
ZONTA

 CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN

THROUGH SERVICE & ADVOCACY

September 2023

Zephyr

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Message from the President

What a beautiful summer we have had when it finally arrived in August! Summer was busy for us as Zontians and as I look at the calendar for September it doesn't seem to slow down. I always love the beginning of a new school year because it represents new hopes, a fresh start and the return of pumpkin spice!



In September we will enjoy an in-person evening meeting together on Thursday, September 14th! We would like to have a white elephant silent auction that evening to raise money that will help to cover expenses for those who would like to attend the 66th Annual District 12 meeting in Ft. Collins, CO, September 15-17. I hope that if you have never attended a District 12 meeting that you will plan to attend with me. It is a

great way to see Zonta and all that is being done in our District level and higher.

Please also consider this as part of your required notification that we will be voting on our new proposed by-laws that are attached. We need to hear your thoughts and hope you will be able to lend your voice to this process.

Tom Lacock, of the WY AARP will visit with us about recent changes by the WY legislature to help protect our older community members and also discuss upcoming workshops that WY AARP will be offering which also address financial abuse and fraud of some of our most vulnerable citizens.

I look forward to seeing all of you in September at our monthly meeting or at one of our many activities!



Food Drive Fun

2023 FOOD DRIVE – THANKS TO ALL WHO HELPED!

On August 26th, the Second Annual Joint Service Club Food Drive was held throughout the Cheyenne community. Several Zontians participated in the food collection along with volunteers from Lions, Kiwanis, Rotary, and Rotaract. Additional members from the community also helped out, including people from the business community and youth from the Wyoming Congressional Award.



The organizing committee is estimating that at least 2 tons of food was collected!



Announcements

Membership/Communications Joint Meeting

Tues, Sept 5 @ 5:30, Paris West front bar

We will be looking for ideas to promote new membership, how to involve current members and make sure we have a plan to retain those we do have. Communications will be looking at social media, ideas for assisting with promotion of cancel out and attracting ideas for ticket sales, auction items, newspaper, television and any other ideas you have in getting out name out there.

ADVOCACY COMMITTEE MEETING

September 18, 2023 5:30 p.m.

2829 Deming Blvd.

All are welcome to attend the Advocacy Committee meeting. We will be discussing upcoming scheduled and potential activities including 16 Days of Activism Against Gender-Based Violence, the 2024 Art Contest, the Red Sand Project, and more. New ideas welcomed. New committee members welcomed.



ZUNCO NIGHT!!!

Please join us on

**Thursday, September 28
Paris West @ 5:30 pm**

\$15 fee/person

(\$5 to appetizers, \$5 to prizes, \$5 to a charity)
Feel free to bring a prospective member with you!

**Questions? Email Betty Abernethy at
bettyabernethy@gmail.com**



Official Results

Zonta Club of Cheyenne received a total of \$1,580 from our participation in WYOGIVES 2023.

This came from:

- \$980 in individual donations
- \$500 in matching funds, Hughes Foundation
- \$100 in matching funds, Blue Cross Blue Shield.



Hope Bag Assembly Day **Date change** October 21, 2023 ● 8:30-Noon

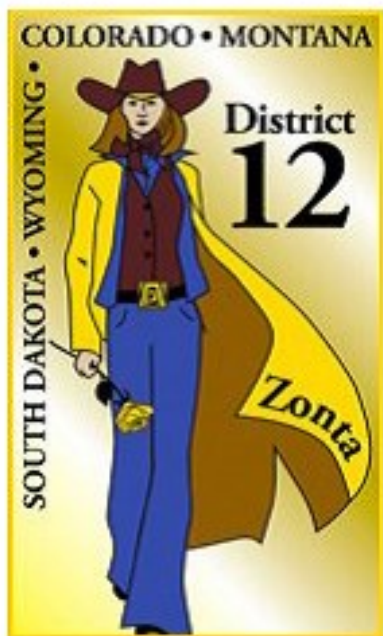
We will be putting together Hope Bags for CRMC Forensic Nurses to give to Domestic Victims.
Save this new date!

8:30-9:30 - Move the Hope Bags inventory from the U-Haul Storage Unit to Grace United Methodist Church. Those who can help meet at 6100 Countryside Ave off Hwy 30 at 8:30.

9:30 to noon - Assemble and inventory Hope Bag items. Meet at Grace United Methodist Church, 2950 Spruce Drive in Grace Hall.

Please bring your own drink and a snack to share.

We will have help from the girls from the Eclipse Volleyball Team.



Meet the Dedicated Zontians Running to Serve District 12 During the 2024 - 2026 Biennium.

Are your club delegates ready to vote at the District 12 Conference in September? Click [here](#) to view the bios of all the candidates.

Use this link to register for the District 12 Conference:

<https://events.humanitix.com/zonta-66th-district-12-conference-ascending-new-heights>

See you in September!

WORLD DAY AGAINST TRAFFICKING IN HUMANS

30 JULY 2023

2023 THEME

REACH EVERY VICTIM OF
TRAFFICKING, LEAVE NO ONE BEHIND.

Leaving people behind means:

- Failing to end the exploitation of trafficking victims.
- Failing to support victim-survivors once they are free from their traffickers.
- Leaving identifiable groups vulnerable to traffickers.

#EndHumanTrafficking | #SDG5 #SDG8
#ZontaSaysNO



30 July marked the World Day Against Trafficking in Humans.

Learn more about this violation of human rights by reading our [statement](#), viewing our [infographic](#) and sharing our [news release](#).

Did you know that Zonta has many press release templates that your club can use for international days?

Check them out on the [PR Tools page](#).

Start your adventure today at the 2024 Brisbane Convention.

Check out the [convention website](#) to see some more updates for 2024. See official [registration rates](#), meet keynote speaker, [Lisa Blair](#) and explore even more [options for accommodations](#) that you can book right now.



Celebrating 85 years of Amelia Earhart's pioneering ways.

We are continuing our celebration of Amelia and other trailblazing women and girls.

[Your donation to the Amelia Earhart Fellowship Fund](#) will help more women and girls become pioneers in their own right and create a positive impact in the world!



ZONTA
FOUNDATION
FOR WOMEN

Your Support

Amelia Earhart

85 Years



EXPANDING HORIZONS FOR WOMEN
IN AEROSPACE ENGINEERING AND SPACE SCIENCES

TOGETHER, WE WILL SOAR TO NEW HEIGHTS



Office on
Women's Health

HHS Launches Innovation Challenge to Prevent Human Trafficking Among Women and Girls



OASH

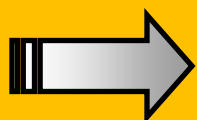
Office on
Women's Health

HHS Innovation Challenge to Prevent Human Trafficking Among Women and Girls

The U.S. Department of Health and Human Services (HHS), through the Office of the Assistant Secretary for Health (OASH) Office on Women's Health (OWH), will award up to \$1.8 million to organizations with successful innovative and life-changing approaches to address human trafficking prevention among women and girls in the United States.

OWH invites applications for this national competition that will award existing programs demonstrating effectiveness in *1) preventing human trafficking and/or improving health outcomes related to human trafficking among women and girls; 2) sustainable program practices; and 3) the ability of the program to be expanded and/or replicated.*

The competition has two phases with a total prize pool of up to \$1.8 million. The deadline for Phase 1 submissions is February 1, 2024.



In case you thought you missed it... Sound of Freedom docudrama about international human trafficking is still showing at Capitol City Cinemas.



Human Trafficking Task Force of Southern Colorado

16th Annual Human Trafficking Awareness Event **AT WHAT PRICE?**

Exploitation in our Supply Chains

"At What Price? Exploitation in our Supply Chains" is the theme of the 16th Annual Human Trafficking Task Force Symposium. As concerned citizens and consumers, it is important to be aware of the source of the goods we buy and foods we eat. Clothing, chocolate, electric car batteries - all of these often cost more than the price tags we see in stores. The symposium will look into the issues of child labor, slave labor, and human trafficking in our global supply chains. Mark your calendar now for this free event, to be held at Boot Barn Hall on Saturday, Oct 7th, 2023.

This event is free, with free parking, beverages, and snacks. This will be a great opportunity to learn, to network, and to support our exhibitors and vendors.

For More Information, go to:

<https://www.ht-colorado.org/symposium>

What's New With Blue

Make This School Year Safer with Resources from the Blue Campaign

#BackToSchool season is here, and students across the nation are returning to the classroom. Now is an important time to talk to the students in your life about #HumanTrafficking — a crime that poses unique dangers to young people. Making sure students understand the [warning signs of human trafficking](#) and how to protect themselves from the crime can prevent exploitation and save lives. That's why the U.S. Department of Homeland Security's (DHS) Blue Campaign created a variety of resources for young people, adults working with youth, and campus law enforcement professionals.



Whether you're a student or someone who interacts with students, the following resources can help keep young people safe during the #BackToSchool season:

- [Pocket-sized youth indicator card](#) highlighting signs of potential victims and potential traffickers.
- [Human trafficking response toolkits](#) for school resource officers, student leaders on college campuses, campus law enforcement, and youth.
- ["Mia's Story"](#): A four-part animated video series that depicts the experience of a young girl being trafficked from the perspective of different individuals in her life.
- [Protect Yourself webpage](#) highlighting what exploitation looks like and how it starts.
- [Youth poster series](#) highlighting the role social media can play in a trafficking situation. Available in both English and Spanish.
- [Youth professional and caretaker training lessons](#): A two-part online training highlighting what human trafficking is, why youth are vulnerable, and the role of professionals and caretakers in helping to prevent and report this crime.

Blue Campaign materials are available for free download on go.dhs.gov/Z8c.

Board Retreat Minutes

EVENT: Board retreat LOCATION: Bluepeak room DATE: August 25, 2023 TIME: 1:00pm

ATTENDANCE: Michelle Aldrich, Zonta Club President; Belinda Sawyer, Zonta Club Vice-President; Laura Gorny, Zonta Club Secretary; Dasa Robertson, Zonta Club Treasurer; Betty Abernethy, Zonta Club Director; Darcey Harris, Zonta Club Director; Kathy Orr, Zonta Club Director; Kristie Wilson, Zonta Foundation President; Denise Parrish, Zonta Foundation Secretary, Zonta Club Immediate Past President; Ann Erdman, Zonta Foundation Director

AGENDA ITEMS:

Meeting was called to order at 1:00pm by Michelle Aldrich.

Introductions.

Since there were some newer members attending, each attendee introduced herself to the group.

Foundation and Board Discussion.

Kristie Wilson began the discussion with an overview of the Foundation and the relationship between Zonta Foundation and Zonta Club. She noted the 501c3 tax exempt status belongs to the Foundation, while the Club received 501c4 status within the last few years. Zonta Foundation was formed approximately 10 years ago for fund raising purposes. Many donors want to be able to deduct their donations, which is allowable when donating to a 501c3 entity. Additionally, some grants require grantees to have 501c3 status. Zonta Foundation can give funds to entities other than Zonta Club, but it does give primarily to Zonta Club. The Foundation is funded primarily through sharing various Club fundraising activities. As of the end of July, the Foundation has just over \$40,000 in savings. While the Foundation and the Club are independent entities with neither having authority over the other, the Foundation requests whenever possible that the Club plan and communicate funding needs in advance to avoid management by crisis, particularly when arranging large events such as Cancel Out. There was additional discussion regarding how future fund-raising proceeds should be distributed (i.e., shared with Zonta International, Club, Foundation, etc.), and whether that information should be communicated to donors and others in advance of fund-raising activities.

Proposed By-Laws.

Proposed by-laws were reviewed. No changes were requested other than minor formatting corrections. Dasa Robertson made a motion that the corrected proposed by-laws be submitted to membership for review prior to the September meeting. Betty Abernethy seconded the motion, which was passed unanimously with no further discussion.

Strategic Planning.

Membership Committee:

This committee is in the process of re-forming after losing some members, and getting some new. Committee goals are to recruit, involve, and retain members.

The Cancel Out event increases interest from prospective members, as does inviting non-members to Zunco and other social events. The committee's intent is to host a Zunco event quarterly, following up with non-member attendees after.

There was additional discussion about ways to improve communication regarding what is available for new members to do, and what is expected. Some new members are overwhelmed because they aren't sure what they should be doing. Suggested means of communication included maintaining the calendar on the web site, and providing information in the Zephyr and at monthly meetings.

New member brochures may be updated with more complete information about committee activities.

Communications Committee:

Goals –

- Continue to maintain up to date information on the Club website.

- Provide more specific information in the subject line of emails (some recipients are uncertain which emails pertain directly to them).

- Maintain an up-to-date on-line calendar of events.

- Possibly assign someone to maintain a presence in social media such as Facebook and possibly What's Up.

Finance Committee:

The major fundraiser is Cancel Out, with the next event to be in March 2024. We also participated in WyoGives which provided approximately \$1,500 between direct donations and matching funds.

It was agreed we should continue to participate in WyoGives and also get on the list to participate in Thankful Thursday. It may take several years to work our way up the list to actually be eligible to participate, and we can opt out during that time should we decided to do so.

Scholarships and awards we currently pay out include Jane M. Klaussman Woman in Business Scholarship, Women in Aviation Scholarship, Young Women in Public Affairs Award, and Laramie County Community College Scholarship. There was discussion about possibly initiating a Science, Technology, Engineering, Mathematics (STEM) scholarship.

Additional budget discussion centered on expenses currently exceeding income, and how to solve that problem. Suggestions included looking at additional fund-raising opportunities as well as retaining a portion of Cancel Out proceeds to help cover Club expenses.

Advocacy and Service:

Current activities include

- 16 Days of Advocacy/Silent Witness March (November 20 during noon hour). We will once again try to get both the Governor and the Mayor to issue resolutions or proclamations.

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The Art Contest will be conducted with the show at the Civic Center on either February 5 or February 12, depending on availability. The theme will be Teen Dating Violence.

Distribution of posters and coasters will occur ahead of Cheyenne Frontier Days.

We will continue assembling and distributing Hope Bags.

Possible new activities

Viewing relevant films with discussion (at the library, if possible).

Book discussions (one book suggested is First Political Order).

A teen version of "In her shoes".

Information and/or events relating to men who batter and also men standing for women.

A Red Sand project (perhaps at either the Capitol or the

Depot).

2023-2024 Goals.

Need to increase fund raising.

Location of future dinner meetings.

Survey regarding in-person lunch hour meetings.

Calendar Updates.

The only change to the printed Calendar of Upcoming Events is the Membership Committee Meeting previously scheduled on September 4 will now be held on September 5, due to the Labor Day Holiday.

Any other business – None. Meeting ended at 4:05pm.

Submitted by Laura Gorny, Secretary.

Member Meeting Minutes

AUGUST MEMBERSHIP MEETING

LOCATION: Zoom. ● DATE: August 10, 2023
TIME: 12:00pm

AGENDA ITEMS:

Meeting was called to order at 12:00pm by Dr. Michelle Aldrich. Minutes of the last meeting: Last meeting was the picnic, so there are no minutes to review. Treasurer's report: A copy of the Treasurer's report was attached to the agenda for this meeting. There were no questions or discussion.

STANDING COMMITTEE REPORTS

Advocacy

Michelle Aldrich reported in Denise Parrish's absence. There will be a planning meeting at 5:30pm on August 21 at Denise's house, 2829 Deming Blvd. Some of the items to be discussed:

- Red Sand Project – This is a program being used in Billings, MT, in which red sand is used to fill sidewalk cracks, as in 'drawing the line' against domestic violence and human trafficking. We are considering doing this possibly in the Capitol and/or Depot Plaza areas.
- Movies with discussion, perhaps once a month at the library.
- 16 Days of Activism.
- Elaine and Denise will co-chair next year's art contest.
- Denise has been asked to speak about human trafficking at St. Paul's Lutheran Church.
- Kathy Orr has been asked to speak to the Lions Club about human trafficking.

Cancel Out

Per Amy Hernandez, there will be a planning meeting at Ike's Restaurant at 11:30am on August 29.

Communications

Michelle Aldrich reported in Belinda Sawyer's absence. Communications and Membership committees recently held a combined meeting. The web site is being updated Tracy needs background and information for the newsletter.

Membership

Michelle Aldrich reported in Betty Abnerneithy's absence. Membership and Communications committees recently held a combined meeting.

Planning is on-going for fall activities. Upcoming events include:

- September 4 – Membership meeting. May be rescheduled because it coincides with Labor Day.

- September 9 – new member orientation.
- September 28 – Zunco fun night at Paris West. Cost is \$15. There will be prizes and food. Info will be added to the web site.

OLD BUSINESS

Cheyenne Frontier Day Activities – Six people helped distribute posters at Frontier Park, and a number of others distributed posters and coasters to more than 70 facilities in Cheyenne and neighboring areas. The list of businesses to be contacted will be updated before next year. Several people have reported they had seen posters that were still in place from last year. An information table was provided by representatives of the VA during the Tuesday and Thursday parades, with Zonta participants during the two Saturday parades. We may not do parade tables next year due to difficulty in getting volunteers to sit at the tables, and lack of interest from parade attendees.

Club Picnic – Having the picnic during lunch time seemed to work well, with 25-30 people participating (mostly members, but a few family and friends). Two awards were given out:

- Sophi Micheli received the Women in Aviation Scholarship.
- Caydence Eicholtz received the Young Women in Public Affairs award.

WyoGives – We were able to raise \$980 from 14 donors. Approximately \$500 in additional matching donations may be coming. A \$250 registration fee was paid by the Foundation to allow us to participate. Our \$980 in donations ranked us at 271 out of 326 participating non-profits. There was discussion about following up with people who donated regarding possible interest in becoming members.

Other Old Business: None.

NEW BUSINESS

By-Laws

We are in the process of updating the by-laws to reflect changes at the international level, as well as to better match our by-laws to our current local standard operating procedures. The Board is currently reviewing the proposed revisions. A draft will be sent to membership for review prior to the next membership meeting. Committee descriptions will be attached to the draft by-laws.

Food Drive

9am – 5pm on August 26 at King Soopers, Albertson's, and Safeway. Volunteers are needed in two hour shifts at each location. Sign up information will be in the Zephyr.



The Zonta USA Climate Pledge

Zonta Member Action - with my club, district and Zonta USA Caucus,

- **I will:** increase my awareness of climate change and on its gender-related consequences and help raise awareness locally.
- **I will:** support including gendered climate change advocacy actions in my clubs advocacy plans.
- **I will:** support the inclusion of women at the national and local tables of decision-makers on environmental sustainability.
- **I will:** support promote girls' education and the inclusion of climate literacy in schools, as well as promote girls' science, technology, engineering and mathematics (STEM) studies to increase gendered scientific and technical contributions to climate change mitigation.
- **I will:** advocate for national policies that take into account women's economic opportunities and ensures their full and equal participation in the economy.

You can learn more and take the Pledge at : [Zonta Says NOW Resources](#)

Membership Meeting Minutes continued from Page 9

Jane M. Klaussman Women in Business Scholarship. This year we had one applicant who did not meet residency requirements to be eligible in Cheyenne. The application was passed on to Laramie and to the District for further action. We are considering increasing this scholarship to \$1,500. It is currently \$1,000. We should be voting on this at the September membership meeting.

Other New Business

There was some discussion about STEM scholarship participation. Barbara World is willing to investigate and chair this activity, should the club choose to participate. Laura Bogart has received feedback that participation in the Hope Bag assembly day currently scheduled for September 30 may be reduced because it conflicts with a UW home game. She re-

quested Michelle send a survey to find out how many would be affected if the schedule remains as is. There was discussion about the possibility of distributing coasters and posters, particularly coasters, year-round instead of just during Cheyenne Frontier Days.

We will have a white elephant sale/silent auction at the September membership meeting to raise funds to cover operating expenses and/or to help cover costs of members going to regional meetings or other non-local Zonta activities.

Meeting ended at 12:47pm.

Submitted by Laura Gorny, Secretary.

2023 Club Officers And Board

President: Michelle Aldrich

Michelle.aldrich@wyo.gov

Vice President: Belinda Sawyer

belindawyohomes@gmail.com

Secretary: Laura Gorny

lgorny@bresnan.net

Treasurer: Dasa Robertson

Dasagwen@yahoo.com

Board Directors:

Betty Abernethy

Kathy Orr

Rebecca Reid

Pam Pafford

Darcey Harris

Nominating Committee

Ann Erdmann

Kathy Starr

Melissa Martin

Committee Chairs

Advocacy: Denise Parrish

Communication:

Finance: Kathy Cathcart

Membership: Betty Abernethy

Service:

Zonta International Foundation for Women

Ambassador: Mary Walker

Club Historian: Linda Bogart



Janet Marschner

9/12

Zonta Foundation :

Kristie Wilson, President

Linda Bogart, Vice President

Melissa Martin, Treasurer

Denise Parrish, Secretary

Ann Erdmann, Director

Upcoming Meetings & Events:

Membership/Communication Committee

Sept 5 @ 5:30pm

Paris West

Zonta Board Meeting

Sept 7 @ noon

Zoom

New Member Orientation

Sept 9 @ 9:30am

Paris West

Zonta No-Host Dinner Meeting

Sept 14th @ 6:00 pm

Location TBA

Zonta District 12 Meeting

Sept 15-17

Fort Collins, CO

Advocacy Meeting

Sept 18th @ 5:30pm

Denise Parish's home

Zunco Night

Sept 28th @ 5:30pm

Paris West