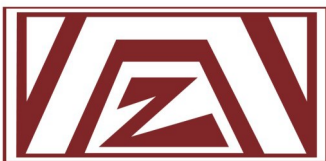




January 2019

www.cheyennezonta.org



ZONTA
CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR NEWSLETTER



Kristie Wilson



2018 Club Officers And Board

President: Kristie Wilson

krisneener@yahoo.com

Vice President: Denise Parrish

denisewyo@aol.com

Secretary: Melissa Martin

melissamartin210@gmail.com

Treasurer: Kathy Cathcart

kcathcart@TheAlignTeam.org

Board Directors:

Brenda Mathre

Jennica Fournier

Lisa Hunt

Karen Pacheco

Dr. Michelle Aldrich

Nominating Committee

Betty Abernethy

Colleen Murray

Ann Secrest

Committee Chairs

Advocacy: Denise Parrish

Communication: Karen Pacheco

Finance: Kathy Cathcart

Membership: Jaime Davis

Service: Jennica Fournier

HAPPY NEW YEAR, sister Zontians!

2019 is here and a busy month ahead of us and our Zonta Club! January is Human Trafficking Awareness Month and January 11 is National Human Trafficking Awareness Day. Zonta's Art Contest creating awareness of Human Trafficking is Wednesday, January 9th from 5 – 8 p.m. We hope to see many of you at this yearly event. The next night (January 10th) is our evening General Meeting held again at the CRMC Auditorium B. Please come and help us celebrate with a program dedicated to one of the most famous Zontians, Amelia Earhart. Thursday, January 17th is another Human Trafficking Awareness event sponsored by our Club. It's a guided painting night that will not only promote our work in raising awareness in our community but provide a fun and much needed bonding social event for our members with the public. The first 30 people to sign up will paint for free. Community first but we welcome and hope all Zonta Members will attend as well. Here's the link so that you can see what we will be painting together: <https://www.flydragondesign.com/content/hope-human-trafficking-victims-zonta>

Hope to see you at all the events this month.

I remain,
Kristie Wilson, President
Kristie.Zonta@gmail.com
307-214-4376





Help! I can't do this!!
~~cried Ann Ermann

At the general meeting this month, there was confusion regarding the need for someone to assume responsibility for the Scholarship Committee – **the operative word being committee**. Jennica Fournier will continue to chair the position this year but she is encouraging newer members to become involved in soliciting applicants for the Young Women in Public Affairs Award (YWPA), distributing scholarship information (LCCC Scholarship, Jane M Klausman Women in Business Scholarship **and new** Women in Technology), reviewing any applications, and making the selections. *This isn't time consuming but it does involve a commitment.* Contact Jennica (or Kristie Wilson) asap if you are able to help.



ZONTA SAYS NO
TO VIOLENCE AGAINST WOMEN



Zonta's Night Out

Zonta's Night Out is less than 3 months out so please start selling tickets, raffles, and sponsors. This year we are Celebrating Zonta International's Birthday so let's make this a Bash of a event! Just a reminder we are selling just shopping tickets at \$45 but still try to push for dinner tickets as we are responsible for 260 meals per our contract. Also there are a lot of great sales and clearance items in stores right now so please considering picking something up for our grab bags. Our bags bring in \$2,275.00 every year so they are important to this event.

And..... Becki Reid also so graciously took on the grab bags. She is the one we need to get all grab bag items to. She already has enough birthday bags so tissue paper and items are still needed.

I'm not asking people to do everything but pick something and follow through with it. Sell a sponsor, sell 2 tickets, get a donation, sell 20 raffle tickets or pick up a grab bag item. If time is what you want to offer please ask me, Kathy or Jennica for things to do. If asking for a sponsor is not your thing but you have someone in mind let me, Jennica, Kathy or even Becki know.

Together we can do Anything!

Happy New year Friends

Misti

ATTENTION!

- ◆ This is Zontas fund raiser for the year.
- ◆ Our tickets this year are \$75.00 For meal and shopping. There will be a \$45.00 ticket for shopping only. We will have check in at the door.
- ◆ There are suggestions on the next page of how you can help with this project or how to approach business or individuals to get sponsorship.



HOW TO HELP WITH ZONTA'S NIGHT OUT RIGHT NOW

Commit to Going to the Event

THE EVENT IS MARCH 8TH
LET US KNOW IF YOU ARE
GOING
BY DECEMBER 31ST!

Get Businesses to Sponsor

GOLD-\$1500/2 TABLES SILVER-\$750/TABLE

BRONZE- \$400/1/2 TABLE RECOGNIZED DONOR- \$100+
THESE TICKETS ARE WORTH THE MOST TO US.

TRY TO APPROACH A BUSINESS BEFORE MID-DECEMBER
SO THEY DON'T GIVE THEIR \$ TO SOMEONE ELSE

CONTACT JENNICA FOURNIER OR MISTI FISHER

Sell a Dinner and Shopping Ticket

\$75 EACH *AVAILABLE ONLINE*

CONTACT DENISE PARISH FOR PRINTED
TICKETS

Sell a Shopping Only Ticket

\$45 EACH *AVAILABLE ONLINE*

CONTACT DENISE PARISH FOR PRINTED
TICKETS

Sell Raffle Tickets

\$5/TICKET OR \$20/5 TICKETS

CONTACT DENISE PARISH FOR DETAILS

Help Hang Posters

CONTACT MISTI FISHER FOR DETAILS

Gather Materials for Grab Bags

-SAVE YOUR OLD BIRTHDAY-THEME
GIFT BAGS BUY A FEW FUN, SMALL, IN-
EXPENSIVE ITEMS

-TAKE THE LEAP AND ASK FOR A REAL-
LY EXPENSIVE ITEM TO BE DONATED—
LIKE A DIAMOND RING!!

-CONTACT REBECCA REID FOR DETAILS

DO YOU HAVE A FRIEND WITH THEIR
OWN BUSINESS?

Acquire a Vendor

\$125/TABLE +\$15 FOR ELECTRICITY +\$35
FOR DINNER

CONTACT KATHY CATHCART OR JAMIE
DAVIS

FIRST COME, FIRST SERVE



THEME



The Key to Hope is Awareness

HUMAN TRAFFICKING AWARENESS ART CONTEST RECEPTION

**OPEN TO THE PUBLIC
FOR VIEWING AND VOTING**

JAN. 9TH, 2019

5:00PM - 8:00PM

@ FLYDRAGON ART STUDIO

600 W. 17TH ST.

**Come enjoy snacks, viewing
of all kinds of mediums and
cast your vote!!**

PRESENTED BY:



ZONTA

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Remembrances

I shared a very Christmas greeting with Jo Ann Zeigler and Sandy Hudson, two former Zontians who gave a lot to the Club during their membership.



Those who know Jo Ann remember that she travels around the world photographing animals, I mean, BIG animals like lions and tigers and bears, Oh My! In 2019 she has plans to photo brown bears along the coastline of British Columbia from a *boat*. Of course she will also spend time with her friends and beasts (polar bears) in Churchill MB in the autumn.



She is feeling better than ever with no plans to slow down. I saw her at the UU Church craft sale shortly before Christmas where she had beautiful cards, coasters, photos of her favorite creatures.

Jo Ann told me her usual assistant Sandy Hudson was recuperating from surgery so I had to call her.

Sandy actually sounded perky on the phone. Yes, she had had a rather extensive back surgery in Ft Collins but is feeling 1000% better and eager to get back to work right after Christmas. She has been filling her time with therapy, visiting with family and friends, and seasonal *baking* which we fondly remember.

Both Jo Ann and Sandy asked me to share Holiday Greetings with Zontians along with wishes for a peaceful and successful New Year.

Jody Gostas





My name is Dasa Robertson and I was born and raised in the Yoder/Torrington area. At the age of 32 I moved to Laramie to go to the University where I got a degree in Criminal Justice and Psychology. After moving to Laramie I met my husband Stephen Dale Robertson and we had son together named after his father. I bounced around between jobs for a bit after graduation but finally landed a job with the Albany County Crime Victim Witness Program as a Victim/Witness Advocate. It was a wonderful experience because it was the one job that I could utilize both degrees and I fell in love with the work that I did. Advocacy is challenging at best but I could honestly say I was good at it and the wealth of education that I received from that experience has been a true God send. My position allowed me to work with so many individuals and our case load was huge. I used to say that we worked with victims on a full gamut from no insurance accidents to survivors of homicide. There was never a dull moment that is for sure. It was in this position that I first learned about Zonta and about Human Trafficking. Many of my clients were victims of domestic violence and sexual assault and my job was to try to help them through the trauma. Part of that help was to guide them towards becoming self-sufficient and being a witness for court. The Zonta in Laramie offered a program where women could get professional clothing so I often referred the clients to that organization. For years I wanted to join Zonta but the timing was never quite right so it just did not happen.

During one of the Victim/Witness conferences that I attended in Sheridan Wyoming there was a break out session about human trafficking. I had never heard about this epidemic and I was thoroughly appalled to find out about it. The thought of women and children being sold into prostitution and slavery struck a nerve and I began to do some research. At the same time a woman by the name of Michelle Rodriguez reached out to me and asked me to write a letter to President Obama advising him about the plight of children that were being brought into the states from Guatemala, Costa Rica and Honduras to be sold into human trafficking rings. She told me that parents in these countries would fight and struggle to earn enough money to pay coyotes as they are called to bring their children to the United States in an effort to get them someplace “safe”. It made me cry because as a parent I would do whatever it would take to make sure my child was safe and I believe that was the intention of these parents as well. They would have no idea what was to become of their beloved children. In fact as I am writing this I am fighting back the tears.

(Continue next page)

In any case, to make a long story very short, I started attending a church in Laramie and now have a resolution to go to seminary with Laramie Valley Chapel. Once I have completed this my plan is to go to Merced, Costa Rica on a mission to work with women and children in the effort to stop parents from sending their children into these dangerous rings. That is my five year plan anyway. I think it was Kathy Cathcart that asked me how far I am into the five year plan and to be honest probably four years now. So maybe it is more of a ten year plan but the yellow brick road has been paved and at some point this will happen. All in God's timing.

I joined Zonta in Cheyenne about three months ago. When I found out about the organization's pledge to eliminate human trafficking I felt it would be a good fit. I am not part of any committees as yet and that is probably a good thing right now. I am so busy with things I am afraid that I would not be as efficient as I would like to be and I want to be as effective as a member as possible

So I have discussed past and future I suppose I should talk about present. After fourteen years with Victim/Witness and some major changes that I was not comfortable with I left Albany County and Victim/Witness and came to Cheyenne. I am now working as a Self-Sufficiency Case-Manager with Community Action of Laramie County. In all reality not much different than what I was doing before, all of the things that I loved about the job and more. Really I guess the only things missing are meetings with cops, lawyers, judges and court rooms but I can deal with that. On the highest level the job, as I see it truly helps individuals in crises. Part of the mission of Community Action is to eliminate poverty. I don't know that elimination is ever going to happen. Poverty has been a part of the human race since biblical times but as a case manager I get to help make dreams come true for persons every day whom had given up all hope. I am blessed with coworkers, board, and an administration that have a true compassion for the people who walk through the doors and they want the employees to be happy. They have been so gracious to allow us to take a new program called Project Hope and build it from a pilot program into something that is opening doors to many of our clients. In one year we had eleven people/families that graduated from the program to become self-sufficient. Persons who had nothing now going to school, some have found employment and all are in permanent homes. Prior all of them were homeless. I could go on and on but I believe I am limited in space. If you have questions please come to me I am happy to talk about the program and everything that we do.

To wrap up, I live in Cheyenne part of the time, where I take care of my mother-in-law. When I am not on call I will drive to Laramie to see my son, who is going to be twenty years old in January and going to the University where he is triple-majoring and my husband who is currently starting a new business of building Tiny Homes. I write grants in my spare time, I try to read and do bible studies, I am in the process of making a cookbook so that I can fund the trip to Costa Rica, and I go to Element Church on the weekends that I don't travel to Laramie and I still attend Laramie Valley Chapel when I am there.

Thank you fellow Zontians for allowing me to be a part of this awesome club. I look forward to meeting each one of you and doing my part.

3:51 PM

Zonta Club of Cheyenne

12/03/18

Reconciliation Summary

First Interstate Bank, Period Ending 11/30/2018

Beginning Balance	<u>13,395.09</u>
Cleared Transactions	
Checks and Payments - 2 items	<u>-234.40</u>
Total Cleared Transactions	<u>-234.40</u>
Cleared Balance	<u>13,160.69</u>
Register Balance as of 11/30/2018	13,160.69
New Transactions	
Checks and Payments - 1 item	-11.00
Deposits and Credits - 1 item	<u>170.00</u>
Total New Transactions	<u>159.00</u>
Ending Balance	<u>\$13,319.69</u>

Zonta Club of Cheyenne
Minutes of General Meeting
December 13, 2018
Rail Yard Coffee Haus

Meeting was called to order at noon by President Kristie Wilson who asked each person for introductions and their Christmas wishes.

Guests were introduced including companions of Denise Roberts from Z Club at Triumph High School who were Laramie Ringolsby, school counselor, and School Safety Officer Joe Johnson, CPD. December birthdays were acknowledged.

Announcements:

Food items brought to the meeting will go to Kinship Support Group (coordinated by member Dasa Robertson) which is grandparents raising grandchildren. Clothing and blankets will go to Hope Bags project.

Committee Reports

Z Club – Denise Roberts reported they raised \$186.71 for UNICEF at Halloween, reported on Silent Witness March, their Christmas party, and they will participate in Zonta's Night Out (ZNO).

Membership Committee: Expect an application from Danielle Valencia from Wells Fargo Bank.

Communications: Look at website; it's been updated.

Finance: Treasurer's Report will be in Zephyr; operating balance is \$13319.69. ZNO still needs sponsors and this is the time of year to be soliciting. 13 vendors have paid and if you know one, contact Kathy Cathcart for information.

Service: Deadline for submissions for human trafficking art contest is December 29, reception is January 9 at Flydragon Art Studio and the guided painting night is 1/17/19 (same place). Brenda Mathre has collected items for Hope Bags which will be assembled in early January; she needs volunteers to help and will send out an email including Z Club.

Scholarship: Ann Erdmann volunteered to co-steer this committee in Jennica's absence which means soliciting applications and reviewing them for 3 different scholarships: Women in Technology, Women In Business, & YWPA.

Advocacy: Mary Walker gave thorough and laudatory report on 16 Days and Silent Witness March. Carla Thurin reported about 100 boys should finish the Coaching Boys to Men project in a couple of months. Kudos to Denise Parrish for editorial on 11/23/18 re Ending Domestic Violence. Reminder of comment period re changes to Title IX guidelines about reporting sexual misconduct/assault on campus – very important issues.

Upcoming Dates: 01/09/19 - Art reception at Flydragon Art Studio

01/10/19 – Zonta Amelia Earhart evening meeting at CRMC meeting room

01/17/19 – Directed painting evening at Flydragon Art Studio

Meeting adjourned at 1:00.

Respectfully submitted,

Jody Gostas
Acting Secretary



Committee Reports



Membership Committee: As we start the new year, the membership is revisiting the Navigator/ New Pilot program and looking to create better support and relationships that will encourage membership retention. We are also thrilled to have met with 2 potential new members in December, and look forward to those wonderful ladies joining us soon. We would like to welcome our new member Dasa Robertson. If you would like to join us, or have an idea you'd like to share with us , please contact Jamie Davis.

The membership committee should meet again in January Hopefully we can coordinate calendars even for a teleconference . After the holidays, I'll send out a few options for us to connect.

Happy Holidays, Jaime Davis

By Laws Taskforce (No Report)

Centennial Committee : (No Report)

Communication Committee

Newsletter : Newsletter had meeting 12/27/2018 to review the January newsletter

Website: Being updated More Dialogue: Zonta talks

Finance Committee

Budget : see page 9

Biennial Financial Review (Audit) (NO Report)

ZNO : See page 3 & 4

Advocacy Committee: See note in minutes regarding comment period on changes in Title 1x regulations about sexual assault on campus. Contact Jody Gostas is you need more information

Legislative Watch :

Zonta Human Trafficking Awareness: (See page 4)

Service Committee:

Scholarships and Awards:

Human Trafficking Art Contest : (See page 5)

Z Club :

Hope Bags: Email will be sent out when we get a date for the bags to be put together.



Amelia Earhart and Carl Dunrud on the Double D.

In the mid-1930s, flying was still in its infancy and Earhart was at the top of her game. She and her husband, George Putnam, honeymooned at the “Double D” Dude Ranch near the ghost town of Kirwin outside Meeteetse Wyoming. The outfit was owned by friend and fellow adventurer, Carl Dunrud.

Foundation :

Kathy Cathcart (Ch)

Connie Sloan Cathcart Vch)

Denise Parrish (Sec)

Misti Fisher (Trs)

Kristie Wilson





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Zonta Club of Cheyenne Hope Bag Project

Items can be brought to a Zonta Meeting or contact: Brenda_Mathre 631-2670 or Linda Bogart 214-3045

We accept new and gently used items.
Fast Food Gift Certificates are always welcome.

Women's Hope Bags Small, Medium & Large sizes

Sweat or Yoga pants
T-Shirts
Sports bra
Panties
Flipflops
Small fleece blanket one yard of fleece, 54" wide
Deodorant
Tooth Brush and Tooth paste
Shampoo/conditioner
Body wash & cloth
Sanitary pads/tampax

Child HOPE Bags for boys & girls:

Items for toddler sizes and up through middle school

Pants
Shirt
girls' panties
boys' undershorts,
socks
tooth brushes and tooth paste
combs or brushes
shampoo & body wash & cloth
toy for appropriate size child (small toys that will fit in a back pack)
Fleece blanket

Attention!

We are asking for help to put together the hope bags. I will be sending an email out as soon as I have the date. We have a lot of items to put in the bags. Thanks!



Upcoming Events:

January 3, 2019 Board Meeting 5:30 pm Align 1401 Airport Parkway #300

January 9, 2019 Human Trafficking Awareness Art Contest 5pm-8pm at Flydragon Studio 600 W. 17th St.

January 10, 2019 General Meeting 6:00pm Cheyenne Regional Medical Center Auditorium A (located on the east side of Greenhouse Grill on main level) 214 East 23rd Street

January 17th, 2019 Guided Painting Class at Flydragon Studio 600 W. 17th St.

February 7, 2019 Board Meeting 5:30 TBD

February 14, 2019 General Meeting 12noon TBD

Save this date for Zonta Area Meeting!

Location: Laramie Wyoming

Date: April 5, 2019 Friday night social event

April 6, 2019 Saturday Area Meeting

Candice Cathcart

Ann Erdmann

