



ZONTA

CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Zephyr

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Message from the President

Happy Spring!

I am always energized by daylight savings time and the first sighting of robins in our neighborhood. The robins returned to our neighborhood this week and my tulips are up and have no idea that winter weather could still occur through Mother's Day.

A huge thank you to all of our members who made our annual Cancel Out event so successful! The Cancel Out committee worked really hard to make sure the event was amazing. The speakers were engaging and reminded me why we are involved in the important work of Zonta. The auction items were numerous, fun, and high quality. The bottle grab, raffle, live auction and gathering of leads for new members all added to the evening. Denise assures me that this

event raised the most money ever! It would not have been possible without YOU---our members!

As we gear up for our Annual Art Show, the LCCC display of "What Was She Wearing", and the other advocacy projects I hope you will volunteer to help where you can, attend, and consider serving on the Advocacy committee.



A shout out to Caroline D'Ambro and her committee that fielded the YWPA applications---more than I remember having been submitted in recent years! We look forward to honoring the winner at our monthly May meeting.

As you can see our club is engaged, healthy, and vibrant! Members like each of you keep our club strong and attract new members! Enjoy the April Showers!

ZONTA
100
YEARS

Cancel Out 2024!

The morning of March 8, we woke to wet snow, slush, and much excitement! This was the day, Zonta Club of Cheyenne's 3rd Annual Cancel Out fundraising event was happening, and spring snow wouldn't stop us!

This year's focus was Human Trafficking, and our guest speakers Terri Markham and Charlie Falkis of UPRISING gave us information on what human trafficking looks like in Wyoming as well as how they got started in the program and first hand accounts on surviving familial human trafficking.

Each year our event has grown and this year was no different with 285 tickets sold and over \$40,000.00 raised. UPRISING was our club's choice to receive a portion of our proceeds and together our plan is to provide a free and open to the public informational event on trafficking

in Wyoming and how we can help stop this plague across our great state.

All of this wouldn't be possible without our amazing event sponsors that have also continued to grow each year and all the wonderful auction donations from our great community and club members. We are beyond proud and grateful for all the support from our club and our community.

We would like to thank Denise, Betty, Tracy, Caroline, Kathy Cathcart and Becki for your help this year. You ladies are amazing.

Sincerely,

Pam and Belinda



Special thank you to our Event Sponsors for their continued support!

**Good Wax • Wyoming Medical Aesthetics • Harris Family • Living Well Family Chiropractic
Enroll Wyoming • Cheyenne Frontier Days • First Education Federal Credit Union
RE/MAX Capitol Properties • Tyrrell Chevrolet Company**

More from Cancel Out



Womens Resource Fair

The 2024 Women's Resource Fair was held March 1st at LCCC to help celebrate Women's Day week. Over 30 agencies gathered at the Clay Pathfinder Building to provide information about the services and support they offer to women, children, families and the community. Zonta of Cheyenne and React were

represented by our members, Anne Erdman, Jody Gostas, Dasa Robertson, Donna Angel and Denise Parrish. Victoria Ingerle manned her agency's Safe Child table. Linda Bogart and Kathy Orr provided support for the agencies





**Thank
You!**

I want to thank all our wonderful Zontians that donated gift cards, wine, and other forms of alcohol for the Bottle Grab

at Cancel Out. You all made it happen, we had \$595.00 worth of gift cards and at auction they brought \$750.00. We also brought in over \$2900 with the Bottle Grab. Without the support of our members it wouldn't have been possible.

Thanks, Betty

Have a friend who is on the fence
about joining Zonta?
Take advantage of half-year dues!

Promote the benefits of a Zonta membership with your loved ones and colleagues. Encourage them to join as a club or supporting member and take advantage of half-year membership dues, available until 30 April.

If you have any questions,
email memberrecords@zonta.org.

HAVE YOU SIGNED UP FOR FAST ACTION FRIDAYS YET?

Text the word "Zonta" to 50457.

You will receive a message with a link to then register to receive periodic information from Zonta about proposed federal issues. Upon receipt of each notice, you will have the opportunity (your choice – not mandated) to let your congressional representatives know your thoughts about the issue at hand.

HUD releases first-of-its-kind report to Congress on the Housing Needs of Survivors of Human Trafficking

Read the article here:

[HUD Releases First-of-its-Kind Report to Congress on the Housing Needs of Survivors of Human Trafficking | HUD.gov / U.S. Department of Housing and Urban Development \(HUD\)](#)

APRIL IS SEXUAL ASSAULT AWARENESS MONTH.

How will Zonta Club of Cheyenne raise awareness?

What Were You Wearing Exhibit.

Art Contest and Reception

Participation in Denim Day

*Look for details on these events
in this Zephyr!*

SERVICE AND ADVOCACY AT WORK

April

Sexual Assault Awareness Month

1st Week of April

What Were You Wearing? Exhibit at Laramie County Community College

April 1s

Last Day for Art to be submitted to Re/Max or Zonta Art Contest

April 8th

Zonta Club of Cheyenne Advocacy Committee Meeting

April 15th

Zonta Art Contest Reception 5:30 to 7:00 p.m. at Cheyenne Civic Center Lobby

May 13th

Zonta Club of Cheyenne Advocacy Committee Meeting

May/June

Red Sand Project and Social Media Event

This Summer and Beyond

More to Come...

Prospective New Member Reception



The Prospective New Member Reception will be held on Wednesday, April 10 at 5:00 pm at the Cheyenne Country Club located at 800 Stinner Rd.

This reception is for prospective members, committee chairs, and any members who have prospects to bring.

Questions: Contact Betty Abernethy
(bettyabernethy@gmail.com)

Announcements

ZONTA CLUB OF CHEYENNE ADVOCACY AND SERVICE COMMITTEE MEETING

April 8th 5:30 to 7:00

"The Garage" room at The Office Bar and Grille

ALL ARE INVITED TO ATTEND

Join us in a beverage or a bite to eat. Join the conversation. Bring new ideas. Join us.

Help us with our Zonta mission of making the world a better place for women and girls.

Membership/Communications Committee Meeting

Thursday, APRIL 25 at 5:15 pm

Location: Paris West Front Bar

Everyone welcome!

"What were you wearing?"

SEXUAL ASSAULT SURVIVOR EXHIBIT

Zonta Club of Cheyenne presents this exhibit as a tangible response to one of our culture's most pervasive sexual assault myths.

This exhibit recognizes April as Sexual Assault Awareness Month. It is part of a campaign to invite conversation about ending sexual violence in our community. Please also plan to view the entries to our Art Against Abuse contest in the Cheyenne Civic Center lobby April 5-19.

"What Were You Wearing?"

April 1 - 8

Laramie County Community College Campus
College Community Center Building
Student Lounge (CCC 111)

Outfits in the exhibit inspired by
survivors' stories



ZONTA OF CHEYENNE FOUNDATION ZOOM MEETING

The next meeting of our Zonta of Cheyenne Foundation will be held by Zoom on April 24th starting at 12:30 p.m.

Board Members, please mark your calendars. Others are welcome to attend, if interested.

[https://us02web.zoom.us/j/89228280993?
pwd=aWMyWFJhZy9NdStNZGxMdG52aGVGQT
09](https://us02web.zoom.us/j/89228280993?pwd=aWMyWFJhZy9NdStNZGxMdG52aGVGQT09)

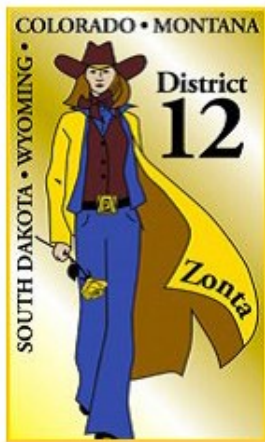
GRIT CONFERENCE!!!

Greater Rockies Immersive Training (GRIT) Conference
in Laramie, Wyoming, from May 6th to 8th, 2024.

The GRIT Conference is where professionals come together to tackle exploitation-based crimes in the Rocky Mountain region, combining research, trends, and field expertise with immersive training.

Open to all community members involved in combating trafficking, from healthcare workers to law enforcement and more, the GRIT Conference offers invaluable insights and networking opportunities.

Registration is filling up fast, so [secure your spot now](#). Discounted room rates are available at the [Hilton Garden Inn](#) and [Holiday Inn](#). Join us in creating lasting change. Register today at www.gritwyo.org!



JOIN OTHER ZONTIANS AT THESE VIRTUAL EVENTS

Dear District 12 Zontians,

Join us for a lively chat that will change your thinking on what having a thriving economy means for the future! This, the latest in our Online Bookclub series, brings together the concerns of the Zonta Says NOW movement and of all of us rethinking our priorities, from our own households and local community, to national and international policy. All are welcome to attend, and we encourage you to read the book, as well! Our chat is cosponsored by the AEGE (Action for Environment and Gender Equality) Committee of Zonta District 12 and the Women's STEM Careers Committee of Southern Colorado.

#zontasaysNOW to Gender-Equal Climate Action

Sunday, April 7 at 7:00 pm MDT on Zoom!

Get your tickets at: <https://tinyurl.com/Doughnut-and-Zonta>

[Doughnut Economics Online Discussion - Zonta Says NOW | Humanitix](#)

Doughnut Economics online book discussion: April 7 - 7:00 pm MDT

Everyone, please invite a friend! And help us spread the word by forwarding this and/or sharing the invitation on Facebook, as well!

Also, we're looking for at least one representative from each D12 Zonta Club on our AEGE (Action for the Environment & Gender Equality) Committee - We usually meet via Zoom one Wednesday evening per month. Please let us know if you're interested by contacting Julie Trone via email: info@zontadistrict12.org.

Find out more at our Facebook page: Zonta Says NOW - District 12, and discover lots of resources and ideas at our webpage: <https://zontadistrict12.org/zonta-says-now>

Many thanks for all that you are doing to build a better world for women and girls.

*Warm regards,
Julie*

Thank you to Belinda and Pam for all of your months of hard work on Cancel Out! For getting sponsors, for getting live and silent auction items, for designing an amazing evening with inspiring speakers and activities to raise awareness of human trafficking. For lending office space and their talents to make beautiful baskets, being a place to drop off booze and gift cards, and for organizing and bringing this amazing fundraiser to life! You ladies knocked it out of the park and deserve a round of applause! Thank you! Thank you! Thank you!

SAVE THE DATE

Saturday, May 4th

ZONTA AREA 2 MEETING

Cheyenne

» (moved from Douglas) «

The Zonta District 12, Area 2 meeting will be held in Cheyenne on May 4th at Laramie County Community College. This is an opportunity to interact with and learn from the leadership of Zonta District 12, and Zontians from Northern Colorado and Southern Wyoming. The meeting will be preceded by a social evening on Friday, May 3rd. More details about times, locations, and the agenda are coming soon.

Meeting will consist of presentations, training, and discussions. No voting.

ZONTA ART CONTEST

Entries due April 1st

Drop off at RE/MAX (4000 Central Ave)

Art may be viewed in lobby of Civic Center during normal business hours

April 3rd - April 29th

Public, Interactive Reception to be held

April 15th

5:30 to 7:00 p.m.

at the Cheyenne Civic Center.

Light refreshments will be available.



JOIN IN THE 25TH YEAR OF OBSERVING

DENIM DAY

APRIL 24TH

Denim Day began as a result of a ruling by the Italian Supreme Court where a rape conviction was overturned because the justices felt that since the victim was wearing tight jeans, she must have helped the person who raped her remove her jeans, thereby implying consent. The following day, the women in the Italian Parliament came to work wearing jeans in solidarity with the victim.

This day provides an opportunity to educate the community about the misconceptions that surround sexual violence.

Zonta Club of Cheyenne will be providing several pairs of decorated jeans to Safehouse that will be included in its *Walk in Her Shoes* ceremony at the Cheyenne Depot on April 24th. The jeans will then hang at the Laramie County Library during the month of May.

Zonta Foundation for Women 2022-2024 Giving Totals*



Amelia Earhart Fellowship

47%

US\$261,983.93
US\$560,000.00



Women in Business Scholarship

31%

US\$115,772.02
US\$370,000.00



Young Women in Public Affairs Award

71%

US\$200,533.63
US\$283,000.00



International Service Program

51%

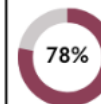
US\$1,642,628.62
US\$3,200,000.00



Rose Fund

836%

US\$1,337,440.92
US\$160,000.00



Biennial Goal

78%

US\$3,558,359.12
US\$4,573,000.00

*As of 31 January 2024

**Kudos to Caroline D'Ambro
for coordinating
the Young Women in Public Affairs Award.
She marketed the scholarship, and we've never
had so many applicants.
Seven young women applied!**

From the 68th Commission on the Status of Women

Takeaways from CSW68 you can use!

Below are some actions anyone can take to address gender-equity issues and support the advancement of women and girls, as learned from the sessions Zontians attended at CSW68:

Include men in the conversation. As one speaker said, “50% of the world is women, but to make a change, we need 100% participation.” A positive masculinity is key.

Climate change is a human issue and a gender issue. There is a strong direct connection between gender-based violence and climate change, and to ignore it would be to ignore a huge increase of gender-based violence against women worldwide. Take action now by using the resources at www.zonta.org/ZontaSaysNOW.

To change globally, we must speak locally. While gender inequalities may seem far from where you live, they could be, in fact, at your doorstep. Speak up to local legislators in your home to move issues. An example is child marriage. Does your country or state have laws against this human rights violation? Fact: 39 American states do not have child marriage laws in place. And if there is a law in place, do they follow it?

Artificial Intelligence (AI) is crossing the barriers of gender inequality. Speak up and report it when you see gender violence on social media and within technology. The world is consistently turning and growing, and as we grow, we need to make sure women’s voices are at the table when making these monumental decisions and technological advances. As one speaker said, “An orange cannot speak to what it means to be a lemon.”

Gender inequality may be a current conversation, but gender parity is projected not to happen for another 130 years. As such, a large part of this movement is in the hands of younger generations, and they need to be included and heard. As one speaker said, “The movement needs to go 20 times faster than it is today.” To do this, invite and encourage members of all ages to attend Zonta or student club meetings or form one if there isn’t one in your area.

Diversity and Inclusion in Zonta: Equity and belonging, obstacles to achieving it, and approach for Zonta



Join the Greater Diversity Team as they explore best practices in diversity and inclusion for your club. The team will be joined by four Zonta members from around the world: Therese Hartwell (USA), Ann Margreth Hellberg (Sweden), Dilruba Ahmed (Bangladesh) and Zonta International Director Anne-Marie French Cudjoe (Ghana).

They will share:

- Their experiences and answer your questions about why diversity and inclusion are important.
- Key obstacles that prevent us from achieving an inclusive club.
- Ideas about how you can go about improving the diversity in your club.

Friday, 5 April 9:00 am CST Find your time: [Meeting Planner](#)

[**Click here to register!**](#)



JOIN US FOR OUR ANNUAL
BENEFIT LUNCHEON



11:30 am - 1:30 pm




 CFD Event Center
 1230 W 8th Ave.
 Cheyenne, WY

Please join Safehouse Services for lunch to help raise awareness for domestic violence.

INTERESTED IN
 BECOMING A SPONSOR?



Speaker:
Lt Col Donella Beaulieu
 90th Medical Group Commander
 F.E. Warren Air Force Base

Lunch catered by Ranch Eats

Individual tickets can be
 purchased for \$50 each!
 Contact Carla Thurin for
 details!

cthurin@hotmail.com

To become a sponsor or purchase tickets
 please contact:
 Heather Lennox at 307-274-0330



safehouse services



Register now to secure early bird rates

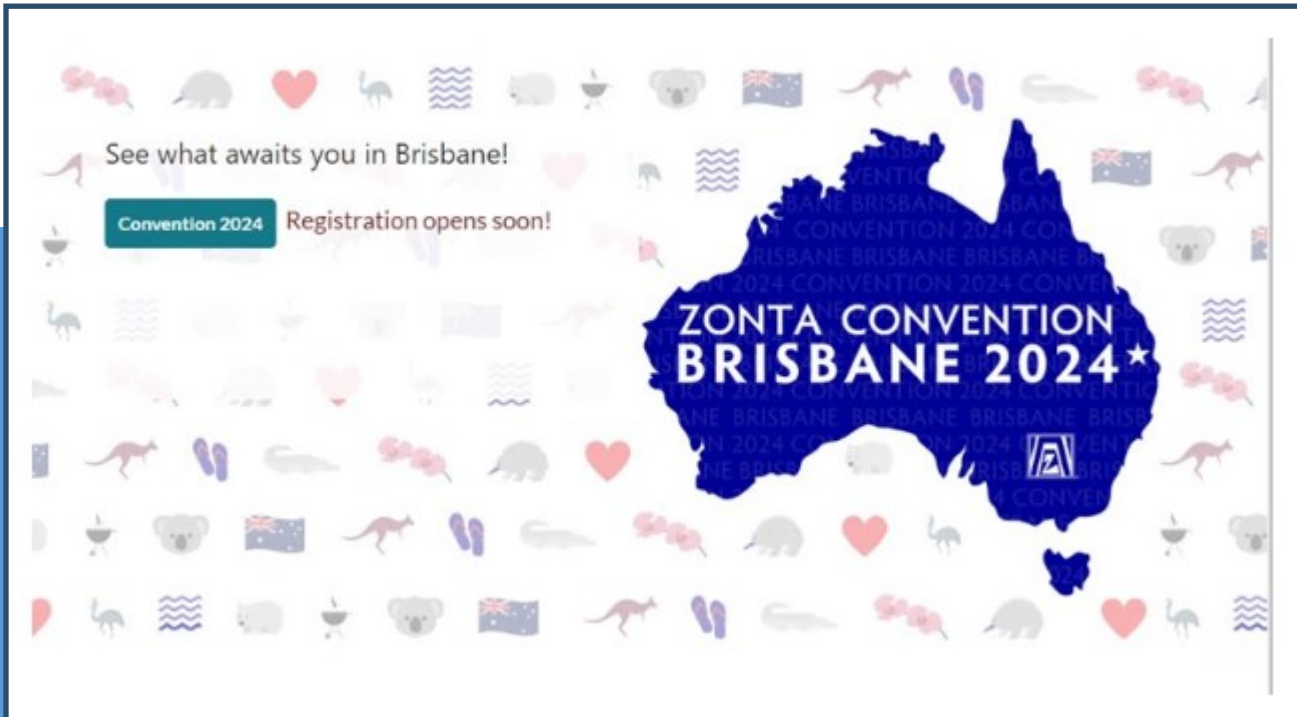
As a valued member of Zonta, we are excited to invite you to attend the **2024 Zonta International Convention in Brisbane, Australia**. We are all looking forward to experiencing the wonderful views, experiences and hospitality of Australia while reconnecting with old friends and making new ones. We hope you will join us and register today for the **66th Zonta International Convention**.

Should you not be able to join your fellow Zontians in Brisbane, we are pleased to again offer a virtual attendee option and a virtual plus one-day on-site option for registration. This allows every Zontian the opportunity to participate in the way that works best for them.

To register, you will need your Zonta member ID, which is 193881.

Registration Link:

[Registration | Zonta Brisbane \(zontaconvention.com\)](https://zontaconvention.com)



Are you planning to attend the 2024 Convention in Brisbane?

We want the District 12 Zontians who are attending the Convention to have a way to contact each other and be able to coordinate meeting up while in Brisbane! The information will **only** be shared with District 12 Zontians who are attending the Convention.

If you are attending, please email: Kathy Cathcart (District 12 Secretary) at kcathcart@TheAlignTeam.org and provide the following:

- Zonta Club of which you are a member
 - ⇒ Are you the club Delegate?
 - ⇒ Are you the club Alternate?
 - ⇒ Are you carrying a proxy and for which club?
- Email address
- Cell Phone Number
- Hotel you are staying at in Brisbane, with check in and check out dates
- Date of departure from the USA and date of return to the USA
- Date of Arrival in Brisbane
- **Would you like a roommate? We'll put you in touch with a Zontian from District 12 that is looking for a roommate.**

Thank you!

Kathy Cathcart

2023 Club Officers And Board

President: Michelle Aldrich

Michelle.aldrich@wyo.gov

Vice President: Belinda Sawyer

belindawyohomes@gmail.com

Secretary: Laura Gorny

lgorny@bresnan.net

Treasurer: Dasa Robertson

Dasagwen@yahoo.com

Board Directors:

Betty Abernethy

Kathy Orr

Rebecca Reid

Pam Pafford

Darcey Harris

Nominating Committee

Ann Erdmann

Kathy Starr

Melissa Martin

Committee Chairs

Advocacy/Service: Denise Parrish

Communication:

Finance: Kathy Cathcart

Membership/Communication: Betty Abernethy

Zonta International Foundation for Women

Ambassador: Mary Walker

Club Historian: Linda Bogart



Barbara World 4/2

Michelle Aldrich 4/6

Pam Pafford 4/26

Upcoming Meetings & Events:

Art Contest Artwork due to ReMax

Apr 1 @ 5:00 pm

4000 Central Ave, Suite #1

Board Meeting

Apr 4 @ noon

Zoom

Advocacy & Service Committee Meeting

Apr 8 @ 5:30 pm

The Office Bar & Grill—The Garage Room

Prospective New Member Reception

Apr 10 @ 5 pm

Country Club—800 Stinner Rd

Zonta Club Meeting

Apr 11 @ Noon

Zoom

Membership/Communications Committee Meeting

Apr 25 @ 5:15pm

Paris West—Front Bar

Zonta Club Meeting—No-host dinner

Thursday, May 2 @ 5:15 pm

Cheyenne Country Club

Zonta Foundation :

Kristie Wilson, President
Linda Bogart, Vice President
Melissa Martin, Treasurer
Denise Parrish, Secretary
Ann Erdmann, Director