



The Yellow Rose is a ZONTA International emblem, which signifies:

**"Radiance and Beauty"**

**ZONTA ADVANCING  
THE STATUS OF  
WOMEN  
WORLDWIDE**

*Cheyenne Zonta  
Newsletter*

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# Zonta Zephyr

## February 2021 Newsletter



### **Zonta International**

Founded in Buffalo, New York, USA, in 1919, Zonta International is a worldwide service organization dedicated to empowering women through service and advocacy.  
<http://www.zonta.org/>

*A Century of Action for Women and Girls.*

### **President's Message**



I have recently been looking back at why I joined Zonta. At that time, I was doing a lot of international travel and Zonta was international. I wanted to help not only at home but also globally. I was also looking for a way to engage hands on in the community. My expectations and why I stay in

Zonta have changed over the years, but being a Zontian has become part of who I am. No matter how angry or frustrated I get, I can't yet imagine not being part of Zonta.

What about you? Why did you join Zonta? Are your expectations being met? Do you picture yourself as a Zontian for life? If not, how do we change that?

2020 is behind us. It is a new year. There is light at the end of the tunnel for so many things. How do we re-energize ourselves? How do we as Zontians reengage with our community and with each other? What is your passion that we collectively can embrace? Me...I want to work on ending violence against women while still reminding people of the horrors of human trafficking. I want the Equal Rights Amendment to become part of the US Constitution. And, I want to get to know each of you better this year. (And winning the lottery would be okay too!) That is enough for one year...unless, of course there are things you are passionate about and I can help. Let me know. Let's find some things to shout out to the world and remind them we are here.

Meanwhile, let's hope Punxsutawney Phil doesn't see his shadow. I'm ready for an early Spring.

I remain as always,  
Denise Parrish, President  
[parrishzonta@gmail.com](mailto:parrishzonta@gmail.com)  
307-286-1463

Report of General Meeting  
Thursday, January 14, 2021  
5:30 pm on ZOOM

ZONTA BOARD OF  
DIRECTORS

**PRESIDENT:** Denise Parrish  
[parrishzonta@gmail.com](mailto:parrishzonta@gmail.com)

**VICE PRESIDENT:**  
Michelle Aldrich  
[teachwyo@yahoo.com](mailto:teachwyo@yahoo.com)

**SECRETARY:**  
Belinda Sawyer  
[belinda@propertyex.com](mailto:belinda@propertyex.com)

**TREASURER:**  
Kathy Cathcart  
[kcathcart@TheAlignTeam.org](mailto:kcathcart@TheAlignTeam.org)

**BOARD MEMBERS:**  
Betty Abernethy  
Ilaine Brown  
Audra Gagnon  
Brenda Mathre  
Becki Reid

Denise called the meeting to order at 5:33pm. 21 members were present.

Happy Birthday to: Candice Griess, Ann Erdmann

▪ **Guest Speaker:** Mr. Kassel, he is the Curator of Collections and the Co-Director of the Cheyenne Frontier Days Old West Museum and a co-author of Wyoming's Friendly Skies: Training America's First Stewardesses. He had a fabulous presentation and provided us with all sorts of information about early flight history right here in Cheyenne.

▪ **Awareness Wednesdays** (Jan 20th, Feb 17th, Mar 17th, Apr 21st, May 19th) Michelle Aldrich and Michelle Martin have put together speakers for the next several months. This event is open to the public not just Zonta Members.

January 20 – 7:00 – 8:30 pm Human Trafficking, Presenters: Peg Brantley and Suzanne Jalbert

▪ **Scholarships** (Thank you Jennica Fournier) – Members were asked to spread the word.

Young Women in Public Affairs (YMPA) – Applications Due March 15th

Jane M. Klausman Women in Business (JMK) – Applications Due August 1<sup>st</sup>

▪ **Fundraising Brainstorming Meeting** (January 27th, 5:30 p.m. Zoom)

All the members were invited to attend this meeting.

▪ **Other Events or Announcements**

Watch for Info about Formation of Community Wide Z-Club (Michelle Huff / Audra Gagnon).

Betty Abernethy let the members know that our club received a \$500 donation from Meridian Trust.

• **Upcoming Meetings, Trainings, and Events**

- January 20 – Awareness Wednesday
- January 27 -- Fundraising Brainstorming – Zoom Meeting at 5:30 p.m.
- Month of February – Give Blood
- February 11 – Member Meeting – Noon
- February 17 – Awareness Wednesday
- March 11 – Member Meeting – Evening
- March 17 – Awareness Wednesday
- April 8 – Member Meeting – Noon – Elections and Formal Business
- April 17 – Zonta D12, Area 2 Meeting (Hosted by Fort Collins)
- April 21 – Awareness Wednesday
- May 13 – Member Meeting – Evening – Induction of Officers and New Members
- May 19 – Awareness Wednesday

Meeting was adjourned at 6:59.

Respectfully submitted by Belinda Sawyer, Secretary



**Teaser for February General Meeting...Betty Abernethy has agreed to talk about her experiences with human trafficking while she was on the WY Board of Cosmetology !**

**Treasurer's Report**  
**ZONTA Club of Cheyenne**  
 First Interstate Bank, Period Ending 12/31/2020

Date: 12/31/2020						
Type	Date	Number	Name	Cleared	Amount	Balance
Beginning Balance						\$ 4,159.41
Cleared Transactions						
Checks and Payments						
Check	12/1/2020	4494	Jub/Jub	12/21/20	\$ (125.00)	
Check	12/21/2020	4495	Linda Bogart	12/29/20	\$ (117.01)	
Total Checks and Payments						\$ (242.01)
Deposits and Credits						
Deposit	12/7/2020			12/07/20	\$ 1,443.00	
Total Deposits and Credits						\$ 1,443.00
Total Cleared Transactions					\$ 1,200.99	\$ 1,200.99
Cleared Balance						\$ 3,360.40
Register Balance						\$ 3,360.40
New Transactions						
Checks and Payments						
Total Checks and Payments						\$ -
Deposits and Credits						
Total Deposits and Credits						\$ -
Total Deposits and Credits					\$ -	\$ -
Ending Balance						\$ 5,360.40

*Under the category "Expand Your Horizons" tidbit (thanks to Dr Michelle):*  
 The AAUW (American Association of University Women) advocacy site is a great resource that addresses equity issues. They also offer a 7-module free salary negotiation course for women (also worthy for guys) at <https://www.aauw.org/resources/programs/salary/>



Thank you to United Methodist Women of the Mountain Sky Conference. They donated \$300 to Zonta as a “worthy cause.” We will continue to pursue our mission of empowering women through service and advocacy.

Thank you UMW!



Another note of appreciation to Meridian Trust Federal Credit Union via Shanda Carter for a very generous donation of \$500 to support the mission of Zonta Club of Cheyenne. Women can do a lot but not without the support of our communities. Thank you Meridian and Shanda (who really enjoys ZNO).

Dasa Roberston volunteered to attend our table at the Jan 16 Glow in the Dark Dodgeball fundraiser for the Grief Support Group started by Zonta member Becki Reid. Bet it was fun, Dasa.



### CLUB FUNDRAISING MEETING REPORT

Seven Club members met via Zoom to discuss potential fundraising ideas for 2021. Some great ideas were generated and a good discussion was had.

We centered in on three potential events: **a fundraising brunch** (perhaps with an add-on raffle or auction) in the Spring; **a cornhole tournament** with add-ons such as food trucks and raffles in late Summer; and **a red-carpet movie premier** with happy hour in late Fall. An inquiry will be going out to members very soon to gauge your interest regarding these events and other implementation ideas.

We will also be asking for input as to the use of the funds raised from any or all of these activities.

The Membership Committee will be inviting interested contacts to a couple of gatherings to share information about Zonta. See the invitation below. Any members who would like to be present are also invited—please let Betty Abernethy know as she is the coordinator ([bettyabernethy@gmail.com](mailto:bettyabernethy@gmail.com) or 307-634-1043).



***YOU ARE INVITED!***

*Please accept our invitation to stop by one of the small gatherings we are hosting. Due to social distancing requirements we are unable to host our ZNO night out as we do every March, so instead we are hosting a series of small gatherings for those of you that are interested in our organization and the work we do.*

*Please pick a date, take an hour out of your busy day and stop by, we will have refreshments and you will get to meet a few of our members and get more information.*

*We are looking forward to meet you at:*

*RE/MAX Hospitality Room  
4000 Central Avenue, Cheyenne, WY 82001*

*Pick a date:*

*Wednesday, February 10, 2021, 5:30 p.m.*

*Saturday, February 27, 2021, 10:00 a.m.*

*For more information, please contact Betty Abernethy at [bettyabernethy@gmail.com](mailto:bettyabernethy@gmail.com)*

## WHAT DO YOU KNOW ABOUT BLOOD??



What is your blood type?

Why is O+ such an important blood type?

Why is O- such an important blood type? (Is that repetitive??)

Why is the Rh factor so important?

Only 38% of the US population is eligible to donate blood but only 3% do.

What is the “golden” blood type?

There are four major blood groups determined by the presence or absence of two antigens – A and B – on the surface of red blood cells. In addition to the A and B antigens, there is a protein called the Rh factor, which can be either present (+) or absent (–), creating the 8 most common blood types ([A+](#), [A-](#), [B+](#), [B-](#), [O+](#), [O-](#), [AB+](#), [AB-](#)).

What does this have to do with Zonta? Find the answer elsewhere in the Zephyr.



### EQUAL RIGHTS AMENDMENT

Did you know that equal rights for women are not currently guaranteed by the US Constitution? That is a fact. We are keeping our fingers crossed that will change. In 1972, the authorizing legislation for the Equal Rights Amendment (ERA) included a deadline by which the states needed to ratify the amendment in order to make it part of the Constitution. Few other constitutional amendments were saddled with such a deadline. Now, there is hope that this burden will be lifted from the ratification process. Two bills have been introduced in Congress (Senate Joint Resolution 1 and House Joint Resolution 17) that would allow the Equal Rights Amendment to become part of the Constitution based on getting 38 states to ratify it, regardless of when the ratification occurred – which has already been accomplished! **Please write Senator Lummis and ask her to support this in the Senate.** She has expressed her support for the ERA in the past and we need bipartisan support on this. While you’re at it, e-notes to Senator Barrasso and Representative Cheney would be positive advocacy. This should **not** be a political issue!

**RANDOM TIDBITS FROM THE "GUEST" EDITOR**

Like most months, February is a recognition month for causes from the noble to the plebian. We can go from Black History Month (now being called African-American History Month) to Spunky Old Broads Month (SOB Month?).

For us in Cheyenne Zonta it is our Blood Drive Month. We have joined 2 other service organizations (Lions and Kiwanis) to see which will donate the most blood through Vitalant Blood Service. Last week, Bill and Karen Pacheco, Jody Gostas, Brian and Melissa Martin, and Linda Bogart met in front of Vitalant (112 E 8 Ave) for a "photo op" representing Zonta as the winner of last year's challenge. Can we do it again?

Type O is routinely in short supply and in high demand by hospitals – both because it is the most common blood type and because type O negative blood is the universal blood type needed for emergency transfusions and for immune deficient infants. The need for O+ is high because it is the most frequently occurring blood type (37% of the population). There is a protein called the Rh factor which can be either present (+) or absent (-). One of the world's rarest blood types is one named Rh-null. This blood type is distinct from Rh negative since it has none of the Rh antigens at all. There are less than 50 people with this blood type. It is sometimes called "golden blood."

Call Vitalant to schedule your appointment:

**877-258-4825**

**Calendar of Events**

**MONTH OF FEBRUARY GIVE BLOOD!**

- Feb 04 Board Meeting 5:30 ZOOM
- Feb 11 Zonta Members Meeting Thursday Noon on Zoom
- Feb 17 Awareness Wednesday 7:00 on Zoom
- Mar 11 Zonta Members Meeting Evening Meeting TBA
- Mar 17 Awareness Wednesday 7:00 on Zoom

Happy Birthday!



Rebecca Reid	2/01
Nancy Freudenthal	2/05
Christina Blooding	2/06
Kathleen Starr	2/09
Robin Kus	2/26

**COMMISSION ON THE STATUS OF WOMEN**



The Commission on the Status of Women meeting is going virtual for 2021. In most years, this is a meeting in New York City where representatives of countries which are part of the United Nations gather with UN officials and hundreds of women-centered organizations to discuss progress and gaps in gender equality and emerging women's issues. (See <https://www.unwomen.org/en/csw>) There are also hundreds of seminars and discussion sessions that occur during the gathering's two week timeframe (see <https://ngocsw.org/ngocsw65/>). This year, the meetings will primarily be held virtually, March 15-26. However, you will want to sign-up in order to assure your ability to observe or participate. You can register via <https://indico.un.org/event/35605/registration/> up through **February 22<sup>nd</sup>**. For those of you who have never had the opportunity to attend CSW, this is an opportunity to get a small taste of the important issues and work being done. Zonta is just one of the network of women organizations working worldwide to improve women's lives.

***This last minute entry just came in from Melissa Martin. She thought the subjects would be of special interest as they align with many of Zonta's goals. FYI***

Mountain Sky United Methodist Conference invites you to join the **Just Love Lenten Series**. These virtual sessions will run Sunday evening from 5:30 - 6:45 p.m. February 21 - ,March 28, 2021. You do not need to choose specific sessions. The Zoom link you receive will be good for all the sessions so you can participate as you are able.

Explore justice issues and live into Beloved Community. Sessions in the series include:

- ***Japanese American Internment (Concentration) Camps and Generational Trauma: How we must not allow history to repeat itself:*** presented by a panel from the Japanese American community, along with leaders from Simpson UMC, Arvada, Colorado  
Sunday, February 21: Japanese American Internment History  
Sunday, February 28: Generational Trauma & preventing history from repeating itself.
- ***Human trafficking:*** Laboratory to Combat Human Trafficking, Kara Napolitano, Research and Training Manager, Denver, CO  
Sunday, March 7: Human Trafficking
- ***Restorative Justice:*** Center for Restorative Youth Justice, Catherine Gunderson, Director, Kalispell, MT  
Sunday, March 14: Restorative Justice
- ***Push Out - Criminalization of Black Girls in School:*** A 2021 Mission U (UMW) presentation by ELCA Rev. Melanie Martin-Dent  
Sunday, March 21st: ***Push Out - Criminalization of Black Girls in School***
- Sunday, March 28th: ***Immigration "Shoebox Stories" presented by Motus Theater.*** Bishop Karen Oliveto and Superintendent Jeff Rainwater will read Cristian Solano-Córdova's story
- **Your donation will help us honor the voices of our presenters.**

To register, visit <https://mtnsky-reg.brtapp.com/JustLove>

For more information, contact [vitality@mtnskyumc.org](mailto:vitality@mtnskyumc.org). Presented by the Mountain Sky United Methodist Conference Mission Team



# Zonta Club Blood Drive

Join us at any blood drive or the Cheyenne Donation Center this February!

With all of the changes we have experienced during the pandemic, hosting a blood drive on-site is not feasible for us. But, we are still committed to the mission of saving lives through blood donation, so we are hosting a virtual blood drive. This is your invitation to take part in this innovative event to support hospital patients in our community. Participating in the virtual blood drive is easy. For us to track all of the donations at the virtual blood drive, you need to follow these steps:

**Use the following link to sign up - you'll get emailed an invitation to schedule your appointment:**

[https://learn.vitalant.org/LP=148?drive\\_code=C3456&division=MOUNTAIN%26%region=CYS](https://learn.vitalant.org/LP=148?drive_code=C3456&division=MOUNTAIN%26%region=CYS)

When your email arrives, click "Schedule Now" to book your appointment at any convenient blood donation location using the same email address you used to sign up. This is important because it helps Vitalant connect your donation to our organization's virtual blood drive. Prepare for your donation by eating a healthy meal and drinking plenty of water. Remember to bring a photo ID with you.

Thanks for supporting patients by donating blood during our virtual blood drive. Because of donors like you, life doesn't stop.  
Need more help? Contact Lauren Tipton at [lтиpton@vitalant.org](mailto:lтиpton@vitalant.org) today!

To find future convalescent plasma donors, Vitalant will test all successful donations for COVID-19 Antibodies.  
Make an impact in the lives of three patients by donating blood.

