



ZONTA

CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

September 2021

Zephyr

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A Great Success!

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Message from the President

"It's not that optimism solves all of life's problems; it is just that it can sometimes make the difference between coping and collapsing."

Lucy MacDonald

It has been a tough month -- topped off with chaos in Afghanistan. Twenty years ago, Zonta International was working with other groups helping to educate Afghan women and to provide them with vocational skills. Over those twenty years, Afghan women became journalists and judges. They went to school and held jobs. Today, Afghan women live in fear of leaving their homes.

Nearly fifty years ago, the U.S. Congress passed the Equal Rights Amendment by a huge bipartisan majority. The next step was for three quarters of the states to ratify the amendment and then, and only then, gender equality would be declared the law of the land. Failing to meet several artificial deadlines set by Congress, it was 2020 before the 38th state ratified this amendment. And now, women's rights are caught up in red herring political arguments and legal wrangling.

Violence in our society is rampant. On average, 24 people per minute are victims of rape, physical violence or stalking by an intimate partner in the United States -- more than 12 million

women and men over the course of a single year.

It is easy to become discouraged. **Yet, we must not.** Amongst the chaos, a glimmer of optimism peeks through for me. How? Why? Each of you, is the answer for me. You -- each of you -- is what provides me hope for our future.

This month I had several opportunities to hang out with members, and potential new members, of our Club. You are amazing women. You are enthusiastic and passionate. You want to change the world and make it better. You care about each other, and your neighbors. You bring me hope. I see a different future for our community and our world when I watch you in action.

The next time someone asks if the glass is half full or half empty, ignore the question, pour a refreshing beverage into the glass, and sit down with a Zontian to figure out how to solve the world's problems -- one small step at a time. Any despair you have will turn into optimism. That's what happened to me this month. I thank you sincerely for raising me up from what could have easily become despair.

-Denise



www.cheyennezonta.org

"There is no gate, no lock, no bolt that you can set upon the freedom of my mind."

- Virginia Woolf

Cruise Night 2021



Thanks to all who came out to help us collect funds on Cruise Night. While the threatening weather helped us make the decision to shut down our collections a bit early, it was still a really fun night – and a successful one.

We raised \$1,500 to help us with our domestic violence / Respect Women awareness campaign. Whoo-hoo! A special thanks to the Mini-Cooper Club who provided significant financial support and Karen Pacheco, our former Zontian friend, who signed up the Club for this fun activity. Also, thank you to Audra Gagnon, who designed our new sign.



**Human Trafficking
Task Force**
of Southern Colorado

14th Annual Symposium
Businesses that Traffic
October 23, 2021

[https://www.facebook.com/
events/430022648346382?ref=newsfeed](https://www.facebook.com/events/430022648346382?ref=newsfeed)



**DISTRICT 12
GOVERNOR'S
CONFERENCE**
ACADEMY HOTEL
SEPTEMBER 24-26

[http://zontapikespeak.org/2021-
zonta-district-12-conference/](http://zontapikespeak.org/2021-zonta-district-12-conference/)

SIXTEEN DAYS OF ACTIVISM AGAINST GENDER BASED VIOLENCE

Begins November 25, 2021 (International Day
Against Violence Against Women)

Ends December 10, 2021 (International Human
Rights Day)

Member Meeting Silent Auction

Traditionally we have a silent auction at our September general meeting. Money raised is put in our treasury for incidental expenses including supporting members to attend district meetings.

It is a white elephant style sale. Bring something that you found in the basement, some preserves you put up, extra birthday cakes you could make, services you would render, etc. And bring some cash! You might be surprised at what will appeal to you!

Announcements

• Sexual exploitation & trafficking within rural communities
• Vulnerabilities, victim profiles, and trafficker control tactics
• Engagement and intervention strategies

This event is FREE thanks to our sponsors

Register by scanning the QR or visit ruralexploitation.eventbrite.com

Rural and Familial Exploitation

Wade Arvizu Elizabeth Scaife

September 14, 2021
1pm-4pm
Holiday Inn Conference Center

Sponsored by:

UPRISING
CENTER FOR A Vital Community AT SHERIDAN COLLEGE
PERNELL A. & MELINDA S. SCOTT FOUNDATION
B.F. & Rose H. Perkins Foundation

*'Money makes the world go around
The world go around
The world go around
Money makes the world go around
It makes the world go 'round.'*

Lyrics from the song "Money" from Cabaret

Ick. Talks about money. It is so uncomfortable. Can't we just do the work we are passionate about and not discuss fundraising? The answer is NO. While the work we do is impactful and important, it will not happen forever without bringing some funds in to replenish our kitty. Every time we have a strategic planning session, we decide to offer an additional or larger dollar scholarship. We love giving out prizes at our Art Contest. And coasters and posters are not free. So, a brief discussion about fundraising is in order.

As a result of the fundraising brainstorming meeting, a short list of potential fundraising events was developed. There seems to be general agreement (but we would like to confirm) that the Club should restart its annual *Zonta Night Out*, perhaps with a few changes or tweaks to the way it is organized and presented. This has become our Club's signature event and several members have had inquires from members of the community about when we might again hold this event. Please feel in to weigh in with Denise Parrish or Amy Hernandez (or both) to share your thoughts about hosting ZNO 2022: should we go forward or not? What changes should be made? Are you willing to help?

In addition to this signature event, there was discussion about doing additional, more minor, fundraising events throughout the year. The top suggestions include (a) some sort of hosted flea market or antique sale (where we would make money from rental space) or (b) an author's lunch modeled after that hosted by the Fort Collins Zonta Club. Please stay tuned for further discussion about these ideas at the September 9th member meeting, or feel free to contact Amy Hernandez for further conversation about these ideas.

ZONTA CLUB OF FORT COLLINS
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN THROUGH SERVICE & ADVOCACY

Annual Author's Luncheon
Saturday, September 18 from 10am - 2 pm
Fort Collins Country Club

Event includes:
Fall & Holiday Shopping*
Silent Auction
Meet the Author
Autographed Book Lunch

Proceeds from this helps provide college scholarships for local women

Tickets are available starting August 15
Ticket price: \$50
<http://www.zontafcevent.com/about-the-event.html>

finding fabYOUious
MELISSA VENABLE

*Women-owned businesses

-Denise

Meet Jo Ann Russ

Zontian Since 1984



What happened in 1984? Space Shuttle Discovery made its maiden flight; Summer Olympic Games were held in Los Angeles, and **Jo Ann Russ joined Zonta**. Records show that Jo Ann became a member of the Pueblo (CO) Zonta Club in April 1984 and transferred to the Zonta Club of Cheyenne in 2012 when her career brought her to Cheyenne as the manager of the Social Security Office. Once Jo Ann retired, she returned to her home in Pueblo but, “kept my membership with the Cheyenne club because I believe the club does so much locally and internationally.”

Linda Bogart and Jody Gostas recently interviewed Jo Ann to record some of the background of our member who has been in Zonta longer than any other member (except Bev Ambrose). “Our international service projects have always been special to me... I remember thinking how great things are in the US when compared to so many other places in the world. I derive a lot of satisfaction knowing I am helping other women throughout the world to have a better life for themselves and their families.”

Zonta membership has brought lasting friends into Jo Ann’s life, sharing experiences with amazing women from around the world with lots of travel opportunities. Jo Ann has been to 8 International Conventions (Hong Kong, Detroit, St Louis, Honolulu, Gothenburg, NYC, Melbourne, San Antonio). Jo Ann talked her sisters into joining her for the Hong Kong convention and they both joined Zonta afterwards in SD. “My sisters and I use the international conventions as an “invitation” to visit that country. Because of Zonta I am a world traveler, visiting almost 30 countries around the world and I AM NOT DONE YET! Who knows if I would have found the courage to visit the world like I have without the eye-opening exposure through Zonta.”

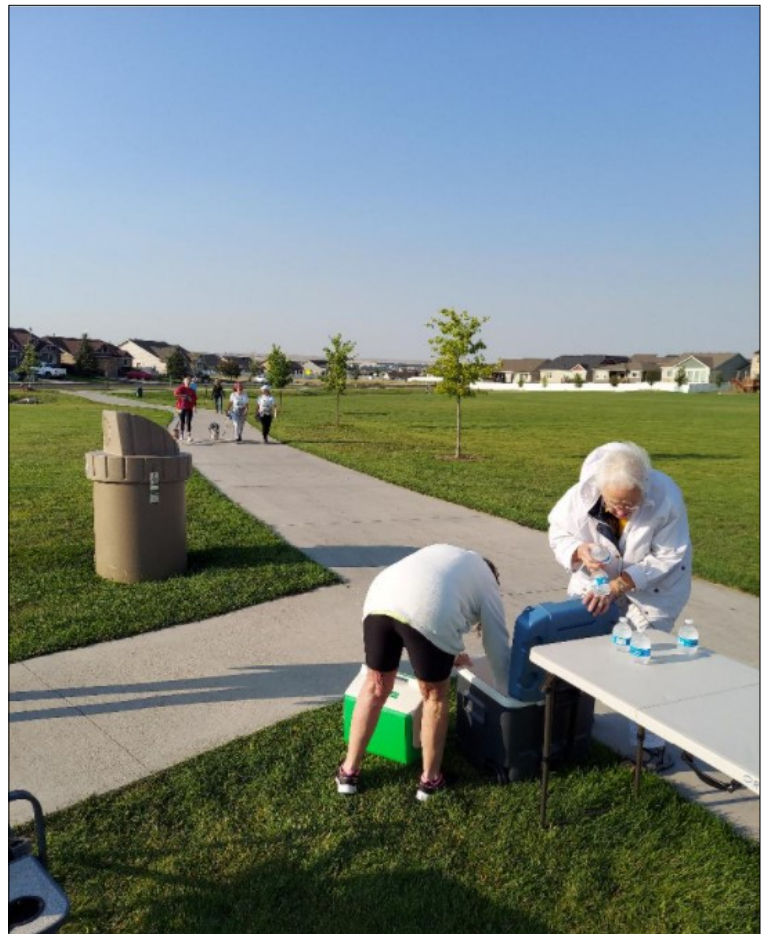
Did Jo Ann ever hold any offices in Zonta? Oh yes, she has been secretary and president of the Pueblo Zonta Club and the Area 4 Director and delegate to international conventions. “These positions increased my skills and abilities and gave me confidence that helped me advance in my professional career.” Favorite Zonta event, fundraiser, sponsored scholarship, or charity? “I’ve always liked the Amelia Earhart scholarship. Soaring to new heights with the support of Zontians is so appropriate to our mission. My favorite fundraiser has been Cheyenne’s Ladies Night Out. LNO was great!”

Jo Ann has so many memories over 37 years of membership. Whenever you have a chance to visit with her, ask about pickled squid or Corazon Aquino’s speech and different cultural practices. She has great stories to tell.



Cheyenne Hills Watch for Traffic 5k

Rebecca Reid, Bev Ambrose, Kathy Orr and future Zontian Jan supported the annual Cheyenne Hills Watch for Traffic 5k. These lovely women handed out water along the route for the participants. Thank you for your time, ladies!



Treasurer's Report September 2021

Date: 07/31/2021							
Type	Date	Number	Name	Cleared	Amount	Balance	
Beginning Balance						\$ 5,224.56	
Cleared Transactions							
Checks and Payments							
check	6/15/2021	4517	Kathy Cathcart	07/12/21	\$ (49.99)		
Check	7/6/2021	4518	Ilaine Brown - Reimburse for 2	07/19/21	\$ (200.00)		
Total Checks and Payments							\$ (249.99)
Deposits and Credits							
Deposit	7/6/2021		dues - Ried		\$ 174.48		
Total Deposits and Credits							\$ 174.48
Total Cleared Transactions					\$ (75.51)	\$ (75.51)	
Cleared Balance						\$ 5,149.05	
Register Balance						\$ 5,149.05	
New Transactions							
Checks and Payments							
Check	4/5/2021	4503	Sage Barlow		\$ (200.00)		
Check	6/7/2021	4513	The Met		\$ (475.00)		
Check	7/20/2021	4519	Denise Parrish		\$ (495.22)		
Check	8/9/2021	4820	Family Promise		\$ (200.00)		
Total Checks and Payments							\$ (1,370.22)
Deposits and Credits							
Total Deposits and Credits							\$ -
Total Deposits and Credits					\$ (1,370.22)	\$ (1,370.22)	
Ending Balance						\$ 3,778.83	

Meeting Minutes Summary



ZONTA
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Zonta Club Cheyenne- General Meeting August 2021

Denise called the meeting to order at 12:05pm through the Zoom platform.
 20 people in attendance.

- August Birthdays
 Jo Ann Russ, Jody Gostas, Jennica Fournier, Kristy Williams

- Introduction of and Conversation with Guest Speaker

MEET THE CHIEF

Chief Mark Francisco, Cheyenne Police Department

Chief Francisco spent more than 30 years with the Kansas City Police Department before being named as the new Police Chief for Cheyenne in March, 2021. Prior to coming to Cheyenne, his most recent role with the Kansas City Police Department was to serve as Deputy Chief of the Investigations Bureau where he managed and lead investigations within four divisions: violent crimes, narcotics and vice, property crimes, and the law enforcement recourse center. Chief Francisco also served as first Lieutenant in the United States Army Reserves for ten years. He has a Bachelor of Science in Criminal Justice / Law Enforcement Administration from the University of Central Missouri. He holds additional training from the Senior Management Institute for Police and the Police Executive Leadership Institute.

The chief talked about how the local department has a Victim Assist Program where they can send women of domestic violence to get the help and support that they need. He also mentioned that there is Youth Alternatives that is a great resource for children. The local schools have police officers that have a chance to help mentor some of the kids and also create relationships with them during the school year.

Zonta District 12 Conference – Colorado Springs – September 24 – 26

Need two delegates / two alternates to represent our Club in voting (need to submit to D12 by 8/20/2021)

Denise will be submitting these.

Zonta of Cheyenne Foundation has authorized three \$400 scholarships for any Club members who wish to attend and may desire some financial assistance – preference to be given to first-timers

September Club Meeting – The Met (in-person, no-host dinner) – September 9th evening.

Members agreed to have a silent auction at this meeting. The money raised will be put into the club operating fund.

Z-Club Restart (Z-Club is an auxiliary-type Zonta Club for high school age students)

They will be hosting a get together in October and officially starting in November.

If you have suggested names, please pass them on to Audra Gagnon

Meeting was adjourned at 1:00pm

Respectfully submitted by Belinda Sawyer, Secretary

2021 Club Officers And Board

President: Denise Parrish

parrishzonta@gmail.com

Vice President: Michelle Aldrich

Michelle.aldrich@wyo.gov

Secretary: Belinda Sawyer

belindawyohomes@gmail.com

Treasurer: Kathy Cathcart

kcathcart@TheAlignTeam.org

Board Directors:

Ilaine Brown

Betty Abernethy

Rebecca Reid

Audra Johnson

Kristy Williams

Nominating Committee

Dasa Roberston

Ann Erdmann

Mary Walker

Committee Chairs

Advocacy: Denise Parrish

Communication: Audra Gagnon (Board Liaison)

Finance: Kathy Cathcart

Membership:

Service: Audra Gagnon

Zonta International Foundation for Women

Ambassador: Mary Walker

Club Historian: Linda Bogart



Zonta Foundation :

Kristie Wilson (Ch)

Linda Bogart (V Ch)

Denise Parrish (Sec)

Melissa Martin (Tres)

Ann Erdmann (Member at Large)

Upcoming Events:

September 2 @ 5:30pm: Board Meeting

September 9 @ 5:30pm: Member Meeting @ The Met

Silent Auction

September 24-26: District 12 Governor's Seminar, Colorado Springs

October 7 @ 5:30pm: Board Meeting

We would love to see your pictures!

It would be great to see all of our fabulous members doing things with their families, at work and in support of Zonta and the community. If you have pictures you'd like to share, please send to Michelle Huff at mnrc130@yahoo.com. Thank you!

