



ZONTA
 CLUB OF
 CHEYENNE
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

Zephyr

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Message from the President

“Education is a human right, a public good, and a public responsibility.”

-United Nations Educational, Scientific and Cultural Organization

Have you ever taken a look at some of the amusing holidays that are listed for each month? January 4th is National Spaghetti Day. January 8th is Bubble Bath Day. January 16th is Appreciate a Dragon Day. There are many, many others, including the most important of all -- National Pie Day (January 23rd) -- perhaps someday to be renamed The Day Denise Retired Day. Yup, can you believe it has been almost a year?

Yet, there are also important days that are commemorated each month. In 2018, January 24th was designated as the International Day of Education. This UN designation followed the recognition of the importance of education for all when one of the 2030 Sustainable Development Goals became Quality Education. This goal (SDG #4) seeks to “ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.”

Some of the benefits of education are:

- Lifting children out of hunger and poverty
- Allow individuals to more productive
- Contributing to improved health
- Promoting peace
- Increasing economic growth
- Helping to reduce inequality

Still, worldwide, 258 million children and youth do not attend school – about one fifth of the global population in that age

group. More than one-half of all children and adolescents worldwide are not meeting minimum proficiency standards in reading and mathematics.

Zonta International is doing its small part to change these grim statistics. One of its current international service projects is Let Us Learn Madagascar: Empowering Girls through Education. This project, in partnership with UNICEF USA, seeks to address education and gender inequity by ensuring more children, particularly girls, have access to post primary education and ensuring that the education system has the capacity to offer quality teaching.

Closer to home, what are we doing to enhance education in our communities? I can hear those of you who have had to do at home schooling running from the room, screaming at the question. But think bigger and broader. Are we teaching those we encounter by being role models? Are we going beyond reading, writing, and arithmetic to also teach them appropriate emotional and behavioral responses to life events? Have you taught your teenagers what “consent” means when dating? Are we teaching our daughters that it is okay to study science, technology, and mathematics?

Finally, in the words of Dr. Suess: “The more that you read, the more things you will know, the more that you will learn, the more places you’ll go.”



www.cheyennezonta.org

“Women are the real architects of society.”

-Harriet Beecher Stowe

Our Year in Review



What a year it has been! Despite the challenges presented at the beginning of the year with COVID19, Zonta Club of Cheyenne was still able to do good work in the community and as an organization. A lot of our meetings looked like the screen shot above and most of our pictures feature our members wearing masks. But we were able to adapt so quickly and continue to make progress in the advancement of women worldwide. Our District 12 Seminar was fantastic; we were still able to award scholarships to young women; The Silent March was held in a safe and socially distant setting. And we all were still able to laugh and have fun! Let us see what 2021 holds for us!

Announcements

Winner of the Ugly Mask Contest, Linda Bogart

Thank you for the beautiful present, just love it! Also, thanks for the fun Christmas zoom happy hour. Was great to see everyone and the unique mask entries.

My mask was made by my sister-in-law who lives in Eugene Oregon. For 50 years she has kept our piggy tradition going. She never misses a chance to send me some crazy pig item, banks, ink pins, coffee mugs etc. Its not that I collect pigs in fact I do not, but they always bring back memories of Christmas's past.

While my husband was in the service we were stationed away from our roots on the west coast. No matter how far we were from home we always managed to make the road trip home for Christmas. When my girls were young, I would try to entertain them with a game I created called "The Trip Fairy". I would wrap plastic animals, crayons, candy, etc. up and they were challenged to find things on the road before getting a trip fairy present. When we arrived at my sister in laws house, they would inevitably drag all their toys into her house. Many were left behind as we packed to go back home. It was the most grueling trip, just imagine two days in the front of a truck with two toddlers before the time of seat belts.

Well, my family would find these toys stashed all over their house and mail them back to us. It would happen every time until I took a few of the pigs, melted them in a frying pan and returned them in an envelope. And so, it goes, a lifetime of pigs in the mail!



Linda your mask is cute, not ugly! But you're still a winner!

Make Your Lifesaving Appointment Today!

Donations are critical during winter months and the Holiday season.

To find future convalescent plasma donors, Vitalant will test all successful donations for COVID-19 Antibodies.
Make an impact in the lives of three patients by donating blood.



Zonta Club Blood Drive

Join us at any blood drive or the Cheyenne Donation Center this February!

With all of the changes we have experienced during the pandemic, hosting a blood drive on-site is not feasible for us. But, we are still committed to the mission of saving lives through blood donation, so we are hosting a virtual blood drive. This is your invitation to take part in this innovative event to support hospital patients in our community.

Participating in the virtual blood drive is easy. For us to track all of the donations at the virtual blood drive, you need to follow these steps:

Use the following link to sign up - you'll get emailed an invitation to schedule your appointment:

https://learn.vitalant.org/LP=148?drive_code=C3456&division=MOUNTAIN%26%region=CYS

When your email arrives, click "Schedule Now" to book your appointment at any convenient blood donation location using the same email address you used to sign up. This is important because it helps Vitalant connect your donation to our organization's virtual blood drive. Prepare for your donation by eating a healthy meal and drinking plenty of water. Remember to bring a photo ID with you.

Thanks for supporting patients by donating blood during our virtual blood drive. Because of donors like you, life doesn't stop.

Need more help? Contact Lauren Tipton at lтиpton@vitalant.org today!

Announcements



While human trafficking is a crime that takes place in our communities year-round, January is a dedicated time to raise awareness of and take steps to combat this heinous crime. January is typically proclaimed National Slavery and Human Trafficking Prevention Month by the President of the United States and January 11th is annually recognized as National Human Trafficking Awareness Day. As we approach the new year and these annual observances, take a moment to plan how you will take action against human trafficking in January and beyond.

On Monday, January 11th, Blue Campaign invites you to participate in [#WearBlueDay](#) to raise awareness of human trafficking and start online conversations about the crime. Simply post a photo of yourself wearing blue on social media with the hashtag [#WearBlueDay](#) and encourage friends, family, and colleagues to do the same.

Need some inspiration? Here are a few ways you can participate:

- **Snap a selfie.** Have you picked out your outfit yet? We encourage you to wear blue (whether that's a shirt, uniform, or hat), take a photo of yourself, and post it to social media using [#WearBlueDay](#).
- **Share a video.** Create a video explaining why you are participating in [#WearBlueDay](#). Post it on social media with [#WearBlueDay](#) and encourage your friends, family, and colleagues to do the same.
- **Take a group photo.** You don't have to be in person to take a group photo! Use a virtual meeting to encourage participation in [#WearBlueDay](#) and take a screen shot to post on social media. If you do gather in person for a [#WearBlueDay](#) photo, please remember to practice social distancing, wear a mask, and/or follow local guidelines to keep each other safe.
- **Challenge your friends, family, or colleagues.** Urge your friends, family, or colleagues to get creative with their [#WearBlueDay](#) photos and see who comes up with the best picture. Remember to share on social media with [#WearBlueDay](#)!

Check out the Blue Campaign website for more [#WearBlueDay](#) inspiration! Don't forget to follow [@DHSBlueCampaign](#) on [Twitter](#), [Facebook](#), and [Instagram](#) for updates and other ways to bring awareness to human trafficking during January and throughout the year.



2020 Amelia Earhart | Area 3 Meeting
SATURDAY, JANUARY 23RD, 9:00 AM - 12:30 PM ON ZOOM

HOSTED BY THE ZONTA FOOTHILLS CLUB OF BOULDER COUNTY

We are very excited to announce there are [four Amelia Earhart Fellows](#) from District 12 this year, all students at University of Colorado Boulder! Join us from 9-10:30 am, to hear them speak about their research. Starting at 10:45, we will hear brief updates from our District 12 leadership.

The beauty of this being a virtual meeting is that ALL D12 members and guests can attend!

[Visit the Zonta Foothills Club website and register today!](#)

Thank you from Marcy O'Toole, D12 Amelia Earhart Chair; Deb Beatty, Area 3 Director; and Michelle Médal, President, Zonta Foothills Club of Boulder, & D12 Internal Communications Chair.

Meeting Minutes Summary

Zonta Club of Cheyenne
 General Meeting Minutes
 December 10, 2020

President Denise Parrish called meeting to order at 12:06. Members present were Denise, Kathy Cathcart, Kathy Orr, Kathy Starr, Jody Gostas, Betty Abernethy, Michelle Aldrich, Michelle Huff, Carla Thurin, Dasa Robertson, Melissa Martin, Connie Sloan-Cathcart, Linda Bogart. There was a quorum present.

There were no guests. Congratulations extended to Kathy Cathcart for receiving the Chamber of Commerce Women's Leadership Award for 2020. Betty Abernethy shared that her cancer numbers are down; her daughter is scheduled for reconstructive surgery at the end of the month. Kathy Orr also encouraged women to have colonoscopies by announcing that she will be getting hers soon.

Potential new member Lynn Story-Huyler has been invited to join Zonta and Membership Committee is anticipating a couple other applications soon.

Advocacy Committee met with representatives of Dept of Health to discuss domestic violence which is escalating with COVID restrictions. Denise urged members to go to Zonta International website for a quick and easy way to contact US legislators on "hot topics" pending in Congress before they adjourn. Carla shared Congress is considering abolishing Victims of Crime Act (VOCA) Fund (which provides large percentage of Safe House funding). This is happening right now. She encouraged Zontians to contact legislators, telling them of the desperate need for this.

Denise presented a list of ways members can be involved, project opportunities:

- Arrange for a guest speaker for an upcoming meeting
- Help jump start the community wide Z-Club
- Research and establish ways to start a Women in Aviation scholarship
- Establish on-line community conversation or plan an event re murdered/missing Indigenous women
- Help with the annual human trafficking art contest (see Ilaine Brown)
- Help brainstorm fundraising ideas – and then help implement
- Other service/other advocacy.

Michelle Aldrich and Melissa Martin will work on a community forum regarding domestic violence for January.

Eileen's Cookie Sales fundraiser netted \$695.00 (competition from Eileen's own cookie sales in Cheyenne!)

Glow in the Dark fundraiser for Laramie County Grief Support Group (contact Zontian Becki Reid for details) is scheduled for 1/16/21. If it is still a "GO", Zonta has committed to set up a table gathering information about our club and our mission. Dasa volunteered to coordinate this IF it is still going to be held.

Virtual Holiday Happy Hour to be on Zoom on Friday, 12/18 between 5:30 – 6:15. Carla suggested we have an Ugly Mask Contest and she has a suitable prize to be given. The meeting will be very loosely structured. Guests are welcome, wear something festive, probably will be trigger questions to start the socializing.

Service Clubs (Lions, Kiwanis, Rotary, Zonta) are sponsoring "We Bleed for Cheyenne" blood drive the full month of February. Zonta won last year; we can do it again this year!

See Zephyr for dates/times of upcoming Meetings, Trainings, and Events.

Meeting Adjourned at 12:58 pm.

Respectfully submitted,
 Jody Gostas, Acting Secretary

2020 Club Officers And Board

President: Denise Parrish

parrishzonta@gmail.com

Vice President: Michelle Aldrich

Michelle.aldrich@wyo.gov

Secretary: Belinda Sawyer

belindawyohomes@gmail.com

Treasurer: Kathy Cathcart

kcathcart@TheAlignTeam.org

Board Directors:

Brenda Mathre

Ilaine Brown

Betty Abernethy

Rebecca Reid

Audra Johnson

Nominating Committee

Dasa Roberston

Ann Erdmann

Mary Walker

Committee Chairs

Advocacy: Denise Parrish

Communication: Brenda Mathre

Finance: Kathy Cathcart

Membership: Betty Abernethy

Service: Audra Gagnon

Zonta International Foundation for Women

Ambassador: Karen Pacheco

Club Historian: Linda Bogart



Candice Griess

1/20

Ann Erdman

1/22

Zonta Foundation :

Kristie Wilson (Ch)

Linda Bogart (V Ch)

Denise Parrish (Sec)

Melissa Martin (Tres)

Donna Angel (Member at Large)

Upcoming Events:

January 7: Board Meeting via Zoom

January 11: Wear Blue Day

January 14: Member Meeting via Zoom

January 16: Glow in the Dark Event

January 20: Awareness Wednesday with guest speaker via Zoom

We would love to see your pictures!

It would be great to see all of our fabulous members doing things with their families, at work and in support of Zonta and the community. If you have pictures you'd like to share, please send to Michelle Huff at mnrc130@yahoo.com. Thank you!

