



**LEAVE NO
ONE BEHIND:
END VIOLENCE
AGAINST WOMEN
AND GIRLS**



ZONTA
CLUB OF
CHEYENNE
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR NEWSLETTER



Kristie Wilson

Hello, Sister Zontians!

"Nearly 100 years ago, founding member Marian de Forest dreamed of an organization that would bring together women in executive positions and help them reach their rightful places in the professions that rarely had women leaders. On 8 November 1919, delegates from the first Zonta clubs met to form the "Confederation of Zonta Clubs." Since the creation of Zonta International, our members have dedicated the last century to empowering women, both in and outside of Zonta." {copied directly from ZI website}

Want to empower women in our area but don't know where to start? Start small! Here are 3 simple ideas to do in the month of November that will not take much of a time commitment:

1. **Attend our next club meeting!** Did you realize that our evening general meeting meets on this very anniversary day, November 8, 2018? Please be sure to make every effort to come celebrate together the 99th Birthday as well as kick off the beginning of the 100th year strong as a club to keep empowering women for the next century. Come to learn about the Zonta- UN connection
2. **Cheer on local girls!** Join Denise Parrish and others in cheering on participants in the *GIRLS ON THE RUN 5K* Saturday November 10th. This is a great way to encourage and show young women the support that they deserve IS here in our community.
3. **March on Monday November 19th.** Our annual 16 Days of Activism kicks off with the Silent Witness March & Proclamation signing on Monday morning November 19. This is such an impactful event that stays with you and will help fuel your fire of "why" you're a Zonta member.

While every month is a fantastic opportunity for us Zontians to empower women, let's really show the community our strength coming out of the gate of our 100th November as being an international organization.

I remain,
Kristie Wilson, President
Kristie.Zonta@gmail.com

307-214-4376

Novemver 2018

www.cheyennezonta.org

2018 Club Officers And Board

President: Kristie Wilson

krisneener@yahoo.com

Vice President: Denise Parrish

denisewyo@aol.com

Secretary: Melissa Martin

melissamartin210@gmail.com

Treasurer: Kathy Cathcart

kcathcart@TheAlignTeam.org

Board Directors:

Brenda Mathre

Jennica Fournier

Lisa Hunt

Karen Pacheco

Nominating Committee

Betty Abernethy

Colleen Murray

Ann Secrest

Committee Chairs

Advocacy: Denise Parrish

Communication: Karen Pacheco

Finance: Kathy Cathcart

Membership: Jaime Davis

Service: Jennica Fournier

FOR IMMEDIATE RELEASE

October 22, 2018

For More Information Contact:

Kristie Wilson
(307) 214-4376
Kristi.zonta@gmail.com

Jody Gostas
(307) 778-0686
booknut.jody@gmail.com

Zonta Seeking Submissions for Fifth Annual Human Trafficking Art Contest

CHEYENNE, WYOMING – Zonta of Cheyenne is seeking entries for its fifth annual art contest to raise awareness about human trafficking in the Laramie County area. Entries must be submitted no later than Dec. 29, 2018 by 5 p.m. Art pieces are to be dropped off at FlyDragon Art Studio located at 600 W. 17th Avenue in Cheyenne. Entries must include the artist's name, age, phone number and email address.

The theme of this year's contest is *HOPE: The Key to Hope is Awareness*. Art in any medium is welcome including, but not limited to textiles, photographs, paintings, poetry, sculptures, or drawings. Four cash prizes are being offered: \$100 for an artist aged 13 and under, \$100 for artists aged 13 to 17, \$200 for an adult 18 and older, and \$200 for the People's Choice Award. Anyone interested is encouraged to submit an art piece in order to help Zonta continue its civic conversation about the need to eliminate human trafficking in our community.

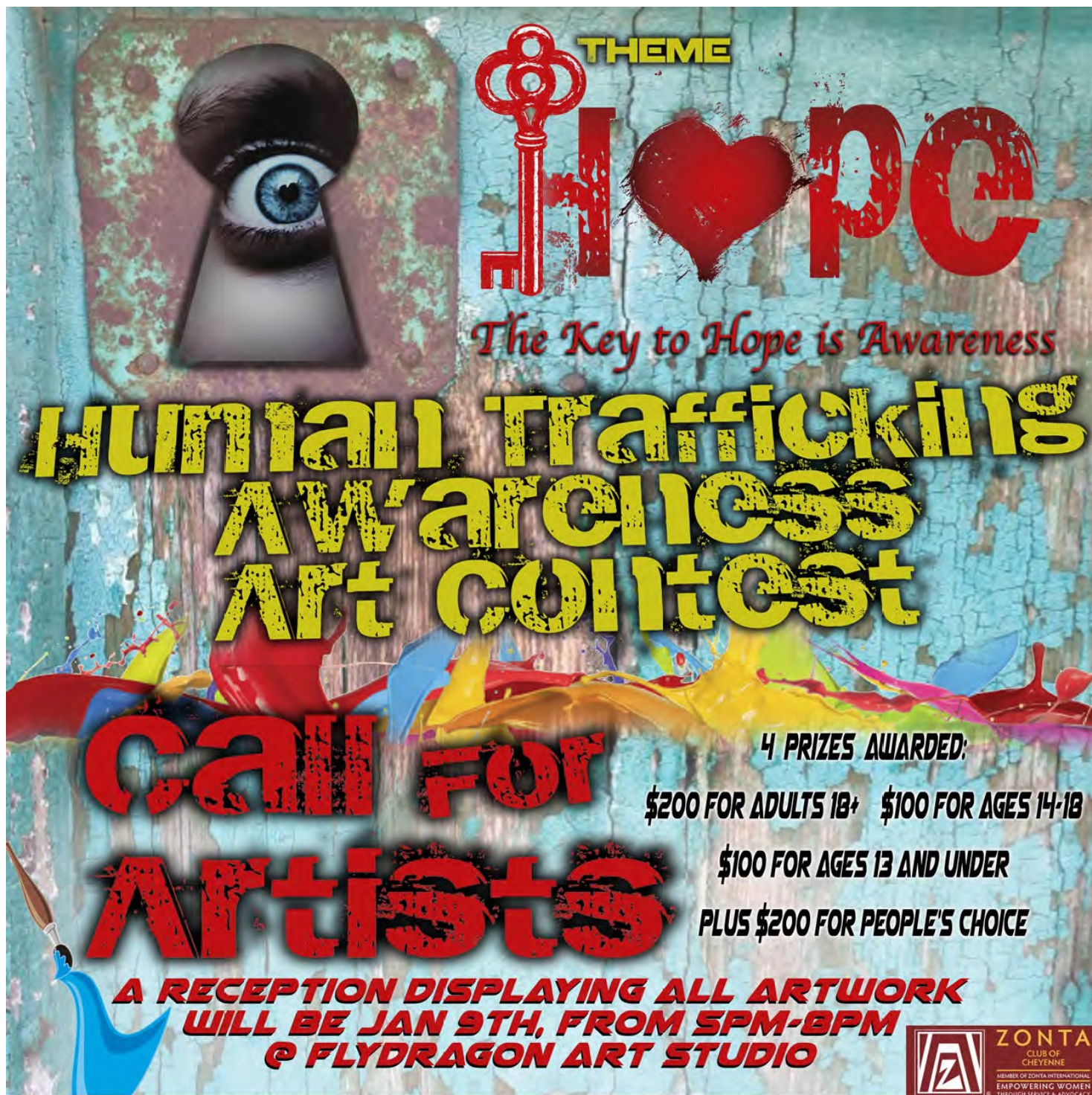
"This year's contest theme is focused on Hope for human trafficking victims," stated Kristie Wilson, president of the Zonta Club of Cheyenne. "We have spent several years raising awareness about the existence of human trafficking in our community – fighting the perception that it can't be happening in our own backyard. Now that people are beginning to understand it exists, we want to let the victims of this evil crime know that there is hope for change – hope that the community no longer has a blind eye and hope that we can shine a light to stop the terrible impacts this cruelty has on its victims."

Art entries will be displayed at Flydragon Art Studio at 600 West 17th Street during January where the general public can help vote for the People's Choice Award recipient. A reception for the artists, their friends and families, and the general public will be held on Wednesday, Jan. 9, 2019 from 5 to 8 p.m. For more information on the art contest contact Kristie at (307) 214-4376 or visit <https://www.cheyennezonta.org/>.

Zonta is also sponsoring a follow-up event the evening of January 17, 2019, in partnership with FlyDragon Art Studio, wherein the first 30 participants to sign-up will be guided in creating a piece of art focused on the contest's theme of Hope. For more information on the guided painting or to sign-up, please visit FlyDragon's website at <https://www.flydragondesign.com/>.

General Information

Founded in 1956, the Zonta Club of Cheyenne is an organization of executives and professionals working together to advance the status of women worldwide through service and advocacy. Its members have volunteered countless hours of time and hundreds of thousands of dollars toward local and international projects that advance the status and well-being of women and children. Zonta Club of Cheyenne is a member of Zonta International, a global organization founded in 1919, with more than 29,000 members in 63 countries and geographic areas.



THEME

I Love PC

The Key to Hope is Awareness

**HUMAN TRAFFICKING
AWARENESS
ART CONTEST**

**CALL FOR
ARTISTS**

4 PRIZES AWARDED:

\$200 FOR ADULTS 18+ \$100 FOR AGES 14-18

\$100 FOR AGES 13 AND UNDER

PLUS \$200 FOR PEOPLE'S CHOICE

**A RECEPTION DISPLAYING ALL ARTWORK
WILL BE JAN 9TH, FROM 5PM-8PM
@ FLYDRAGON ART STUDIO**

ZONTA CLUB OF CHEYENNE
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ZONTA ART CONTEST SUBMISSION FORM

LIMIT: one entry per person--Submission deadline: December 29th, 2018 by 5p.m.

Submit to: Flydragon Art Studio at 600 W. 17th St. Cheyenne, WY 82001

ARTIST : _____ NAME OF PIECE : _____

PHONE: _____ MEDIUM: _____

Check one:

Adult: ☐ Age 14-18: ☐ Youth (13 and under): ☐

Accepting All Mediums: sketch, paint, sculpture, textiles, photography, graphic arts, video, audio, written word, spoken word, any other creative forms.

*All submitting artists will be Featured Artists of the Month for Cheyenne Art Walk and will be on display for the public the entire month of Jan.

Committee Reports



Membership Committee: From the membership committee:

The membership committee met to clarify our roles and the process we will follow from potential recruitment to member retention. We are committed to membership growth goals for our local club, as we all engage in the both the mission of the organization as well as the camaraderie of relationships with fellow Zontians. We are excited to report that we did meet our 2017-2018 membership goals, and will continue to engage in service and advocacy while also supporting social connections within our Club.

If you know someone that should be a Zontian, please invite them to our next meeting!

Thank you,

New Member Application Processing: (No Report)

Orientation (New Z's) Happy Hour: (NO Report)

Navigators/ New Pilots (Mentoring) (No Report)

Inter-Club Networking (Socializing) (No Report)

Quick List : updated

By Laws Taskforce (No Report)

Centinnial Committee 100th Anniversary Committee Report The committee met October 27th 2018 . See page 3

Committee members:

WWW.zonta.100.org.

Communication Committee

Newsletter : Newsletter Committee Jody, Linda, and Brenda had meeting October 29th to edit the newsletter

Website: Being updated **More Dialogue:** Zonta talks

Finance Committee

Budget (NO Report)

Biennial Financial Review (Audit) (NO Report)_

ZLNO See page 3

Committee Reports

Advocacy Committee:

Legislative Watch :

Zonta Human Trafficking Awareness: See page 2

Community Assessment:



16 Days of Activism: From Lisa Hunt

I have to testify before the Health Labor and Social Services Committee on November 19th. This is the same day as the 16 Days of Activism parade. I will be picking up the silhouettes from Laramie on the 16th but cannot take them to the parade or march with them due to my job responsibilities. I am looking for a volunteer to bring the silhouettes to the parade, march and generally oversee them being set up at the library.

This is such an important event and the Z-club will be there too so please consider volunteering for this. You will need a car or truck big enough to transport the silhouettes. My Subaru lets me put the second seat down and works fine.

I will pick them up and return them to Laramie at the end of the 16 days.

Please email me or call me at (307) 287-5815 if you can help out.

Service Committee:

Scholarships and Awards:

Human Trafficking Art Contest : See page 2

Z Club (NO Report)

Hope Bags : Linda and Brenda Met at Linda's house to put together the donations we received in the past 2 months.



11:30 AM
10/01/18

Zonta Club of Cheyenne
Reconciliation Detail
First Interstate Bank, Period Ending 09/30/2018

Type	Date	Num	Name	Clr	Amount	Balance
Beginning Balance						13,582.87
Cleared Transactions						
Checks and Payments - 3 Items						
Check	08/02/2018	4398	Zonta International	X	-460.00	-460.00
Check	08/02/2018	4399	District 12	X	-220.00	-680.00
Check	09/13/2018	4402		X	-143.00	-823.00
Total Checks and Payments					-823.00	-823.00
Deposits and Credits - 3 Items						
Deposit	09/18/2018			X	90.00	90.00
Deposit	09/18/2018			X	160.00	250.00
Deposit	09/18/2018			X	216.50	466.50
Total Deposits and Credits					466.50	466.50
Total Cleared Transactions					-356.50	-356.50
Cleared Balance					-356.50	13,226.37
Register Balance as of 09/30/2018					-356.50	13,226.37
Ending Balance					-356.50	13,226.37

ATTENTION!

Zonta's Night Out is approaching! This is Zonta's Big fund raiser for the year , and how we help our community. Our tickets this year are \$75.00 for meals and shopping. There will be a \$45.00 ticket for shopping only. We will have a check in at the door. We need to be very diligent about selling tickets. . There are other way to contribute including donating to the gift baskets, handing out flyers , sponsoring a table, etc. We would like to have the Zonta Members to purchase their tickets by December 31, 2018 We need to know how many Zontian are attending. There is a list on next page of how you can help with this project or how to approach business or individuals to get sponsorship.



HOW TO HELP WITH ZONTA'S NIGHT OUT RIGHT NOW

Commit to Going to the Event

THE EVENT IS MARCH 8TH
LET US KNOW IF YOU ARE
GOING
BY DECEMBER 31ST!

Get Businesses to Sponsor

GOLD-\$1500/2 TABLES SILVER-\$750/TABLE

BRONZE- \$400/1/2 TABLE RECOGNIZED DONOR- \$100+
THESE TICKETS ARE WORTH THE MOST TO US.

TRY TO APPROACH A BUSINESS BEFORE MID-DECEMBER
SO THEY DON'T GIVE THEIR \$ TO SOMEONE ELSE

CONTACT JENNICA FOURNIER OR MISTI FISHER

Sell a Dinner and Shopping Ticket

\$75 EACH *AVAILABLE ONLINE*

CONTACT DENISE PARISH FOR PRINTED
TICKETS

Sell a Shopping Only Ticket

\$45 EACH *AVAILABLE ONLINE*

CONTACT DENISE PARISH FOR PRINTED
TICKETS

Sell Raffle Tickets

\$5/TICKET OR \$20/5 TICKETS

CONTACT DENISE PARISH FOR DETAILS

Help Hang Posters

CONTACT MISTI FISHER FOR DETAILS

Gather Materials for Grab Bags

-SAVE YOUR OLD BIRTHDAY-THEME
GIFT BAGS BUY A FEW FUN, SMALL, IN-
EXPENSIVE ITEMS

-TAKE THE LEAP AND ASK FOR A REAL-
LY EXPENSIVE ITEM TO BE DONATED—
LIKE A DIAMOND RING!!

-CONTACT REBECCA REID FOR DETAILS

DO YOU HAVE A FRIEND WITH THEIR
OWN BUSINESS?

Acquire a Vendor

\$125/TABLE +\$15 FOR ELECTRICITY +\$35
FOR DINNER

CONTACT KATHY CATHCART OR JAMIE
DAVIS

FIRST COME, FIRST SERVE

October 11, 2018 Zonta Meeting Minutes

International Day of the Girl Child

Guests: South HS – Principal Mike Helenbolt, Z Club – Hailey

Birthday Celebrations: Kristie, 6th grandchild born for Nancy Freudenthal

Announcements: October is DV Awareness month

October 24, 7-9 a.m. is Purple Door Breakfast at Safehouse

11:15 a.m. the Gov. will sign proclamation

Committee Reports:

Z Club – Hailey passed around the Trick or Treat for UNICEF bucket

Talked about a speaker they had that was a survivor of human trafficking

Taking orders for the Bake Club for Christmas – Dr. Aldridge

Membership –

November Zappy Hour?

Communication – FB page has been complimented on a great job!

Finance – 13,227.37 balance, discussed in general what the funds were designated for Service

Art Contest – Theme is HOPE

Last years winner was donated to Domestic Safety Resource Officer in Colorado

Up to 30 slots free for the public for the guided painting

Scholarships – Needs to leader

Advocacy

Call legislative offices!

Other Business: Brenda needs report of Dist. 12 Gov. Seminar

District Service Project is books for libraries

Grants for Organizations that we have “hands on” with (Climb)

Need people to sew for HOPE bags

71 bags donated so far

Medium is most common size clothing

List of items is in Zephyr

“Boys to Men” coaching is on Nov 15, 2018

Upcoming Events:

3rd Thursday is Zappy Hour at Uncle Charlies

November 19th Women’s March (during 16 days of Activism)

April 6, 2019 is District meeting in Laramie

Recorded by Audra Johnson Acting Secretary



GIRLS ON THE RUN: CHEERS AND VOLUNTEERS WELCOME

Girls on the Run is an organization that inspires girls (3rd - 8th grade) to recognize their inner strength and celebrate what makes them one of a kind. This is done with trained coaches who use discussions, activities and running games wherein the girls develop essential skills to help them navigate their worlds. The program also includes a community service project and a celebratory run.

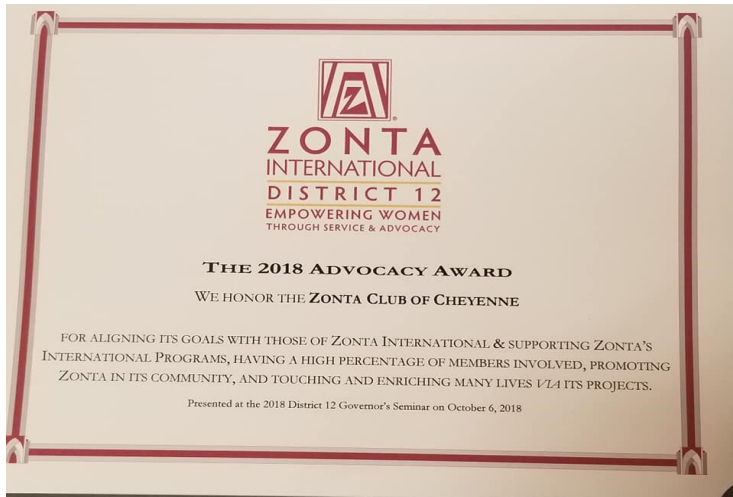
The next 3.1K run for these girls is to be held the morning of November 10th at Lions Park. They could use volunteers – mostly to cheer the girls on – and Zontians would be perfect for that role. We can wear our nametags, Zonta jackets, Zonta hats, (you get the idea) and let the world know that we see the importance of adults working with girls early to build up their confidence so they reach their full potential as women.

The primary volunteers needed at this stage of the event are adults to cheer the girls on their run. The path is around the lake at Lion's Park. This is not a Club sponsored event, but a volunteer opportunity to help out an organization with the goal of making strong women in the world – and helping out a friend of Zonta and former Club member. If you are interested, please sign up ASAP at <https://www.volunteersignup.org/4WK3Q>.

Don't miss this opportunity to show community support, help some developing young women, socialize – and not have to be the ones to organize and plan the entire event! What more could one



District 12 Advocacy Award.



Denise Parrish, Kristie Wilson

District 12 Conference in Lamar Colorado



Denise Parrish



Jody Gostas

Zonta District 12 Governors Seminar Kick off to the Zonta's Centennial Celebration At Lamar Community College. A salute to the past of legendary Ladies. Recognition to Beverly Augustine for her 65 years of Zonta Service. 7 Cheyenne Zontians attended.



District 12 Conference 2019
will be in Billings Montana
September 20th– 22nd 2019



Picture donated to Domestic Safety
Resource Officer in Lamar Co



Beverly Augustine



Amelia Earhart ,Pilot
Linda Gleichmann



Book Lovers Bash Basket



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Zonta of Cheyenne donated a basket for the Book Lovers Bash , a fund raiser for the Library. Thank You! to all that donated to the basket.



Triumph High School Culinary Arts Annual Bake Sale

All orders for Thanksgiving delivery must be received by November 9, 2018. All orders for Christmas must be received by December 7, 2018. For Information contact Triumph Catering at 1250 West College Drive

Foundation :

Kathy Cathcart (Ch)
Connie Sloan Cathcart Vch)
Denise Parrish (Sec)
Misti Fisher (Trs)
Kristie Wilson

Carla Thurin





TAKE ACTION

Zonta Advocacy Action Center



Dear JOANNE,

One in three women in the United States has been a victim of some form of physical violence by an intimate partner and one in five women in the United States has been raped in her lifetime. The Violence Against Women Act (VAWA), landmark legislation first passed with bipartisan support in 1994, provides critical support for victims of domestic violence, dating violence, sexual assault and stalking. VAWA was included in a spending bill passed in September; however, the bill only granted a short-term extension until December 7th.

Representative Sheila Jackson Lee (D-TX) Introduced the Violence Against Women Reauthorization Act of 2018 (H.R. 6545) in July 2018. H.R. 6545 supports the continuation of essential programs and services under the original VAWA while providing for critical improvements. We urgently need your help in galvanizing support for H.R. 6545 from more Members of Congress.

Join the Zonta USA Caucus in supporting H.R. 6545 and contact your representative today to urge them to support reauthorization of the Violence Against Women Act.

[Take Action](#)

Thank you for taking action on this important issue!

Sincerely,

Members of the Zonta USA Caucus

Upcoming Events:

November 5, 2018 Board Meeting 5:30pm 210 E. Idaho Melissa Martin House

November 8, 2018 General Meeting 6:00pm Cheyenne Regional Medical Center Auditorium B (located on the east side of Greenhouse Grill on main level) 214 East 23rd Street

November 15 Zappy Hour TBD

November 19, 2018 Silent Witness March Meets at 10:00am. Place TBD. Proclamation signing. 11:00 am at the Kendrick Gallery.

November 25,-December 10, 2018 16 Days of Activism Against Gender Violence

Kudo's to Former Zontian!!

Heather Goodwine who was inducted into East High School Hall of Fame on October 19, 2018

Heather always help with Zonta Night Out which was mention in the awards ceremony

Hope bags:

Items are in need for adult are, Medium Pants, Shirts and Bras

You can bring any of these items to our meetings.

We will also accept cash, checks, or Kohls cash.

Questions Contact: Brenda Mathre, Jennica Fournier or Linda Bogart

