



**ZONTA**

CLUB OF CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

# ZEPHYR

October 2015

## 2015 Club Officers And Board

**President:** Kathy Cathcart  
[kcathcart@TheAlignTeam.org](mailto:kcathcart@TheAlignTeam.org)

**President-Elect:**  
Connie Sloan-Cathcart  
[director@unitedwayoflaramiecounty.org](mailto:director@unitedwayoflaramiecounty.org)

**Secretary:** Pamela Moran  
[pamcgehan@yahoo.com](mailto:pamcgehan@yahoo.com)

**Treasurer:** Jo Ann Ziegler  
[jobears@bresnan.net](mailto:jobears@bresnan.net)

### Board Members:

Betty Abernethy  
Misti Fisher  
Melissa Martin  
Denise Parrish  
Annie Wood



Throughout September, the US State Department highlighted 20 individual cases of women prisoners from around the world who are unjustly imprisoned. To learn more, go to [www.humanrights.gov/freethe20](http://www.humanrights.gov/freethe20).

### Zonta Club of Cheyenne Committee Chairmen

<u>MEMBERSHIP</u>	<u>FINANCE</u>	<u>COMMUNICATION</u>	<u>FUNDRAISING</u>	<u>SERVICE/ADVOCACY</u>	<u>BOARD</u>
<b>Application Process</b> Betty Abernethy Natalie Hernandez	<b>Scholarships-LCCC</b> Candice Cathcart	<b>Website/Facebook</b> Stacy Splittstoesser	<b>ZLNO</b> Connie Sloan-Cathcart & Betsey Joannides	<b>Advocacy</b> Jody Gostas	<b>Nominations</b> Linda Bogart Marci Norby StacySplittstoesser
<b>Historian</b> (Club's 60 <sup>th</sup> ) Linda Bogart	<b>YWPA</b> Denise Parrish	<b>Zephyr</b> Linda Bogart		<b>16 Days of Activism</b> Mary Walker	
<b>New Z's</b> Betty Abernethy	<b>Foundation</b> Kathy Cathcart	<b>Location/RSVP</b> Linda Bogart		<b>Service Projects</b> Amber Ash Denish Parrish	<b>Program</b> Kathy Cathcart Connie Sloan-Cathcart
<b>Z-Club</b> Lynn Orband	<b>Annual Review</b> Robin Kus Edith Garrett				<b>Bylaws</b> Denise Parrish

**EVERY ZONTIAN IS ON THE ZLNO COMMITTEE. You also need to be active in at least one other committee to understand and to be effective in the mission of Zonta.**

# Zonta Board Meeting Summary

September 3, 2015

In attendance: Kathy Cathcart, Connie Sloan-Cathcart, Pamela Moran, Misti Fisher, and via conference call, Annie Wood and Melissa Martin.

Edith Garrett and Robin Kus reported on the audit review. They recommended a yearly contract with Wyoming Network for the work on the website. Quarterly payments have been arranged. It was suggested to review the name tag line item in the budget.

The September General meeting will host a silent auction and bake sale with proceeds going to members attending the Zonta International Convention. New members to be initiated are: Carla Thurin; Debbie Richardson; and Jaime Davis.

Membership reported that Karen Rintelmann and Chere Bohr are moving out of area.

Stacy Splittstoesser has agreed to be Chairperson for the Web Site committee. Melissa Martin is working on the calendar for the website.

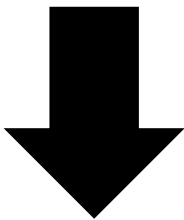
Kathy Cathcart has received a request to partner with the Laramie County Library as a guest speaker for their series on Global issues for Women.

ZLNO committee: Betsey Miller Joannides, Denise Parrish and Connie Sloan-Cathcart will recommend an increase in ticket prices to a minimum of \$75 because Little America has raised their prices.

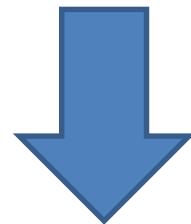
The Advocacy & Service committee made a request to the Foundation Board for a budget of up to \$750.00 for the Art Contest. The Foundation Board approved the request.

The next Board Meeting will be October 6<sup>th</sup>.

## Big Announcements:



It was with tears and regret that JoAnn Ziegler gave her resignation as Treasurer. She is staying active within the club; however, it is important that she take care of her health and wellbeing at this time. We will all miss the fastidious care that Jo Ann has given to this position. Take care of yourself, Dear Lady.



This is Jaime Davis, a new Zontian who has stepped forward to be our new Club Treasurer. Jaime spent all Friday and Saturday (9/25 & 9/26) at the Zonta District 12 Conference in Boulder. Thank you so much for jumping in with both feet!



# Zonta Club of Cheyenne General Meeting September 10, 2015

The meeting was called to order by President Kathy Cathcart.

The Silent Auction was opened. Proceeds will off-set expenses to the International Convention to be held in France.

Introduction of Guest: Misty Fisher introduced Tonia Barton; Jody Gostas, Ted Gostas; Pamela Moran, Ken Moran, Connie Sloan-Cathcart, Felisha Raimondi, Ellen Vegan, Ty and Nancy Stocten, and Betty Abernethy, Heather Wilkins.

Betty Abernethy moved and Connie Sloan-Cathcart seconded to accept the Treasurer's Reports for and the June General Meeting Minutes for July. Motion carried.

Kudos – Kathy Cathcart stated that as women we are often reluctant to voice our successes. Kathy asked that each member tell what they have recently accomplished or are proud of.

The District 12 Conference: Call to conference, September 25<sup>th</sup> through 27<sup>th</sup>. Connie Sloan-Cathcart moved and Betty Abernethy, seconded a motion to appoint Kathy Cathcart and Jamie Davis as our Delegates, and Linda Bogart and Jody Gostas as Alternate Delegates. Motion carried.

The program for the evening was a presentation by Ellen Vegan, Coalition Against Domestic Violence and Felisha Raimondi, Safehouse – The Difference Between Prevention and Awareness.

ZLNO ticket prices will be raised. Every member will be assigned to a committee. Vender and sponsor outlines are available. The committee is working on the logistics.

New members initiated at the September meeting: Debbie Richardson

Walk in Her Shoes, a Safehouse event will be held on October 14<sup>th</sup> beginning at 4:00pm at the Depot.

The next membership meeting will be held on October 8<sup>th</sup> at Applebee's. The meeting will begin at noon.

Having no further business to discuss, the meeting was adjourned.

Respectfully submitted,  
Pamela Moran



Kathy Cathcart & Ellen Vegan



Kathy Cathcart & Debbie Richardson

**ZONTA CLUB OF CHEYENNE**  
**Treasurer's Report**  
**As of September 1, 2015**

**Balance August 1, 2015** **\$13,784.33**

Deposits:	A. Ornelas-Bake Sale proceeds	10.00
	Club Foundation-2015 ZLNO proceeds	6,360.00
	Meals for 8-15 meeting & 1 pre-paid meal	326.00
	Pay Pal-Verify Bank	0.10
	Pay Pal-Verify Bank	0.19
		6,696.29

Withdrawals:	#4251 Applebee's-Meals for 8-15 meeting	176.00
	#4252 WY Engraving & Trophy-7 name tags	70.00
	Pay Pal-Verify Bank	0.29
		246.29

**Balance as of September 1, 2015** **\$20,234.33**

**Restricted Funds:**

Meal Fund	711.12
YWPA Award	1,000.00
Zonta International (1/3 of service funds)	5,000.00
International Convention (silent auction)	2,023.71
Z-Club-Triumph HS – (service funds)	200.00
Z-Club -Triumph HS – (meals at club meetings)	160.00
Reserve Fund	1,291.00

Total Restricted Funds \$10,385.83

**TOTAL UNRESTRICTED September 1, 2015** **\$9,848.50**

MEMBERSHIP MEALS TO DATE

Income	\$1,100.00 (includes FY 15-16 pre-paid meals for 3 members)
Expenses	- 346.60
Balance	\$753.40

Z-CLUB MEAL EXPENSES FOR MONTHLY MEETINGS

Month	Number Attended	Total Cost
June 2015	0	0.00
July 2015	0	0.00
August 2015	0	0.00

## Interviews with Past Presidents

The "Past President Interview Project" is being conducted by Linda Bogart and Jody Gostas in preparation for the Zonta Club of Cheyenne's 60<sup>th</sup> Anniversary in October 2016.



### Mary Walker 2003-2004

Mary Walker was President of the Zonta Club of Cheyenne from 2003 to 2004. She very clearly remembers being overwhelmed by all she had to do as President including gathering raffle items to help defray costs of attending the Zonta International Convention, making reservations for the monthly meetings, arranging the monthly programs/speakers, and organizing a membership drive which was held at the Governor's Mansion. "It's great that now the Presidents serve a 2 year term." She remembers being kept on track by Marion Davis who insisted on following *correct protocol* for distributing service monies!

That year she was most proud of having had a successful Antique Show with participation of all the Cheyenne Zontians. Mary also remembers Jane Dorn organizing a spring event which eventually morphed into ZLNO when she (Mary) was President. Mary has been involved with the District Board for the last 4 biennia (ums?) and this year's was the first District Conference she hasn't attended in years. She did attend the Zonta International Convention in New York City.

Mary is the Executive Director of the State Board of Pharmacy although she is planning to retire in 3 years. One of her biggest joys has been attending NASCAR races around the country with her husband Dave. She does other international travels with longtime friends. This year that will mean a trip to Outlander country in the Scottish Highlands with best friends including one since second grade! Bon voyage, Mary!

### Betty Squires 2006 - 2007



Jody and I (Linda) met with Betty on August 26<sup>th</sup> at Poor Richards. I haven't seen Betty for several years but did keep up with her on Face Book. Betty retired from the First Education Bank ten years ago, but she keeps very busy. Betty has traveled to Canada with the heritage club and to Hawaii with her son and his family. She belongs to the Widow's club, the gourmet club, Beta Sigma Phi sorority and has taken up quilting. She has lunch with past Zonta member Eleanor Hansen and sees Judy Berkley once in a while. She also finds time to volunteer at the hospital 2 days a month. Betty had foot surgery and will have hip surgery in the future. She had a slight stroke in January but is doing well. Betty said she still has people ask her about the antique show. Her greatest challenge as Zonta President was doing those (#\$@&%\*!) reports. It was great to touch base with Betty after so many years. We traveled together to the Montana District meeting and to the Zonta International Meeting in New York City.

## Reminder

*Message from President Kathy Cathcart:* Ladies, I have agreed on our behalf to be a speaker (hoping it will work for Connie too) **on October 1<sup>st</sup> for the Global Women's Issues series at the Laramie County Library.** The series runs September 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 23<sup>rd</sup>, and October 1<sup>st</sup>. PLEASE see if you can fit this last one into your schedule tonight. Feel free to share the attached poster with coworkers, friends and family.

Thanks, *Kathy*



Women's roles have undergone dramatic changes throughout the world, but women's status issues remain controversial in many traditional religious societies. In this series, learn about issues facing women today.  
(Adults; Cottonwood Room)

**WOMEN IN ISIS:** Thursday, September 3, 6:30 – 8PM

*Presented by Dr. Seth Ward*

*Academic Professional Lecturer in Judaism and Islam, Dept. of Religious Studies, University of Wyoming, Laramie*

**FEMALE CIRCUMCISION:** Thursday, September 10, 6:30 – 8PM

*Presented by Mary Maureen Manker and Skye Adair Dabok Irwin*

*M.A. Candidate, American University, Cairo, and B.A. Candidate, University of Wyoming, Laramie*

**WOMEN IN ISLAM AND JUDAISM:** Thursday, September 17, 6:30 – 8PM

*Presented by Dr. Seth Ward*

*Academic Professional Lecturer in Judaism and Islam, Dept. of Religious Studies, University of Wyoming, Laramie*

**WOMEN IN THE SEX TRADE:** Wednesday, September 23, 7 – 8:30PM

*Presented by Dr. Susan Dewey*

*Associate Professor of Gender and Women's Studies*

**WHAT CAN I DO ABOUT IT?:** Thursday, October 1, 6:30 – 8PM

*Presented by Wyoming Safe House, Zonta, World Vision, and CLIMB Wyoming*



"Hello," from Bev Morrow, with son Nathan enjoying the 2015 Bend (Oregon) Brewfest, which just happened to be on Bev's birthday in August! Obviously, Doug took the picture. P.S. from Bev, "Please give my best regards to all my Zontian friends."

## Calendar of Events

**October 1 Thursday**  
**6:30 – 8:00 pm**  
 Global Women's Issues  
 Laramie County Library

**October 6 Tuesday 5:30 pm**  
 Zonta Board Meeting  
 Align Office

**October 8 Thursday Noon**  
 Zonta General Meeting  
 Applebee's

**October 14 Wednesday 4:00 pm**  
 Walk in Her Shoes  
 Cheyenne Depot Plaza

## Happy Birthday Zontians



Bev Schrader  
10/8

Do I have this right?  
 She's the **only** October baby in our Zonta Club??  
 Please let me know if I've missed a birthday anywhere. I know I'm missing AT LEAST 3...  
 (Betty, Annie, Amber D)

Contemporary definition of hero:

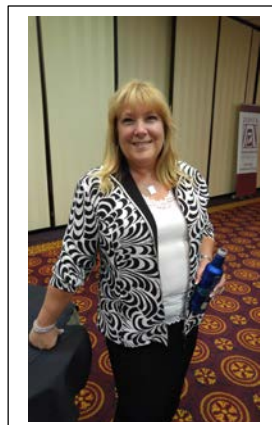
**Someone who is totally unselfish, who will help someone in need, without being asked, and who asks nothing more than a smile from the person being helped.** ~~ From the District Conference, the theme of which was "*Herstory of Heroes.*"

The District 12 Conference included a fun Friday night reception; a long day of business on Saturday which included elections for the 2016-17 biennium and break-out sessions of special interests, and a gala evening of entertainment and awards. The finishing sessions on Sunday included a moving Service of Remembrance for Zontians who passed away over the last 2 years and a chance to catch the break-out session you missed on Saturday. The best part of the conference was the chance to meet new Zontians and reconnect with those you've know from the past.

*Do you get Zonta email messages from that mysterious person Kari Winter?*

Here's her picture...

If you had had the chance to attend the Zonta District 12 Conference in Boulder 9/25-27, you would have met this charming woman and been able to put a face to the messages!!



Alice Northcutt passed away on September 26. Alice was a woman dedicated to seeing the status of women improve as she raised very strong daughters. She was a Zontian for many years, only leaving after her vision limited her participation. Rest in peace, Alice.