



ZONTA

CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

November 2022

Zephyr

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Message from the President

November has arrived and with it our 16 Days of Activism, Silent Witness March and Proclamation Signing! November definitely rivals July for activity in our Cheyenne Zonta Club.

I know that November traditionally kicks off the holiday season as well.

There are many things in November to keep our members busy. Join us for our club meeting and no-host dinner at Applebee's (in the backroom), on Thursday November 10th at 6 p.m. Denise Parrish, Area 12 Advocacy Chairwoman, will share with us a presentation on Zonta Advocacy around the world and in our own Area 12.

You will have the opportunity to join us for

proclamation signings by Governor Gordon and Mayor, Patrick Collins. There will also be an opportunity to help fill HOPE bags and our annual Silent Witness March on November 19th.



I know life is busy as we begin thinking about Thanksgiving travels, turkeys, and holiday decorations. Unfortunately, for many families the holidays bring on added stress and opportunities for feeding addictions and family violence.

While we remember all of the things we are thankful for let us take a few minutes whether at a proclamation signing or at the Silent Witness March to remember those who weren't so fortunate and whose families will have an empty place at their Thanksgiving table.



Advocacy in Action

By: Denise Parrish

A few weeks ago, I was on one of the first truly relaxing vacations I had in a long time. No business. No family. A few meals with friends. Lots of drive time through beautiful country. It was day eleven of a fourteen-day driving trip and we were spending the night in Reno. After a delicious Italian dinner, my husband went to the room to rest while I went out to spend a little entertainment money at the casino. I settled into a bank of video poker machines and spent a few hours winning a little, and losing a little more. Finally, I could no longer wait and headed to the Ladies' Room.

Standing at the sink, there was a young woman standing next to me who appeared to be in distress. After a moment or two, she asked if she could talk to me. She began to share her heartbreak. She was having an internal struggle – she wanted to telephone her boyfriend but knew that she shouldn't. Why not? Well, you see, her boyfriend was also her abuser.

A police report had been filed. She has a prosecutor for her case who begged her to agree to testimony at the upcoming hearing. She has a restraining order. She has a daugh-

ter. She knew what he did was wrong but was worried about what jail time would do to him. She struggled because she loved him. She had dated others, but her heart wasn't in to them. She loved her abuser.

Because of what I had learned through Zonta, I was able to talk to her and talk her out of calling him – if only for one night. I reminded her (since she knew all these things) that without consequence there could be no change - that if she didn't testify, there would be no reason for him to change. That he would do it again to her or someone else. That she deserved better and should not blame herself.

After about 20 minutes, we exchanged first names and cell phone numbers. I encouraged her to call me at any time. She put me into her phone as Mama Denise. Her name was Ale. I have texted her a couple of times since then to ask how she is. No answer. I will never know what happened in the long run. Based on the statistics, she will go back to him at some point. But, for one night, I talked her off the ledge based on what I learned from my time in Zonta: One person, one day at a time. That is how we change the world.

In Her Shoes - A Success Story

We had a successful *In Her Shoes* event in October. At the Tuesday evening session, we had 14 attendees, including several Zontians, a handful of candidates for elected office, the Chief Operating Officer for the hospital, and several friends of Zonta. At the Wednesday noon session, we had 24 attendees, including several Zontians (including 2 from Fort Collins), the entire staff of the Coroner's office, several candidates for elected office, the current Cheyenne police chief, and some others. Attendees were engaged in the discussions and many insights were offered about how difficult decisions that must be made by victims of domestic violence can be. Without a doubt, we raised some awareness about domestic violence matters with attendees. We send a sincere thank you to Zontian Carla Thurin who moderated both of these sessions, as well as everyone who helped set up and tear down the event. Now, our challenge is to figure out our next steps. Where do we go from here?

Announcements

Cancel Out

Domestic Violence and Human Trafficking

Date: March 3, 2023

Time: Doors open at 5pm

Place: Cheyenne Frontier Days Event Center

We need the members' help with silent auction themed baskets. Here are some ideas:

Girls night in

Sports

Movie night

Family/game night

Food for thought (baking, grilling, pizza etc)

Baskets need to be at least a \$100 value. If you would like to team up with your favorite business or friend, even better! Please let the committee know if you will be donating a basket and what theme.

Wine Grab:

If you have wine to donate we are collecting wine now and are hoping to have 150+ bottles this year. You can drop off wine bottles at RE/MAX Capitol Properties located at 4000 Central Ave.

We will need all hands on deck to make this our best fundraiser yet! More details to come...

Thank you,
Pam

Amazon Smile Donations—Zonta Foundation for Women

This shopping season, consider adding Amazon Smile to your Amazon Prime account. Here's how:

To use AmazonSmile: Go to smile.amazon.com on your web browser or activate AmazonSmile in the Amazon Shopping app on your iOS or Android phone within the Settings or Programs & Features menu. You will be prompted to select a charitable organization to receive donations from your future eligible AmazonSmile purchases. Every eligible purchase you make through AmazonSmile will result in a donation for your selected charity. AmazonSmile will occasionally contact you about donation amounts disbursed to your chosen charity or about the program.

How to generate AmazonSmile donations: The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible smile.amazon.com purchases. Tens of millions of products are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages at smile.amazon.com or with AmazonSmile ON in the Amazon Shopping app. Recurring Subscribe & Save purchases and subscription renewals are not currently eligible to generate donations. Only purchases made at smile.amazon.com, (not www.amazon.com) or with AmazonSmile turned ON in the Amazon Shopping app on your mobile phone will generate AmazonSmile donations.

“What were you wearing?”

SEXUAL ASSAULT SURVIVOR EXHIBIT

**Zonta Club of Cheyenne presents this exhibit
as a tangible response to one of our culture's
most pervasive sexual assault myths.**

This exhibit is a prelude to *16 Days of Activism* – an international campaign to end violence against women and girls. Please plan to also view our silent witness exhibit at the Laramie County Library, starting Nov 19th, as part of the *16 Days* campaign.



“What Were You Wearing?”

November 7-11

Laramie County Community College Campus
College Community Center Building
Student Lounge (CCC 111)

**Outfits in the exhibit inspired by
survivors' stories**

Announcements, Thank yous and Kudos!

Cheyenne Zonta Club History

This is the time of year Zonta will donate the latest yearbook of artifacts to the Wyoming State Archives. We keep the most recent 10 years in our storage unit.

If you have items that would highlight what we do like: photos, correspondence, programs, newspaper articles, event reports, award certificates, scholarship awards, international or District photos and activities please consider donating them to our archives. It does not matter what year, but items need to be dated. Bring them to a meeting or contact Linda Bogart or Jody Gostas.

Proclamation Signing:

The in-person Governor's Proclamation signing will be held in the Capitol Building on **Wednesday, November 2, 2022** in the Governor's Ceremonial Conference Room. **Please arrive at 3:00 p.m.**

From the Governor's Office: We ask that your group wait in the foyer outside the Ceremonial Conference Room. Once you and everyone in your group have arrived, our staff will usher in your group for the signing when the Governor is ready. There will be an opportunity for folks to comment on the proclamation and to take a group photo with the Governor. Please let me know how many people are expected to attend.

Mayor's Proclamation Signing:
Wednesday, November 14th at 2 p.m. in the Mayor's Conference Room on the 3rd floor of City Hall.

Just a Note... *"I was asked to speak at the United Methodist Women's District Conference breakout session on Domestic Violence/ Human Trafficking, Oct. 7th. Twenty women listened to my power point on the statistics, stories of victims, survivors, and what we can do to raise levels of awareness and education about these important Zonta supported issues. We stretched a 45 minute presentation into an hour and a half, because of attendees' questions and personal stories. They were not all familiar with Zonta and wanted to learn more. i.e. So anytime we take the opportunity and pass on or pass out information from Zonta, likely there will be a needed connection made. (Three people asked for contact information- two were from Colorado)."*
- Kathy Orr

We would like to thank Zonta for sponsoring the Silent Witness Luncheon on October 7th. We fed 125 people at the luncheon and over 250 people attended the ceremony. Thank you for all you do to bring awareness and prevention efforts regarding domestic violence to Laramie County.

Carla Thurin
Safehouse Services



Treasurer's Report

Date: 10/31/2022						
Type	Date	Number	Name	Cleared	Amount	Balance
Beginning Balance						\$ 1,934.13
Cleared Transactions						
Checks and Payments						
Check	9/7/2022	4551	Jub Jub	10/03/22	\$ 220.00	
Check	9/22/2022	4552	Jub Jub	10/03/22	\$ 35.00	
Total Checks and Payments					\$ 255.00	
Deposits and Credits						
Total Deposits and Credits					\$ -	
Total Cleared Transactions					\$ 255.00	\$ 255.00
Cleared Balance						
Register Balance						\$ 1,934.13
New Transactions						
Checks and Payments						
Check	4/5/2021	4503	Sage Barlow		\$ (200.00)	
Total Checks and Payments					\$ (200.00)	
Deposits and Credits						
Total Deposits and Credits					\$ -	
Total Deposits and Credits					\$ (200.00)	\$ (200.00)
Ending Balance						
Ending Balance						\$ 1,734.13

2022 Club Officers And Board

President: Michelle Aldrich

Michelle.aldrich@wyo.gov

Vice President: Belinda Sawyer

belindawyohomes@gmail.com

Secretary: Kathy Scigliano

Kathyswyohomes@yahoo.com

Treasurer: Dasa Robertson

Dasagwen@yahoo.com

Board Directors:

Betty Abernethy

Kathy Orr

Mary Walker

Rebecca Reid

Ilaine Brown

Nominating Committee

Ann Erdmann

Kathy Starr

Melissa Martin

Committee Chairs

Advocacy: Denise Parrish

Communication:

Finance: Kathy Cathcart

Membership: Betty Abernethy

Service:

Zonta International Foundation for Women

Ambassador: Mary Walker

Club Historian: Linda Bogart



Carla Thurin 11/11

Audra Gagnon 11/30

Zonta Foundation :

Kristie Wilson, President

Linda Bogart, Vice President

Melissa Martin, Treasurer

Denise Parrish, Secretary

Ann Erdmann, Director

Upcoming Events:

November 2, 3pm - Governor's Proclamation
Signing @ Capitol Building

November 10, 6pm - Zonta Member Meeting @
Applebee's

November 14, 2pm - Mayor's Proclamation
Signing @ City Hall

November 7-11 - What Were You Wearing in-
stallation on display @ LCCC Student Lounge

November 19, 10am - Silent Witness March