



The Yellow Rose is a ZONTA International emblem, which signifies:

"Radiance and Beauty"

**ZONTA ADVANCING
THE STATUS OF
WOMEN
WORLDWIDE**

*Cheyenne Zonta
Newsletter*

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Zonta Zephyr

September 2018 Newsletter



Zonta International

Founded in Buffalo, New York, USA, in 1919, Zonta International is a worldwide service organization dedicated to empowering women through service and advocacy.
<http://www.zonta.org/>

"Every woman has a right to live free of the threat of gender-based violence. Zonta International recognizes that the human rights of women and girls are an inalienable, integral, and indivisible part of universal human rights. Zonta International recognizes the need to promote and protect the human rights of all women and girls." Read more about Zonta International Strategies to Prevent Violence Against Women (ZISVAW) at www.zonta.org.

President's Message



Happy Fall Zontians!

Is it FALL already?! Pretty darn close. I mean Pumpkin Spice Lattes are out in full force now flaunting the evil forces of seasonal creep!

But there are plenty of club traditions coming up soon that do not have a whiff of that nutmeg-y concoction. For example, there's our **September Meeting's Silent Auction** September 13; the **Governor's Seminar** at the beginning of October; we have a few retirements to celebrate and we're meeting to gear up for **ZLNO and the art contest planning** NEXT WEEK! Also, new this year is the **Cheyenne Hills Church's Watch for Traffic Run/Walk** providing an opportunity for a Zonta Club collaboration bringing awareness to human trafficking. Lots for us Zontians to do this Fall so let's prepare now (speaking of seasonal creep) because before we blink an eye, Christmas will be here!

I remain, as always,

Kristie Wilson, President
Kristie.Zonta@gmail.com
307-214-4376

Report of General Meeting

August 9, 2018

Red Lion Inn

Zonta Board of Directors

PRESIDENT:

Kristie Wilson
kristie.zonta@gmail.com

VICE PRESIDENT:

Denise Parrish
denisewyo@aol.com

SECRETARY:

Melissa Martin
melissamartin210@gmail.com

TREASURER:

Kathy Cathcart
kcathcart@TheAlignTeam.org

BOARD MEMBERS:

Jennica Fournier
Lisa Hunt
Brenda Mathre
Karen Pacheco
Vacancy

President Kristie Wilson called the meeting to order at noon. It was determined that we did not have a quorum (13 required).

Our 3 guests were Lynette Tafoya (USPS), Dasa Robertson (Community Action), Janette White Hawk. We sang Happy Birthday for July and August babies. Kristie announced that Morgan Kikendall has moved to AZ to accept a different job. She asked for volunteers to replace Morgan on the Board, though no one can really replace Morgan. BINGO card winner is Linda Bogart who got a beautiful stained glass Zonta Z as a suncatcher.

Committee Reports:

Membership – next New Zees meeting will be August 16 at home of Christina Blooding. No new applications for membership received.

Communication – Jody Gostas announced she is looking for pictures of Zontians' summer travels for the September or October Zephyr.

Centennial--Linda Bogart and Brenda Mathre are working on the 100th Zonta International anniversary celebrations for 2019. They are looking for others to join this ad hoc committee.

Finance – ZLNO (Misti Fisher) will have an organizational meeting sometime soon. The theme might revolve around the afore-mentioned 100th anniversary.

Service – Jennica reported her committee of Nancy Freudenthal, Morgan Kikendall, Jody Gostas, and Jennica Fournier selected Chelsea Davis-Hearn to receive the LCCC scholarship. She will no doubt attend a meeting soon. Michelle Aldrich reported on the Triumph Z Club, expecting a good year. The regular meetings of the Z Club are the first Wednesday of the month from 11:15 – 11:45. Kristie Wilson volunteered to be the Zonta liaison. Kristie mentioned the Art Contest to be held in January, which is Human Trafficking Awareness Month. It will be at FlyDragon Art and Design Studio and more information will be forthcoming. Linda Bogart reported on the Hope Bags and the needed items will be printed in the Zephyr.

Advocacy-- The Silent Witness March is set for 11/19. Remember this is part of our 16 Days of Activism Against Gender Violence and **all** Zontians are expected to participate some way. Ann Erdmann talked about RESULTS conference in Washington DC where she met with our Congressional delegations. She urged members to contact Congressional folks about REACH funding. VOTE, VOTE, VOTE!

Announcement-- Cheyenne Hills Church is having a 5K run on Sept 29 and Misti Fisher volunteered Zonta to be the "1/2 Way Point" since the focus of the event is to raise awareness of human trafficking.

Meeting was adjourned at 1:00-ish.

Creators,
Jody Gostas and Linda Bogart

Treasurer's Report
ZONTA Club of Cheyenne
Reconciliation Summary
First Interstate Bank, Period Ending 07/31/2018

Jul 31, 2018

Beginning Balance	\$ 12,572.19
Cleared transactions	
Checks and Payments – 4 items	-648.87
Deposits and Credits – 4 items	<u>1,756.55</u>
Total Cleared Transactions	1,107.68
Cleared Balance	\$ 13,679.87
Register Balance as of 07/31/2018	\$ 13,679.87
 Ending Balance	 \$ 13,679.87

New Member Profile



My name is Rachel Leger (pronounced "lay-zhay"). I am a Wyoming native and 4th generation florist. My mother started The Prairie Rose 34 years ago with 3 other ladies, who dwindled down to her and one partner by 1986. She was also a Zontian for many years, too many for me to remember, that's why I was interested in becoming a Zontian. She showed me what it means to be a strong woman and care about the wellbeing of women around the world, not just in my backyard. (My photo is of me and my wonderful son at the Women's March this year in January.)

I attended Central High and then UW for a few years until it got too cold and I decided to move home. I am a single mother of one wonderful son who makes me the happiest mama in the world (at least in my eyes). Becoming a single mom is rarely a choice one makes, and for me it was no different. After a few jobs in law offices, I decided to put myself through cosmetology school and become an esthetician and opened my own business within a salon here in town. Two years ago Audra and myself purchased the flower shop from the people my mother had sold the business to 9 years ago. Although I love working as an esthetician, flowers are my real passion, so I had to let the salon work go for the most part and be at the flower shop full time. I get to spend my days working along my best friend and enjoy life to the fullest!

Look who I (Jody Gostas) saw at the Art Walk on September 9!! I didn't see both former Cheyenne Zontians, but I did see the one who was our Area Director a few years ago...really miss you, Michelle Ammerman.



SPECIAL INVITATIONS

#1 REALLY IMPORTANT. ALL Zontians are urged to attend the ground-breaking planning meeting for the 2019 ZLNO Zonta 100th Anniversary event. Kathy Cathcart has made her conference room available at Align (1401 Airport Parkway Suite 300) from 5:30 until 6:45 on Tuesday, 9/4/18. We need everyone to attend. This is our major fundraiser and 2019 is Zonta's big centennial year.

#2



is the logo for Cheyenne Hills Church 5K Run/Walk to increase awareness of human trafficking on September 29. The event will begin at the church (7505 US HWY 30). We (ZONTA) are committed to staff the half-way point which will be south of Saddle Ridge Elementary School. We need to be set up by 9:00 and will distribute water and wet rags to runners. We also will be putting some Zonta info in the swag bags to be given to the runners. The organizers are hoping to have 175 participants.

#3 This is a special invitation to recognize a woman who has done an awful lot for Zonta since she joined in January 2013 – and now she'll have time to do even more!! Betty Abernethy is retiring and the celebration begins on September 5 from 3:00 – 7:00 pm at Applebee's back room. While her actual retirement date is 9/9, I suspect it will be a big party all week long!

HOPE BAGS

One of our 2018 service projects has been given a new name. We have been involved with assembling hope bags for women and children who have been raped and/or assaulted and have received treatment at Cheyenne Regional Medical Center. There are regular requests for lists of the items needed.

For Adult HOPE Bags:

Sweat or Yoga pants
T-Shirts
Sports bras
Panties
Flip flops
Small fleece blanket
(1 yard of fleece, 54"wide)
Deodorant
Tooth Brushes and tooth paste
Shampoo/conditioner
Body wash & clothes
Sanitary pads/tampax

For Child HOPE Bags:

Pants
Shirts
Girls panties
Boys undershorts
Socks for boys & girls
Tooth brushes and tooth paste
Combs or brushes
Shampoo & body wash
Toy for appropriate size child

Items for toddler sizes and up through
middle school girls and boys

Items most needed at this time are small, medium, and large pants & bras and 54" blankets

You can bring any of these items to our meetings. You can also donate cash or Kohl's cash. Brenda Mathre, Linda Bogart, and Jennica Fournier have been working hard on this project and would welcome any other volunteers. Call, text, or email them for more information to help.

EMBRACE ZONTA'S PAST TO EMPOWER OUR FUTURE



**Zonta District 12
Governor's Seminar**
*Attend the Kick Off
of Zonta's
Centennial
Celebration*

October 5 and 6, 2018

Lamar Community College

Lamar Eagles

Lamar Elks

At the General Meeting on September 13 you will hear more about the Governor's Seminar from members who have attended in the past. It is the next-best opportunity to meet Zontians from the District who will share their enthusiasm for all we do.

Kathy Cathcart is offering rides to Lamar leaving Friday (10/5) morning.

There couldn't be a better way to go!!

RANDOM TIDBITS FROM THE "GUEST" EDITOR

Do you know why we have a silent auction in September?

Registration is often expensive for Zontians to attend a District Conference, Governor's Seminar, and especially the International Convention. Proceeds from the Silent Auction are committed to helping defray some of these costs and might encourage a member to attend. Bring your white elephants – or any color elephant – unused gifts you have received, homemade canning products you've put up from this summer's bounty, reservations for cakes or dinner or child care you might donate. You've been to lots of silent auctions so remember what you thought was a great idea and donate that to this annual event.

Do you know why we have Zappy Hour? It isn't *purely* social; we try to share information about Zonta that could be helpful to new members. Last month Christina Blooding hosted the meeting at her lovely home. Several of us attended and actually discussed the hierarchy of Zonta from International President all the way up to newest member! Thank you, Christina, for your hospitality.

Do you know Andrew Dyl? His HT (human trafficking) art work has caught the eyes of Zontians who have attended the HT Art Contest at FlyDragon Design Studio the last 2 years. We're expecting something equally eye-catching for the ZLNO Save the Date card coming your way momentarily! **Remember, it is March 8, 2019.**

Did you know that our "virtual" County Coroner is our very own member Rebecca Reid? She won the Republican Primary and there was no candidate running on the Democrat ticket. I hope it's not premature to congratulate Becki!

Thought for the day: Being positive does not mean ignoring the negative. Being positive means overcoming the negative.

Source anonymous

Calendar of Events

September 4 (Tues) 5:30
Align Conference Room
ZLNO 100th Anniversary
Planning session
EVERYONE TO ATTEND!

September 5 (Wed) 3:00-7:00
Betty Abernethy's Retirement
Celebration @ Applebee's back
room

September 6 (Thurs) 5:30
Board Meeting @ Melissa
Martin's home (210 E Idaho St)

September 13 (Thurs) 6:00
General Meeting @ Red Lion
Inn (Silent Auction included)

September 20 (Thurs) 5:30
Zappy Hour – TBA

September 29 (Sat) – 8:00 am
Cheyenne Hills Watch for
Traffic 5k Walk/RUN

October 5-6 in Lamar CO
Governor's Seminar

Happy Birthday



Joani Hafner	09/02
Karen Kitchens	09/27



Who is this woman and why is she in our newsletter?

Susanne von Bassewitz is President of Zonta International and Zonta International Foundation. For 23 years, she held responsibilities in the corporate world including communications with brand management, corporate identity and change communications as areas of focus. Susanne has been a Zontian since 1994 and is a member of the Zonta Club of Düsseldorf II, Germany.

When was the last time you looked at our website? Check it out; Kathy Cathcart is doing a great job but she always appreciates comments from those who have taken the time to look at it.

www.cheyennezonta.org