

ZONTA
CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR NEWSLETTER



May 2019

www.cheyennezonta.org

2018 –19 Club Officers And Board

President: Kristie Wilson

kristie.zonta@gmail.com

Vice President: Denise Parrish

denisewyo@aol.com

Secretary: Melissa Martin

melissamartin210@gmail.com

Treasurer: Kathy Cathcart

kcathcart@TheAlignTeam.org

Board Directors:

Brenda Mathre

Jennica Fournier

Lisa Hunt

Karen Pacheco

Dr. Michelle Aldrich

Nominating Committee

Betty Abernethy

Colleen Murray

Ann Secrest

Committee Chairs

Advocacy: Denise Parrish

Communication: Karen Pacheco

Finance: Kathy Cathcart

Membership: Kristie Wilson

Service: Jennica Fournier



HEY! Did this craziness catch your attention? Are you listening? Good!! This is a reminder to email me the headshot you want in our upcoming club directory or you may get a headshot you don't want in the directory. Just kidding, but please, we'd love and need to see your face in this important document. I have received photos from Michelle, Christina, Linda, KatCat, Ann E., Jennica, Nancy, Jody, Candice, Lisa H., Rachel, Kathy O., Karen, Denise, Ann S., and ConnCat (Connie Cathcart). If you do not see your name in this list, please forward your picture as soon as possible to me at Kristie.Zonta@gmail.com Many THANKS!

The directory is just one item we are preparing for our Club's new year starting in June. This is a good time to reevaluate or determine the work you do within our club. Attached is a current club list of committees and the ones you have volunteered to work on. Please don't let perceived time commitments scare you away from picking something you're passionate to work on. We will guide you through the process at our Zappy Hours that will be getting restarted with Michelle, Betty, and some help from Kathy. Stay tuned for more information on Zappy Hour.

In the meantime, if you need some ideas for volunteering in low-level time-commitment committees, we currently are in need for the following: a Zonta International Foundation Ambassador, two additional Newsletter editors, Centennial Celebration Committee, a 2nd Club Historian to learn from and be mentored by the illustrious Linda Bogart, among other committees on the attached list. Please give it some thought and let's get a running start to this Zonta New Year...it's the centennial year, so let's make it an amazing one! **I remain, Kristie Wilson, your faithful president**

P.S. Did I mention to send me your headshot photo?!

MEET OUR District 12 Centennial Award Nominee:

Ray Fleming Dinneen, PSY.D
Founder & Executive Director
CLIMB WYOMING



Ray Fleming Dinneen is the quiet leader and inspiration behind CLIMB WYOMING, one of the nation's most successful programs helping to move single mothers from poverty to self-sufficiency. She began this program in the early 1980s in Cheyenne, Wyoming, and eventually brought it under her umbrella in Fleming Associates, a well-recognized local provider in behavioral health services. Ray designed training, support and education to deliver “wrap-around” services, including life skills, mental health services, job training, job placement, and ongoing support for the women following graduation. After more than 30 years of hard work by Ray, her 1980 summer program is now CLIMB WYOMING, a successful national model and vibrant statewide program with six locations working with employers around the State to meet our workforce needs, but even more importantly, to break a persistent cycle of generational poverty for women and their children. Zonta Club of Cheyenne was proud to nominate Ray for the District 12 Centennial Award and thank you for your input and votes. We have invited her to our May General Meeting in hopes she is able to attend. I encourage you all to attend as well so you can join me as a club to congratulate her.

For detailed information on Ray's work with CLIMB WYOMING please visit

www.climbwyoming.org



Welcome to new member

Donna Angel

I am a retired social worker. I enjoy traveling, camping, fly-fishing, music and reading. I currently sing with Cheyenne Harmony.

Committee Reports



Communication Committee

Newsletter : As published

Website: Needs work

Historian: Looking for a second historian

Historian/Record Retention: See Report Page (6)



Membership Committee:

The Nominating Committee would like to put this list forward for the 2019/2020 Board: 3 positions for consideration are: Brenda Mathre , Ann Secrest, Rebecca Reid

The committee contacted all Foundation Board and all would like to stay in their positions.

Connie Sloan-Cathcart

Kathy Cathcart

Misti Fisher (indicate that if there was someone new eager to serve she would step down)

Denise Parrish

Kristie Wilson

Nominating Committee Recommendations: Ann Secrest – Chair, Jody Gostas, & Dasa Robertson

Respectfully submitted:

Betty Abernethy, Chair

Service Committee:

Hope Bags: Linda Bogart , Brenda Mathre, and Lisa Smith, Kathy Orr delivered 23 Hope Bags and food gift cards from local restaurants to CRMC April 10, 2019.

Finance Committee

ZNO : The committee has scheduled ZNO 2020 Planning Meeting on Wednesday May 29, 2019, from 5:30 p.m. to 7:15 p.m. at ALIGN Training Center, 1401 Airport Pkwy Suite 300.

By Laws Taskforce : In process of revamping

Centennial Committee : www.zonta.100.org See pages (4 & 5)

District 12 – ZONTA Centennial Committee Minutes

Date: March 26, 2019

Time: 7-8 pm

Place: Zoom District



In attendance: Governor Deedee (leader of meeting today), Denise Luckhurst (Pierre), Andrea Martin (Black Hills), Suzie Nulty (Pikes Peak), Dawn Bali (Denver), Jennifer Stone (Laramie) and Debbie Sundberg (Billings)

District 12 Centennial Recognition Award This award recognizes an outstanding individual, living or working within District 12, who has demonstrated outstanding commitment to empowering women. It should focus on someone outside of Zonta and extend our reach into the community. The top nominee will be sent on for consideration for the Zonta International Centennial USA/Country Award.

Zonta International Centennial Grants submission due date is March 31st.

Centennial Governors Tour is continuing. Deedee and Ann encouraged clubs to invite them to special events or meetings, They are giving \$25 to Zonta International on behalf of each club they visit.

CENTENNIAL PLANNING UPDATES were as follows:

Pikes Peak – Suzie – Their club is turning 70 this year. They are compiling a history display of their club and are asking all Area 4 clubs to do the same. They have invited the Mayor of Colorado Springs to the Area 4 meeting.

Denver – Dawn – They are planning to be in the Denver Area Veteran's Day parade on November 9th. They are partnering with the Women Veterans of Colorado. They will be marching by war groups and will also march as suffragettes from 1919.

Pierre-Ft Pierre – Denise – She just got back from months in Florida so is catching up on plans and will report more next month.

Black Hills – Audra – They are doing a ZONTA trivia at each of their monthly meetings.

The 2019 Women's Expo event is planned for October 10th and will have the centennial theme to all the marketing. They have reusable bags ordered with the logo to give out to all participants.

They are working on the plans for a Centennial Cocktail Party in Rapid City on Nov. 7th. Then on Nov. 8th the plan to "Light up the Night" in Rapid City Square.

Billings – Debbie - They are doing a ZONTA trivia at each of their monthly meetings as well as honoring a Zontian each meeting with the "YOU ROCK" recognition.

They are honoring an amazing woman each month from the community who has empowered women in their work.

March 20th was the Status of Women luncheon and 17 past presidents were honored for their commitment and work for women and girls over the years. Kelly Christy presented the Centennial History and Debbie recapped the vibrant history of the club. Each Past President spoke about the impact of the status of women during their life.

Laramie – Deedee & Jennifer – They are working on plans and will report more later.

Centennial Committee Initial Brainstorming Ideas Meeting
April 24, 2019, 9 a.m., Rail Yard Coffee Haus

Linda Bogart, lead. Brenda Mathre & Kristie Wilson present.

Ideas for Celebrating Zonta Centennial:

Lighting up of Capitol and/or Depot building Gold and Teal on November 8th

Linda to ask new member Lisa Smith help with coordinating this

PR –efforts using “ZONTA 100” graphic

Dog Park bulletin boards

Movie Theatre ads

Park banners – by Lion’s park on Central and Holliday Park on 19th Street

Brenda to work on this

Video Interviewing members why they are Zontians

Already done by KatCat & Misti Fisher

16 Days of Activism – other groups’ involvement

Display Zonta History in Library Glass Displays during November/Silhouette time

Kristie to reach out to Mary Walker/Lisa Hunt regarding who/what/whys of library involvement.

Art Walk – November – idea: Feature ALL WOMEN artists month of November

Promote Zonta 100 Years at each location

Kristie to research and work on this portion

Linda will contact each additional member of Centennial Committee (as per most recent committee list): Linda Bogart, Brenda Mathre, Kathy Cathcart, Robin Kus, and Christina Blooding. Kristie volunteered to help with committee as needed. Linda will ask Lisa Smith to join committee.

Next meeting scheduled MONDAY, May 6, 2019, 5:30 at Kristie Wilson’s House, 417 West 1st Avenue, Cheyenne, WY 82001 with all committee members regarding the above four main ideas.

**Next Centennial Committee
Meeting — Join US!!**

Date: Monday, May 6, 2019

Place: 417 W. 1st Avenue

Time: 5:30 p.m.

RSVP: Linda Bogart

Committee Members

Linda Bogart

Brenda Mathre

Kathy Cathcart

Robin Kus

Christina Blooding

Lisa Smith

Kristie Wilson (as needed)

Zonta Club of Cheyenne Hope Bag Project



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Donated 23 Bags & gift cards from McDonald's, Taco Bell, and Dickies to CRMC April 2019

Items for Hope Bags or cash donations are accepted. Please bring to Brenda Mathre at General Meeting



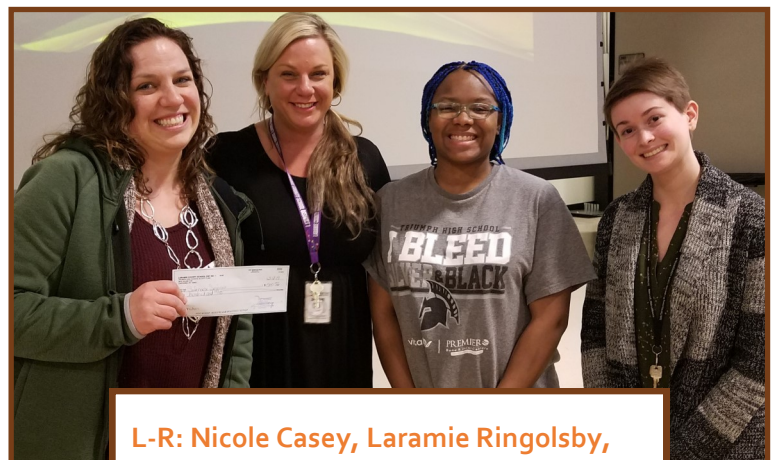
L-R: Lisa Smith, Brenda Mathre, Linda Bogart, Kathy Orr and special guest Ryker in front row.



Denise Roberts, President of Triumph High School Z-Club, along with her teacher/club advisor, Laramie Ringolsby, presented a \$500 check from money raised at the 2019 Zonta Night Out event to Safehouse Cheyenne representatives, Alyssa Fairbairn & Nicole Casey, at the school's Award Assembly on Thursday, April 19, 2019. Kristie Kinney Wilson, President, Zonta Club of Cheyenne and liaison to Z-Club was present. The clubs and Safehouse Cheyenne were able to address the audience to explain the importance of our existence in the community as well as Safehouse thanking Z-Club for the generous donation. Nice job, Z-Club!! Thank you for advancing the status of women in our community.



L-R: Alyssa Fairbairn, Kristie Wilson, Denise Roberts, Nicole Casey



L-R: Nicole Casey, Laramie Ringolsby, Denise Roberts, Alyssa Fairbairn

OPPORTUNITY TO WEAR YOUR PRIDE IN ZONTA



There is now an opportunity to wear your favorite piece of clothing while showing your pride in the Zonta Club of Cheyenne. The Cheyenne Zonta Board of Directors has authorized a logo for the Club and has made arrangements with Trophy Creative to allow you to add this logo to your favorite piece of clothing. If you take in your own shirt, sweatshirt, blouse, etc. to Trophy Creative, and ask them to add the embroidered logo, it will be added for a cost of about \$10. The Club will pick up the cost of the logo for up to two items of clothing for each Club member – just ask for the invoice to be emailed to Denise Parrish at denisewyo@aol.com.

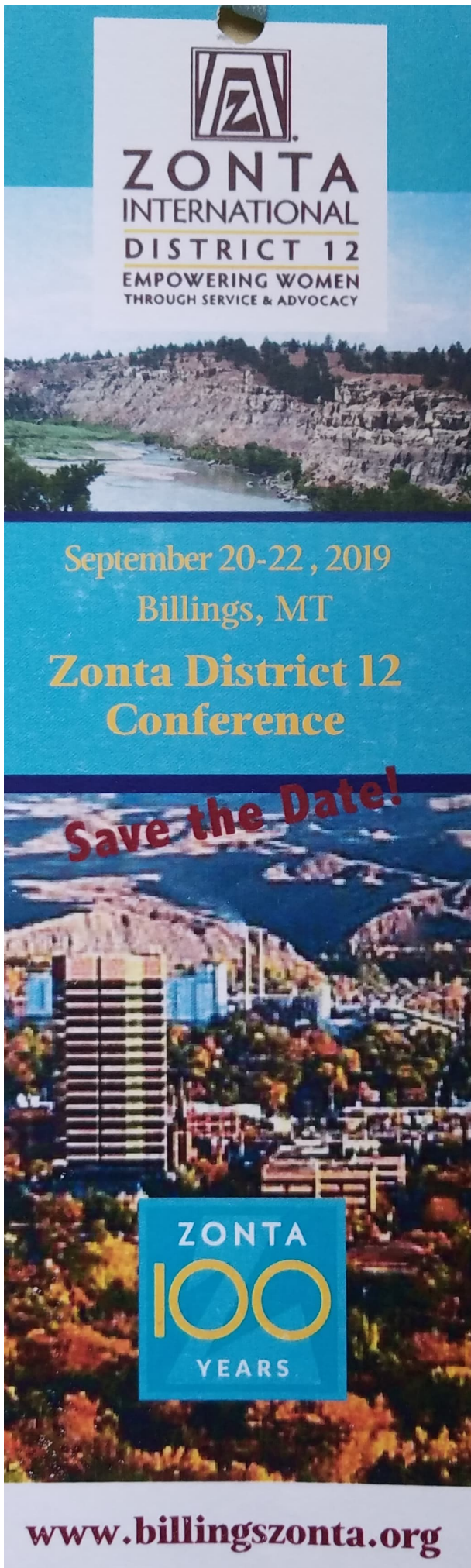
Please make sure that the clothing you take in is either new or newly laundered (please avoid taking in items that have strong scents). Also, we ask that the clothing not be patterned in such a manner that the logo would be lost, and, of course, the clothing should not contain any distasteful or inappropriate slogans or graphics.

Statistics

1-Statistics from the National Domestic Violence Hotline show that it takes an average of **7** attempts before exiting an abusive relationship. Some people have been victims of domestic violence for **30** or more years.

2-Every day, **18,000** children under age **5** die from hunger and diseases related to poor nutrition.
United Nations Children's Fund (UNICEF)

3-There are also approximately **165 million** children in the world under the age of **5** who are stunted because of chronic malnutrition. Stunting means that the child is too short for his or her age, but it also causes brain damage.



**1919—2020 Celebrating
Zonta 100 Years**

Join us

**September 20-22 2019 for
District 12 Conference
in Billings, MT as we
celebrate 100 years of Zonta.**

**We can Car Pool and
Room Share**

www.billingszonta.org

Upcoming Events:

May 2, 2019 Board Meeting : 5:30 pm Align 1401 Airport Parkway #300

May 9, 2019 General Meeting CRMC Conference Room 6:00 pm *Installation of officers attendance is important!!!!*

May 16, 2019 Zappy Hour TBD

ZNO 2020 Planning Meeting We Need You There!

Date: Wednesday May 29, 2019

Time: 5:30 to 7:15 pm

Place: Align Training Center
1401 Airport Pkwy Ste. 300



ERA—Equal Rights Amendment Poster

Foundation :

Kathy Cathcart (Ch)

Connie Sloan Cathcart (V Ch)

Denise Parrish (Sec)

Misti Fisher (Tres)

Kristie Wilson (Club President)

