



ZONTA

CLUB OF CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR

September 2015

2015 Club Officers And Board

President: Kathy Cathcart
kcathcart@TheAlignTeam.org

**President-Elect:
Connie Sloan-Cathcart**
director@unitedwayoflaramie_county.org

Secretary: Pamela Moran
pamcgehean@yahoo.com

Treasurer: Jo Ann Ziegler
josebears@bresnan.net

Board Members:

Betty Abernethy
Misti Fisher
Melissa Martin
Denise Parrish
Annie Wood

Committee Board

Liaison

Membership

Betty Abernethy
Melissa Martin

Finance

Denise Parrish
JoAnn Ziegler

Communication

Connie Sloan-Cathcart
Pam Moran

Board

Kathy Cathcart
Connie Sloan-Cathcart

Fundraising

Pamela Moran
Annie Wood

Service & Advocacy

Misti Fisher
Kathy Cathcart

Can you identify the 3 Zonta International Service Programs (ISP) for the 2014-16 Biennium? Go to the Zonta International website for a more detailed description of these special projects. Since 1923, Zonta has provided more than \$13 million to projects benefiting women in 36 countries. The Zonta Club of Cheyenne will celebrate Zonta International's status as a United Nations Non-Governmental Organization (NGO) at our November meeting. Be prepared by reading about Zonta and the UN at www.zonta.org



ZONTA SAYS NO
TO VIOLENCE AGAINST WOMEN

Zonta Says NO to Violence Against Women

A campaign to end violence against women

Zonta International Campaign Beginning Soon...

Zonta Board Meeting Summary

August 4, 2015

Present: Kathy Cathcart, Connie Sloan-Cathcart, Pamela Moran, Jo Ann Ziegler, Denise Parrish, Betty Abernethy, and Misti Fisher.

Heather Wilkins has shown interest in forming a Golden Z Club.

Website/Facebook Committee needs a Chair.

Misti Fisher will work with Kathy Cathcart to set up **PayPal** linked to the Zonta account held at the First Interstate Bank.

An **Advocacy / Service** meeting is slated for August. The Board had a brief discussion regarding “Dress for Success” program. It was suggested that Climb Wyoming be contacted regarding the acceptance of lightly used business attire.

Scholarships – The committee has selected a recipient for this year’s scholarship.

YWPA – Due to the lack of applications last year it has been suggested that social medium be considered in addition to the usual distribution of applications to local schools. There was a question regarding conformation from school councilors of forwarding applications to students. It was noted that several other organizations have indicated that they did not have responses for their awards programs.

Dates for **2016 ZLNO** at Little America will be requested and posted on our website. The committee is looking into an increase in ticket prices based on the meal increase. Several venders have already inquired about ZLNO. It is time to begin filling ZLNO committees.

Big Idea – It is time to map out the next steps in implementing this program.

District Conference Delegates for the September 26th / 27th District Conference will be voted at the August General Meeting.

The **September 10th general membership meeting** will be at the Historic Plains Hotel. This is the night of our annual Silent Auction. It has been suggested that the Wyoming Coalition against Domestic Violence be invited to present a program.

Zonta Club of Cheyenne

General Meeting

August 13, 2015

The meeting was called to order by President Kathy Cathcart.

Betty Abernethy introduced her guest, Heather Wilkins.

Jaime Davis moved and Betty Abernethy seconded to accept the Treasurer's Reports for June and July 2015 and the June General Meeting Minutes. Motion carried.

Kudos – Kathy Cathcart stated that as women we are often reluctant to voice our successes. Kathy asked that each member tell what they have recently accomplished or are proud of.

The District 12 Conference will be held September 25th through 27th. During the conference voting will be held. A motion by Mary Walker, seconded by Betty Abernethy was made to appoint Kathy Cathcart as our Delegate and Jaime Davis, Alternate. Jody Gostas will also be in attendance. Motion carried.

New members will be initiated at the September meeting.

The annual Silent Auction will be held during the September meeting. Proceeds from the auction will be set aside to help offset travel expenses to the National Convention which is to be held in France. In addition to the auction, members are encouraged to provide items for a Bake Sale.

The Wyoming Coalition Against Domestic Violence will be asked to speak at the September meeting.

Website – A chairperson for the website committee is needed.

Connie Sloan-Cathcart will be working on Save the Date for the ZLNO webpage.

Melissa Martin is working on an interactive Club Calendar for the website.

Work on setting up Pay Pal, for the payment of lunches and dinners; dues and ZLNO tickets continues.

The website is an important tool for communication with members as well as persons interested in our club.

Big Idea – Eliminating Violence Against Women. Denise Parrish and Connie Sloan Cathcart are working on a long range plan.

Project Healing Waters – Debbie Richardson has indicated that she has made calls to Junior High and High Schools showing her willingness to work with the schools on their presentation of this information to the students.

A thank you note was received from the Fire Fighters for the Zonta basket that was donated to their event. The Fire Fighters raised approximately \$10,500. The Fire Fighters continue doing good things throughout the community.

It was noted that The Wyoming Eagle Tribune printed an article, headlines – US Leads in Stopping Human Trafficking.

It was suggested that during the membership lunch meetings, October and December, to have short programs raising our awareness. Please contact Kathy Cathcart with suggestions.

The Zonta Club of Cheyenne will celebrate our 60 year anniversary in October of 2016. Linda

Bogart and Jody Gostas have been interviewing Past Presidents. Jody Gostas requested that the membership think about a float commemorating our 60th Anniversary. The float could be entered in the Christmas Parade as well as the Cheyenne Frontier Days parades. A

Chairperson would be needed.

Sixteen Days of Activism – Triumph High School is hoping to organize a silent procession of all Silent Witness silhouettes from the Capital to the County Library. The procession would need to be scheduled on Monday, November 21st. Selected silhouettes would remain in the Library until December 10th. Volunteers will be needed for the procession; for the removal of the silhouettes from the Library and their return to Laramie.

ZLNO – Prices may need to change. Betsey Miller Joannides is scheduled to meet with Little

American on August 13th. ZLNO will be scheduled for the first Friday in March 2016.

Zappy Hour – is back on track. They are scheduled to meet on Thursday evening, August 20th at 5:30pm at the Historic Plains Hotel. They will be discussing the United Nations meeting which the New Z's host.

A Parliamentarian is needed. This would be a great learning experience for anyone wishing to serve in this position.

The next membership meeting will be held on September 10th at the Historic Plains Hotel. The Silent Auction and Bake Sale will be held at this meeting which will begin at 6:00pm.

Having no further business to discuss, the meeting was adjourned.

Respectfully submitted,

Pamela Moran

ZONTA CLUB OF CHEYENNE

Treasurer's Report As of August 1, 2015

Balance July 1, 2015			\$13,729.33
Deposits:	FY 15-16 pre-paid meals-Kathy Cathcart	170.00	
			170.00
Withdrawals:	#4250 Wyoming Network-web hosting for For 3 months & Z Club page	115.00	
			115.00
Balance as of August 1, 2015			\$13,784.33

Restricted Funds:

Meal Fund	711.12	
YWPA Award	1,000.00	
Zonta International (1/3 of service funds)	5,000.00	
International Convention (silent auction)	2,023.71	
Z-Club-Triumph HS – (service funds)	200.00	
Z-Club -Triumph HS – (meals at club meetings)	160.00	
Reserve Fund	1,291.00	
Total		\$10,385.83
TOTAL UNRESTRICTED August 1, 2015		\$ 3,398.50

MEMBERSHIP MEALS TO DATE

Income	\$604.00 (includes FY 15-16 pre-paid meals for 2 members)
Expenses	- 170.60
Balance	\$433.40

Z-CLUB MEAL EXPENSES FOR MONTHLY MEETINGS

Month	Number Attended	Total Cost
June 2015	0	0.00
July 2015	0	0.00

Interviews with Past Presidents

The "Past President Interview Project" is being conducted by Linda Bogart and Jody Gostas in preparation for the Zonta Club of Cheyenne's 60th Anniversary in October 2016.

MONA PEARL 2000-2001



Jody and I (Linda) met Mona at the Egg and I for lunch. Mona was President 2000-01 when our main fund raiser was still the Antique Show. Mona has a house full of antique furniture that she purchased from the show, in fact so many pieces that she has donated some to charity auctions. She still cherishes an antique Irish Cabinet and glass that turns purple when you leave it the sun. On one of her sisters visits Mona said when she stepped into her house she said "you made it look like Grandma's house". Mona said she remembers that the vendors would always have better ways to do things and were the biggest down side of the show.

Mona remembers working with Cory Meyers on the first Ladies Night Out event and saw a positive future in this event. Mona said she still loves attending and shopping with the local women business owners.

Mona had been a member of the club just one year before she was asked to serve as President. "I remember there were boxes of stuff to go through." Although Mona enjoyed her time as a Zontian she found out that joining organizations was not her thing. Mona is looking forward to retiring as Executive Vice President of ALIGN and plans to trace her British heritage. There might even be a family connection to DAR (Daughters of the American Revolution).

LUCIE OSBORN 1992-1993



Lucie had Jody and me (Linda) out to her house for lunch. Lucie loves to cook and we had a wonderful lunch. She fixed us gazpacho soup with parmesan croutons, pasta salad with goat cheese and a ginger peach raspberry pandowdy. And her husband Butch makes the best bread and even joined us for lunch.

Lucie showed us a chair she had bought at the Antique Show for \$4.00 thinking she would replace it one day but it still sits in her kitchen. Lucie liked the hands on activities that the organization was involved in. A couple of her favorites were the raising reader program and the early literacy program at the Library that Zonta took and active part in.

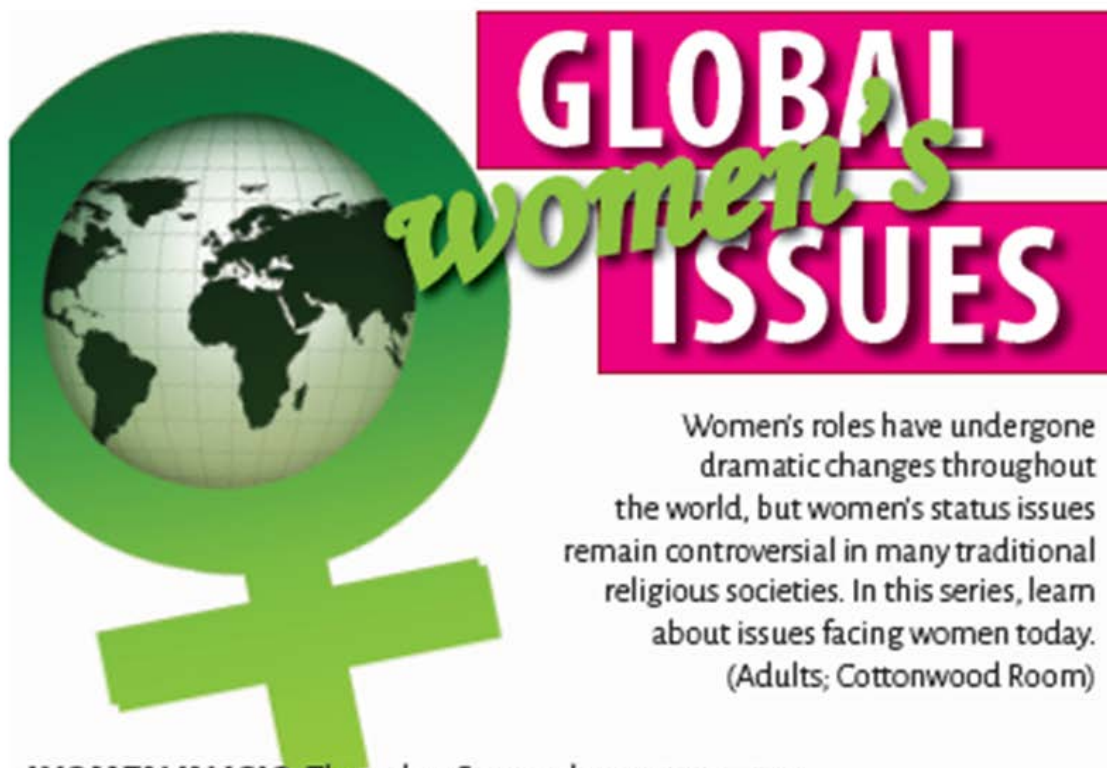
When Lucie was president her goal was to get all members involved in some way. Committee work was done outside of the General Meetings, keeping this time to invite speakers that would tell members about their community. The international component of Zonta was special to Lucie's beliefs.

This spring Lucie retired as Laramie County Librarian. She and her husband Butch are planning a trip to Lebanon to visit an exchange student who once lived with them. She would like to take up quilting and continue one of her favorite past times, reading.

Message from President Kathy Cathcart: Ladies, I have agreed on our behalf to be a speaker (hoping it will work for Connie too) on October 1st for the Global Women's Issues series at the Laramie County Library. The series runs September 3rd, 10th, 17th, 23rd, and October 1st.

PLEASE see if you can fit any or ALL of these into your schedule. Feel free to share the attached poster with coworkers, friends and family.

Thanks, *Kathy*



Women's roles have undergone dramatic changes throughout the world, but women's status issues remain controversial in many traditional religious societies. In this series, learn about issues facing women today.
(Adults; Cottonwood Room)

WOMEN IN ISIS: Thursday, September 3, 6:30 – 8PM

Presented by Dr. Seth Ward

Academic Professional Lecturer in Judaism and Islam, Dept. of Religious Studies, University of Wyoming, Laramie

FEMALE CIRCUMCISION: Thursday, September 10, 6:30 – 8PM

Presented by Mary Maureen Manker and Skye Adair Dabok Irwin

M.A. Candidate, American University, Cairo, and B.A. Candidate, University of Wyoming, Laramie

WOMEN IN ISLAM AND JUDAISM: Thursday, September 17, 6:30 – 8PM

Presented by Dr. Seth Ward

Academic Professional Lecturer in Judaism and Islam, Dept. of Religious Studies, University of Wyoming, Laramie

WOMEN IN THE SEX TRADE: Wednesday, September 23, 7 – 8:30PM

Presented by Dr. Susan Dewey

Associate Professor of Gender and Women's Studies

WHAT CAN I DO ABOUT IT?: Thursday, October 1, 6:30 – 8PM

Presented by Wyoming Safe House, Zonta, World Vision, and CLIMB Wyoming



FROM A ZEPHYR EDITOR

Hook and Stitch

A couple of months ago Linda Bogart told us about a project to benefit young girl students in Africa and Central America. Groups in a few Cheyenne churches make "pillowcase dresses" for girls who do not have appropriate clothing to attend school. For many girls this would mean they could not attend school and also would not get nutritional meals served at the schools.

Linda announced the need for pillowcases as the basic material for these dresses. The Presbyterian Women's Group at First Presbyterian Church on Carey Ave was spearheading the project for Cheyenne. Kay Barnes has been coordinating this as chairman of the Missionary Group. So that's a little background.

Recently I got an email from Kay that I need to paraphrase:
*A Presbyterian missionary couple from Syria brought back gorgeous items made by women in Damascus and Aleppo. The area is so war torn it breaks your heart to hear about it. After we saw all the lovely work done by the women of Syria we asked if there were supplies they needed to keep going. One of the churches in Syria has a group called Hook and Stitch. They need a large number of crochet hooks any size, knitting needles any size and batteries for the lighted crochet hooks we have sent before. They hope to teach each of the women in their group how to knit and crochet so they can earn extra money to support their families. One of our Presbyterian missionaries will be in the States soon and is willing to take back with her any items we have collected. [There is a basket by the office.] **We will collect through September 13th.** On the 14th [we] will mail the items to Washington state in time for them to be taken back to Syria. These don't have to be new items but if they are used, please make sure they are in good condition, i.e. not bent or chipped, etc. Thanks. Kay*

So if you want to be involved in an international hands-on project to benefit women and children, contact Kay Barnes at First Presbyterian Church or at her email:

george.kay.barnes@att.net

Calendar of Events

September 10 6:00 Thursday

Zonta General Meeting
Plains Hotel
Silent Auction & Bake Sale

September 24 5:30 Thursday

New Z's Zappy Hour
Plains Hotel Restaurant

September 25-27

Zonta District 12 Conference
Millennium Harvest House Hotel
Boulder CO

Happy Birthday Zontians



Joani Hafner
09/02

Sandy Hudson
09/03

Pamela Moran
09/22

For at least the next couple of months, please send announcements, additions, corrections to [Jody Gostas booknut.jody@gmail.com](mailto:Jody.Gostas@booknut.jody@gmail.com)