookie Bake was a success.



Committee Reports:

Membership:

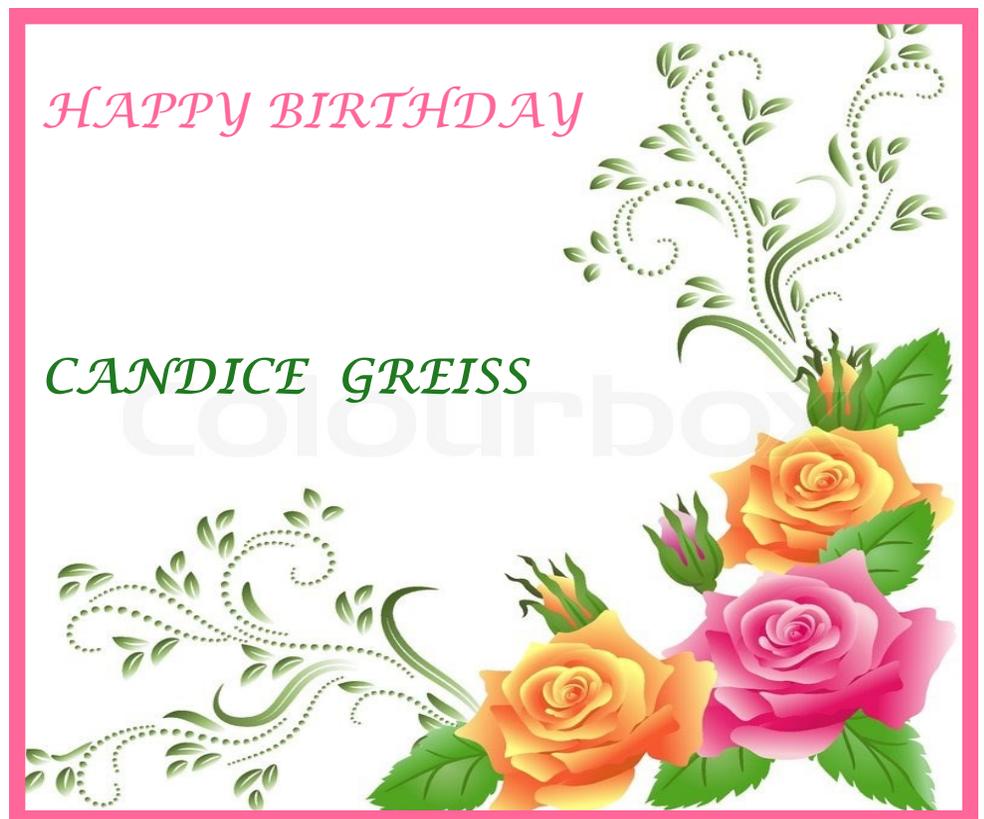
At our December Meeting we discussed member retention, and specifically the Navigator / New Pilot program as a retention tool. We agreed that:

- The program itself is valuable, but we need to revisit it to clarify the intent of the program and create better instructions for the Navigator.
- We need to allow the matches between the Navigators and New Pilots to occur more organically, particularly based on personal interests.
 - Perhaps use complete some sort of member interest / strength survey to better understand our members .
- We'd like to follow-up with former members who did not renew, identify reason they left.

We will be scheduling a Membership Committee meeting to discuss member recruitment and retention, the Navigator / New Pilot program, and Intraclub networking and social activities that foster relationships within the Club. All are welcome to join us! We'll select a date at our January general meeting.

Service:

Zonta will be collecting items for the safe house at our meeting in January. The Items needed are toiletries such as toothpaste, shampoo, combs, brushes, personal items, food , etc.



Upcoming Events:

January 4, 2018 Board Meeting, 5:30pm

Office of Consumer Advocate in the Hansen Building, 2515 Warren Avenue, 3rd floor.

January 10, 2018 Art Contest Reception, 5pm–8pm

FlyDragon Art Studio, 600 W 17th. Street

January 11, 2018 General Meeting, 6pm

“Pot Luck—Bring your Favorite Recipe”

210 W. Idaho Street, Home of Melissa Martin

January 18, 2018 Zappy Hour: Guided Painting, 6pm—9pm

FlyDragon Art Studio, 600 W 17th. Street

February 1, 2018 Board Meeting, 5:30pm (Location TBD)

February 8, 2018 General Meeting, 12pm (Location TBD)

February 10, 2018 Mardi Gras Trivia Night 6pm—9pm

501 N. 14th Ave Greeley , Co

February 15, 2018 Zappy Hour, 5:30pm (Location TBD)

March 2, 2018 Zonta Ladies Night Out, 4pm—9pm

Little America Hotel and Resort

Dr. Michelle Aldrich is collecting purses at January General Meeting for “Purses for Purpose” If you have any gently used purses to donate please bring them. Thanks !

