

What's Inside

Announcements Congrats to the Women of Influence! Page 2

16 Days of Activism

Details Inside Page 3

Meeting Minutes

Silent Witness March and More Page 5

Upcoming Events

Board meeting and more Page 6



Message from the President

"According to the United Nations, violence against women and girls is one of the most widespread, persistent and devastating human rights violations in our world today. It remains largely unreported due to the impunity, silence, stigma and shame surrounding it. That's why we should all be part of the 16 Days Campaign."

Rev. Judith VanOsdol

The Lutheran World Federation

November 2021

November has many faces. It starts with leftover Halloween candy. It ends with Thanksgiving and Black Friday shopping. In between, we remember those who fell victim to domestic / interpersonal violence.

The 16 Days of Activism against Gender-Based Violence is an annual international campaign that kicks off on November 25th (the International Day for the Elimination of Violence against Women) and ends December 10th (Human Rights Day). It was begun 30 years ago at Rutgers University. Now, more than 6,000 organizations from approximately 187 countries participate. This year's theme is *Orange the World: End Violence Against Women Now!* We will begin our observance a bit early, on November 20th, with our Silent Witness March. More information about this is found elsewhere in this newsletter.

I understand that we are entering a busy season of school activities, holiday activities, and good old-fashioned family time. However, it is also a busy time for our Club. The Fundraising Committee (lead by Amy Hernandez) is in high gear trying to plan a fundraising event for March and perhaps another for next Fall. We have a new coordinator of our Hope Bag project (Pam Pafford) and she is making plans for next steps. The Advocacy Committee is in discussions about next steps on our Respect Women / End Violence Against Women campaign. And, as always, the Membership Committee is hard at work on recruiting and retaining members. (Remember: Men are also welcome to join Zonta.) Those are just a few of the places you can plug in and use your talents. Looking for something else - well, what about working on by-laws, social media, the website, or scholarships. There really is something for everyone. Find your spot and jump in.

Life is busy and has many twists and turns, and ups and downs. However, I hope you are able to live in a way that it is <u>not all work and no play</u>. Do something fun. Hang out with some people you like. Call an old friend. Take a few minutes to relax. Meanwhile, I wish a Happy Thanksgiving to each of you and your families.

-Denise



"All through my life, when faced with a difficult decision, I always ask myself, "Where can I learn more? Make the choice to learn."

- María Ress, Nobel Peace Príze Wínner 2021



Announcements



CONGRATULATIONS TO

Dr. Michelle Aldrich, Wyoming Woman of Influence in Education Honoree

Er

Melíssa Martín, Wyoming Woman of Influence Nominee

Well done, ladíes!



Congratulations and Thanks

Zoey Brown, daughter of Zontian Ilaine Brown, was named Student of the Week from East High School on October 8th. It is a well deserved honor.

We thank her for mentioning her work with Zonta and the Z-Club in the description of all the many activities in which she participates.

We look forward to working with her for many years to come.

FUNDRAISING MEETING

The Fundraising Committee met on October 26th to discuss how or if to revamp Zonta Night Out and where and when to hold the new version of this important fundraiser for the Club. The discussion was fruitful.

The next fundraising planning meeting will be held on November 9th at 5:30 p.m. at Denise's home at 2829 Deming Blvd.

All are welcome to attend.

Meanwhile, watch for a very brief electronic survey in your email asking for input about what you would like to see at Zonta Night Out.

ADVOCACY (Zoom) MEETING

There will be an Advocacy Committee Zoom Call on Tuesday, November 2nd starting at 5:30 p.m. We will be discussing our next steps relative to following our *In Her Shoes* experience. Anyone interested is welcome to join us at https://us02web.zoom.us/j/88556950734?

pwd=eTd5dnRTUmJsZWhjRIRGWVIwREwyZz09

Meeting ID: 885 5695 0734 Passcode: 429069

Announcements

Survey of Potential Revamping of Zonta Night Out 2022

Follow the link below to the survey! Due by Nov 6th

https://docs.google.com/forms/d/e/1FAIpQLSfdr2LSgcIij54EpOS1meHvq744HVvCmXd2-FpySyl58-0kkA/viewform?vc=0&c=0&w=1&flr=0&usp=mail_form_link

16 Days of Activism Against Gender-Based Violence

Zonta Club of Cheyenne will once again be participating in events to highlight the 16 Days of Activism Against Gender-Based Violence. Meet at the Capitol Building at 9:45 am on Saturday, November 20, 2021 and join in a silent march to the Laramie County Library where we will set up a display of life size silhouettes to honor victims of domestic violence. You can also assist in taking down the exhibit on Friday December 10 at 10:00 am.

Following the march there will be a presentation at the library in the Sage Room on the second floor featuring Mary Billiter as the speaker on her experience with domestic violence and being a survivor.

A Proclamation has been prepared for the governor and one for the mayor. Check your email for the information to join the proclamation signing events. These meetings have been very meaningful in the past and everyone is urged to attend.

The Silent Witness display always causes comments and questions at the library so please try to visit it whether or not you can participate on November 20.

Since 1991 this advocacy event has been used by over 6000 organizations in 187 countries to send the message that "gender based violence is a violation of human rights." November 25 is the International Day Against Violence Against Women and December 10 is International Human Rights Day. Many of the days in between have historical significance from events involving gender based violence.

For more information you can google "16 Days of Activisim" and "Zonta Says No".

Mary Walker, Advocacy Committee





Treasurer's Report November 2021

Date: 09/30/2021								
Туре	Date	Number	Name	Cleared		Amount		Balance
Beginning Balance						\$	5,927.83	
	-		Cleared Transactions					
Checks and Pay	monte				-			
Check	6/7/2021	4513	The Met STOP PAY Fee	09/08/21	\$	(17.00)		
Check	8/9/2021		Family Promise		\$	(200.00)		
check	9/8/2021		The Met	09/15/21	\$	(475.00)		
Check	9/3/2021	4523	Denise Parrish	09/22/21	\$	(158.90)		
Te	otal Checks and	Paymonts			\$	(850.90)		
	otal checks and	Payments			Ş	(850.90)		
Deposits and Credits				-				
Deposito una e								
Total Deposits and Credits				\$	1.1			
							_	
	-		Total Cleared Transactions		\$	(850.90)	\$	(850.90)
Cleared Balance	_				<u> </u>		¢	5.076.02
Cleared Balance					-		\$	5,076.93
			Regis	ter Balance	-		\$	5,076.93
			inegis	ter balance			~	5,070.55
	•		New Transactions					
Checks and Pay	ments							
Check	4/5/2021	4503	Sage Barlow		\$	(200.00)		
Total Checks and Payments					\$	(200.00)		
Total Checks and Payments					Ş	(200.00)		
Deposits and Credits				-				
deposit	10/5/2021		silent auction proceeds		\$	120.00		
	.,.,				Ľ.			
Total Deposits and Credits				\$	120.00	\$	(80.00)	
			Total Deposits and Cre	dits	\$	(80.00)		
							\$	4,996.93
Ending Balance								

Meeting Minutes Summary



The meeting was called to order at 12:02 pm

A quorum was established.

- Birthdays Kristie Wilson, Dasa Robertson, Ilaine Brown, Belinda Sawyer
- Sharing Congratulations to Zoey for being Student of the Week at EHS.
- Zonta and the United Nations Ann Erdmann, Guest Speaker

United Nations Day is October 24th - the anniversary of the ratification of the UN Charter

Many of Zonta's international projects are in partnership with various United Nations entities

• Follow-up In Her Shoes

Thank you to Carla at Safe House for hosting and putting on this event. All in attendance thought that the event was very impressionable. The hands on activity made it very realistic. Additional feedback is that the club would like to find more ways to educate the community and its members through this program.

• Domestic Violence Awareness Month

October 21, 2021 – Purple Thursday, National Day of Action - Wear purple, take a selfie, post it, start a conversation.

Denise reminded us that a lot of the Domestic Violence posts on the Club Facebook page that can be shared.

- Hope Bags Pam Pafford is going to take the lead. Pam and Belinda will go to the storage unit to take inventory. Watch for a follow up email.
- Fundraising Meeting October 26th, 5:30 p.m. (Light Refreshments) 2829 Deming Blvd

ALL ARE INVITED - Amy Hernandez to lead the discussion

Focus on two potential events. A couple of ideas so far are revamping Zonta / Ladies Night Out

or an Author's Lunch. A survey to all Club Members will be sent out after the planning meeting.

• Silent Witness March- Everyone will meet at the Capitol building at 9:45am. The march with the silhouettes will take place and end at the library. The exhibit will remain there until December 10.

Mary Billiter will be the keynote speaker on her experience with domestic violence and being a survivor

Upcoming Meetings / Events

- November 4, 5:30 p.m. Zonta Club of Cheyenne Board Meeting
- November 11, 6:00 p.m. (social hour starts 5:30) THE MET Zonta Club Meeting
- November 20, 9:30 a.m. Silent Witness March and Gathering
- December 2, 5:30 p.m. Zonta Club of Cheyenne Board Meeting
- December 9, Noon ZOOM Zonta Club of Cheyenne Meeting

Meeting was adjourned at 1:02 pm.

Respectfully submitted by Belinda Sawyer, Secretary

2021 Club Officers And Board

President: Denise Parrish parrishzonta@gmail.com

Vice President: Michelle Aldrich Michelle.aldrich@wyo.gov

Secretary: Belinda Sawyer belindawyohomes@gmail.com

Treasurer: Kathy Cathcart kcathcart@TheAlignTeam.org

Board Directors:

Ilaine Brown

Betty Abernethy

Rebecca Reid

Audra Johnson

Kristy Williams

Nominating Committee

Dasa Roberston

Ann Erdmann

Mary Walker

Committee Chairs

Advocacy: Denise Parrish Communication: Audra Gagnon (Board Liaison) Finance: Kathy Cathcart Membership: Betty Abernethy Service: Audra Gagnon

Zonta International Foundation for Women Ambassador: Mary Walker

Club Historian: Linda Bogart



Carla Thurín Audra Gagnon

11/30

11/11

Zonta Foundation:

Kristie Wilson (Ch)

Linda Bogart (V Ch)

Denise Parrish (Sec)

Melissa Martin (Tres)

Ann Erdmann (Member at Large)

Upcoming Events:

November 4, 5:30pm—Board Meeting @ Denise's House

November 11, 6pm—Zonta Club meeting at the Metropolitan

November 20, 9:30am—Silent Witness March and Gathering

December 2, 5:30pm—Board Meeting

December 9, 12pm—Club meeting via ZOOM

