



The Yellow Rose is a ZONTA International emblem, which signifies:

**"Radiance and Beauty"**

**ZONTA ADVANCING  
THE STATUS OF  
WOMEN  
WORLDWIDE**

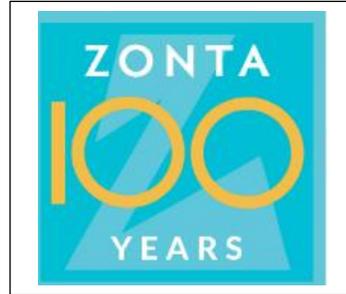
*Cheyenne Zonta  
Newsletter*

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# Zonta Zephyr

## April 2019 Newsletter



**Zonta International**  
Founded in Buffalo, New York, USA, in 1919, Zonta International is a worldwide service organization dedicated to empowering women through service and advocacy.  
<http://www.zonta.org/>

Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. [www.zonta.org](http://www.zonta.org).

### President's Message



**DON'T FORGET TO REGISTER FOR AREA 2 MEETING.** Call, text or email Kathy Cathcart by Friday, March 29th to reserve your spot (even though deadline said 3/25). See page 4.

WOW! ZNO is over and we are reaping the benefit and seeing people emerging with interest

in the vision that is Zonta. This is an exciting time of year for us as a club. New members coming in with fresh perspectives; April's business meeting where we make decisions that will impact our future; a fresh look at our CFD Human Trafficking Awareness campaign; and a look back to see what worked and what didn't with ZNO. Dues are due and Kathy Cathcart (aka KatCat) has been and will be working hard to make sure the money to International is submitted on time. Please make your payment promptly to facilitate this process for her.

Dues are important to collect, but most importantly we need **YOUR** input and **YOUR** thoughts about what you want to see in the coming year for Zonta Club of Cheyenne. Not only thoughts on our big, blowout fundraising ZNO event; such as do you want the "L" back in ZLNO, want to see a speaker or did you like it without...BUT ALSO we need everyday normal club activity feedback about who you want to see on your board down to ideas of the venues of where we should hold our meetings.

You are vital to this club. You are the lifeline, the heartbeat. Without you, we don't exist.

I remain as always,  
Kristie Wilson,  
Your Faithful President

### ZONTA BOARD OF DIRECTORS

**PRESIDENT:** Kristie Wilson  
kristie.zonta@gmail.com

**VICE PRESIDENT:**  
Denise Parrish  
denisewyo@aol.com

**SECRETARY:**  
Melissa Martin  
melissamartin210@gmail.com

**TREASURER:**  
Kathy Cathcart  
kcathcart@TheAlignTeam.org

**BOARD MEMBERS:**  
Jennica Fournier  
Lisa Hunt  
Brenda Mathre  
Karen Pacheco  
Dr. Michelle Aldrich

### NO MINUTES FOR MARCH 2019 GENERAL MEETING REPLACED WITH ZNO EVENTS



KFBC interview  
w/Misti Fisher &  
Kathy Cathcart



Misti Fisher's husband  
and mother – James  
Fisher and Joan Haggerty



L to R: Lisa Hunt, Zonta Silent  
Witness coordinator; Kristie  
Wilson, Zonta Cheyenne  
President; Ann Hodgson,  
Zonta District 12 Lt. Governor



Paparazzi Vendor Erinn Riney



Marion Orr's Chief of Staff Eric Fountain (r), Lisa  
Smith, and Eric's Friend



### Potential Membership Reception



**Treasurer's Report**  
**ZONTA Club of Cheyenne**  
**Reconciliation Summary**  
**First Interstate Bank, Period Ending 02/28/2019**  
**Submitted by Kathy Cathcart, Treasurer**

Date: 02/28/2019					
Type	Date	Number	Name	Cleared	Balance
<b>Beginning Balance</b>					<b>\$ 12,611.40</b>
Total Checks and Payments					\$ (200.71)
Total Deposits and Credits					\$ -
Cleared Balance					\$ 12,410.69
<b>Register Balance as of 2/28/2019</b>					<b>\$ 12,410.69</b>
<b>New Transactions</b>					
Total Checks and Payments					\$ (80.00)
Total Deposits and Credits					\$ 110.00
<b>Ending Balance</b>					<b>\$ 12,440.69</b>

**It is time to pay Zonta Renewal Membership Dues.**

Membership dues are due by **April 15, 2019.**

Zonta of Cheyenne Dues Invoice for 2020			
Pay by Check or Cash:			
International Dues	\$91.00	<i>Retirees:</i> Int'l \$91.00	
District 12 Dues	\$40.00	D12 \$40.00	
Club Dues	\$41.00	Club \$26.00	
<b>Total Due</b>	<b>\$172.00</b>	<b>\$157.00</b>	
Pay by PayPal (via website or Square):			
International Dues	\$91.00	<i>Retirees:</i> Int'l \$91.00	
District 12 Dues	\$40.00	D12 \$40.00	
Club Dues	\$41.00	Club \$26.00	
PayPal Fee	\$6.00	PP fee \$ 6.00	
<b>Total Due</b>	<b>\$178.00</b>	<b>\$163.00</b>	

Please submit your check to:  
 Zonta Club of Cheyenne  
 PO Box 2135  
 Cheyenne, WY 82003-2135

You may also pay in person at the April 11<sup>th</sup> meeting, via check, cash, or PayPal.  
 If you have any questions, please let me know.

Thank you,  
 Kathy Cathcart  
 Club Treasurer

**CRITICAL ATTENTION, PLEASE**



**Area 2 Meeting Registration Form**

**Intention is Everything!**

**April 5 and 6, 2019**

**Laramie, Wyoming**

**Registration Fee: \$30**

Itinerary:

Friday, April 5, 2019 6pm-9pm

Join us for crafts and cocktails at Corona Village, 513 Boswell Drive  
Appetizers and wine will be provided, please enclose an additional \$15 for supplies to  
design your own wine glass with the Zonta logo

Saturday, April 6, 2019 10am-3pm

Join us at the Laramie Game and Fish Building, 1212 S. Adams St.  
Lunch will be provided along with snacks and beverages

A limited number of rooms have been blocked off at: Comfort Inn  
Rooms include 2 queen beds/non-smoking 1655 Centennial Dr.  
Free hot breakfast (served 6am-10am) (307) 742-6665  
Cut off date to reserve rooms is 3/28/2019 Total: \$103.40/night

Questions? Email [LaramieZonta@gmail.com](mailto:LaramieZonta@gmail.com)

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Name: \_\_\_\_\_ Club: \_\_\_\_\_

Email: \_\_\_\_\_ Registration Fee: \$30

Friday night activity: Yes No Total Enclosed: \_\_\_\_\_  
(include an additional \$15 if attending)

Please return registration slip and payment to: Zonta Club of Laramie  
P.O. Box 2196  
Laramie, WY 82073-2196

**Registration due by March 25, 2019**

**\*\* You may call Kathy Cathcart (307-772-9003) by Friday, 3/29/19, to register. She will advise Laramie Club since we got such late notice! SUPPORT OUR AREA DIRECTOR.**

## Brief Committee Reports:

**Advocacy:** Thank you to Carla Thurin, Director of SafeHouse Services, for drawing attention to the Violence Against Women Act 2019 Reauthorization Introduction. Members are encouraged to contact Rep Liz Cheney urging her to co-sponsor the re-authorization of this landmark legislation. Now it is HR 1585 and will build on the success VAWA has had since 1994. **Rep. Lynne Elizabeth Cheney (aka Liz)**

**Phone:(202) 225-2311**

**Fax:(202) 225-3057**

**Communication:** If you notice anything on our Facebook page or web site that needs enhancing, correcting or erasing, be sure to let KatCat (that's Kathy Cathcart) know as she is our contact. Karen Pacheco is the Board liaison. *The idea for a quarterly newsletter was not approved by the Board.*

**Membership:** The post ZNO event at The Office Bar & Grill was an informational and convivial meeting attended by 9 potential members (including 1 who applied the night of ZNO) and 17 current members. It is time to renew membership in Zonta for the year June 2019 through May 2020-- *See announcement above.*

**Service:** Jennica Fournier has developed a spread sheet itemizing what is needed for the Hope Bags. If you are purchasing or donating items, let Jennica know and she will update the spread sheet. It is time to determine if we have a Young Woman in Public Affairs winner; contact Jennica if you want to help. Jennica and Jody will be exploring how eligibles for the STEM award are to be solicited. Jane M Klausman Women in Business Scholarship application is on our web site and must be received by Cheyenne Zonta deadline 6/10/19.

**Ad Hoc (HT Art Contest):** *Committee needed* to gear up now as ZNO is behind us. There are several ideas to pump this up for 2020. Let President Kristie know asap if you are interested in this activity.

**Centennial Committee:** Cheyenne Zonta supported the District 12 book project – see article in Zephyr.

**By-Law Task Force Report:** Denise and Kristie will be meeting soon to review by-laws and make sure they are updated and coincide with those of International.

## HOPE BAGS UPDATE



Students in **Colleen Olsen's McCormick Junior High class** are holding up the Hope Bags they have sewn for our project. Hope Bags were also sewn by **Vonna Webb's class at Carey Junior High**; unfortunately a photo wasn't available. Brenda Mathre reported over 40 bags were made for this project...now we have to fill them but need some of the items shown below. Check out "needs list" prepared by Jennica Fournier before you go shopping!

- For Adult Victims Bags:
- Sweat or Yoga pants
- T-Shirts
- Sports bras
- Panties
- Flip flops
- Sanitary pads/tampons

- For Child Victims Bags:
- Pants
- Shirts
- Girls/boys panties/undershorts
- Socks for boys & girls
- Combs or brushes

## When you have the right person at the right time...

everything else falls into place. At the Governor's Seminar in Lamar CO last October it was announced that Zonta District 12 was initiating a book project to honor the Centennial. The plan was for every District 12 member to donate a book for children to educate them on equality, women's rights, or cultural diversity. When this was announced at our October general meeting, Dr. Michelle Aldrich claimed, "I know just how to get that done" (which might be a little paraphrased). Budgeted request was approved by the Foundation Board. Michelle worked with the Library Media Specialist at Triumph High School Sarah Horen and the next thing you know, **VOILÀ**:



The other half of the books!



The bookplates that will go in the books.

I to r: Kathy Cathcart, Area 2 Director (among other titles)  
 Sarah Horen, Triumph HS Library Media Specialist  
 Jody Gostas, factotum  
 Linda Bogart, Centennial Committee Chairman  
 And half the books purchased for the LCSD#1 school libraries\*

### Book List

*The Day You Begin* by Jacqueline Woodson (K-3)  
*Spectacularly Beautiful* by Lisa Lucas (K-3)  
*What Would She Do?* By Kay Woodward (3-6)  
*Anthology of Amazing Women* by Sandra Lawrence (3-6)  
*Shaking Things Up* by Susan Hood (3-6)  
*Who Says Women Can't Be Computer Programmers*  
 by Tanya Lee Stone (K-3)  
*No Truth Without Ruth* by Kathleen Krull (3-6)  
*My Family Divided* by Diane Guerrero (5-8)  
*Life in Motion* by Misty Copeland (5-8)  
*Rad Girls* by Kate Schatz (5-8)  
*Limitless* by Leah Tinari (5-8)  
*Her Story* by Katherine Halligan (5-8)  
*I Have the Right* by Chessy Prout (YA)  
*Breaking Free* by Abby Sher (YA)  
*Our Stories, Our Voices* by Amy Reed (YA)  
*In Praise of Difficult Women* by Karen Karbo (AD)

Books will soon be distributed to every public school in Laramie County School District #1 with the Zonta Centennial bookplate in each one. \*Plans continue to include LCSD#2 for purchase and distribution of same books.

Kolossal Kudos to Sarah Horen for all the research she did to determine what each school had and needed.



From the "guest" editor...

# Earth Day 2019

"All living things have an intrinsic value, and each plays a unique role in the complex web of life. We must work together to protect endangered and threatened species:

bees, coral reefs, elephants, giraffes, insects, whales and more."

The theme for 2019 Earth Day is *Protect Our Species*.



In 1970, I was office manager for Amnesty International USA. I read so many heartbreaking stories of torture and brutal treatment of men and women willing to sacrifice everything including their lives for principles they held as sacred. Late in that year I moved to WY and haven't continued contact with Amnesty.

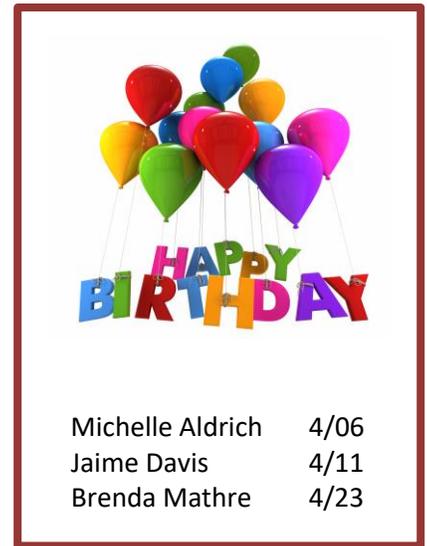
Yesterday I read an account that gave me flashbacks to those days at Amnesty. An Iranian civil rights lawyer Nasrin Sotoudeh was sentenced to 33 years in prison and 148 lashes... for what? For her peaceful human rights work, including her defense of women protesting against Iran's degrading forced hijab laws. Maybe Iran's leaders do not consider Sotoudeh's work as peaceful but, rather, a threat to the stability of the existing regime but I will have to start writing letters again. Because the world has not become a better and safer place for women.

Jody Gostas



## Calendar of Events

- April 4 – Board Meeting 5:30  
@ Railyard Coffee Haus
- April 5 – Area 2 Social 6:00 – 9:00
- April 6 – Area 2 Meeting 10:00 – 3:00  
Laramie WY
- April 11 – General Meeting 12 Noon  
@ Community Action  
211 W 19 St (Park in ANB lot)
- April 22 – Earth Day
- June 7 – 9 North American Inter-District Meeting, Dallas TX



Michelle Aldrich	4/06
Jaime Davis	4/11
Brenda Mathre	4/23

KUDOS TO MICHELLE ALDRICH  
Dr Michelle Aldrich after 15 years at Triumph High School will take a job with WY Dept of Education as the Director of Career and Technical Education. Good Luck. Michelle.

### OPPORTUNITY TO WEAR YOUR PRIDE IN ZONTA



There is now an opportunity to wear your favorite piece of clothing while showing your pride in the Zonta Club of Cheyenne. The Cheyenne Zonta Board of Directors has authorized a logo for the Club and has made arrangements with Trophy Creative to allow you to add this logo to your favorite piece of clothing. If you take in your own shirt, sweatshirt, blouse, etc. to Trophy Creative, and ask them to add the embroidered logo, it will be added for a cost of about \$10. The Club will pick up the cost of the logo for up to two items of clothing for each Club member – just ask for the invoice to be emailed to Denise Parrish at [denisewyo@aol.com](mailto:denisewyo@aol.com).

Please make sure that the clothing you take in is either new or newly laundered (please avoid taking in items that have strong scents). Also, we ask that the clothing not be patterned in such a manner that the logo would be lost, and, of course, the clothing

should not contain any distasteful or inappropriate slogans or graphics.



Karen Uhlenbeck recently became the first woman to win the Abel Prize, considered comparable to the Nobel Prize in math. Dr Uhlenbeck is quoted as saying, "In math I have been saved from boredom, dourness, and self-absorption. One cannot ask for more." ([quantamagazine.org/Karen-uhlenbeck](http://quantamagazine.org/Karen-uhlenbeck))

While this is a remarkable achievement, there was a recent article in Wyoming Tribune-Eagle showing "female scientists receive on average about \$40,000 less in federal funding than men" for their research projects. This why we need to encourage the new Zonta Women in Technology scholarships. We are committed to improving the status of women in education and employment.