


ZONTA

 CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN

THROUGH SERVICE & ADVOCACY

Zephyr

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Message from the President

Ending Interpersonal Violence. Raising awareness regarding Missing Indigenous Women. Expanding Human Trafficking Hotline signage. Revamping the Art Contest to Glorify the Achievements of Women. Expanding Scholarship Opportunities. Reexamining Fundraising Opportunities. Expanding Hope Bag Benefactors. Placing a Billboard to End Child Marriage. Studying the potential of a Citywide Z-Club. These were some of the ideas that were discussed during the Club's Strategic Planning session held on June 23rd. Such a variety of ideas that there should be something for everyone to engage in.

While the members of our Club each have full plates with other aspects of their lives, the members who were part of the Strategic Planning Session each expressed an enthusiasm for getting about the work of Zonta: Advancing the Status of Women. I thank them for their enthusiasm and taking time to share ideas.

I particularly want to thank Jennica Fournier for organizing and hosting the event. I, too, am excited about the potential impact of each of these ideas on our community. I am especially thrilled and proud of the fact that the discussions focused on partnering with business and other service entities within our community.

The busy women of Zonta will become busier. There are days we will need to put our nose to the grindstone just to get stuff done. Yet, I hope there are days when we want to just take a deep breath and think about the friends and colleagues who are our fellow Zontians. Think about how much fun it is to get to know each other and how much we can learn from women we didn't even know a year or two ago. We will have a great opportunity for those deep breaths and lovely chats at our Cheyenne Zonta picnic on July 9th. I hope you will join us as we hang out (in a socially distancing responsible way) for a social evening with Zontians. Friends and family are welcome.



ZONTA
100
YEARS

"Be kind whenever possible. It is always possible."

- Dalai Lama

Meeting Minutes Summary

June 11th General Meeting Summary

President Denise started her first meeting with a review of Zonta Committees and their duties. Committee Chairs are needed for the Communications, Service, Advocacy, and Finance Committees. Where are your interest? Don't want to be a chair, that's ok. There are lots of duties you can volunteer for. To find out what these committees are about contact Denise or any of the Board Members. There is lots of help to get you started.

Other Discussion: The board is considering continuing with zoom along with in-person meetings. Our attendance has increased with zoom.

Upcoming Club Meetings.

July 9th, 5:30 p.m. Picnic Social at Karen Pacheco's (9131 James Cole Ct.)

Individually portioned, commercially prepared food provided by the Club

August 13th, Noon

September 10th, Evening – Club Fundraiser

October 8th, Noon – United Nations Month

November 12th, Evening – Pocket Change Collection for Zonta International

December 10th, Noon

January 14th, Evening – Amelia Earhart

February 11th, Noon

March – No currently scheduled meeting due to ZNO or other fundraiser

April 8th, Noon – Club Elections and Business Meeting

May 13th, Evening – Induction of Officers and Initiation of New Members

Meeting adjourned:

Belinda Sawyer, Secretary (A copy of the original minutes was emailed to all members.)

Treasurer's Report July 2020

Date: 05/29/2020						
Type	Date	Number	Name	Cleared	Amount	Balance
Beginning Balance						\$ 12,400.13
Cleared Transactions						
Checks and Payments						
Check	4/30/2020	4462	Trophy Creative	05/07/20	\$ (44.00)	\$ (44.00)
Check	4/30/2020	4463	Kathy Cathcart	05/11/20	\$ (3,008.00)	\$ (3,008.00)
Check	4/30/2020	4464	D12 renewal members	05/14/20	\$ (1,476.00)	\$ (1,476.00)
						\$ -
						\$ -
Total Checks and Payments					\$ (4,528.00)	\$ 7,872.13
Deposits and Credits						
Deposit	5/6/2020			05/06/20	\$ 677.00	\$ 677.00
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
Total Deposits and Credits					\$ 677.00	
Total Cleared Transactions					\$ (3,851.00)	\$ (3,851.00)
Cleared Balance						
						\$ 8,549.13
Register Balance						\$ 8,549.13
New Transactions						
Checks and Payments						
Check	4/30/2020	4466	ZI new members		\$ (212.00)	\$ (212.00)
Check	5/14/2020	4468	Kylie Achelhaas		\$ (1,500.00)	\$ (1,500.00)
Check	5/18/2020		JubJub		\$ (220.00)	\$ (220.00)
Check	5/31/2020		Prairie Rose		\$ (20.00)	\$ (20.00)
Check	5/31/2020		Trophy Creative		\$ (38.45)	\$ (38.45)
Total Checks and Payments					\$ (58.45)	\$ (1,990.45)
Deposits and Credits						
						\$ -
Total Deposits and Credits					\$ -	\$ -
Ending Balance						\$ 6,558.68

Announcements

Hello Zontians!
 You are invited to participate in our
 Eileen's Cookie Dough Fundraiser.

We challenge you to sell to at least 10 people.
Top seller by dollar amount wins a bottle of wine!

First:

Call your friends, families and coworkers about supporting the Zonta Fundraiser by buying cookie dough.
 Distribute the attached flyer in-person or online
 Collect payment at the time of the order

- Customers can pay you in person
- Customers can pay online at CheyenneZonta.org

Next:

July 31 - submit your order form and money to Kathy Orr or Melissa Martin

Last:

Beginning of August, pick up your Cookie Dough from Kathy and Melissa and deliver to your customers.

Zonta Club of Cheyenne is a member of Zonta International, an organization whose members are dedicated to advancing the status of women through voluntary service and advocacy. We support local agencies whose purposes are to help women and families through difficult situations, through scholarships, educational opportunities and donations. The cookie dough profits will help us continue our outreach. Cheyenne Zonta will keep \$5 for each \$12 tub we sell.



Gourmet Cookie Dough
 Available in 3lb Tubs • Makes 48-1oz Cookies

Available in the following flavors:

M&M, Chocolate Chip, Cranberry White Choc. Oatmeal, Sugar, Peanut Butter, Oatmeal Raisin



ZONTA
 CLUB OF
 PIKES PEAK AREA
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

You are invited to attend:

**July Meeting - Zonta Pikes Peak -
 Learning About Sacred Cycle**

Thursday, July 9, 2020 from 6:30 PM - 7:30 PM

We will hear from Clare J. Hefferren, Executive Director Sacred Cycle: A Positive Healing Cycle for Survivors.

Sacred Cycle believes in inspiring survivors of sexual trauma through cycling, therapy, and community. Our sacred cycle of recovery empowers survivors to reconnect with their bodies. Healing helps survivors and positively impact their families, friends, and communities. Unfortunately, 1 in 4 women face a new and unnerving reality following a sexual trauma. At Sacred Cycle, they have made it a goal to help survivors feel reconnected with their emotional, mental and physical worlds.

Our Online fee will be \$12 collected to support Zonta Club of the Pikes Peak Area

NATIONAL YOUTH ART CONTEST TO COMMEMORATE PASSAGE OF WOMEN'S SUFFRAGE

First Lady Melania Trump is hosting a youth art contest to commemorate the 100th anniversary of the 19th Amendment that constitutionally granted women the right to vote throughout the United States. The exhibit is titled *Building the Movement: America's Youth Celebrate 100 Years of Women's Suffrage*. The selected artwork will appear alongside images of women's suffrage parades, marches, and gatherings that took place at or around the White House.

Submissions are encouraged from students in grades 3-12. One piece of two-dimensional art will be selected from each state and each territory. Submissions are asked to include a statement about the artwork and how it represents women's suffrage.

For more information or for information on submitting artwork, please go to <https://www.whitehouse.gov/briefings-statements/building-movement-americas-youth-celebrate-100-years-womens-suffrage/>. Submissions are to be received by July 6, 2020 at 5 p.m. EDT.

We know there are many talented young artists out there. We have seen you at the Zonta Art Contest. Here is another chance to use your talents to commemorate another milestone in the Advancement of Women.

ZONTA DISTRICT 12 GOVERNOR'S SEMINAR MOVING TO CHEYENNE



Surprise, surprise! With less notice than we would have liked, the Zonta Club of Cheyenne has been asked to host the Zonta District 12 Governor's Seminar September 25th – 26th. The Governor's Seminar had previously been scheduled to be held in the Denver / Castle Rock area but that became no longer feasible based on Covid19 rules.

There will be a District 12 Board Meeting the afternoon of September 25th and a social event for all attending the seminar that Friday evening. The seminar will be held the day of Saturday, September 26th. Most of the attendees are expected to return to their homes immediately following the meeting, but we may wish to arrange for an optional dinner for those who choose to stay Saturday night. The host club (that's us!) will be making most of the arrangements for venues, catering, swag bags, registration, and more. **MANY VOLUNTEERS WILL BE NEEDED.**

After some initial research, it looks like we can hold the seminar, *with social distancing*, at Little America. We will also likely hold the Board Meeting there. However, we are not yet committed to doing our *Friday Night Dinner Extravaganza* there. It would be great to get a volunteer to take charge of arranging for a dinner location and some entertainment for what is expected to be 60 to 75 Zontians. Please let me know if you are willing and remember – we all want to stay safe relative to coronavirus. (And, we are not ruling out Little America.) Location will need to be selected no later than mid to late July to be able to send out notices. And yes, there is a budget that is not unlimited.

To reiterate, lots of volunteers will be needed to organize this activity. Some have already volunteered (thank you). If you are willing to help in some way, please advise. Watch for additional information in your email as to the role you might play in making this event memorable.

For more information, please email me at parrishzonta@gmail.com or call 307-286-1463.

Denise Parrish

Hope Bag Volunteer Positions

1. Bag Contents Coordinator
 - Distribute a list of items needed through our membership and other interested participants
 - Update items needed in January, April, June and September
 - Collect items and take them to storage (Zonta Storage Unit?)
 - Organize a fall event with members to fill bags

2. Backpack Coordinator **Michelle Huff**
 - Ask for fabric donations (membership, fabric stores, sewing groups, etc.)
 - Order cording on eBay as needed. (Wrights Piping Cord, 3/16 in/50 yards.)
 - Contact School sewing teacher and other sewing groups to help sew bags.
 - Collect, tally and take to the Zonta storage Unit.

3. Community Contacts Coordinator
 - a. Contact businesses for donations of clothing, cash donations, and fast food coupons.

Past Donations:

 - Once Upon a Child (new underwear)
 - Sams cash \$25 or try for clothing
 - Walmart cash \$25 monthly
 - Taco Bell food coupons
 - McDonalds food coupons
 - Taco Johns food coupons

4. CRMC Liaison **Kathy Scigliano**
 - a. Work with the Forensic Nurse for donation deliveries.
 - Invite members to help with the delivery. Take a picture and write a brief for the Zephyr and other media sources
 - Meet with the Forensic Nurse in January for an update on the program: What works, what doesn't work and report to the board.

The INTERNATIONAL Element of Zonta

By Jody Gostas

The NEW Zonta International website is **such** an improvement. In the past I would get so frustrated trying to find anything using the "search" vehicle. I would just quit since I'm not computer-friendly and it wasn't user-friendly. There was a stand-off most of the time that I tried using the website.

Now, it is logical and organized in a sensible format. *I encourage every member to check out this site at least once in the next month.* Go to www.zonta.org and look around. Here's an example: I found this statistic under the very first heading "Our Causes" and then Advocating for Gender Equality:

"In 2019, the SDG* Gender Index found that not one country is on track to attain gender equality by 2030. The Global Gender Gap Report 2020 estimates it could take 99 1/2 years." [*SDG-the Sustainable Development Goal #5 is to achieve gender equality and empower all women and girls.] Can you believe this?? 99 ½ YEARS! I'm not sure I'm glad I read this.

The next heading is Our Programs. WOW, there's so much to review here and it is presented logically. What an improvement.

For maximum benefit from the website, you need to establish a password and log in under My Zonta. For more information at your fingertips, a detailed email was sent from International in early June. As a bonus, you can find a Zonta partner wherever you might travel in the world. Wouldn't that enrich your travels when we start traveling again? The information about Zonta and our colleagues around the world will inspire and motivate you to continue pursuing Zonta's goals.

Spotlight on Women in History: Sybil Ludington

By Jody Gostas

In a recent article by Jen Jones for Women You Should Know I learned of the courageous ride through the colonies by Sybil Ludington, a 16-year-old girl. She rode **SIDE-SADDLE** over nearly 40 miles of backwoods roads from New York to Connecticut to alert colonial troops of an imminent attack by the British in April 1777. “A young American patriot, Sybil Ludington was just 16 years old when she made a night-time ride rallying Patriot soldiers.”

Born in New York in 1761, Ludington was the eldest of Henry and Abigail’s twelve children. In addition to working as a farmer, Ludington’s father was a gristmill owner who served in the military for over sixty years, including during the French and Indian War. He was loyal to the British crown until 1773, when he switched sides and joined the Patriots in the American Revolution. He was promoted to Colonel of his local regiment. His land was along a route between Connecticut and the coast of Long Island Sound that was vulnerable to British attack.

On April 26, 1777, Colonel Ludington received word from a rider that the nearby town of Danbury was under attack by British troops and needed help. At the time, Ludington’s regiment had disbanded for planting season and his men were miles apart at their respective farms. With the rider too tired to continue and Colonel Ludington focused on preparing for battle, young Sybil rose to the cause.



Some accounts say she volunteered; others that her father asked for her service, but either way, she

rode through the night alerting the Colonel’s men of the danger and urging them to return to the fight. She rode all night through dark woods and in the rain, covering anywhere from 20 to 40 miles (estimates vary). [She traveled with a stick that she used to defend herself.] By the time she returned home, hundreds of soldiers were gathering to fight the British. Ludington’s troops arrived too late to win the battle, though they did fight with departing British soldiers.” Excerpted from National Women’s History Museum biographies

As Jen Jones says in her article: “My steady vexation with the sanitized, hole-filled, ‘only white men did anything important’ version of history I was fed in school boiled over, once again, in 2015 when I happened upon the story of another heroic ‘Midnight Rider...’”

If you find this tidbit refreshing, let Zephyr editor Michelle Huff know. We will try to include similar historic highlights on a quarterly basis.

2020 Club Officers And Board

President: Denise Parrish

denisewyo@aol.com

Vice President: Michelle Aldrich

Michelle.aldrich@wyo.gov

Secretary: Belinda Sawyer

Belinda@propertyex.com

Treasurer: Kathy Cathcart

kcathcart@TheAlignTeam.org

Board Directors:

Brenda Mathre

Ilaine Brown

Betty Abernethy

Rebecca Reid

Audra Johnson

Nominating Committee

Dasa Roberston

Ann Erdmann

Mary Walker

Committee Chairs

Advocacy: Denise Parrish

Communication: Karen Pacheco

Finance: Kathy Cathcart

Membership: Betty Abernethy

Service:



Donna Angel 7/22

Michelle Huff 7/31

Zonta Foundation :

Kristie Wilson (Ch)

Linda Bogart (V Ch)

Denise Parrish (Sec)

Melissa Martin (Tres)

Donna Angel (Member at Large)

Upcoming Events:

Monday, July 6 @ 5:30pm: Membership Committee Meeting

Thursday, July 9 @ 5:30pm: Picnic at Karen Pacheco's home, 9131 James Cole Ct.

We would love to see your pictures!

It would be great to see all of our fabulous members doing things with their families, at work and in support of Zonta and the community. If you have pictures you'd like to share, please send to Michelle Huff at mnr130@yahoo.com. Thank you!

