



Zonta Zephyr

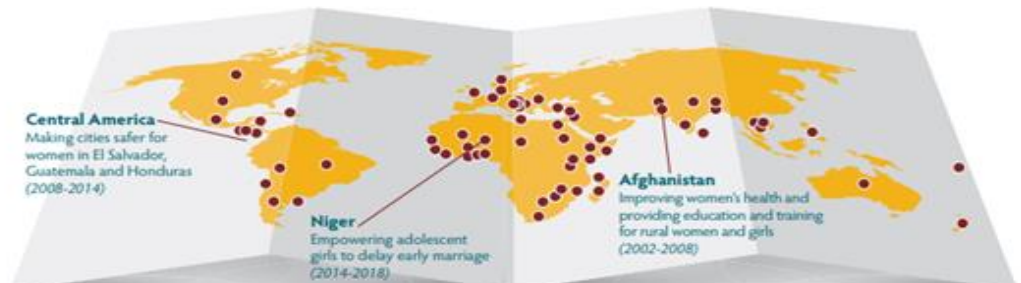
July 2019 Newsletter



ZONTA IMPACTS THE GLOBE

Since our first service project, we have contributed more than \$28.7 million to our International Service Projects & ZI Strategies to End Violence Against Women Funds. This has allowed us to improve women's health, provide economic opportunities and prevent gender-based violence in

66 countries.



The Yellow Rose is a ZONTA International emblem, which signifies:

"Radiance and Beauty"

**ZONTA ADVANCING
THE STATUS OF
WOMEN
WORLDWIDE**

*Cheyenne Zonta
Newsletter*

Individual Highlights

Pres Msg & YWPA

Page 1

June Meeting Minutes

Page 2

Treasurer's Report

Page 3

Volunteer Opportunities

Page 4

Committee Information

Pages 5 & 6

Miscellany

Page 6

Calendar, Birthdays, Etc.

Page 7

2019-2020 Zontians

Pages 8 & 9

President's Message



Hi Everyone! It's July and there are tons of opportunities to do some hands-on volunteering for the club during CFD! Also, I hope to see many of you at the Social BBQ Event arranged by Connie Cathcart. See page 4 for all the details!

I remain, your faithful president, Kristie Wilson



2019 YWPA Recipient: Claudia Miller

Claudia Miller graduated in May from Central High School with the AP Capstone Diploma. She loves the sciences and is looking forward to majoring in Biomedical Engineering at California State Polytechnic University (Cal Poly) in the fall. She was deeply involved at Central, serving as Senior Class President in Student Senate, and in leadership roles in many other clubs such as: National Honor Society, Psychology Club, Art Club, and she also served as captain of the cross-country team. Outside of school, Claudia loves the outdoors and is often found skiing, hiking, or trail running. Additionally, she loves reading, playing various stringed instruments and giving her dogs more attention than they could ever want. **The ZONTA Young Women in Public Affairs award** will help Claudia take advantage of the learning opportunities available at Cal Poly, and give her the opportunity to fully immerse herself in learning and growing.

**General Zonta Meeting Minutes
Thursday, June 13, 2019**

**ZONTA BOARD OF
DIRECTORS**

PRESIDENT: Kristie Wilson
kristie.zonta@gmail.com

VICE PRESIDENT:
Denise Parrish
denisewyo@aol.com

SECRETARY:
Melissa Martin
melissamartin210@gmail.com

TREASURER:
Kathy Cathcart
kcathcart@TheAlignTeam.org

BOARD MEMBERS:
Brenda Mathre
Karen Pacheco
Dr. Michelle Aldrich
Rebecca Reid
Ann Secrest

President Kristie Wilson called the meeting to order at 12:05 p.m. Members present were: Kristie Wilson, Denise Parrish, Brenda Mathre, Belinda Kolb, Kathy Cathcart, Melissa Martin, Linda Bogart, Betty Abernethy, Donna Angel, Sonya Turner, Jody Gostas, Ann Erdman, Dasa Robertson, Kathy Orr, Carla Thurin and guests: Michelle Huff, Gloria Shannon and Sonya Turner.

Claudia Miller and parents attended to receive the \$1,500 YWPA scholar-ship. Claudia thanked the club and let us know she is attending CalPoly in the fall to study biomedical engineering and run track. This summer, Claudia is interning with the youth program at the Cheyenne Botanical Gardens.

The Zontians sang Happy Birthday to celebrate June birthdays, member present with a June birthday was Kathy Orr.

Denise spoke about the District 12 Book/Library Project where she and Kristie presented LCSD#2 with children's books containing Zonta's logo inside the front cover for their K-12 libraries.

Misti has set a CFDHTA (Cheyenne Frontier Days Human Trafficking Awareness) Campaign meeting for June 18 at Uncle Charlie's. If you can't make the meeting, please reach out to Misti and ask how you can support this vital outreach endeavor.

Kristie encouraged members to check out the "yearbook" pages of the newsletter that will help us attach names to faces. She also asked the club to note the link for The Alliance for Freedom, Restoration, and Justice (AFRJ) site: <https://justiceu.engagetgether.com/courses/humantraffickingawareness/>.

She invited members to fill out the information highlighting our Human Trafficking Awareness work. Kristie will invite a member of the AFRJ to speak at our September meeting.

Other Business: Look for Ann Erdmann's email regarding the National RESULTS conference she is attending the middle of July. She would like to everyone on write letters supporting noted topics (see email for topics) for her to take and present to officials in Washington, D.C. Please get letters to her by July 1.

Dasa talked to the members about putting up signs in public bathrooms regarding the "Angel Shot" program. She is also going to bring this up with Misty at the CFD HTA meeting on June 18. She also asked members to promote her grant to provide eye glasses to children who live below the Federal Poverty Level.

Kathy Orr informed the club that she spoke to the Delta Kappa Gamma club and provided information about human trafficking. She has been asked by other organizations and will continue to hand out our information.

Linda reported that November 8 is the 100th anniversary for Zonta International. Signs are being made to promote this celebration in each of the 4 parks, as well as around town on prominent streets. It was suggested that we light up the Capitol building and the Depot building. If you have suggestions on who to contact, let Linda know.

Kristie invited members to help Becki Reid at the Golf Tournament at Warren Air Force Base that is a fundraiser to support a survivor of domestic violence. The event is on June 28 from 7 p.m. to Midnight & June 29 from Noon to 6 p.m.

Kathy Cathcart gave kudos to SafeHouse for their awareness lunch with Governor Mead and his wife Jennie. It was well attended and received.

Upcoming Events:

June 18 - 5:30 p.m. CFD HTA Meeting with Misti Fisher at Uncle Charlies

June 24 - 5:30 p.m. Club's Strategic Planning Meeting with Jennica Fournier at Align

June 28 - 7:00 p.m. - Midnight and June 29 - Noon - 6 p.m. Warren AFB Golf Tournament

July 1 - 5:30 - 7 p.m. Board Meeting at Melissa Martin's House

July 11 - 6:00 p.m. Zonta Social Meeting at Romero Park with Connie Cathcart

Respectfully submitted,

Melissa Martin

Secretary

ZONTA Club of Cheyenne
First Interstate Bank, Period Ending 05/31/2019

Date: 05/31/2019						
Type	Date	Number	Name	Cleared	Amount	Balance
Beginning Balance						\$ 11,234.47
Cleared Transactions						
Checks and Payments						
Check	5/9/2019	4379	Sodexo	05/15/19	\$ (234.40)	\$ (234.40)
Total Checks and Payments						\$ (234.40)
Deposits and Credits						
Deposit	5/4/2019		dues	05/06/19	\$ 4,070.00	\$ 4,070.00
Deposit	5/4/2019		reimbursement	05/06/19	\$ 400.00	\$ 400.00
Deposit	5/14/2019		paypal	05/15/19	\$ 976.67	\$ 976.67
Deposit	5/17/2019		meals	05/17/19	\$ 170.00	\$ 170.00
Deposit	5/17/2019		dues	05/17/19	\$ 316.00	\$ 316.00
Deposit	5/31/2019		dues	05/31/19	\$ 344.00	\$ 344.00
Total Deposits and Credits						\$ 6,476.67
Total Cleared Transactions					\$ 6,242.27	\$ 6,242.27
Cleared Balance						\$ 17,476.74
Register Balance						\$ 17,476.74
New Transactions						
Checks and Payments						
Check	5/13/2019	4380	Trophy Creative		\$ (97.00)	\$ (97.00)
Check	5/10/2019	4422	D12		\$ (1,480.00)	\$ (1,480.00)
Check	5/10/2019	4381	Zi		\$ (3,213.00)	\$ (3,213.00)
Check	5/14/2019	4424	Kathy Cathcart		\$ (39.99)	\$ (39.99)
Check	5/14/2019	4423	Claudia Miller		\$ (1,500.00)	\$ (1,500.00)
Total Checks and Payments						\$ (6,291.99)
Deposits and Credits						
						\$ -
Total Deposits and Credits						\$ -
Ending Balance						\$ 11,184.79

Your Zonta Club Needs Your Help

Every month there seems to be a call for Zontians to participate in some task, meeting and/or activity. And every month it seems the same members respond. It has been suggested that perhaps our newer members are uncomfortable not knowing precisely what is expected of them. In this space we will try to explain what is needed in the next month, how much time will be involved, and how much fun it will be. So...

IN JULY:

1. Zonta "Annual?" Picnic, July 11 – Please bring family members, a friend or two, someone from the community, and **your games**. This is a social event and will probably last about 2 hours. It will be at the Pavilion in Romero Park. Chicken (grilled & fried) will be provided. Bring a side dish or dessert to share. Send your RSVP to Dasa (check your email). Any questions, contact Connie at 307-287-5656. [No cost-YAY!]

2. Human Trafficking (HT) Awareness – Before Cheyenne Frontier Days, we try to post flyers about HT in the restrooms at Frontier Park and in bars and restaurants throughout the popular tourist areas. This is usually done in teams of 2 (suggesting a seasoned member and a newer member) and an area map is provided for those doing bars and restaurants. The distribution at Frontier Park can take about 2 hours and will probably be done on Thursday, July 18 around noon. Limit yourself to 2 hours canvassing the bars and restaurants which will be done on Saturday, July 13 (subject to change). Anticipate more detailed announcements from Misti Fisher as we get a bit closer to the dates.

3. CFD Pancake Breakfast – Meet on the south side of 15th Street near the Depot at 6:30 a.m. There is no way to drive a personal vehicle into the area so you'll most likely park in the parking garage between Pioneer and Carey Avenues. Zontians will be setting up a canopy where we will have handouts including flyers, pamphlets, and candy for the kids in line. People will be lining up already for the breakfast. We usually break it down about 10:15 a.m. Bring your water bottle, sun screen, and a windbreaker (just in case). It is a fun event which I'm sure you know. ***If you are willing to participate in this event, please shoot Misti Fisher or Jody Gostas a quick email saying which day(s) you're available.***

Brief Committee Reports:

Advocacy: Ann Erdmann will present letters to our Congressional delegation in July supporting appropriations for 1)The Global Fund to Fight AIDS, TB, and Malaria; 2)Nutrition, and 3) Affordable Housing in the US fight against poverty. Please contact Ann for more specifics and bring or forward your letters to her home address (see QuickList).

Communication: If you notice anything on our Facebook page or web site that needs enhancing, correcting or erasing, *please* let Kathy Cathcart know as she is our contact. Karen Pacheco is the Board liaison.

Membership: We are losing a new member as Lisa Smith is moving to ?? Kansas, maybe.

Service: Jennica Fournier has developed a spread sheet itemizing what is needed for the Hope Bags. If you are purchasing or donating items, let Jennica know and she will update the spread sheet.

*Human Trafficking tidbit: check out how Marriott Int'l is training employees to watch for HT. The video is "A Million Eyes" at <https://www.youtube.com/watch?v=NcyYBhVDFHM>. This explains why we emphasize awareness so much.

Ad Hoc (HT Art Contest): ***Committee needed*** to gear up now as ZNO is behind us. There are several ideas to pump this up for 2020. Let President Kristie know ASAP if you are interested in this activity. This is a repeat!

Centennial Committee: Cheyenne Zonta supported the District 12 book project – see photos in Zephyr.

By-Law Task Force Report: Denise and Kristie will be meeting soon to review by-laws and make sure they are updated and coincide with those of Zonta International.

HOPE BAGS WISHLIST

For Adult Victims Bags:

- Sweat or Yoga pants
- T-Shirts
- Sports bras
- Panties
- Flip flops
- Sanitary pads/tampons

For Child Victims Bags:

- Pants
- Shirts
- Girls/boys panties/undershorts
- Socks for boys & girls
- Combs or brushes

This is our ongoing service project. You can bring any of these items to our meetings. You can also donate cash or Kohl's cash. Brenda Mathre, Linda Bogart, and Jennica Fournier have been working hard on this project and would welcome any other volunteers. Call, text, or email them for more information to help.



Beth Cook, Laramie County Library Youth Services Director, accepted a check from Zontian Dr Michelle Aldrich. The check for \$422.24 will cover cost of books for the Cheyenne, Pine Bluffs, and Burns Public Libraries and the county bookmobile. This is the District 12 Centennial Project of furnishing to local libraries young adult books portraying strong women.



District 12 Centennial Project

Jon Abrahms, Superintendent of Laramie County School District #2, accepts checks from Zonta President Kristie Wilson. The Zonta Club of Cheyenne has now furnished books for each school in Laramie County with books that feature strong women and girls. See the Zephyr from April for a list of the books.

**Don't Forget!
Join us!**



COLORADO • MONTANA
District
12
SOUTH DAKOTA • WYOMING
Zonta

District 12 Conference
September 20-22
Billings, Montana
Register on line at: www.billingszonta.org
Cheyenne Zonta Club sends 2 delegates to our district conference (financial aid available).
For more information on car pooling and room share contact:
Kristie Wilson 307-214-4376



What would work better...a black t-shirt, a yellow one, or a white one? Maybe the rose would get lost on a yellow or white one. It's hard to tell from the photo.

Trophy Creative (1620 Thomes Ave) will apply the embroidered logo to your clothing and will bill the club; just ask them to send the invoice to denisewyo@aol.com.

Take in your own shirt, sweatshirt, blouse, whatever that is new or freshly laundered and you can show your pride in Zonta Club of Cheyenne.

Thanks to The Feminist News of 11/06/2018 posted on Facebook:

"For the younger set who turn up their noses at the words feminist or feminism or scoff that feminism is a dirty and utterly pointless word, please read the following list of SIX things a woman couldn't do in 1971 – Yes, in 1971 a woman could not:

1. Get a Credit Card in her own name – it wasn't until **1974** that a law forced credit card companies to issue cards to women without their husband's signature.

2. Be guaranteed that they wouldn't be unceremoniously fired for the offense of getting pregnant – that changed with the Pregnancy Discrimination Act of **1978**.

3. Fight on the front lines – admitted into military academies in 1976 it wasn't until **2013** that the military ban on women in combat was lifted. Prior to 1973 women were only allowed in the military as nurses or support staff

4. Take legal action against work place sexual harassment. The first time a court recognized office sexual harassment as ground for any legal action was in **1977**.

5. Decide not to have sex if their husband wanted to – spousal rape wasn't criminalized in all 50 States until **1993**.

6. Obtain health insurance at the same monetary rate as a man. Sex discrimination wasn't outlawed in health insurance until **2010**..."

Let's not be complacent. We still need to work on:

- Closing the gender pay gap.
- Childhood marriage in the USA.
- Human trafficking on the rise.
- Women leaving prison.
- Reproductive health.

Calendar of Events

- July 1 Board Meeting 5:30
@ Home of Melissa Martin
210 Idaho
- July 10 WY State Capitol Dedication
Noon at Capitol Square
- July 11 Picnic Social General Meeting
6:00 pm Romero Park
100-1399 Parsley Blvd
- July 13 Poster Distribution @ Bars
and Restaurants 11:00 am
(subject to change)
- July 18 Poster Distribution
Frontier Park @ 10:00 am
(subject to change)
- July 22, 24, 26 CFD Pancake Breakfast
6:30 am @ 15 St & Capitol Av
- Sept 20-22 District Conference
Billings MT

Happy July Birthdays!



Donna Angel 07/22
Shirley Welte 07/29



Cheyenne Zonta is focusing on Human Trafficking Awareness. To increase our knowledge and sharpen our focus, we might create a book group. Two excellent books about human trafficking are: Vulnerable: Rethinking Human Trafficking by Raleigh

Sadler and Trafficking in American and What We Can Do To Stop It by Nita Belles. **Sadler's book** makes the case that anyone can fight human trafficking by focusing on those who are most often targeted. This book invites the reader to understand her role in the problem of human trafficking, but more importantly, her role in the solution. Belles' book helps concerned parents, friends, teachers, law enforcement, government officials, and other leaders understand all forms of trafficking, identify risk factors, and take practical steps to keep their loved ones and neighbors safe from predators. Read them and tell us what you think.

When was the last time you looked at our website? Check it out; Kathy Cathcart is doing a great job but she always appreciates comments from those who have taken the time to look at it.

www.cheyennezonta.org

2019/20 CHEYENNE ZONTIANS

Abernethy, Betty				
Aldrich, Michelle				
Ambrose, Bev				
Angel, Donna				
Blooding, Christina				
Bogart, Linda				
Cathcart, Kathy				
Fisher, Misti				
Fournier, Jennica				
Freudenthal, Nancy				
Gostas, Jody				
Greiss, Candace				
Hafner, Joani				
Johnson, Audra				
Kolb, Belinda				
Kus, Robin				
Leger, Rachel				
Martin, Melissa				
Mathre, Brenda				

2019/20 CHEYENNE ZONTIANS

				Norby, Marci
				Orr, Kathy
				Pacheco, Karen
				Parrish, Denise
				Reid, Rebecca
				Russ, Jo Ann
				Robertson, Dasa
				Secrest, Ann
				Sloan-Cathcart, Connie
				Smith, Lisa & Ryker
				Thurin, Carla
				Walker, Mary
				Welte, Shirley
				Wertz, Cindy
				Wilson, Kristie