



**ZONTA**

CLUB OF  
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

February 2022

# Zephyr

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## Message from the President

"It's the action, not the fruit of the action, that's important.

You have to do the right thing.

It may not be in your power, may not be in your time, that there'll be any fruit.

But that doesn't mean you stop doing the right thing.

You may never know what results come from your action.

But if you do nothing, there will be no result."

— Mahatma Gandhi

February. Groundhog's Day. Valentine's Day. Presidents' Day. Mid-Winter School Break. There are many opportunities this month to break up the dark days of winter. But, did you know that February is also Teen Dating Violence Awareness Month?

This observance provides an opportunity to focus on advocacy and education to stop dating abuse before it starts.

Data shows one in three teens in the United States will experience physical, sexual, or emotional abuse from someone with whom they are in a relationship. Approximately 1.5 million high school students nationwide experience *physical abuse* from a dating partner, and 43% of college women report experiencing violent or abusive dating be-

haviors. Yet, three out of four parents never talk to their children about domestic violence.

So, it is fortunate that the theme for the 2022 Teen Dating Violence Awareness Month is *Talk About It*. It is a call to action to engage in conversations with young people about healthy versus unhealthy versus abusive relationships. Each of us who interacts with young people should discuss the warning signs. We should also listen to what

*"I wish adults would go through more of the warning signs of a toxic relationship because I feel we as teens coose to overlook or ignore red flags."*

Jada, age 16

(From the *love is respect* web site)

they have to say.

Will our action make a difference? We may never know. But that does not mean that we shouldn't make the effort. Want to know more about teens and domestic violence? Check out <https://www.loveisrespect.org/>

- Denise



[www.cheyennezonta.org](http://www.cheyennezonta.org)

### Healthy

A healthy relationship means both you and your partner are:

- Communicating
- Respectful
- Trusting
- Honest
- Equal
- Enjoying personal time away from each other
- Making mutual choices
- Economic/financial partners

### Unhealthy

You may be in an unhealthy relationship if your partner is:

- Not communicating
- Disrespectful
- Not trusting
- Dishonest
- Trying to take control
- Only spending time together
- Pressured into activities
- Unequal economically

### Abusive

Abuse is occurring in a relationship when one partner is:

- Communicating in a hurtful or threatening way
- Mistreating
- Accusing the other of cheating when it's untrue
- Denying their actions are abusive
- Controlling
- Isolating their partner from others

# Announcements

## Commission on the Status of Women

The Commission on the Status of Women Forum will be held March 14-25, 2022. During this meeting, designated Zontians will engage in discussions with representatives of the United Nations about issues impacting women, especially issues related to gender equality and the empowerment of women.

During this same time period, member states of the UN and non-governmental organizations interested in women's issues will be hosting hundreds of meetings that will be open to anyone interested in attending. These side meetings and parallel events will be virtual again this year, so it will be easy to attend any of these informational sessions in which you might have an interest.

There is no charge for these events. While the sessions to be held are still being organized, you can sign up to receive more information and to be a participant at <https://ngocsw.org/ngo-csw-66/>. To better understand the work of the Commission of the Status of Women, go to <https://www.unwomen.org/en/csw/csw-snapshot>



## JOINT SERVICE PROJECT

Once again, our Club will be participating in a joint service project with other service organizations in our community. Starting in mid-February, and extending for at least 30 days, we will engage in a blood drive challenge with the Lions, Rotary, and Kiwanis Clubs. The winner of the challenge is the Club who has the largest percentage of members donate during the designated period. The specifics are still being worked out, so stay tuned for more information. But, with the vital need for blood donations at this time, please consider providing a blood donation if you are able to do so.







In June, 2021, Zonta International introduced a new initiative to address the disproportionate impact that climate change is having on women and girls around the world. Zonta plans to address this issue from a gender equity perspective rather than from an environmental or disaster response organization. District 12 Zontians are significantly involved in the newly developed work on climate change addressing the issue from a US vantage point, modeling itself after the District 23 (Australia) Zonta Says Now initiative. For more information, please go to:

[https://www.zonta.org/images/docs/NewsEvents/Statements/ZontaInternationalStatementonClimateChange\\_ClimateChangeAGenderEqualityIssue.pdf](https://www.zonta.org/images/docs/NewsEvents/Statements/ZontaInternationalStatementonClimateChange_ClimateChangeAGenderEqualityIssue.pdf)

## HELP WANTED – SCHOLARSHIP COORDINATORS

Did you know that the Zonta Club of Cheyenne currently offers 3 scholarships and is gearing up to offer two more? Currently we offer the Young Women in Public Affairs Award (coordinated by Jennica Fournier), the Jane M. Klausman Women in Business Scholarship (Denise Parrish, temporary coordinator), and the non-traditional scholarship at Laramie County Community College (COORDINATOR NEEDED).

We are looking to finalize our work on the authorized Women in Aviation Award (worked on by Jennica Fournier and Michelle Huff) which will come before the Board in February for final approval.

We would also like to put together a team of 2-3 members of our Club to finalize the local Women in Technology scholarship that we have discussed offering for the several years. We need a team to finalize the requirements and then could use a point person to organize the seeking of applicants and issuance of the scholarship.

If you are interested in working on any of these awards or scholarships as the coordinator or as part of a team, please let Denise know at [parrishzonta@gmail.com](mailto:parrishzonta@gmail.com) or (307) 286-1463.

# Zonta of Cheyenne Foundation Donation



The Zonta of Cheyenne Foundation has sent a donation of \$1,000 to the Community Foundation of Boulder County to support the Boulder County Wildfire Fund. The fire burned nearly 1,000 houses and impacted some of our District 12 sister Zontians living in the area of the fire. While most funds from the Foundation go more directly to service and advocacy projects locally and around the world, the Board of the Zonta of Cheyenne Foundation determined that it was important to support our sister Zontians and their community in their time of need.

The Board saw this donation as analogous to the donation that it made to the Cheyenne Covid Relief Fund at the start of the pandemic.

The Zonta of Cheyenne Foundation also generously agreed to financially sponsor the *In Her Shoes* event the Club held in January. The Foundation and our Club continue to work hand-in-hand to better the world for women in our community and the world. The next significant joint event will be the CANCEL OUT Domestic Violence and Human Trafficking fundraiser on March 4, 2022.

## February Club (Zoom) Meeting

**February 10, 2022**

**@ Noon**

At our February meeting, our Guest Speaker will be Dr. Crespo, LCSD#1 Superintendent. She will be speaking about education and the school district, and asking about the long-range plans from the Club members as stakeholders of the community. Please plan to attend for this important discussion.

<https://us02web.zoom.us/j/88633648629?pwd=Q1B3L0pUODgvekxMRkQwN2diTmRVdz09>

Meeting ID: 886 3364 8629

Passcode: 429069

## Zonta District 12 Advocacy Sharing Session

**February 9, 2022**

**6:30 p.m.**

**Zoom Meeting**

<https://us02web.zoom.us/j/85237026150?pwd=U1NJTIZvb25lOXNHQWMM4WIZiRTgvUT09>

Meeting ID: 852 3702 6150

Passcode: 035098

If you are interested in hearing about other Zontians' Advocacy ideas and projects, or would like to share some of your own ideas, please join the District 12 Advocacy Sharing Session.

The session is open to all Zontians who are interested in learning more about how others are raising awareness about the need to improve the status of women and advocating for change.

# CANCEL OUT

DOMESTIC VIOLENCE & HUMAN TRAFFICKING



*Keynote*  
SPEAKER

HEATHER POUNDS

SURVIVOR OF HUMAN TRAFFICKING AND  
SURVIVOR SUPPORT COORDINATOR FOR LIGHTHOUSE FOR LIFE

*Shopping x Socializing x Grab* <sup>WINE</sup> *x Silent*  
AUCTION

THE METROPOLITAN DOWNTOWN

1701 CAREY AVENUE, CHEYENNE, WY

5:00 PM - DOORS  
6:00 PM - DINNER

FULL PLATED DINNER

PASTA PRIMAVERA,  
PAN SEARED SALMON,  
or STEAK FRITES

INDIVIDUAL TICKETS

\$75.00  
(SPONSORSHIPS AVAILABLE)

RSVP ONLINE AT

[HTTPS://WWW.CHEYENNEZONTA.ORG/UPCOMINGEVENTS/](https://www.cheyennezonta.org/upcomingevents/)

FUNDRAISER PRESENTED BY



ZONTA  
CLUB OF  
CHEYENNE

INTERNATIONAL  
FUNDRAISER FOR WOMEN  
AND CHILDREN

MARCH 4, 2022



# Treasurer's Report

Date: 12/31/2021						
Type	Date	Number	Name	Cleared	Amount	Balance
Beginning Balance						\$ 5,137.11
Cleared Transactions						
Checks and Payments						
Check	10/13/2021	4525	Uhaul - 15 months	12/06/21	\$ (1,534.20)	
Check	11/4/2021	4527	Denise Parrish	12/06/21	\$ (52.00)	
Check	11/23/2021	4528	JubJub	12/31/21	\$ (125.00)	
Total Checks and Payments						
					\$ (1,711.20)	
Deposits and Credits						
Total Deposits and Credits						
					\$ -	
Total Cleared Transactions					\$ (1,711.20)	\$ (1,711.20)
Cleared Balance						\$ 3,425.91
Register Balance						\$ 3,425.91
New Transactions						
Checks and Payments						
Check	4/5/2021	4503	Sage Barlow		\$ (200.00)	
Total Checks and Payments						
					\$ (200.00)	
Deposits and Credits						
Deposit			CCVC		\$ 25.00	
Total Deposits and Credits						
					\$ 25.00	\$ (175.00)
Total Deposits and Credits					\$ (175.00)	
Ending Balance						\$ 3,250.91

# Meeting Minutes Summary



**ZONTA**  
CLUB OF  
CHEYENNE  
MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

## MEETING AGENDA

- Call to Order and Establishment of a Quorum. A Quorum was established.
- Introduction of Meeting Guest- Deanna Brown came as a guest with Betty.
- Birthdays – Candice Cathcart, Ann Erdmann
- Fundraising Update – CANCEL OUT Domestic Violence & Human Trafficking

Evening of March 4<sup>th</sup> at The Metropolitan

Plated Dinner – Speaker – Wine Raffle – Silent Auction – Raffle Tickets

Sponsor forms were handed out to the members. Individual tickets will go on sale after January 15. Members were asked to donate wine or a silent auction item. Denise handed out the raffle tickets for members to sell.

- Follow-up *In Her Shoes*

There was some good participation from Zonta members and also the community members including the Mayor. The Advocacy Committee will schedule some more of these events in the future.

- Amelia Earhart Remembrance and Recognition – Kristie Wilson and Michelle Huff

Speaker: Rita Lemley, In-Flight Training Instructor for Frontier Airlines

- Upcoming Meetings / Events

- January 19, 11 a.m. – Fundraising Committee Meeting -- REMAX Offices
- February 3, 5:30 p.m. – ALIGN Offices – In-person and Zoom options
- February 7, 5:30 p.m. – Membership Committee Meeting – Zoom
- February 10, Noon – Zonta of Cheyenne Club Meeting – Zoom
- March 4, Evening – CANCEL OUT Domestic Violence & Human Trafficking – The MET
- March 24<sup>th</sup> – Get Together for Potential New Members – Applebee's

- Meeting was adjourned at 7:16pm. Respectfully submitted by Belinda Sawyer, Secretary

## Items Needed for Hope Bags

- ♦ Boys and Girl's Clothing (no underwear)
- ♦ Zip up Sleepers for babies and toddlers
- ♦ Women's solid color leggings (S, M, L, XL)

# **2022 Rally for Women:**

## **Ending Domestic Violence and Abuse**



This Photo by Unknown Author is

**MARCH 5TH**

**11:00-NOON**

**SUPREME COURT BUILDING STEPS**

Speakers, agency representatives, and supporters will share current issues, COVID effects, preventative information and ways we can help victims, survivors and families take back their lives!

**Joining together,**

**we can BREAK the CHAINS**



Sponsored by Grace Social Action Team, and  
Zonta Club of Cheyenne

**\*\*In case of in climate weather, we'll meet in the  
WILLOW ROOM, 1<sup>st</sup> floor Laramie Co. Library 2200  
Pioneer Ave.**



## 2022 Club Officers And Board

**President:** Denise Parrish

[parrishzonta@gmail.com](mailto:parrishzonta@gmail.com)

**Vice President:** Michelle Aldrich

[Michelle.aldrich@wyo.gov](mailto:Michelle.aldrich@wyo.gov)

**Secretary:** Belinda Sawyer

[belindawyohomes@gmail.com](mailto:belindawyohomes@gmail.com)

**Treasurer:** Kathy Cathcart

[kcathcart@TheAlignTeam.org](mailto:kcathcart@TheAlignTeam.org)

### Board Directors:

Ilaine Brown

Betty Abernethy

Rebecca Reid

Kristy Williams

Dasa Robertson

### Nominating Committee

Dasa Roberston

Ann Erdmann

Mary Walker

### Committee Chairs

Advocacy: Denise Parrish

Communication:

Finance: Kathy Cathcart

Membership: Betty Abernethy

Service:

Zonta International Foundation for Women

Ambassador: Mary Walker

Club Historian: Linda Bogart



*Rebecca Reid* 2/1

*Nancy Freudenthal* 2/5

*Christina Blooding* 2/6

*Kathleen Starr* 2/9

*Amy Hernandez* 2/19

## Zonta Foundation :

Kristie Wilson (Ch)

Linda Bogart (V Ch)

Denise Parrish (Sec)

Melissa Martin (Tres)

Ann Erdmann (Member at Large)

## Upcoming Events:

- **February 3, 5:30 p.m.** – Board Meeting @ ALIGN Offices – In-person and on Zoom
- **February 7, 5:30 p.m.** – Membership Committee Meeting – Zoom
- **February 10, Noon** – Zonta of Cheyenne Club Meeting – Zoom
- **March 4, Evening** – CANCEL OUT Domestic Violence & Human Trafficking – The MET
- **March 24th** – Get Together for Potential New Members – Applebee's