



ZONTA

CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

September 2024

Zephyr

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Team Building/Planning

A productive Friday afternoon!

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Thanks for the hard work!

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Message from the President

It is September and I am looking forward to getting back into the swing of things. We had a fantastic Zonta networking and planning retreat lead by Melissa Martin! It's always in-

spiring when a group can come together, brainstorm, and find a common direction. With such a productive start, the club's goals and objectives are sure to make a positive impact this next year. I'd like to encourage members to participate in our various

projects if it fits your schedule —it's so important for maintaining engagement and fostering a supportive community within our club. If you have ideas or suggestions, please reach out.



September Club Meeting & Annual White Elephant Silent Auction

Thursday, Sept 12

The Office Bar & Grill
(Sonoma Room)

Dinner at 5:15 pm, Meeting at 6:00 pm

Look inside (page 3) for more

Silent Auction details!

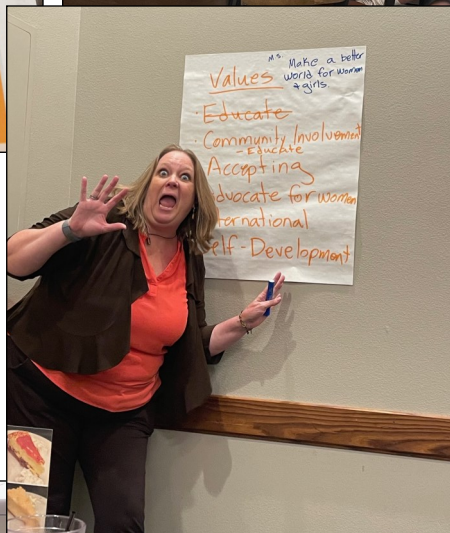
ZONTA
100
YEARS

www.cheyennezonta.org

Zonta Team Building & Planning Retreat

On Friday, August 23rd, a group of Zonta Club of Cheyenne members gathered at The Office Bar & Grill to do team building and strategic planning for the upcoming year. We began the meeting by members introducing themselves, sharing what led them to Zonta, and their passion project that our Club does, which was a great icebreaker to help everyone get to know each other a little better.

Next, our own Melissa Martin led us in discussions to flush out our Club's values, followed by a SWOT activity that helped us discover our internal Strengths and Weaknesses, and our external Opportunities and Threats. It was an enlightening process for all in attendance, and the results will be shared at our September meeting.



Zonta Club of Cheyenne's Mission Statement:

Making the World a Better Place for Women & Girls



Thanks goes to our CFD Posters Team!

Becky, Kristen, Anne, Donna and Kathy O hung our Human Trafficking posters in the Frontier Park Fairgrounds' restrooms and port-a-potties for CFD.



What an impactful project reaching thousands! Way to go Zonta!



September Club Meeting

WHITE ELEPHANT SILENT AUCTION!

Thursday, Sept 12th

The Office Bar & Grill—Sonoma Room

No Host Dinner at 5:15 pm

Meeting & Auction begins at 6:00 pm

Each September, the Zonta Club of Cheyenne holds our own silent auction to help fund sending individuals to a meeting or conference, our Continuing Education Fund for our members.

Please bring a slightly used item or items you think someone in the club might be able to use. It is a fun time to share and socialize. Please come with an idea of what you think this item might be worth, as there will be silent auction sheets to fill in what the item is and any special instructions or information.

Did you know that you can take your own item (new shirt, jacket, etc., with tag still on)

to Trophy Creative

and for a small fee they will put our Zonta Club logo on it?

The logo is in their files and is based on the picture to the right.



Announcements

Advocacy & Service Committee Meeting

Tuesday, Sept 17th, 5:30 pm

The Office Bar & Grill—The Garage Room

Please join us to discuss the upcoming events, and also plan for those events which are farther out in our membership year.

All are invited and welcome!

Membership/Communications Committee Meeting

Thursday, September 26, 5:30 pm

Blue Stem Wine House

1909 Warren Ave

If you are interested in planning fun events, or want to help with social media and promoting our Club's mission, please join us! Bring your ideas and enthusiasm!

Everyone is welcome!

Join us for the Governor's Summit in October!

The Zonta Foothills Club of Boulder County invites you to the **2024 Zonta District 12 Governor's Seminar** Friday, October 4 - Sunday, October 6 at the beautiful Boulder, Colorado Chautauqua

Together we will explore ways to BOLDLY launch our clubs into Zonta's new biennium. At Friday night's *Groovin' at the Grange* we will bring back the 60's and 70's. (Hippie attire encouraged!)

On Saturday we will hear an in-depth presentation by representatives from the [Laboratory to Combat Human Trafficking](#) who will help us grasp the realities of human trafficking up and down the Rocky Mountain region and offer ways to mitigate this growing problem. After lunch we will support one another in BOLD round table discussions and Club updates.

Then join us on Saturday evening for our *Bold Celebration Banquet*. Our dinner will include the magic of Emcee Erica Sodos and the acapella sounds of the [CU Buffoons](#). The finale of our time together will feature our distinguished speaker, former International Director and Past District 12 Governor Renee Coppock. Renee will share sights, sounds, and stories of her inspirational visit to Nepal and the impact of the [Zonta International Global Project to End Child Marriage](#).

And, we hope you will support our Governor's Seminar Service project in support of [Mother House at Haven Ridge](#), a Boulder organization that *helps mothers in crisis and their babies*.

To learn all about the conference, see our agenda and find out about the beautiful Chautauqua [please visit our conference website](#). Here you can sign up for all conference activities and learn more about our Chautauqua lodging as well.

Please **REGISTER NOW; DON'T WAIT**. Unlike a hotel, Chautauqua's contract requires full payment from the conference host for all guests' accommodations well in advance of the conference. Therefore your room charges are due and payable, along with your registration fees for the Governor's Seminar, to the Zonta Foothills Foundation. **We are planning for a great attendance at this year's seminar but accommodations are limited.** Rooms will be assigned in the order in which registrations are received. So, the sooner you register, the better your chance of securing your preferred accommodations. Details can be found on our website.

We are excited and looking forward to having you all visit us in Boulder!

Subcommittee Meeting Dates

16 Days of Activism

Planning Meeting

Sept 3 @ 5:30 pm

Jennica's House—5516B Townsend Pl
(light refreshments will be served)

Hope Bags Planning Meeting

Sept 10 @ 5:30 pm

Linda's House—210 E Idaho St
(light refreshments will be served)

August Club Meeting Minutes

The August Club Meeting was held on Aug 8, 2024, at The Office Bar & Grill. The meeting was called to order at 6:05pm by Belinda Sawyer.

Celebrations: Members shared a variety of good news relating to weddings, improved health issues, and business openings. As an “ice breaker”, members were asked “this or that” (i.e., are you a dog person or a cat person, etc.).

Member Highlights:

Jody Gostas has been a member of Zonta since June 1987.

She joined at her husband’s urging after he learned about the organization while at a business meeting in Denver.

Kirsten Edwards joined Zonta in May of 2024. Kirsten has six children. She stays busy caring for the five who are still at home and also manages multiple part time jobs. She has friends and family who have been victims of trafficking and domestic violence and became interested in Zonta when she learned about our Silent Witness March.

Special Guest Speaker: Marcie Woolworth, Zonta Area 2 Director, was the scheduled speaker but was unable to attend due to getting stuck in traffic. Dr. Michelle Aldrich, Assistant Director of Area 2, spoke in her place. Dr. Aldrich is currently finishing her first four-year term on the Cheyenne City Council, representing Ward III. She spoke about the importance of civic engagement, encouraging activities such as:

Volunteering to serve on boards or commissions. It is a good way to get involved in civic issues and meet others who are similarly involved.

The Governor’s web site lists openings on various boards and commissions: [State Government Boards Commissions | Governor Mark Gordon \(wyo.gov\)](#).

The County also lists openings on its web page: [Board Vacancies - Laramie County, Wyoming \(laramiecountywy.gov\)](#).

Help educate people about community issues and concerns, such as through participating in Zonta activities and sharing with friends and acquaintances about the reasons behind those activities.

Register to vote.

Minutes of the last meeting: There was no business meeting in July. Minutes of the June meeting were previously included in the Zephyr and also sent to members via email. A motion was made and seconded to approve the minutes as submitted. Motion passed.

Treasurer’s report: The Treasurer’s report was previously included in the Zephyr. The Treasurer’s report has been placed on file for audit.

STANDING COMMITTEE REPORTS

Advocacy & Service

Leadership of this committee has transitioned from Denise Parrish to Jennica Fournier. Thank you Denise, for the enthusiastic leadership you have provided. The committee is looking forward to working with Jennica.

The Food Drive will be August 24, 9:00am – 3:00pm. Collections will be held at King Soopers, Safeway, and the Albertson’s on Yellowstone Avenue. Donations will benefit FNBO Student Pantry at LCCC, and Veterans

Rock. Contact Denise Parish if you wish to sign up to help.

Membership and Communications

The recent Zunco night was a success, with a good time had by all. The date of the next Zunco night has not yet been determined.

District 12 Conference will be October 4-6, 2024, at the Colorado Chautauqua in Boulder. Cheyenne is the largest club in District 12, and we would like to fill an 8 room/8 bath facility with Cheyenne members.

Please return your Posters & Coasters distribution lists and info to Betty Abernethy. We will use the information to update next year’s distribution plans. This year we contacted 78 locations located as far east as The Tumbleweed (TA Truck Stop) and as far west as The Bunk House. Posters were also placed at the CFD rodeo and carnival grounds, visitor centers, campgrounds, and laundromats. We have received suggestions that information on future posters be presented in Spanish as well as English. Other feedback is welcome, as well.

The next committee meeting will be August 29, 5:30pm, at Betty Abernethy’s house.

OLD BUSINESS

WyoGives: We received a total of \$1,142.63, which includes \$353.00 in matching funds.

Wing Shack Fundraiser: The restaurant had \$529.30 in sales linked to the “Empower” code. Our share of sales is not yet known. The original agreement was that the club would receive 10% of sales, but the owner has indicated it will be increased.

\$12,000 of this year’s Cancel Out proceeds have been sent to Zonta International. Information about Zonta International may be found on its web site: [About Us \(zonta.org\)](#)

NEW BUSINESS

Uprising is the organization for which we provided funding from this year’s Cancel Out event. They will be providing training sessions over two days in mid-October. Session topics will include Human Trafficking for Professionals and First Responders, Victimology of Human Trafficking, and Keeping Kids Safe Online & IRL.

Hope Bag planning and activities will be coming up soon. Please contact Linda Bogart if you are interested in participating. Additionally, we need someone involved to act as a liaison between the club and forensic nurses at the hospital.

Dates to remember:

August 23, 1:00pm – 3:30pm, Zonta Team Building and Planning Retreat, The Office Bar & Grill.

August 24, 9:00am – 3:00pm, Food Drive

September 5, 5:30pm – 6:30pm, Board meeting, ReMax Properties

September 12, 5:15pm (dinner), 6:00pm (meeting), membership meeting, The Office Bar & Grill

Oct. 4-6 – District 12 Conference

October 15-16, Uprising human trafficking training event

March 7, 2025, Cancel Out fundraiser

Submitted by Laura Gorny, Secretary.

Celebrating Youth Voice and Participation

From Salla Tuominen, ZI President

Young people have a vital role to play in Zonta's global community and in the world at large. As escalating global conflicts, climate injustice and systematic inequality continue, we need young people to join us in transformative decision-making that breaks the status quo and elevates our work.

According to the UN's [Be Seen Be Heard campaign report](#), 67% of people believe in a better future, with those under 18 being the most optimistic. We need to encourage this optimism and provide opportunities for young people to take action through Zonta to help us realize a sustainable, equitable future.

While Zonta invites youth participation through Z clubs and

Golden Z clubs, it is also important that we offer opportunities for young voices that extend beyond student club membership. Ask yourself how you empower young women and girls to embrace their dreams or expand their leadership skills. When we all do our part in advocating for new voices and ensuring space for them, we can truly realize a diverse and inclusive world where women's rights are human rights.

As you read ahead, I encourage everyone to reflect on the opportunities you had or wished you had when you were younger, how they helped shape you into the leader you are today and how you are paying it forward and inspiring young women and girls. What legacy and kind of world do you want young people and future generations to inherit?

Zonta Foundation For Women Quarterly Report

from [Inspiring Impact: Zonta Foundation for Women Quarterly Report](#)

by [Zonta International](#)

The 2024-2026 Biennium will celebrate a momentous occasion—the Zonta Foundation for Women's 40th anniversary. This milestone is not just a marker of time but a testament to the enduring power of the collective action and generosity of thousands of Zonta members and friends. As we look back on four decades of remarkable achievements, we are reminded of the countless lives transformed, the women and girls uplifted and the future improved through the unwavering support of our Zontians and loyal supporters.

Since the Foundation's inception at the Sydney Convention in 1984, the mission has remained clear: to build a better world for women and girls. From funding international service projects that provide life-changing opportunities to working toward gender equality in education by supporting scholarships, fellowships and awards, our journey has been one of continual growth and transformation.

This anniversary year is an opportunity for us to reflect on the Foundation's history and celebrate the incredible achievements made possible by your support. Additional issues of the Zonta Foundation for Women Quarterly Report will highlight stories of impact and feature past education awardees, international service projects and key Foundation supporters. Is there a program or project that

has resonated with you or inspired you to give more? We invite you to share why you support the Foundation. Email us at zifoundation@zonta.org and you could be featured in a future issue.

As we mark 40 years of making a difference for women and girls, we extend our deepest gratitude to you—our donors, partners, members, and advocates. Thank you for being a part of our journey. Here's to building a better world with a strong Foundation.

A generous donation!

After a visit with a Cheyenne Zonta member, one of her friends decided to make a very generous donation!

Thank you, Margaret "Peggy" Lush!

And thank you to Jody, for simply sharing about our Club's local and global issues and goals.

Thank You!



An opportunity to support an Area 2 Club...

HARVEST FOR HOPE

WINE AND WHISKEY TASTING

Fundraiser

Sunday, September 8th, 2024

3:00 - 6:00 pm

University of Denver

Joy Burns Center Ballroom

For more information check out:

<https://zonta-denver2.org/1/fund-raisers/>



ZONTA
CLUB OF
DENVER II

2024 Club Officers And Board

President: Belinda Sawyer

belindawyohomes@gmail.com

Vice President: Pam Pafford

pamwyohomes@gmail.com

Secretary: Laura Gorny

lgorny@bresnan.net

Treasurer: Dasa Robertson

Dasagwen@yahoo.com

Immediate Past Pres: Dr Michelle Aldrich

Board Directors:

Betty Abernethy

Kathy Orr

Rebecca Reid

Michelle Huff

Darcey Harris

Tracy Myers

Nominating Committee

Ann Erdmann

Melissa Martin

(Vacancy)

Committee Chairs

Advocacy/Service: Jennica Fournier

Finance: Kathy Cathcart

Membership/Communication: Betty Abernethy

Zonta International Foundation for Women

Ambassador: Mary Walker

Club Historian: Linda Bogart



Becky Evans 9/10

Janet Marschner 9/12

Kristin Edwards 9/16

Jill Randall 9/18

Upcoming Meetings & Events:

16 Days of Activism Planning Meeting

Sept 3 @ 5:30 pm

Jennica's House—5516B Townsend Pl

Zonta Board Meeting

Sept 5 @ 5:30 pm

RE/MAX Office—4000 Central Ave

Hope Bags Committee Meetings

Sept 10 @ 5:30 pm

Linda's House—210 E Idaho St

Zonta Club Meeting

& Annual White Elephant Silent Auction

Sept 12 @ 5:15 pm

The Office Bar & Grill—Sonoma Room

We will be able to order dinner from a limited menu.

If you'd like to attend just the meeting, it will begin at 6 pm.

Service & Advocacy Committee Meeting

Sept 17 @ 5:30 pm

The Office Bar & Grill—Garage Room

Membership/Communications Committee Meeting

Sept 26 @ 5:30 pm

Blue Stem Wine House—1909 Warren Ave

Zonta Foundation :

Ann Erdmann, President
Linda Bogart, Vice President
Melissa Martin, Treasurer
Denise Parrish, Secretary
Vickie Ingerle, Director