



**ZONTA**  
 CLUB OF  
 CHEYENNE  
 MEMBER OF ZONTA INTERNATIONAL  
 EMPOWERING WOMEN  
 THROUGH SERVICE & ADVOCACY

# Zephyr

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## Message from the President

*"Go confidently in the direction of your dreams."*

— Henry David Thoreau

Happy New Year. As the new year comes upon us, many will make resolutions, but that has never been something I do. No resolutions. No resolve to fast, lose weight or give up meat. No resolve to do 10,000 steps a day. No giving up coffee or booze. No resolve to actually get real sleep at night this late in life. (So far, none of this surprises anyone, right?)

Instead, I travel dream. I get out my old-fashioned paper planner and write in family birthdays and start looking at and for opportunities to travel. Where will I go for meetings? Family events? Fun? I dream. Is this the year we travel across Canada by train? Or finally get to the San Francisco opera? Or rent a cabin on Lake Superior? What will the year bring?

Dreaming also is part of my Zonta planning. Zonta is not just about filling in calendar dates for meetings and Zoom calls. It is about changing lives – collectively and as individuals.

What can I do? How can I help make the change I dream about? I dream that the right conversation will change a policy makers perspective. I dream finding the right speaker will bring us allies in our mission. I dream that we can help that one student with a scholarship who will then make a difference to our community or the world. I dream that one lunch time presentation will impact someone in the audience. I dream that as 2022 ends, I look back and can say, "Zonta made a difference." Yet, wouldn't it be great if each of us could also say, "I made a difference."

-Denise



[www.cheyennezonta.org](http://www.cheyennezonta.org)

*"Courage is the price that life exacts for granting peace."*

- Amelia Earhart

# Announcements

## In Her Shoes Activity in January

On January 11<sup>th</sup>, 12<sup>th</sup>, and 13<sup>th</sup>, our Club is hosting the *In Her Shoes* experience and discussion for Zonta members, friends of Zonta, elected officials, community members, and invitees who might be interested in learning more about the impact of domestic violence. We have scheduled one session for each day (times vary by day) with all of the sessions to be held at the Kiwanis Community House at Lions Park.

The Advocacy Committee has put together a list of invitees but we have no intention to exclude others who might want to be part of this experience. If there is someone you would like to invite, please do so. Also, we need Zonta members to attend to engage in the discussion with the community leaders we hope will attend. Please RSVP Jody Gostas at [booknut.jody@gmail.com](mailto:booknut.jody@gmail.com) or (307) 778-0686, if possible (but come anyway, if you can, even if you have not RSVP'd.)

We anticipate each session will take between 60 to 90 minutes depending on the level of discussion. The scheduled sessions are:

Tuesday, January 11<sup>th</sup> starting at 5:30 p.m.

Wednesday, January 12<sup>th</sup> starting at 6:30 p.m.

Thursday, January 13<sup>th</sup> starting at noon (box lunch to be provided)

We hope as many Club members as possible will participate.

## Membership Changes

First, Jackie Snowardt, one of our out-of-town members, has a new address – still in upstate New York. Her new address is 12 Aldrich Road, Ballston Spa, New York, 12020. Jackie is still active in the Club and has offered to help as she can

Second, Alison George (and family) have decided to take a new direction in life and move closer to family in Tennessee. We will miss her being close to us. Alison has not yet shared whether she will be transferring her Zonta membership but we are happy to keep her in our Club as long as she wishes to remain with us.

Third, Robin Kus has notified us that she will be moving out-of-state and thus, is dropping her membership immediately. We wish her all the best in her new adventures, whatever they may be.

## Changes to Board of Directors

We have had a change to the Board of Directors for the Zonta Club of Cheyenne. Due to a number of unfortunate family events that has taken up Audra Gagnon's time and attention, Audra tendered her resignation from the Board of Directors. While Audra has indicated her desire to continue to engage with the Club as much as possible, she didn't believe that she could adequately attend to director duties (including attending meetings) as she would like. We thank Audra for her time and great work on the Board and look forward to re-engaging her in the work of the Club as her time and circumstances permit.

The Club by-laws call for the members of the Board of Directors to appoint replacement directors for vacancies that occur mid-term. At the December Board meeting, there was unanimous agreement to ask Dasa Robertson to fill in for Audra's term, at least through May, 2022. Dasa has graciously agreed to do so, and we whole-heartedly welcome her to the Zonta Club of Cheyenne Board of Directors.

## Recent Opportunities to Share Zonta with Others

On December 15<sup>th</sup>, Denise Parrish had the opportunity to speak to the current class of the Junior Leadership of Laramie County about Zonta -what it is and what we do. It was a great 30 minutes with eight young women at Volunteerism Day. The discussion came around to discrimination or gender inequities they had already experienced in their lives. It was an engaging discussion that included a surprising number of examples, including, but not limited to:

- Women's toiletries cost more than men's so they choose to use men's deodorant;
- The 6<sup>th</sup> penny tax being turned down for new gymnast facilities -- the question was raised whether the result would have been different if it were a male team rather than an all-female team;
- Girls in school getting the same number of hall / bathroom passes as boys even though they may have a greater need with their periods;
- Different treatment at work where boys are allowed to lounge / goof off without consequence but girls are yelled at for lesser offenses;
- The lack of a weight room tailored more for girls due to the expectation they can use the same equipment as the boys;
- Different standards of what is acceptable school clothing for girls and boys; and
- Many more examples including STEM, Scholarships, and a variety of other items.

It was interesting to hear inequities in the context of these young women. As they shared their examples, the question was continually asked, "Do you ever say anything?" Denise was later informed that the Zonta discussion was a hit with these young women. The thank you note is shown below.

Two days later, on December 17<sup>th</sup>, Denise Parrish was the guest lunch speaker at the Cheyenne Vocations Club at St. Mary's Cathedral. This was again a chance to discuss Zonta and the work we do. The topics included human trafficking and domestic violence awareness and prevention activities. The presentation appeared to be well received. Notably, one of the attendees stood up spontaneously to speak briefly about her experience as a survivor of domestic violence. She was moving and passionate in her support of the work Zonta is doing.



## Zonta and UNICEF's Partnership Over the Years

Check out the article in Forbes about UNICEF and its various partnerships with various organizations, including Zonta. Below is the excerpt discussing the Zonta Partnership. To read the entire article, you may go to <https://www.forbes.com/sites/unicefusa/2021/12/21/unicefs-impactful-partnerships---achievements-in-2021/?sh=5380582064fe>

### Empowering girls and protecting their rights

Zonta International, a UNICEF USA partner since 1972, helped UNICEF reach thousands of adolescent girls in rural parts of Peru in 2021 with improved education and health services. With Zonta's support, nearly 2,700 adolescent girls have benefited from a reactivation of primary care services, which had been suspended due to COVID-19 pandemic restriction. UNICEF was also able to provide technical assistance and training for health personnel to safely resume services at over 400 facilities.

Through the program, rural communities are learning to embrace girls' rights in other ways too. Teachers are rethinking their classroom practices and schools are adopting "teen-friendly" school plans aimed at preventing pregnancy and gender-based violence.

Zonta has supported many other UNICEF programs over the years. These include key education initiatives in Madagascar and the Global Program to End Child Marriage, through which nearly 8 million adolescent girls have been reached with life skills and school attendance support — all of which help them avoid early marriage and promote gender equality.

In the U.S., Zonta has been an active advocacy partner as well, joining UNICEF USA to push for state legislation banning child marriage with no exceptions, with encouraging results: in 2021, Rhode Island and New York joined Delaware, Minnesota, New Jersey and Pennsylvania in taking this important step. Zonta and UNICEF USA won't stop until laws are in place across the country.



**June 24-28, 2022**

Financial Assistance is available to members of the Zonta Club of Cheyenne who attend the convention.

Please advise if you plan to attend.

**Commission on the Status of Women 2022**

Watch for more information at <https://www.unwomen.org/en/csw/csw66-2022>



# CANCEL OUT: Domestic Violence and Human Trafficking

March 4, 2022 at The Metropolitan

The Fundraising Committee unveiled their plan for International Women's Day in March 2022. The name of the event is CANCEL OUT: Domestic Violence and Human Trafficking presented by Zonta Club of Cheyenne

- ◆ Individual tickets are \$75 starting January 15
- ◆ Sponsor tables: \$1500/16      \$750/8      \$400/4
- ◆ Tables will be sold through January 15. Sponsor tables are not available through Event Brite so checks must be collected.
- ◆ There will be a plate dinner (choices: Pasta Primavera, Steak Frites and Pan Seared Salmon) raffle, silent auction, limited vendors and a speaker.



## Ending Human Trafficking

To keep the fight to end human trafficking at the forefront of the national security agenda, the Administration released a new “National Action Plan to Combat Human Trafficking.” Globally, an estimated 25 million people are subjected to human trafficking and forced labor, which is responsible for an estimated \$150 billion annually in illicit profits. It erodes the safety and health of communities and transportation networks, the security of the nation’s borders, the strength of the nation’s economy, and the rule of law.

As human trafficking disproportionately impacts some of the most vulnerable and undeserved members of society, the updated plan responds by addressing the needs of such individuals, families, and communities. As such, it reflects the Administration’s commitments to gender and racial equity. The plan also reflects the Administration’s commitment to workers’ rights and ending forced labor within global supply chains.

The plan remains grounded in an integrated federal response and close collaboration with state and local governments, the private sector, and non-governmental partners and retains a central focus on foundational pillars: prevention, protection, prosecution, and partnerships.

# Meeting Minutes Summary



Denise called the meeting to order at 12:03pm. 15 members were present. A quorum was established.

Birthdays – Beverly Ambrose, Linda Bogart, Kathy Scigliano, Connie Sloan-Cathcart

Sharing – Good News in Our Lives & Not So Good Things for Which We Can Use Some Support

Zonta Holiday Happy Hour will be held on December 17<sup>th</sup> from 4:00-7:00 at Chronicles Distillery.

December Charity Project – Collect Needed Items for Safehouse

Women's Deodorant	Hair Brushes	Q-tips	Full size hair products
Shaving Cream	Body Wash	Chap Stick	
Razors	Lotion	Can Openers	

Jennica and Betty offered to be the drop off locations for the items collected. Contact them for details.

Amelia Earhart presentation at our January meeting. Kristie Wilson volunteered to organize this.

**REMINDER – ZONTA IS NON-PARTISAN – WE ALL SUPPORT WOMEN**

Brief Zonta Video on this Topic

*In Her Shoes* – Events with Members of the Community – Kiwanis Community House

January 11<sup>th</sup> – 5:30 to 7:00 p.m.

January 12<sup>th</sup> -- 6:30 to 8:00 p.m.

January 13<sup>th</sup> – Noon to 1:30 p.m.

People to invite will include- County Commissioners, City officials, School Board members, Clergyman, Legislatures and Representatives, etc.

We will need some Zontians at each of the events. Michelle Aldrich volunteered to provide cookies at the evening events.

CANCEL OUT: Domestic Violence and Human Trafficking (Fundraiser)

March 4, 2022 evening – Plated Dinner – Speaker – Raffles – Silent Auctions – Limited Vendors

Tickets \$75 each Sponsors: \$750 for table of 8 or \$400 for table of 4

Ilaine and Amy will set up Event Bright for the ticket sales.

Seeking 2-4 People to Help Continue / Jump Start / Organize the Work on Scholarships

Young Women in Public Affairs Jan M. Klausman Women in Business

Women in Technology Women in Flight LCCC

Jennica is willing to train and help. She recommends having a committee and each scholarship has one person responsible for it.

Meeting was adjourned at 12:59pm. Respectfully submitted by Belinda Sawyer, Secretary

## Items Needed for Hope Bags

- ◆ Boys and Girl's Clothing (no underwear)
- ◆ Zip up Sleepers for babies and toddlers
- ◆ Women's solid color leggings (S, M, L, XL)

## 2022 Club Officers And Board

**President:** Denise Parrish

[parrishzonta@gmail.com](mailto:parrishzonta@gmail.com)

**Vice President:** Michelle Aldrich

[Michelle.aldrich@wyo.gov](mailto:Michelle.aldrich@wyo.gov)

**Secretary:** Belinda Sawyer

[belindawyohomes@gmail.com](mailto:belindawyohomes@gmail.com)

**Treasurer:** Kathy Cathcart

[kcathcart@TheAlignTeam.org](mailto:kcathcart@TheAlignTeam.org)

### Board Directors:

Ilaine Brown

Betty Abernethy

Rebecca Reid

Kristy Williams

Dasa Robertson

### Nominating Committee

Dasa Roberston

Ann Erdmann

Mary Walker

### Committee Chairs

Advocacy: Denise Parrish

Communication: Audra Gagnon (Board Liaison)

Finance: Kathy Cathcart

Membership: Betty Abernethy

Service:

Zonta International Foundation for Women

Ambassador: Mary Walker

Club Historian: Linda Bogart



*Candice Cathcart* 1/20

*Ann Erdmann* 1/22

## Zonta Foundation :

Kristie Wilson (Ch)

Linda Bogart (V Ch)

Denise Parrish (Sec)

Melissa Martin (Tres)

Ann Erdmann (Member at Large)

## Upcoming Events:

January 3, 5:30pm - Membership Committee Meeting @ Uncle Charlie's

January 4, Noon - Fundraising Committee meeting @ Denise's house

January 6, 5:30pm - Board Meeting @ ALIGN Offices / Zoom

January 11, 12, 13 - In Her Shoes events @ Lion's Park Community House

January 13, 6pm - Club Meeting @ the Met