

ZONTA
CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR NEWSLETTER

December 2019

www.cheyennezonta.org

2018 Club Officers And Board

President: Kristie Wilson

kristie.zonta@gmail.com

Vice President: Denise Parrish

denisewyo@aol.com

Secretary: Melissa Martin

melissamartin210@gmail.com

Treasurer: Kathy Cathcart

kcathcart@TheAlignTeam.org

Board Directors:

Brenda Mathre

Karen Pacheco

Dr. Michelle Aldrich

Rebecca Reid

Nominating Committee

Ann Secrest – Chair

Jody Gostas

Dasa Robertson

Committee Chairs

Advocacy: Denise Parrish

Communication: Karen Pacheco

Finance: Kathy Cathcart

Membership:

Service: Jennica Fournier



Kristie Wilson



To my Awesome Zontians.

It is time to celebrate this wonderful holiday filled with Peace, Love, and Prosperity.

Best wishes for a healthy New Year

Happy Holidays

Kristie Wilson, President



16 Days of Activism Against Gender-Based Violence

Zonta Club of Cheyenne participated in events to highlight the 16 Days of Activism Against Gender-Based Violence. Zonta started at the Capitol Building at 9:30 am on Monday November 25, 2019 and join in a silent march to the Laramie County Library where Zonta set up a display of life size silhouettes to honor victims of domestic violence. **You can also assist in taking down the exhibit on Friday December 6 at 10:00 am.**

Proclamations was signed by the Governor and Mayor. Mayor also signed the proclamations for the 100 year anniversary for Zonta.

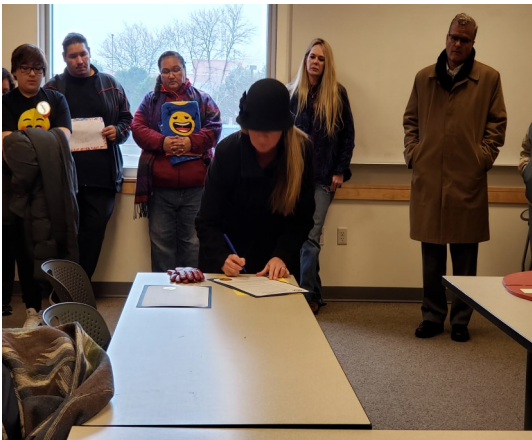
The march was coordinated with the Z Club at Triumph High School. The students inspired us during this event. The Silent Witness display always causes comments and questions at the library so please try to visit.

Since 1991 this advocacy event has been used by over 6000 organizations in 187 countries to send the message that “gender based violence is a violation of human rights.” November 25 is the International Day Against Violence Against Women and December 10 is International Human Rights Day. Many of the days in between have historical significance from events involving gender based violence.

The “Zonta Says No” initiative echoes the 16 Days campaign.

For more information you can google “16 Days of Activism” and “Zonta Says No”

Mary Walker, Advocacy Committee



Signing of the proclamation

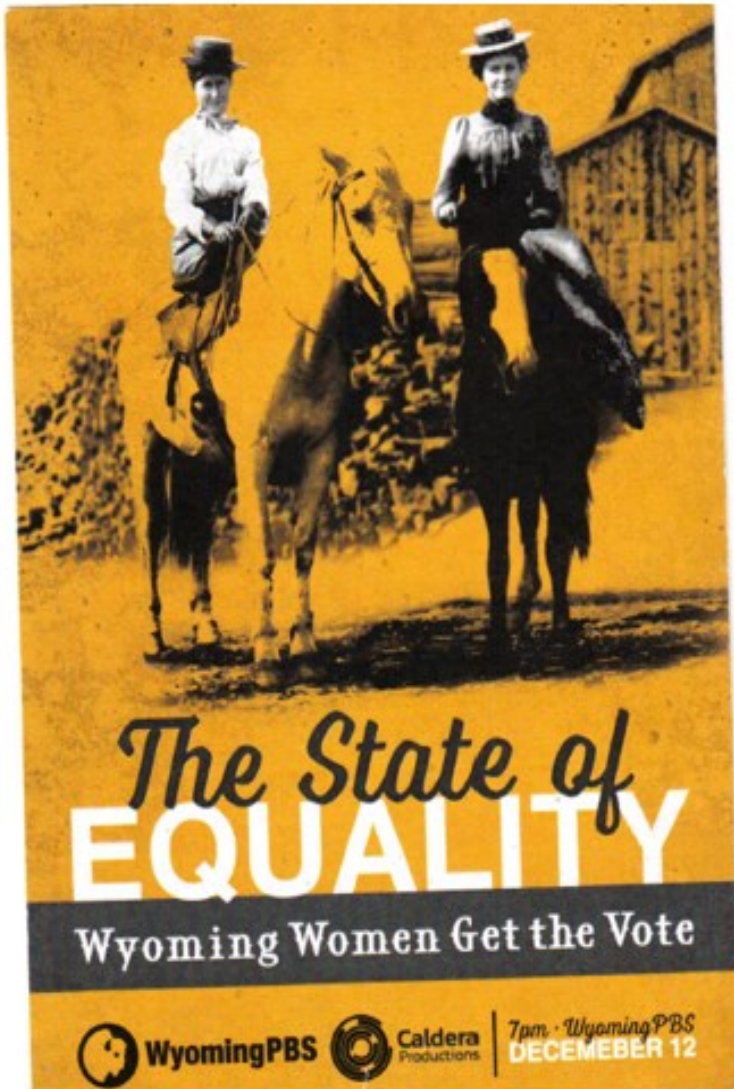


Silhouettes At Library



March from Capital to Library

The State Of Equality Premiere Broadcast



This is a documentary that will be pre-viewed in Cheyenne on December 10th. It will be a free showing at the Civic Center. No tickets so it will be first come, first serve - so it is suggested you try to get there by 6:30 p.m. Please try to wear your Zonta stuff. December 10th is the 150th anniversary of Wyoming Women's Suffrage.

ATTENTION!

If you want to be sure to be admitted, get an advance ticket through the Civic center, or

[Cheyenne Events.org](http://CheyenneEvents.org) or by calling 637-6363

ZONTA'S NIGHT OUT

MARCH 6, 2020



DINNER, SHOPPING, SPEAKERS, SOCIALIZING

Full Plated Dinner of Top Sirloin
Steak or Cheese & Spinach
Ravioli

Shopping from Dozens of Local
Vendors

Cash Raffle

Grab Bags and Wine Raffle

Learn More about Zonta's Work

Cash Bar

*Fundraising Toward Meeting the Vision Where No Woman Lives in Fear of
Violence and Every Woman has the Opportunity to Reach Her Full Potential.*

DOORS OPEN 4 p.m. DINNER 6:30 p.m.

Little America Hotel and Convention Center
2800 West Lincolnway, Cheyenne, WY

INDIVIDUAL EVENT TICKETS \$75

Sponsorships Available



ZONTA CLUB OF CHEYENNE
P.O. Box 2135, Cheyenne, WY 82003
307-509-0473 | info@cheyennezonta.org |

REQUEST FOR ITEMS FOR GIFT GRAB BAGS FOR ZONTA'S NIGHT OUT 2020

Please provide any donations to Rebecca Reid who is putting together the grab bags.

Remember -- don't be shy about asking retailers around town for donations.

BATH & PERSONAL PRODUCTS	KITCHEN & AROUND THE HOUSE	THINGS TO WEAR & ACCESSORIES	OTHER STUFF
Bath Bombs / Bath Salts	Candles and Candle Holders	Fuzzy Socks	Note Pads
Luffa Sponges	Kitchen Towels	Fuzzy Gloves	Journals
Lotion	Pot Holders	Jewelry	Wyoming Gear of Any Kind
Liquid or Bar Soap	Other Kitchen Items	House Slippers	Gift Cards of Any Kind
Chap Stick or Lip Balm	Picture Frames	Scarves	Gum, Candy Bars, Tic Tacs
Make-up Sets	Cups / Coffee Mugs	Sunglass Holders	Pop Sockets
Body Wash	Wine Bottle Openers	Clutches, Coin Purses, Hand Bags	Coloring Books / Markers
Body Spray	Tupperware		Craft Items
Hand Sanitizers	Can Koozies		Packs of Thank You Cards
Face Masks / Eye Sleeping Masks	Air Fresheners		Greeting Cards
Cologne / Perfume	Wine Charms		Stress Balls
Pencil Bag / Make-up Bag	Decorative Plates		Any reasonable Homemade Item
	Wreath Holders		Direct Sale Items
Hair Clips, Pony Tail Holders, Barrettes, Hair Brushes	Small Home Décor Items (must fit in bag)		

Get YOUR Zonta Club of Cheyenne Logo Here!

Did you know...

Trophy Creative (1620 Thomes Ave) will apply the embroidered logo to your clothing and will bill the club; just ask them to send the invoice to denisewyo@aol.com.

Take in your own shirt, sweatshirt, blouse, whatever that is new or freshly laundered and you can show your pride in Zonta Club of Cheyenne.



Zonta Club



A
R T
C O N
T E S T
H U M A N
T R A F F I
C K I N G

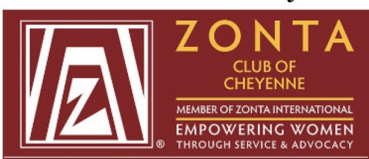
1
2
3
4
5
6
7
8
9
10

THEME: ENDING HUMAN TRAFFICKING IS 20/20

SUBMISSIONS
DUE BY
DECEMBER 28th BY 6PM
AT FLYDRAGON ART STUDIO

Artists' Reception: Wednesday, January 8, 2020
Time: 4:30 - 6:30 p.m.
Flydragon Art Studio - 600 W. 17th Street 82001
Separate Prizes for: Kids, Teens, Adults and
in categories 2D, 3D, & Photography
Questions? Contact Kristie 307-214-4376

Presented By:



Meet Your Zonta Member



Brenda Mathre

Hello my name is Brenda, I have been a Zonta member for 5 Years, I was married to my late husband for 47 years. I am originally from Georgia, I lived in South Carolina most of my growing up. I went to University of South Carolina for 2 years . I moved to Georgia and finished my degree in Nursing at the University of Georgia. I got married in 1969. I went back to school a few years after I was married to work in the Cosmetology industry . I was a Business owner for 17 years. I also got my Instructors License to teach Cosmetology. I served on the Board of Cosmetology for 9 years. I work for the board of Cosmetology for 15 years. I worked for the National Interstate Council of State Boards of Cosmetology teaching. I enjoy all kinds of crafts (Especially since I retired). I have enjoyed my time working with all my fellow Zontians as a board Member and with the Newsletter. It is a rewarding experience.

Thank You, Brenda Mathre



Hope Bag Filling at Align November 16, 2019

Thanks to all for attending Zonta Service project filling of the Hope Bags at Align on November 16, 2019. Zonta Filled 82 bags . Zonta members delivered the bags to the Hospital on November 19th.



Becky Reid, Linda Bogart, Belinda Kolb, Brenda Mathre



Betty Abernethy



Mary Walker



Anne Erdman

Equal Rights Amendment finally has a chance, thanks to Virginia

This was the headline of an OpEd from the Los Angeles Times that was published in the Wyoming Tribune-Eagle on November 19, 2019. If the Equal Rights Amendment is finally approved in Virginia [and chances look good] “it would mean it has been approved by three-fourths of the states – the threshold set for changing the U.S. Constitution... Even if passing the ERA were only a symbolic act – and we think it would be much more than that – then what’s the harm in enshrining it in the country’s most enduring statement of values?... The final brawl will take place in Congress and possibly the Supreme Court over whether the deadline Congress set for ratifying the ERA can be changed retroactively...”

Now is the time to contact Congressional delegates in both the U.S. House of Representatives (Congresswoman Cheney) and U.S. Senate (Senators Barrasso and Enzi) urging them to push forward with the Joint Resolutions to extend the ratification deadline for the Equal Rights Amendment. In the House it is H.J.Res.79 and in the Senate it is S.J.Res.6. Neither Rep. Cheney nor Sen. Barrasso nor Sen. Enzi has co-sponsored either of these Resolutions so we can encourage them to support these pieces of legislation.

THIS IS ADVOCACY THAT IS IMPORTANT TO ALL ZONTIANS!

Zonta General Meeting

Thursday, November 14 - 5:30 p.m.

Members present: Brenda Mathre, Linda Bogart, Mary Walker, Karen Pacheco, Belinda Sawyer, Jody Gostas, Ann Erdman, Connie Cathcart, Kathy Cathcart, Kristie Wilson, Denise Parrish, Becky Reid and guests Ted Gostas and Ryan Reid.

President Kristie started the meeting at 6:38 p.m.

Brenda invited the committee to fill hope bags at 10 a.m. Becki will write a grant to solicit items from Walmart and Target. Members were encouraged to keep an eye out for bras and underwear size medium and small. Gift cards to fast food restaurants and grocery stores are also welcome.

Kathy invited the committee to bring any Zonta supplies and materials to be placed in the Zonta storage unit.

Betty invited members to bring wine bottles for the ZNO grab bags. Denise will send an email to solicit table sponsors (\$750 for a table of 8 or \$400 for a table of 4), obtain donations and sell tickets (\$75 each) to ZNO. Talk to Kristie about vendors who want to participate. Please support as needed! Mark your calendar for Friday, March 6.

Mary discussed the importance of the 16 Days of Activism event. This event is to highlight the importance of speaking out about gender-based violence from Nov 26 - Dec 10 (Human Rights Day). We will conduct a 10 a.m. March (gather at 9:30) on Monday, November 25 from the Capitol Building to the Laramie County Library. We will carry the silhouettes of women who have lost their lives to abuse. This year we will also represent the indigenous people. Although Governor Mead will not be present, he will sign a proclamation. Mayor Marion Orr will march with us and sign a proclamation at the library. The silhouettes will be left at the library to be on display. The librarians have reported that past displays of the silhouettes bring a lot of questions and awareness of this important issue. Feel free to invite people and other groups to attend and support.

Kristie spoke about the upcoming art contest. The deadline for artist to submit their work is Saturday, December 28. Please encourage people to enter. The age categories are Youth (15 and younger), Teen (13 - 17 years old) and Adult (18 and older). The medium categories are 2D, 3D and photography (each category will receive their own awards. It will be from 4 - 6 p.m. on Wednesday, January 8, light snacks will be available.

Denise provided a UN quiz to celebrate Zonta's involvement in the United Nations.

Kristie adjourned the meeting at 8:00 p.m.

Respectfully Submitted by Melissa Martin, Secretary

Treasure's report will
be available at the
General Meeting

ZONTA SAYS NO
TO VIOLENCE AGAINST WOMEN



Upcoming Events:

November 25th—December 10th **16 Days of Activism against Gender-Based Violence and Zonta Says NO to Violence**

December 5, 2019 Board Meeting: 5:30 Align 1401 Airport Parkway #300

December 6, 2019 (Friday) at 10:00am assistance needed to take down Silhouettes to honor victims of domestic violence.

December 10, 2019 (Tuesday) **The State of Equality Free Premiere Screening 7:00 pm** at Civic Center **If you want to be sure to be admitted, get an advance ticket through the Civic center, [Cheyenne Events.org](http://CheyenneEvents.org) or by calling 637-6363**

General Meeting: December 12, 2019 12 noon Align 1401 Airport Parkway #300 (Brown bag lunch)

Zappy Hour: Will not be meeting this month

December 28, 2019 Submissions for Art Contest for Human trafficking Due

Betty Abernethy will be collecting the bottle's of wine for ZNO bag's.

Add to your Calendar

Join us for the 2020 65th Zonta International Convention in Chicago, Ill USA

July 4—8, 2020

Chicago Marriott Downtown Magnificent Mile, Chicago Ill USA

For more information go to Zonta International

Zonta Foundation :

Kathy Cathcart (Ch)

Connie Sloan Cathcart (V Ch)

Denise Parrish (Sec)

Misti Fisher (Tres)

Kristie Wilson (Pres)

Happy

Belinda Kolb /12 /7

Linda Bogart 12/12

Connie Sloan-Cathcart 12/30



Birthday

