

Happy Labor Day!



ZONTA
CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR NEWSLETTER



September 2019

www.cheyennezonta.org

2018 Club Officers And Board

President: Kristie Wilson

kristie.zonta@gmail.com

Vice President: Denise Parrish

denisewyo@aol.com

Secretary: Melissa Martin

melissamartin210@gmail.com

Treasurer: Kathy Cathcart

kcathcart@TheAlignTeam.org

Board Directors:

Brenda Mathre

Karen Pacheco

Dr. Michelle Aldrich

Rebecca Reid

Ann Secrest

Nominating Committee

Ann Secrest – Chair

Jody Gostas

Dasa Robertson

Committee Chairs

Advocacy: Denise Parrish

Communication: Karen Pacheco

Finance: Kathy Cathcart

Membership:

Service: Jennica Fournier

Kristie Wilson

Happy almost-Fall J. The season doesn't officially start until September 21st so everyone put down your pumpkin spice lattes and listen up to what's going on in our club this month! First off, don't forget that you can still register for the District 12 Conference September 20 – 22 in Billings, Montana. Feel free to ride up with me and Linda Bogart. For your convenience, click [here](#) for the link to sign up!

Our general evening meeting is on September 13th at The Office. We will be having our Silent Auction to raise money for scholarships to attend District & International Conferences. Please remember to bring your White Elephant items to sell at this fun event!

See the last page of the newsletter on dates for this month's Zappy Hour and community service of helping at the water station at the Watch4Traffick 5K put on by Cheyenne Hills Church. Also, let's get a group of us Zontians to help celebrate Women's Suffrage in Wyoming out at LCCC.

Let's finish off the Summer of 2019 with a BANG!

I remain,

Kristie Wilson

Your faithful president

Meet a Zontian



Melissa Martin and Mother Linda Bogart

Although Melissa has only been a Zonta member for 7 years, she has witnessed Zonta's impact on her Mother for more than 2 decades. Melissa graduated from High School in Cheyenne, received her undergraduate degree from Southern Oregon State College, then traveled to Central New York and worked for the Girl Scouts before moving back to Cheyenne and getting her Master's degree from the University of Wyoming.

Melissa lives to communicate! As a life-long learner and an experienced instructor – with both credit and non-credit college classes – she delivers relevant, engaging content to students and professionals. Her areas of expertise include team-building, communication, workplace success, strategic planning, visioning, and professional development. She is the owner of MMartinCommunication (mmartincommunication.com) and enjoys the variety of groups she engages.

She is a certified facilitator for DISC Personality Assessment, Bridges out of Poverty, Crucial Conversations, and Workplace Stability. She lives in a multi-generational household where she enjoys Sunday dinners and family road trips. When she's not teaching, she likes to walk her dog and cook for her family.

The best part of being a Zontian is the ability to empower and connect with other women leaders to serve the community.

You can find Melissa via

Email: melissa@mmartincommunication.com

phone: 307-214-2702

LinkedIn: www.linkedin.com/in/melissamartin210

Meet a Past President



Myrna J. Lewis

Past President

1981– 1982

What a lovely woman and delightful historian! Myrna Lewis welcomed Linda Bogart and Jody Gostas to her home for some fun reminiscence. Myrna was very active with the Zonta Club of Laramie, even serving as president of the club, therefore, it was natural for her to join Zonta Club of Cheyenne when she moved back to Cheyenne in 1970. She remembered several past Cheyenne Zontians including Crista Clark, Mary Reed Rogers, and Jimmie Thornton. She and Agnes Hawley arranged the first Zonta Antique Show in Cheyenne and continued with it for several years. When Zonta Convention was in San Francisco in 1984 a car was added to the UP train that went west from Chicago to San Francisco- called The Zonta Zephyr!! Myrna also talked about her career in banking. At one point, she was above the highest paid employee at the bank, but could not be named and officer of the bank, women were not allowed. Interviews with Past Presidents was a project for our 60th Anniversary recognition, but we were unable to connect with Myrna at that time. They're glad to be included for the Zonta Centennial Celebration.

Human Trafficking Awareness Art Contest Committee Meeting

The Human Trafficking Awareness Art Contest had the first Committee meeting to start planning for the 2020 show. The most important factor was to determine a theme which will be "2020 Correct the Vision" The Art Categories were revised. There will be 3 categories: 2D, 3D, and Photography who do we want for Judges? There will be room for only 25 participants at the guided painting. If you have ideas please share them with committee chair Kristie Wilson 01/16/2020. **The meeting date will be January 8, 2020 from 4:30—6:30 (note the change in hours)**

REQUEST FOR ITEMS FOR GIFT GRAB BAGS FOR ZONTA'S NIGHT OUT 2020

Please provide any donations to Rebecca Reid who is putting together the grab bags or bring to a meeting. Remember -- don't be shy about asking retailers around town for donations.

BATH & PERSONAL PRODUCTS	KITCHEN & AROUND THE HOUSE	THINGS TO WEAR & ACCESSORIES	OTHER STUFF
Bath Bombs / Bath Salts	Candles and Candle Holders	Fuzzy Socks	Note Pads
Luffa Sponges	Kitchen Towels	Fuzzy Gloves	Journals
Lotion	Pot Holders	Jewelry	Wyoming Gear of Any Kind
Liquid or Bar Soap	Other Kitchen Items	House Slippers	Gift Cards of Any Kind
Chap Stick or Lip Balm	Picture Frames	Scarves	Gum, Candy Bars, Tic Tacs
Make-up Sets	Cups / Coffee Mugs	Sunglass Holders	Pop Sockets
Body Wash	Wine Bottle Openers	Clutches, Coin Purses, Hand Bags	Coloring Books / Markers
Body Spray	Tupperware		Craft Items
Hand Sanitizers	Can Koozies		Packs of Thank You Cards
Face Masks / Eye Sleeping Masks	Air Fresheners		Greeting Cards
Cologne / Perfume	Wine Charms		Stress Balls
Pencil Bag / Make-up Bag	Decorative Plates		Any reasonable Homemade Item
	Wreath Holders		Direct Sale Items
Hair Clips, Pony Tail Holders, Barrettes, Hair Brushes	Small Home Décor Items (must fit in bag)		



Don't Forget! Join us!

District 12 Conference
September 20-22
Billings, Montana

Register on line at: www.billingszonta.org

Cheyenne Zonta Club sends 2 delegates to our district conference (financial aid available).

For more information on car pooling and room share contact:

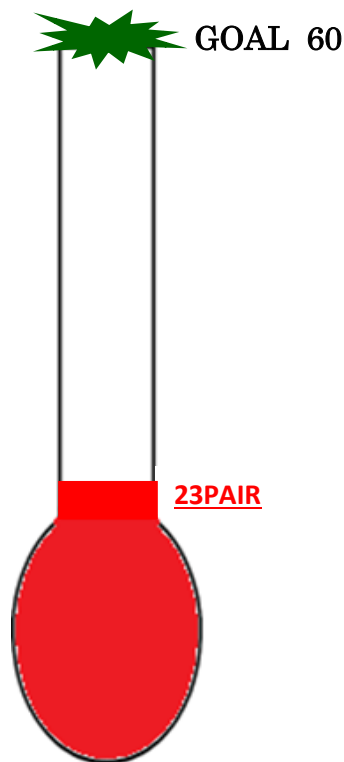
Kristie Wilson 307-214-4376

HOPE BAG INVENTORY GOAL FOR NEXT 6 MONTHS

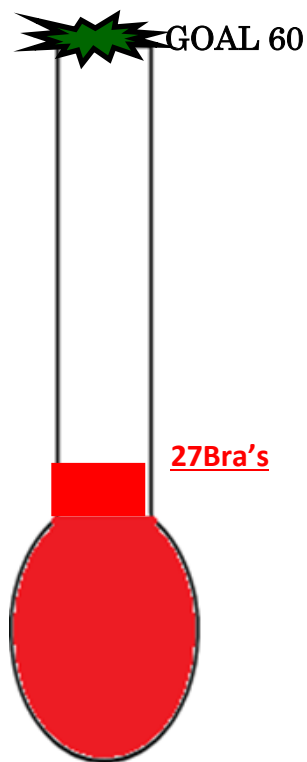
GOAL
60 PAIR BY
NOVEMBER 1ST

GOAL
60 BY
NOVEMBER 1ST

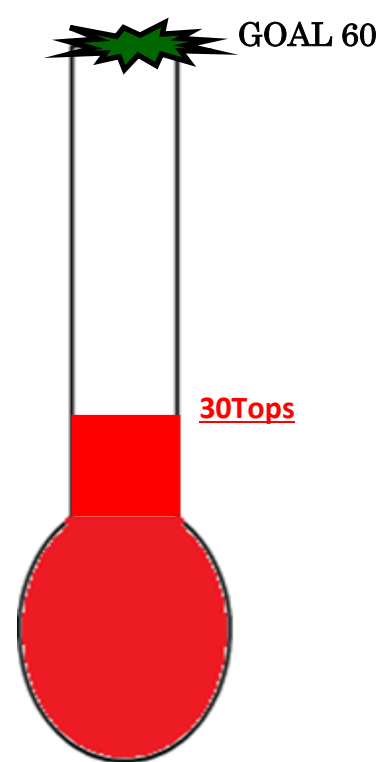
GOAL
60 BY
NOVEMBER 1ST



WOMENS PANTS



WOMENS BRA'S



WOMEN'S TOP'S

Inventory of Hope Bags was done by Linda Bogart and Brenda Mathre. The scale above is what we need for the hope bags to meet our November 1st deadline. If we meet our goal we would have another bag filling day in November. The list below reflex the number in inventory:

- 1- Girls Socks 32
- 2-Boys Socks 56
- 3 -Women's Socks 32
- 4-Women's Underwear 43
- 5-Girls Panties 125
- 6- Boys underwear 26
- 7-Child Pants 22
- 8-Child Tops 26
- 9-Bags 55
- 10-Blankets 61
- 11-Flip Flops 59

Zontians, we will have a Hope Bag filling on November 16, 2019 at Align. More details to follow

Note:

I met with the nurses at the hospital. The day I was there they were giving the last of the small women sizes out. The nurses said they need small women sizes and 4t to 5t toddler size and girls 8 to 10.

Thanks Brenda

Cheyenne Zonta Grooming Women in Technology



Middle school student Rosalie Zubrod and her mother Ruby Zubrod attended the August Zonta General Meeting on 8/8/19. Rosalie presented a program about her participation in the *National Youth Leadership Forum: Explore STEM* this past July. The overall theme this year was "Mission to Mars." Cheyenne Zonta helped sponsor her attendance at the University of Denver. The new Zonta Women in Technology Scholarship program was established to encourage women to pursue education, career opportunities and leadership roles in technology-related fields. It looks like Rosalie has all the likelihood of being a WIT Scholarship winner in the future.



Bailey Bowcutt, a 2019 Central High School graduate, was named 2019 WY STEAM Student of the Year. Bailey started the Young Women in STEM Club at Central, among other achievements. She and Claudia Miller both applied for the Zonta Young Women in Public Affairs Award. Their applications were rated nearly identical so the committee compromised. Claudia received the YWPA Award and Bailey was nominated by Zonta Club of Cheyenne for the STARR Scholarship and the 2019 Wyoming STEAM Student of the Year. We're so proud that she won this recognition.

Congratulations, Bailey!



Get YOUR Zonta Club of Cheyenne Logo Here!

Did you know...

Trophy Creative (1620 Thomes Ave) will apply the embroidered logo to your clothing and will bill the club; just ask them to send the invoice to denisewyo@aol.com.

Take in your own shirt, sweatshirt, blouse, whatever that is new or freshly laundered and you can show your pride in Zonta Club of Cheyenne.

Zonta Club

Zonta Club of Cheyenne Monthly Meeting
August 8, 2019
Minutes

President Kristie Wilson called meeting to order at 12:07. It was determined there was a quorum present.

Zontians with August birthdays were recognized.

Guest were introduced: Belinda Sawyer, guest of Betty Abernethy; Lisa Smith, guest of Dasa Robertson; Ilaine Brown, guest of Dr Michelle Aldrich; speaker Rosalie Zubrod and her mother Ruby Zubrod.

Rosalie Zubrod presented a program about her participation in the National Youth Leadership Forum: Explore STEM. Cheyenne Zonta helped sponsor her attendance at the University of Denver.

Treasurer Kathy Cathcart presented the 2019-2020 proposed budget. Betty Abernethy moved the budget be accepted as presented. Motion seconded by Nancy Freudenthal and carried by unanimous voice vote.

Announcements followed:

District 12 Conference in Billings MT Sept 20-22. Kristie Wilson and Linda Bogart will attend. There is Club support for 3 attendants. Our Club's nominee for the Centennial Award is Ray Fleming Dinneen, PsyD who was selected by the District as the winner. Award will be presented at District Conference. Members urged to attend.

Four of our Club Zontians have been nominated for Wyoming Women of Influence recognition: Denise Parrish, Kathy Cathcart, Carla Thurin, Dr Michelle Aldrich. The winners will be announced at the 7th Annual Women of Influence reception on 9/20/19 in Casper.

STEAM Student of the Year was Bailey Bowcutt, nominated by Zonta Club of Cheyenne as she was "runner-up" for our YWPA Award. Award was presented by LCS D and Jennica Fournier helped do a video as part of the occasion (mentioning Zonta!).

Watch 4 Traffic 5K organized by Cheyenne Hills Church to increase awareness of human trafficking will be 9/14/19. We've been asked to cover the mid-point water station as we did last year. Misti Fisher will send email announcement of exact place; plan to be there by 8:30 to help set up and be ready. Race starts at 9:00 a.m. This is no more than a 1 hour commitment.

2020 HT Awareness Art Contest is upcoming. The first meeting will be Tuesday, 8/20/19, at 5:15 at Uncle Charlie's. Promise made to keep it at 1 hr for brainstorming/committee ideas. We need help here.

Zappy Hour is Wednesday, 8/21/19, 5:30, at home of Dr Aldrich. All members who joined after 2014 are asked to attend for the beginning of Zonta orientation. All members are welcome.

Program: Ann Erdmann presented program about RESULTS International Conference in Washington DC (which she attended with Sr. Ruth Hehn) supporting initiatives to reduce world poverty with emphasis on 3 areas: Global Fund to Fight AIDS, TB, and Malaria; Nutrition (highlighting micro-nutrients and malnutrition); and, Housing (proposing renter's tax credit). Zontians are asked to contact Congressional delegates to support appropriate Resolutions in House & Senate.

Other Business: Greeley member Kathy Swafford is looking for the 75th or 80th hardback book of Zonta's history.

Kathy Cathcart is looking for a central storage locker for all Zonta material. Dr Aldrich mentioned "Not Our Native Daughters," an advocacy group working to promote awareness of missing and murdered indigenous women and girls, human trafficking in Indian Country, and overall justice and protection for indigenous people and our lands—possible source of speaker for ZLNO.

Meeting adjourned at 1:08.

Respectfully submitted by
Jody Gostas, Acting Secretary for
Melissa Martin

Upcoming Events:

September 6, 2019 Board Meeting 5:30 Align 1401 Airport Pkwy #300

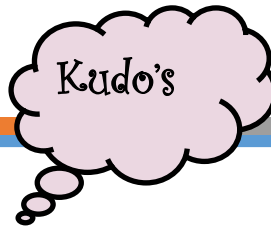
September 13, 2019 General meeting 6:00 pm at The Office 1600 E. Pershing

September 14, 2019 8:00am Cheyenne Hills Church Human Trafficking Awareness 5k Run

September 17, 2019 A celebrations of the 150th anniversary of Women's suffrage in Wyoming ICCC Clay Pathfinder Building.

Sept 18 2019 Zappy Hour 5:30 to 6:30 Paramount Ballroom 1609 Capital Ave

Sept 20—22 District Conference Billings MT



Cheyenne Hills Church Human Trafficking Awareness 5k Run September 14, 2019

Run starts at Cheyenne Hills Church and goes through Saddle Ridge Park Need to be there by 8:30 am to set up.

Hope to see you there

Mistie Fisher

Dasa Robertson has been promoted to the Kinship Support Services/Self Sufficiency Program Director at Community Action. Dasa and her husband will be staying in Cheyenne. We are overjoyed that she will still be a member of Zonta

Foundation :

Kathy Cathcart (Ch)

Connie Sloan Cathcart (V Ch)

Denise Parrish (Sec)

Misti Fisher (Tres)

Kristie Wilson (Pres)

Happy Birthday

