



The Yellow Rose is a ZONTA International emblem, which signifies:

"Radiance and Beauty"

**ZONTA ADVANCING
THE STATUS OF
WOMEN
WORLDWIDE**

*Cheyenne Zonta
Newsletter*

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Zonta Zephyr

August 2019 Newsletter



USA ADVOCACY ACTION CENTER

The Zonta International Advocacy Action Center is a tool for our members in the United States and other individuals who share our commitment to gender equality to take action to improve the lives of women and girls. With your help, we can make a difference. Here are some things you can do:

- TAKE ACTION FOR TITLE IX
 - ENSURE EQUAL RIGHTS FOR WOMEN
 - PROTECT SEXUAL ASSAULT SURVIVORS ON COLLEGE CAMPUSES
- ~ from the Zonta International Global Impact website.



President's Message

Dear Club Members,
Wow, hard to believe that summer is almost over! As a club, we had a busy season with this year's CFD Human Trafficking Awareness campaign. We couldn't get it all done without the help of the club. Thank you to everyone who made it possible. Well done.

So many of our Zontians are influential in our community. Be sure to check out who's who on PAGE 6. Read on, Friends.

I remain, as always,

Kristie Wilson, President
Kristie.Zonta@gmail.com
307-214-4376

ZONTA BOARD OF DIRECTORS

PRESIDENT: Kristie Wilson
kristie.zonta@gmail.com

VICE PRESIDENT:
Denise Parrish
denisewyo@aol.com

SECRETARY:
Melissa Martin
melissamartin210@gmail.com

TREASURER:
Kathy Cathcart
kcathcart@TheAlignTeam.org

BOARD MEMBERS:
Brenda Mathre
Karen Pacheco
Dr. Michelle Aldrich
Rebecca Reid
Ann Secrest

**General Zonta Meeting “Minutes”
Thursday, July 11, 2019**

We were a small but happy group at our picnic in July. The great thing about potluck is everyone brings something really yummy! We enjoyed each other’s company and played a few games. “ZINGO!” was bingo made up with pictures of Zontians. It was a bit challenging with only a few members present but we made it work! Kristie was a very effective assassin! ~submitted by Connie Cathcart



Rachel Griess receives JMK Young Woman in Business scholarship from Jennica Fournier



Club’s Summer picnic at Romero Park - A very busy time of the year!



Zonta at CFD

HTA Campaign



- Top Left:** Kathy Orr & Donna Angel in line for Pancakes after handing out cam covers
- Top Middle:** Ann Secrest, Kori Fisher, Rachel Leger, and Jody Gostas working the Zonta tent at pancake breakfast
- Top Right:** Zonta members hanging flyers at Frontier Park
- Bottom Left:** Jody Gostas, Kathy Cathcart, Jennica Fournier, & Ann Erdmann welcome Governor Mike Gordon to the Zonta information booth on Friday’s Pancake Breakfast!

Treasurer's Report
ZONTA Club of Cheyenne
 First Interstate Bank, Period Ending 06/30/2019

Date: 06/30/2019						
Type	Date	Number	Name	Cleared	Amount	Balance
Beginning Balance						\$ 17,476.74
Cleared Transactions						
Checks and Payments						
Check	5/10/2019	4422	D12	06/10/19	\$ (1,480.00)	\$ (1,480.00)
Check	5/10/2019	4381	ZI	06/10/19	\$ (3,215.00)	\$ (3,215.00)
Check	6/13/2019	4427	CALC	06/14/19	\$ (25.00)	\$ (25.00)
Check	5/14/2019	4425	Claudia Miller	06/17/19	\$ (1,500.00)	\$ (1,500.00)
Check	5/14/2019	4424	Kathy Cathcart	06/19/19	\$ (39.95)	\$ (39.95)
Check	6/13/2019	4426	Kristie Wilson	06/19/19	\$ (63.63)	\$ (63.63)
Check	5/13/2019	4380	Trophy Creative	06/21/19	\$ (37.00)	\$ (37.00)
Total Checks and Payments					\$ (6,380.58)	\$ 11,096.16
Deposits and Credits						
Deposit	6/13/2019		meals	06/14/19	\$ 150.00	\$ 150.00
						\$ -
						\$ -
						\$ -
						\$ -
Total Deposits and Credits					\$ 150.00	
Total Cleared Transactions					\$ (6,230.58)	\$ (6,230.58)
Cleared Balance						\$ 11,246.16
Register Balance						\$ 11,246.16
New Transactions						
Checks and Payments						
Check	6/17/2019	4428	Kathy Cathcart		\$ (39.95)	\$ (39.95)
Check	6/27/2019	4429	Prairie Rose		\$ (75.00)	\$ (75.00)
Check	7/8/2019	4430	Rosalie Zubrod		\$ (300.00)	\$ (300.00)
Check	7/9/2019	4431	Jubjub		\$ (220.00)	\$ (220.00)
Total Checks and Payments					\$ (834.95)	\$ (834.95)
Deposits and Credits						
					\$ -	\$ -
Total Deposits and Credits					\$ -	\$ -
Ending Balance						\$ 10,411.21

REQUEST FOR ITEMS FOR GIFT GRAB BAGS FOR ZONTA'S NIGHT OUT 2020

Please provide any donations to Rebecca Reid who is putting together the grab bags.

Remember -- don't be shy about asking retailers around town for donations.

BATH & PERSONAL PRODUCTS	KITCHEN & AROUND THE HOUSE	THINGS TO WEAR & ACCESSORIES	OTHER STUFF
Bath Bombs / Bath Salts	Candles and Candle Holders	Fuzzy Socks	Note Pads
Luffa Sponges	Kitchen Towels	Fuzzy Gloves	Journals
Lotion	Pot Holders	Jewelry	Wyoming Gear of Any Kind
Liquid or Bar Soap	Other Kitchen Items	House Slippers	Gift Cards of Any Kind
Chap Stick or Lip Balm	Picture Frames	Scarves	Gum, Candy Bars, Tic Tacs
Make-up Sets	Cups / Coffee Mugs	Sunglass Holders	Pop Sockets
Body Wash	Wine Bottle Openers	Clutches, Coin Purses, Hand Bags	Coloring Books / Markers
Body Spray	Tupperware		Craft Items
Hand Sanitizers	Can Koozies		Packs of Thank You Cards
Face Masks / Eye Sleeping Masks	Air Fresheners		Greeting Cards
Cologne / Perfume	Wine Charms		Stress Balls
Pencil Bag / Make-up Bag	Decorative Plates		Any reasonable Homemade Item
	Wreath Holders		Direct Sale Items
Hair Clips, Pony Tail Holders, Barrettes, Hair Brushes	Small Home Décor Items (must fit in bag)		

Your Zonta Club Needs Your Help

Every month there seems to be a call for Zontians to participate in some task, meeting and/or activity. And every month it seems the same members respond. It has been suggested that perhaps our newer members are uncomfortable not knowing precisely what is expected of them. In this space we will try to explain what is needed in the next month, how much time will be involved, and how much fun it will be. So...

IN AUGUST:

Art Contest Committee

Tuesday, August 20 at 5:15 at

The happy place – Uncle Charlie's

Fun brainstorming event to plan the 2020 Human Trafficking Art Contest. We want your ideas to make this a signature event. We promise to keep it to an hour!

Membership Committee

Just asking if there's someone interested in steering the Membership Committee to a more vital posture with Zonta. In the last year we've lost some dynamic members and need to fill these voids. Let Kristie know asap if you'd like to work on this. As chairman you would be responsible for routing new member applications to the committee and the Board for approval. There is a person in place who sends out the invitation letters and orders name tags once the invitee accepts and pays dues. This might involve 2 hours a month.

Brief Committee Reports:

Advocacy: Ann Erdmann and Sister Ruth Hehn joined people from 30 countries and all 50 states for the RESULTS International Conference in DC July 13-16. On "Advocacy Day" S. Ruth and Ann met face-to-face with Sens. Enzi and Barrasso and had a meeting with the appropriate staff in Rep. Cheney's office. Support for The Global Fund to Fight AIDS, TB, and Malaria was one focus, of course. But this year's advocacy emphasized nutrition--especially maternal and child nutrition. Girls and women often "eat last and eat least" around the world, which means their bodies are not ready for pregnancy, let alone birth of healthy infants. Housing led the U.S. poverty agenda with a call for renters' tax credits. Learn more at our August meeting.

Communication: If you notice anything on our Facebook page or web site that needs enhancing, correcting or erasing, *please* let Kathy Cathcart know as she is our contact. Karen Pacheco is the Board liaison.

Membership: We need a chairperson, see notes above.

Service: Jennica Fournier has developed a spread sheet itemizing what is needed for the Hope Bags. If you are purchasing or donating items, let Jennica know and she will update the spread sheet.

*Human Trafficking tidbit: check out how Marriott Int'l is training employees to watch for HT. The video is "A Million Eyes" at <https://www.youtube.com/watch?v=NcyYBhVDFHM>. This explains why we emphasize awareness so much.

Ad Hoc (HT Art Contest): *Committee needed* to gear up now as ZNO is behind us. There are several ideas to pump this up for 2020. Meet us at Uncle Charlie's for brainstorming ideas – **WE NEED YOU!**

Centennial Committee: Let Linda Bogart know if you have any ideas to make Zonta more visible during our Centennial Year.

By-Law Task Force Report: Denise and Kristie will be meeting "soon" to review by-laws and make sure they are updated and coincide with those of Zonta International.

HOPE BAGS WISHLIST

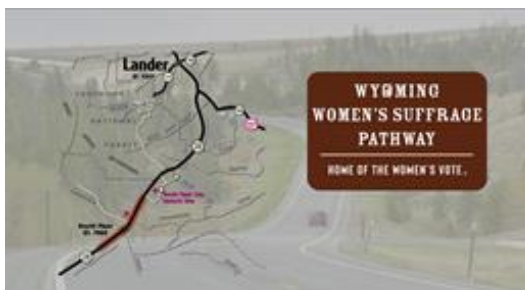
For Adult Victims Bags:

- Sweat or Yoga pants
- T-Shirts
- Sports bras
- Panties
- Flip flops
- Sanitary pads/tampons

For Child Victims Bags:

- Pants
- Shirts
- Girls/boys panties/undershorts
- Socks for boys & girls
- Combs or brushes

This is our ongoing service project. You can bring any of these items to our meetings. You can also donate cash or Kohl's cash. Brenda Mathre, Linda Bogart, and Jennica Fournier have been working hard on this project and would welcome any other volunteers. Call, text, or email them for more information to help.



Wyoming has been celebrating the 150th anniversary of Women's Suffrage in our State. League of Women Voters has been very visible in the Cheyenne Frontier Days parades. LCCC is hosting a celebration on **9/17/19** from 5:30 – 8:45 pm which include speakers and dinner (cost \$30). "How We Vote in America and Around the World" at

5:30 on **10/10/19** presented for a younger audience. Laramie County Clerk Debra Lee will be the keynote speaker. The Laramie County Library will also host a special event on **11/05/19** honoring suffrage and voting. On **12/10/19**, the premiere of the Wyoming PBS suffrage documentary, *State of Equality*, will be shown at the Cheyenne Civic Center. With the heightened concern about the integrity of our voting system in the USA, it is very encouraging to see all these public education events in Cheyenne.

Zontians In The Community

2019 Wyoming Women of Influence Nominees

We invite all nominees and their supporters to join us for a celebration of the contributions of women to Wyoming at the 7th Annual Women of Influence reception and dinner Sept. 19 at the Casper Events Center. Four of the many honorees are our Zonta Club Members. Honorees in 15 categories will be announced at the dinner. For more info visit: wyowomen.com



Dr. Michelle Aldrich,
Wyoming State Career & Technical
Education Director, CTE Section Supervisor,
Wyoming Department of Education

CATEGORY: EDUCATION



Kathy Cathcart,
President/Managing Director,
ALIGN

CATEGORY: NONPROFIT



Denise Parrish,
Deputy Administrator and office
manager, Wyoming Office of
Consumer Advocate

CATEGORY: GOVERNMENT



Carla Thurin,
Executive Director,
Safehouse Services

CATEGORY: NONPROFIT

**Zonta's
Fab
Four**

**Don't Forget!
Join us!**



District 12 Conference
September 20-22
Billings, Montana
Register on line at: www.billingszonta.org
Cheyenne Zonta Club sends 2 delegates to
our district conference (financial aid
available).
For more information on car pooling and
room share contact:
Kristie Wilson 307-214-4376



Get YOUR Zonta Club of Cheyenne Logo Here!

Did you know...

Trophy Creative (1620 Thomes Ave) will apply the embroidered logo to your clothing and will bill the club; just ask them to send the invoice to denisewyo@aol.com.

Take in your own shirt, sweatshirt, blouse, whatever that is new or freshly laundered and you can show your pride in Zonta Club of Cheyenne.

Zonta Club

Pride!!!

UN World Humanitarian Day

Zonta International has a long-standing connection with the United Nations." UN World Humanitarian Day is held every year on the **19th of August** to pay tribute to aid workers who risk their lives in humanitarian service and to rally support for people affected by crises around the world.

"This World Humanitarian Day 2019 honors women in crises throughout the world. The focus is on the unsung heroes who have long been working on the front lines in their own communities in some of the most difficult terrains, from the war-wounded in Afghanistan, to the food insecure in the Sahel, to those who have lost their homes and livelihoods in places such as Central African Republic, South Sudan, Syria and Yemen. And we salute the efforts of women aid workers from across the world, who rally to people in need .

"Women make up a large number of those who risk their own lives to save others. They are often the first to respond and the last to leave. These women deserve to be celebrated. They are needed today as much as ever to strengthen the global humanitarian response. And world leaders as well as non-state actors must ensure that they – and all humanitarians – are guaranteed the protection afforded to them under international law."

~excerpted from
UN World Humanitarian Day

Calendar of Events

Aug 1 – Board Meeting – 5:30 pm
The Rail Yard, 1620 E Pershing

Aug 8 – General Mtg 12:00 noon
Community Action Bldg
211 W 19 St

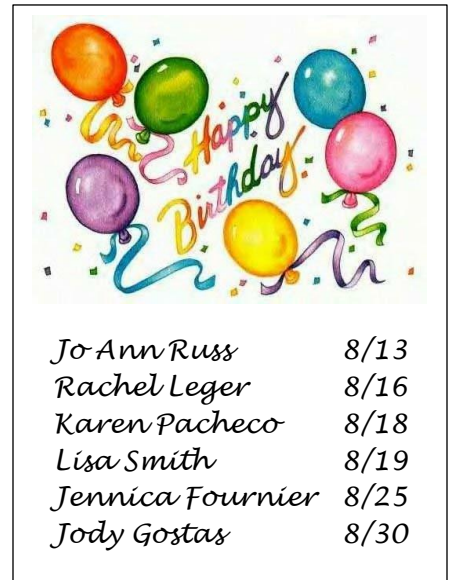
Aug 19 – World Humanitarian Day
(see sidebar)

Aug 20 – HT Art Contest Planning
Uncle Charlie's @ 5:15

Aug 30 – Shots on the Porch
107 W 1st Ave after 4:30

Sept 17 – A Celebration of the 150th
Anniversary of Women's
Suffrage in Wyoming
LCCC Clay Pathfinder Bldg

Sept 20-22 District Conference
Billings MT



Cheyenne Zonta is focusing on Human Trafficking Awareness. To increase our knowledge and sharpen our focus, we might create a book group. Two excellent books about human trafficking are: Vulnerable: Rethinking Human Trafficking by Raleigh

Sadler and Trafficking in American and What We Can Do To Stop It by Nita Belles. **Sadler's book** makes the case that anyone can fight human trafficking by focusing on those who are most often targeted. This book invites the reader to understand her role in the problem of human trafficking, but more importantly, her role in the solution. Belles' book helps concerned parents, friends, teachers, law enforcement, government officials, and other leaders understand all forms of trafficking, identify risk factors, and take practical steps to keep their loved ones and neighbors safe from predators. Read them and tell us what you think.

When was the last time you looked at our website? Check it out; Kathy Cathcart is doing a great job but she always appreciates comments from those who have taken the time to look at it.

www.cheyennezonta.org