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Message from the President

"The secret of change is to focus all of your energy, not on fighting the old, but on building the new."

- Socrates

June 2021

As we stand on the steps of entering the new Zonta year, we have the opportunity to look back at what we wished we had done or, even better, we can dream anew.

I have a dream that one day violence against women will be as rare on this earth as smallpox. Gone. Poof. Crazy dream? Yup. Will it happen in my lifetime? Nope. But does that mean I should stop thinking about how good life *for everyone* could be if we stopped having to deal with this terrible atrocity? I hope not. The question is, how and where do we begin to try to eradicate this offense against society.

As with all change, awareness is the first step. We must stare down the monster and admit there is a problem. We must engage others so they too understand there is a problem right here in our community. And then we change our collective behavior.

I strongly believe that we start

to break the cycle of violence against women by showing respect for each other. Let's treat each other with dignity. Then, we teach our youth—all of our youth regardless of class or gender—to do the same. The young people are the key to breaking the cycle. Bullying is not okay. Words matter. Hitting doesn't solve the problem. We must teach them, and each other, through our actions.

So, as the new Zonta year begins, let us each take a vow. Then, let's ask our friends and neighbors to take the same vow. Say it with me, "I vow to treat women and girls with respect and dignity and will encourage others to also do so." Respect Women. That is how we begin to change the world so that ending violence against women is no longer just the dream of a crazy old woman.

RESPECT WOMEN

-Denise



"What you do makes a difference, and you have to decide what kind of difference you want to make."

-Jane Goodall

🖓 Congratulatíons Belínda!

And thank you for all your hard work



Belinda Sawyer

Zontian of the Year 2020 - 2021

A FEW THOUGHTS FROM THE MAY CLUB MEETING

For those of you who were not at our May meeting, you were missed. All of you and we hope to see you soon. In order to catch you up, there are a few thoughts that are important to share.

First, we heard from our YWPA awardee (Kylie Schelhaas) who is the definition of an over-achiever. Let's keep our fingers cross that she is the District 12 awardee, who has yet to be announced.

Second, we inducted new officers and Board members (listed elsewhere in this newsletter). Thanks for stepping up to important leadership roles.

Third, we recognized the six new members who have joined in the past 12 months (and inducted those who were present). Our new members are Carol Denny, Amy Hernandez, Lynn Storey-Huylar, Jackie Snowardt, Kristy Williams, and Barbara World. Welcome!

Fourth, a brief President's Message was given. Denise Parrish, starting the second year of her term, indicated that this is a member-driven Club but her vision is to focus service and advocacy projects on ending/preventing violence against women. Her thought is to continue some of the human trafficking awareness work we are known for in the community, including providing Hope Bags, but to also begin to focus on other violence against women matters. She is particularly interested in raising awareness about domestic violence (interpersonal violence) and ways we might start to work toward its prevention.

Fifth, we solicited volunteers to lead various projects and activities for this upcoming year. The volunteers will be the point people for the individual projects we anticipate, without having to engage in everything going on with overall committees. Thank you to all who volunteered. For those of you who have not found your role, more information will be forthcoming and we will be looking to fill remaining openings.

Finally, be sure to go to our Facebook page to look at the pictures of the meeting. We had lots of fun while conducting the serious business of Zonta.

Announcements

BLACK TOOTH BREWERY FUNDRAISER

Thanks are offered to all who attended our "mini" fundraiser at the Black Tooth Brewery. Without much work or fuss on the part of the Club – the brewery donated \$195 based on beer sales over a 5-hour period and another \$27.50 from random donations in a bucket. Just as importantly, it was another opportunity to get Zonta's name out into the community and to test run our *Respect Women* campaign raising awareness about domestic violence. And, it was a blast getting to hang out with Zontians on a beautiful afternoon / evening.











ZONTA ACTION ALERTS

Looking to learn more about the issues Zonta cares about? Want to weigh in on proposed federal legislation but have limited time? The easy answer is to register for action alerts at https://www.votervoice.net/Zonta/home Sign up is easy. New alerts come out about every other Friday in the form of an email summarizing the topic du jour and its importance to Zontians.







Look at us living our best lives post COVID19! Our May meeting was a wonderful way to get back to in-person gatherings in a socially distant setting. We were able to look our new members in their faces and celebrate the accomplishments of our existing members. Well done, ladies!





REPORT FROM THE ADVOCACY COMMITTEE

The Advocacy Committee held two meetings during the month of May. The Committee has determined that it would like to focus on (1) Violence Against Women awareness and prevention, and (2) Human Trafficking Awareness.

As to Human Trafficking Awareness, the Committee is focusing primarily on the types of activities that have occurred annually in the past. These include distributing materials around town and at Cheyenne Frontier Days, and supporting other entities with human trafficking awareness events, such as the 5K run sponsored by Cheyenne Hills Church.

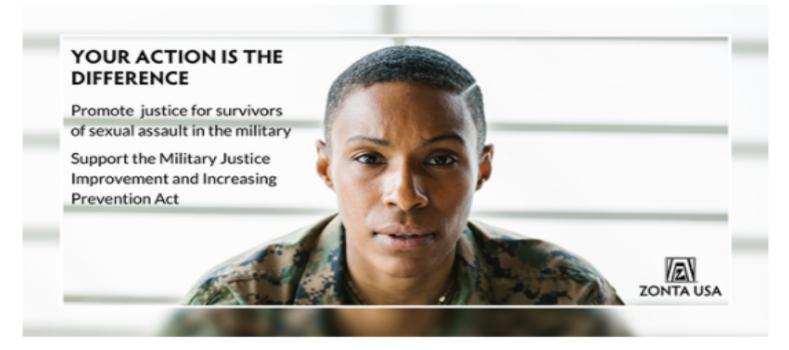
Much of the Committee's energy has been focused on brainstorming events to raise awareness of violence against women and ways to eliminate such violence. Some of the items discussed include:

- sponsoring a role-playing event where participants are assigned a character and have to make a series of decisions that cascade into life-changing situations,
- hosting discussions of various reading materials related to bullying and violence,
- looking for topics and resources that would be appropriate for an Awareness Wednesday conversation,
- exploring ways to further the number and training of Sexual Assault Nurse Examiners (SANE) personnel in Wyoming, and
- opportunities to further our over-arching Respect Women campaign.

Throughout these discussions, ideas have also been floated as to existing entities and associations that might be potential partners for our work on violence against women issues.

The near-term activities generally have a focus on raising awareness with the understanding that none of these activities alone are likely to break-the-cycle of interpersonal / domestic violence. The ultimate goal of the Committee would be to find a way to have meaningful discussions with our community's youth in order to effectuate changes in behavior.

Our next meeting is *tentatively* scheduled for June 15th. All are welcome to join the discussion.



The Military Justice Improvement and Increasing Prevention Act, S. 1520, would professionalize how the military prosecutes serious crimes by moving the decision to prosecute from the chain of command to independent, trained, professional military prosecutors. It also provides for several new prevention provisions such as increased and improved training for commanders and additional physical security measures, while ensuring that commanders still have the ability to provide strong leadership and maintain a successful command climate.

The bipartisan military justice reform bill would take critical steps to create a more professional and transparent military justice system for serious crimes-including rape and sexual assault, murder, manslaughter, child endangerment, child pornography, and negligent homicide-and address the need for sexual assault prevention that the DoD has not implemented.

Senator Kirsten Gillibrand [D-NY] introduced the Military Justice Improvement and Increasing Prevention Act to the Senate on April 29, 2021, and it is co-sponsored by a bipartisan group of 42 senators. Please use our pre-drafted letter to urge your senator to co-sponsor and support S. 1520. If they have already sponsored or co-sponsored the bill, you can send a message of thanks.



Future Club Meetings

Please mark your calendars with the upcoming Club meetings for the year. As previously discussed, we will alternate between Zoom noon meetings, and in-person evening meetings. The evening meetings, except for the picnic in July, will be at The Metropolitan with an option for attendees to order a no-host dinner off a limited menu. All meetings are scheduled for the second Thursday of each month.

NOON MEETINGS	EVENING MEETINGS				
June 10th					
	July 8th (picnic)				
August 12th	Cantanal an Oth				
October 14th	September 9th				
	November 11 th				
December 9th					
	January 13th				
February 10th	Marsh 10th				
April 14th	March 10th				
трлі і тш	May 12 th				

HELP WANTED

Looking for someone to fill the role of Zonta Foundation for Women Ambassador (liaison) for the Cheyenne Zonta Club.

General Duties: remind people of the great work done by Zonta around the world and the fact that it takes funding to implement the projects to better women's lives. Provide focused presentation to the Club once or twice a year.

Required Skills: not be afraid or ashamed to occasionally remind people of the joy of financial giving to help others (when they are able)

Compensation: the pay is lousy but the satisfaction of the work and being involved is immeasurable.

Position will be left open until filled.

To volunteer, contact parrishzonta@gmail.com

Kudos!

If you missed it, there was an article on May 9th in the paper about a young woman who was presented a Citizenship Award. Kassandra Lick was a former student of Michelle Aldrich. Michelle was quoted in the article about watching Kassandra become committed to her community through her membership Z club at Triumph. Thank you Michelle for all you do for our youth!

ZONTA SUPER DAY ACTIVITIES ON HOLD

Thanks to Dr. Michelle Aldrich, we have received information that the spots for groups who wish to be involved in Super Day have already been filled. We have an opportunity to be on a wait list, but as of now, it does not appear we will be part of Super Day 2021. However, there are many other fun things coming up, so stay tuned!



June 15, 2021

DRIVE-UP DONATIONS to help fight Elder Abuse

9:00 am - 5:30 pm Parking Lot of the American Legion Post 6 2001 E. Lincolnway

This fundraising event is sponsored by the following businesses, taking a stand to fight Elder Abuse.













Donations may also be mailed to: Community Action of Laramie County 1920 Evans Avenue • Cheyenne, WY 82001 Please Note on Check "Elder Abuse"



Treasurer's Report June 2021

			Date: 04/30/2021			
Туре	Date	Number	Name	Cleared	Amount	Balance
	Beginning	g Balance				\$ 5,997.40
			leared Transactions			
Checks and P						
Check	4/5/2021		Ruth Dowell	04/16/21	\$ (200.00)	
Check	4/5/2021		Hannah Coursey	04/19/21	\$ (100.00)	
Check	4/5/2021		Erin Andrews	04/21/21	\$ (200.00)	
Check	4/7/2021	4505	Denise Parrish	04/22/21	\$ (68.00)	
paypal	4/27/2021		dues to ZI	04/28/21	\$ (3,629.00)	
Debit	4/14/2021		Checks & Deposit Slip Order	04/14/21	\$ (150.12)	
	Total Checks and I	Payments			\$ (4,347.12)	
Deposits and						
deposit	4/5/2021		Dues	04/05/21	\$ 2,739.00	
Deposit	4/15/2021		dues (12.00 cookies)	04/15/21	\$ 1,698.00	
	Total Deposits an	nd Credits			\$ 4,437.00	
			Total Cleared Transactions	;	\$ 89.88	\$ 89.88
Cleared Balance	_					\$ 6,087.28
			Regis	ster Balance		\$ 6,087.28
			New Transactions			
Checks and P						
Check	4/5/2021		Tari Runnels		\$ (200.00)	
Check	4/5/2021		Zachary Lankford		\$ (200.00)	
Check	4/5/2021		Sage Barlow		\$ (200.00)	
Check	4/27/2021	4506	dues to D12		\$ (1,680.00)	
Total Checks and Payments					\$ (2,280.00)	
Deposits and						
Deposit	5/3/2021		Foundation Reimbursement		\$ 1,100.00	
Deposit	5/3/2021		dues		\$ 522.00	
	Total Deposits an	nd Credits			\$ 1,622.00	
			Total Deposits and Cre	edits	\$ (658.00)	\$ (658.00)
			En	ding Balance		\$ 5,429.28

2021 Club Officers And Board

President: Denise Parrish parrishzonta@gmail.com

Vice President: Michelle Aldrich Michelle.aldrich@wyo.gov

Secretary: Belinda Sawyer belindawyohomes@gmail.com

Treasurer: Kathy Cathcart kcathcart@TheAlignTeam.org

Board Directors:

Brenda Mathre

Ilaine Brown

Betty Abernethy

Rebecca Reid

Audra Johnson

Nominating Committee

Dasa Roberston

Ann Erdmann

Mary Walker

Committee Chairs

Advocacy: Denise Parrish Communication: Brenda Mathre Finance: Kathy Cathcart Membership: Betty Abernethy Service: Audra Gagnon

Zonta International Foundation for Women Ambassador: **Open Position** Club Historian: Linda Bogart



Zonta Foundation:

Kristie Wilson (Ch) Linda Bogart (V Ch) Denise Parrish (Sec) Melissa Martin (Tres) Donna Angel (Member at Large)

Upcoming Events:

June 10: Member Meeting at Noon

July 8: Member meeting at The Metropolitan

August 12: Member meeting at Noon

August 14: Zonta is the Beneficiary of Cruise Night