

ZONTA

CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

July 2026

Zephyr

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Message from the President



Even though summer has only just begun, it already feels like it's flying by, and the Zonta events we've been planning and anticipating are right here, knocking at our door! July is shaping up to be an exciting and meaningful month for our club.

We have so much to look forward to. A few of our members will be attending the International Convention in early July, representing us on a global stage and giving us a voice for our international projects and impacts. Closer to home, our entire club will come together for the Cheyenne Frontier Days Coasters and Posters Project at the end of the month. And in the middle of it all, we have Wyogives on July 15th, which is an incredible opportunity for us to amplify our impact.

Even though this month feels like a lot is happening, in reality, so much of the up-front planning has already been done, thanks to the dedication and hard work of our subcommittees. Now it's time for the rest of us to jump in and enjoy the rewarding, hands-on part: connecting, serving, and making a

visible difference in our community.

Some of my favorite Zonta memories from last year came from these events. I enjoyed laughing with fellow members while hanging posters at the CFD grounds (and yes, even getting accidentally locked in a bathroom!) and visiting local businesses to share our message through coasters and posters. These moments are not only productive, they're genuinely fun and a wonderful way to build friendships within our club.

Wyogives is another highlight I'm especially excited about. It's a powerful way to see the financial support we're already planning to give to Zonta go even further through matching funds which help make every dollar count that much more for the women and girls we serve.

If you haven't yet signed up or marked your calendar, I encourage you to do so. Your participation, big or small, helps bring our mission to life. Let's make this a joyful, impactful, and memorable month together!

Jennica Fournier

Heartfelt condolences to Kathy Gathcart and her family on the loss of her father.

Zonta International Considering Issues for the Future

Zonta International has presented several issues to be considered for ZI's major projects in the future. These were presented by our club's board members at the June meeting.

Projects include: Climate Adaptation, Ending Child Marriages, ACT: End Violence Against Women and Girls, Standing with Afghan Women.

Betty presented information about LAFA providing Safe Space for women and girls in all countries in their own language. It's a program that can reach out to girls, to answer their questions.

Wicki I. reported on a woman-based program to help build communities (in Afghanistan) that offers Survivor Services, to strengthen women with a front-line response

to their situations, and develop services in each community to help their own women and children.

Barb talked about ACT, the program aimed to increase the awareness of women's rights especially in Africa and Latin America through on-line activities and sites.

Denise informed us about the issue to End Child Marriages around the world (similar to our Club's emphasis) In 2024-26 ZI sent 1.5 million dollars to programs that help end these marriages in India and Africa. In the U S A many of these girls experience physical and sexual violence, the inability to finish their education, and experience many health problems. The economic impact is a loss estimation of \$175 billion. This program would focus on teaching girls' life skills.

Zonta International Convention

These knowledgeable ladies heading to the Zonta Convention will represent our club well! Our voting delegates are Denise Parrish and Mary Walker and our alternates are Betty Abernethy and Jennica Fournier. Projects and By-Law amendments are a few subjects that will be voted on. There's still time to sign up and attend the convention.



Zonta District Change in Top Leader Position

Zonta District 12 regime change with outgoing Governor Debbie Sundberg handing off the gavel to incoming Governor Deb Beatty.



Denise Parrish and her husband have designed a new Cheyenne Zonta Anniversary pin. Denise is planning on passing them out at the upcoming Zonta International Convention. The plan is also to order 100 pins and offer members a chance to purchase them also. More info to come.



New Members and Potential Members Join Together

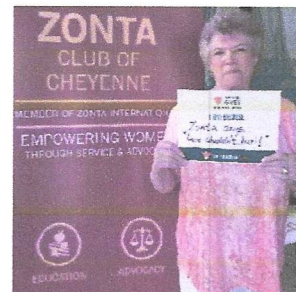
New member **Dodi Triplett** joined members and potential members at the club's Members' Reception at the Wagonhound Wine Co.

Dodi and Kristie Wilson posed for a WyoGives photo, "I Give Because Zonta Says NO to Domestic Violence".



Dodi and Kristie

More than 16 ladies showed up for our reception to learn more about Zonta International and Cheyenne's Club. Membership packets were handed out, members shared special information with the group and as an added bonus, Kristie Wilson encouraged the group to help promote WyoGives Day giving with a photos.



Karen Rossetti, our new member, joins Jody Gostas at the reception. Karen works for the State of Wyoming, Family Services.

Wagonhound Wines Co. opened their doors for our potential members to enjoy appetizers and meet new friends. Betty presented a variety of information about our club, including D V and H T projects, available scholarships and more importantly our goals and mission to help the women and children across the globe. All members are encouraged to come share their thoughts on their Zonta experience in the future.



Don't get stuck. Plant your seeds and build a new forest....

These words are reflected in the painting by Savanna Gallion, the Youth category winner of the Art Contest.



Winning entry by Savanna Gallion

Our Zonta's 2026 Art Contest featured 14 entries, including photos, digital graphics, poetry, pottery, and various mixed-media paintings which were displayed at the Art Contest Reception held at the Civic Center on June

12th as part of the Friday Art Walk.

We had a great turnout from the artists, family members and the community. Many club members were in attendance to interact with the artists and visitors. Refreshments, featuring delicious cookies made by Tracy's son, were a nice addition to the event. Also, our impactful Clothesline Project was displayed, thanks to Jennica and Charles.

We are pleased to announce the following winners:

- Youth Category: Savanna Gallion for the painting "Don't Get Stuck."
- Adult Category: Abi Paytoe Gbayee for a sculpture depicting a dialog of struggles with domestic violence.
- People's Choice: Emma Sheppardson for her multi-medium emotional piece.



Winning entry by Abi Paytoe Gbayee



Photo by David Wilson of a young woman jumping for joy on her first day away from her abuser.



Picture by Emma Sheppardson
People's Choice winner.



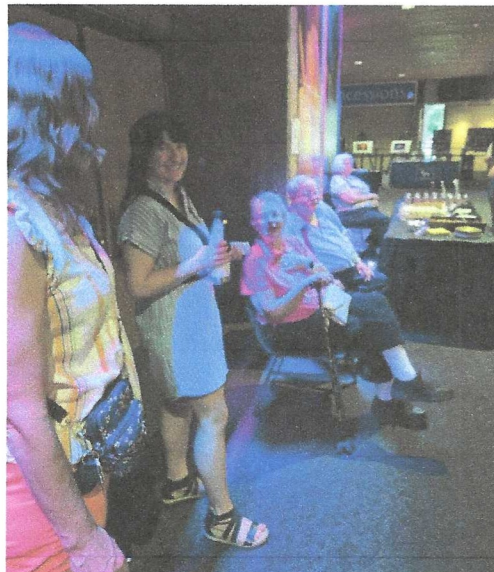
Digital Picture by
Yasmine M Eury, local
tattoo artist



Poetry Entry by Christiana LaMonaco

Thank you to everyone who participated and supported this event.

Thanks to Denise for all her hard work putting on the Art Contest and Reception.



Pottery entry by T J Storer

Zunco with District Ladies

Club members and District 12 officers had a great night of Zunco at Applebee's, Friday June 5th. The district members were in Cheyenne for their District Leadership Conference and got a chance to interact with Club Members.



Zonta Club Activities Coming Right Up!!!

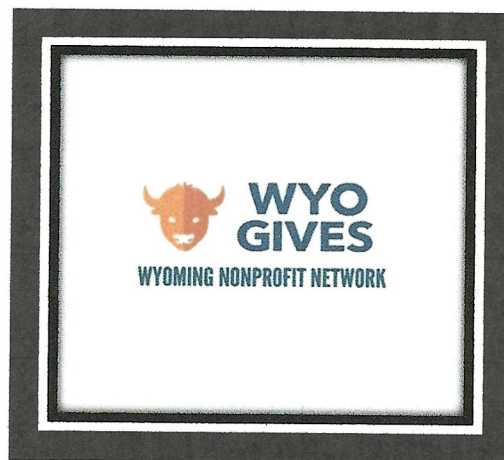
July 15, 2026 · Midnight – 11:59 PM

This year marks the 7th annual **WyoGives Day**, hosted by the Wyoming Nonprofit Network, a statewide celebration of the nonprofits that strengthen our communities every day.

For 24 hours, WyoGives provides an opportunity for nonprofits across Wyoming to come together and raise critical funds that support their work in communities statewide. From small towns to larger communities, organizations working in education, health, housing, food access, and more rely on WyoGives to deepen their impact. For donors, it's a chance to come together across the state, supporting the causes they care about and helping turn individual generosity into lasting, collective impact for Wyoming. *On-line article*

Kristie Wilson encourages all our members to take part by gathering sponsors for a 1-1 money match (donate early!!) 100% Board giving, and Peer-to-Peer giving where each member signs up to get donations from family and friends. Our record last year was about \$1,000.

Beat that if you can!!



The Power of One

The Power of One is built on a simple but powerful truth: every single act of generosity matters. One person. One gift. One day.

Together, these individual actions create a statewide movement of impact. One choice made by many people can transform hundreds of nonprofits and the communities they serve.

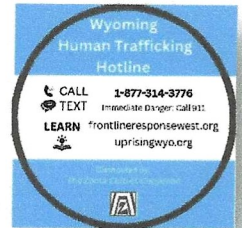
WyoGives is where individual generosity adds up to collective change. Through this statewide movement, the Wyoming Nonprofit Network advocates for nonprofits, builds community support, and amplifies the impact of organizations serving Wyoming. WYoGives Web-site

CFD Coasters and Posters Project Information

July 6th Coaster Sorting and Distribution Party: 3:30-4:30

Grace United Methodist Hall 2950 Spruce Drive

(Grace Hall {add on building} faces Pine Street, west end of block)



July 6th Member/Team Coasters and Posters Pick-up 4:30-6:00

Grace Hall 2950 Spruce Drive

* Bring your Bar and Restaurant Lists.

Betty has more area-lists available for volunteers. bettyabernethy@gmail.com

**Jill Randall will have the extra coasters at her home to be picked up after 1:00 each day if needed. Please call 1st, 307-640-7475.

Jill's address is 3200 Thomas Road



July 13th-18th Teams Distribute Posters/Coasters to bars

* Pick up posters and coasters July 6th

* Check in with Bar staff- give coasters to bar tender.

** Take some Tape to post flyers on each ladies-restroom stall's door, and 1 in Men's restroom wall.

July 17th (waiting for confirmation) CFD Poster Hanging Party

VOLUNTEERS NEEDED, Email Kathy Orr (orrkathy7@gmail.com) with your name and email address. Sorry, I never know where my cel phone is. :)

I will contact you with the exact time when I hear from Bull, Mike and his helper.

* Meet at 10:00 a.m. at the front CFD Fairground's Entrance off 8th Street

>May take an hour or less, depending on # of volunteers

Wear comfy shoes, some sort of Zonta item/name tag and a sun hat. Bring water.

Don't forget

The Club Family Picnic South Lions Park Shelter

August 13th

5:30



Check These Out!!!!

- The Nominating Committee is such an important part to our strong club leadership. We are **needing 2 more members** to work on this committee along with Tracy Myers and Michelle Huff.
- Karen Pacheco and Kathy Cathcart are reviewing our treasurer's reports as part of the club's records alignment.
- Along with America's 250th Anniversary, Cheyenne Zonta Club is celebrating their 70th Anniversary in October. It's going to be a 70' theme. Other information to come.
- A big thank-you to 1st International Bank for donating \$500 to our Club.
- Over 70 LCCC Zonta Scholarship applications are being reviewed by a committee as we speak. The winner will be announced asap.
- **Food Drive volunteers needed for August 13th**. Look on Website.



July 10th Viewing Offered

Missing and Murdered Indigenous Women

Jennica received an invitation from filmmaker Amanda Erickson. She's the founder of Sees Clearly Productions and will be showing her documentary, *She Cried That Day*, at the LCCC Surbrugg Prentice Auditorium on July 10th at 2:25 PM as part of the Wyoming International Film Festival. The film covers the MMIWR crisis. *It would be great if some of us could go support it.* She's even offered to host a Q&A afterward! Amanda is sharing the flyer, so please feel free to share them around. Also, feel free to reach out to Amanda directly if you have any questions. *Information from Jennica*

"Every woman's story matters. Every family deserves answers. She Cried That Day follows the family of Dione Thomas through the heart of the Missing and Murdered Indigenous Women and Relatives (MMIWR) crisis. A mother's love. A daughter's memory. A family's fight."

Featured on The Kelly Clarkson Show. Winner of Best Feature Documentary at Bend Film Festival. Now it's coming to you. Wyoming — we need you in this

room."

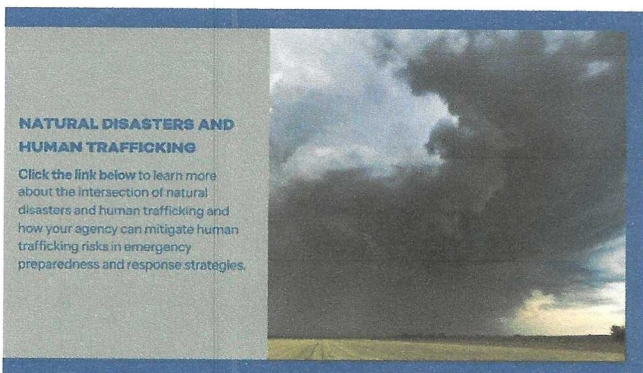
July 10 | 2:25pm | Surbrugg Prentice Auditorium
Wyoming International Film Festival | Cheyenne, WY
Tickets in bio.

Tribal members, advocates, survivors, allies — this screening is for all of you. Share this and help us fill that auditorium.

#SheCriedThatDay #MMIWR #WyomingFilmFestival #WyoIFF2026 #IndigenousFilm #MMIWG

Natural Disasters and Human Trafficking

Human traffickers are constantly on the lookout for opportunities to recruit and exploit victims; unfortunately, the devastation and chaos caused by natural disasters can provide ample opportunities for vulnerable people to become swept up in a sex and/or labor trafficking situation. Law enforcement agencies can play a role in ensuring that human trafficking and those who are at high risk of exploitation are not overlooked before, during or after a natural disaster.



Researchers, government officials and service providers have found that natural disasters increase the risk of human trafficking. As law enforcements, it is critical that agencies identify ways they can incorporate anti-human trafficking efforts before, during and after a natural disaster.

1. Natural disasters exacerbate existing vulnerabilities of individuals who are already at higher risk of trafficking victimization, and they can also create new vulnerabilities for people in impacted communities due to the aftermath of the disaster.

2. Natural disasters create unique opportunities for both sex and labor

traffickers to exploit victims for profit, whether that's during the natural disaster, in the immediate aftermath, or during the rebuilding and restoration process.

What can law enforcement agencies do to combat human trafficking in disaster-impacted communities?

Due to the heightened risk of human trafficking in communities impacted by disasters, it is vital that TAT law enforcement partners are equipped to mitigate human trafficking risk before, during and after natural disasters.

3. Disaster response can heavily overwhelm local authorities and agencies in charge of identifying and investigating human trafficking cases.

Kylla Lanier | TAT

Deputy Director/Senior Director of External Affairs

klanier@tatnonprofit.org

Are you planning your upcoming summer vacation? Is your job preparing for a seasonal surge of people? Summertime comes with many people moving in and out of the country for family travel or for large, international events like [the World Cup](#). That can mean more eyes looking to lure victims into exploitation, but it can also mean more eyes looking for signs of trouble and reporting what they see.

You can [learn how to identify potential trafficking victims](#) with Blue Campaign resources like the [indicator card](#), available in multiple languages and small enough to keep in your wallet on their website. Share human trafficking awareness [posters](#) and [social media posts](#) with your community to get eyes on more than just the match during this year's World Cup. Blue Campaign also has training and resources tailored for people who work in industries like [retail](#), [hospitality](#), and [aviation](#).

Before you finalize your travel plans, make sure human trafficking awareness is on your itinerary.

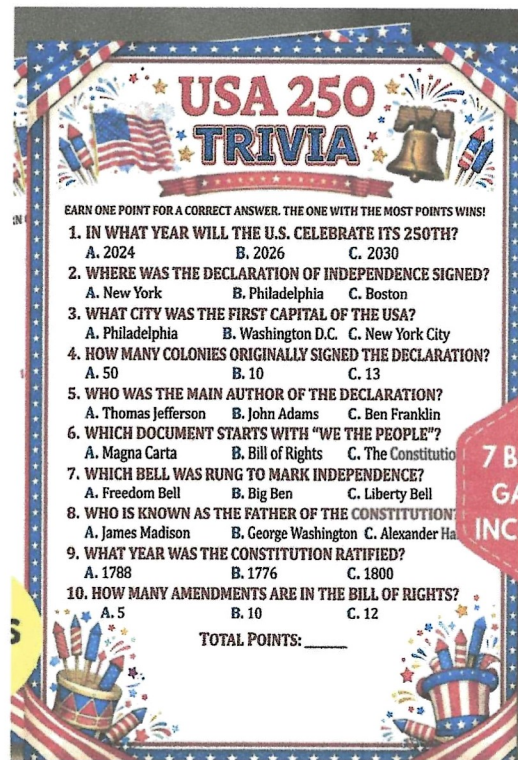
Identifying Human Trafficking - Ask Yourself:

- Does the person appear disconnected from family, friends, community organizations, or houses of worship?
- Has a child stopped attending school?
- Has the person had a sudden or dramatic change in behavior?
- Is a juvenile engaged in commercial sex acts?
- Is the person disoriented or confused, or showing signs of mental or physical abuse?
- Does the person have bruises in various stages of healing?
- Is the person fearful, timid, or submissive?
- Does the person show signs of having been denied food, water, sleep, or medical care?
- Is the person often in the company of someone to whom he or she defers? Or someone who seems to be in control of the situation, e.g., where they go or who they talk to?
- Does the person appear to be coached on what to say?
- Is the person living in unsuitable conditions?
- Does the person lack personal possessions and appear not to have a stable living situation?
- Does the person have freedom of movement? Can the person freely leave where they live? Are there unreasonable security measures?
- Report the incident, don't physically intervene.

Spot the Signs Of Human Trafficking This Summer

Safely Celebrate United States Semiquincentennial

The United States is celebrating its Semiquincentennial (250th birthday) on July 4, 2026, marking the anniversary of Declaration of Independence. Nationwide festivities encompass monumental events, major parades, educational exhibits, and community block parties, with special programming spanning July 3 to July 5.



CHEYENNE
FRONTIER DAYS™
World's Largest Outdoor Rodeo & Western Celebration

Cheyenne Frontier Days
July 17th-26th

"The 2026 Frontier Nights is stacked with superstar power and fresh talent," said Mike Wilkinson, Contract Acts Chairman. "We're proud to bring together iconic headliners and rising stars for nights that will stay with our fans long after the lights go down. It's one of our most dynamic lineups yet."

Zonta June Meeting Minutes

Meeting called to order at 6:05 p.m. by Jennica Fournier

12 members in attendance, quorum confirmed (1/3 of club members present)

*Introduction of new members Karen Rossetti and Dodi Triplett (only one of new members present)

*Zontian of the Year presentation moved to next member meeting (member not present at meeting tonight.)

*Honoring our Past President Betty Abernathy. Jennica thanked her for all her hard work and presented her a gift.

*International Convention - we have members attending and went over key points of what will be voting on. Some of the key points will be By-law changes such as:

Make roles and structure of individual clubs more flexible-----

>Resolution regarding Women in STEM Award -change award from biannual to annual-----

>Resolution regarding Women in Business Leadership Award - change from biannual to annual

>Resolution regarding the "Zonta says NO to violence against women" Campaign----proposes to continue this program.

>Resolution regarding "Legacy Membership" for members over the age of 85---proposes reduced membership fees for those over 85.

*Presentation of International Service Projects to be decided on at International Meeting::

1. Climate Adaptation -presented by Jennica Fournier

2. Ending Child Marriage - presented by Denise Parrish

3. ACT End Violence against women and girls -presented by Barbara World

4. Standing with Afghan women; expanding Community solutiond to end gender based violence - presented by Vickie Ingerle

REPORTS:

Service and Advocacy Report:

*ART CONTEST- Denise Parrish stated the reception and presentation of prizes is tomorrow June 12th at the Civic Center. She requested more members to come. It was discussed that this will probably be the last year we will do this. The art will be on display till the end of June.

*COASTERS AND POSTERS - Kathy Orr stated she brought signup sheets for help. Counting and bagging of coasters will be July 6th at Grace United Methodist (church hall) at 3:30 to 4:30. Pick up of coasters and posters will be 4:30 till 5:30. Betty Abernathy will provide maps and lists to places of bars and restaurants to deliver to.

*HANGING POSTERS At CFD - 1st Friday and Saturday of Frontier Days in July. We need volunteers to sign up for this. Jennica showed us the new size of posters for port-a-potties and the new design and colors of coasters.

*FOOD DRIVE - August 22nd 9:00 to 3:00. Need people to sign up for 1 hour and half shifts. Will be posted at Yellowstone Albertsons, South Greeley Safeway and King Soopers on Dell Range. Sign up for this will be later date. (note - we have collected 2-3 tons of food in previous years and was distributed to LCCC student pantry and Veterans Rock.)

FINANCE/FUNDRAISING/TREASURER REPORTS:

*WYO GIVES - July 15th Kristie Wilson reported that we want to participate and raise more for our Zonta club this year. She stated we could try to win prizes in two ways.

**100% Board members giving

**PEER to PEER - Each member get donations from family and friends.

*Also she would like members to take pictures of us holding WYO GIVE fans and our organization name sign to post.

*RECORD REVIEW - Karen Pachecko (past member) will do this before July 31, 2026. It was brought up that we should also review the CANCEL OUT fundraiser proceeds and expenses.

MEMBERSHIP/COMMUNICATION REPORT:

*New Member Gathering Reception at Wagonhound Wine Co. was very well attended.

*Fun Day - June 24th (LCR DICE GAME) at Betty Abernathy's house, \$3.00 fee and bring finger foods to share and she will provide beverages. Members and their family members invited and

We to have it outside weather permitting.



OLD BUSINESS

- *70th Anniversary Party- Kristie Wilson is working on place to hold this and it will be October 9th, 2026.
- *July member meeting cancelled.
- *August member meeting (picnic at South Lions Park Shelter)
- * We received a \$500 donation from First Interstate Bank.

New BUSINESS

*Nominating Committee - Request some new members to volunteer to be on this committee. Only one member staying on the committee at this time.

*Denise Parrish and her husband designed a pin (70th club anniversary) to give out at the International Meeting in July .She passed around a picture of what they look like. She stated she ordered 100 of these so that members might like one.
Meeting adjourned at 6:55 p.m. by Jennica Fournier
By Barbara World



Zonta Club of Cheyenne - Treasurer's Report as of 06/28/2026

	Date	Check #	Debit	Credit	Balance
Ending Balance last Treasurer's Report					\$30,815.41
Checks Written					
Zonta Int'l - Membership Dues	5/29/2026	PayPal	(2,906.00)		27,909.41
Trophy Creative - Name tags for Micah/Joelle/Amy	6/3/2026	4698	(33.25)		27,876.16
Zonta District 12 - Membership Dues	6/8/2026	4689	(1,643.00)		26,233.16
Betty Abernethy - New Member Reception Exp	6/8/2026	4700	(313.27)		25,919.89
Wagonhound Wine - New Member Reception Exp	6/8/2026	4701	(138.54)		25,781.35
City Treasurer - Park Shelter Rental for Aug Mtg	6/9/2026	4702	(90.00)		25,691.35
Betty Abernethy - PD for Int'l Convention		4703	(500.00)		25,191.35
Betty Abernethy - PD for Int'l Convention- dntd by D Parrish	6/11/2026	4704	(500.00)		24,691.35
Jennica Fournier - PD for Int'l Convention	6/11/2026	4705	(500.00)		24,191.35
Mary Walker - PD for Int'l Convention	6/11/2026	4706	(500.00)		23,691.35
Specialty Incentives - Coasters	6/17/2026	4707	(5,100.00)		18,591.35
Deposits					
PayPal - Denise Parrish	6/2/2026			12.00	18,603.35
PayPal - Dodi Triplett Dues	6/9/2026			195.43	18,798.78
					18,798.78
					18,798.78
					18,798.78
					18,798.78
Ending Balance					18,798.78

Cleared

Bank Balance is \$19,937.32, less three outstanding checks totalling \$1138.54 = \$18,798.78.

Announcements

No July Club Meeting

August Meeting Family Picnic

Aug 13th 5:30

South Lions Park Shelter

Bring the family, family and food. Chairs are a good idea, too.

Advocacy & Service

Committee

Next Meeting: July 23rd

At the Office Garage 5:30

Current Projects:

Scholarships

Food Drive

Next Meetings: 8/25 9/22 10/27 11/24
12/22

Food Drive: August 22nd



Watch for Sign-Ups from Denise

Membership & Communications Committee Meeting

Next Meeting- 4th Thursday

Place TBA

Come help us !!

Check out our Website!!

CheyenneZonta.org

**The latest activity information,
scholarship forms, and contacts.**

A proud supporter of Cancel Out and
the Cheyenne Zonta Club



2026 Club Officers

President: Jennica Fournier
jennicafournier@gmail.com

Vice President: Joelle Ashley
joelledee@gmail.com

Secretary: Barbara World
bworldloveshorses@gmail.com

Treasurer: Vickie Ingerle
ingerlev@yahoo.com

Board of Directors:

Jody Gostas
Olivia Salazar
Denise Parrish
Kate Wright
Kristie Wilson

Nominating Committee

Michelle Huff
Tracy Myers
(2 Vacancies)

Committee Chairs

Advocacy/Service: Jennica Fournier
Finance: Kathy Cathcart
Membership/Communication: Jill Randall and
Betty Abernethy
Zonta International Foundation for Women
Ambassador: Mary Walker
Club Historian: Linda Bogart

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Zonta Foundation :

Ann Erdmann, President
Linda Bogart, Vice President
Melissa Martin, Treasurer
Denise Parrish, Secretary
Vickie Ingerle, Member



<i>Donna Angel</i>	<i>7/27</i>
<i>Olivia Salazar</i>	<i>7/29</i>
<i>Michelle Huff</i>	<i>7/31</i>

Upcoming Meetings & Events:

Zonta Club Meeting
August 13th: 5:30 Family Picnic
South Lions Park Shelter

Advocacy & Service Committee Meeting
July 23rd 5:30, Office Garage

Zonta Board Meeting
July 2nd: 5:30
Place: County Library Sage Room

Membership/Communications Committee Meeting
4th Thursday of the month
location TBA—
Zunco
Watch for emails from ZontaFun@gmail.com!
www.cheyennezonta.org

I've been redeemed

1.LEAD:*Oh, you can't get to Heaven (Kids: Oh, you can't get to Heaven)*

On roller skates (On roller skates)

Oh, you can't get to Heaven (Oh, you can't get to Heaven)

On roller-

LEAD and Kids: *skates*

ALL: *Oh, you can't get to Heaven on roller skates*

You'd roll right past those pearly gates

All my sins are washed away

I've been redeemed

2.LEAD: *Oh, you can't get to Heaven (Kids: Oh, you can't get to Heaven)*

On a pogo stick (On a pogo stick)

Oh, you can't get to Heaven (Oh, you can't get to Heaven)

On a pogo

LEAD and Kids: *stick*

ALL:*Oh, you can't get to Heaven on a pogo stick*

'Cause all that jumping would make you sick!

All my sins are washed away

3.LEAD:*Oh, you can't get to Heaven (Kids: Oh, you can't get to Heaven)*

In a washing machine (In a washing machine)

Oh, you can't get to Heaven (Oh, you can't get to Heaven)

In a washing ma-

LEAD and Kids: *-chine*

Oh, you can't get to Heaven in a washing machine

'Cause God don't care if your clothes are clean

All my sins have washed away

I've been redeemed

4.LEAD: *Oh, you can't get to Heaven (Kids: Oh, you can't get to Heaven)*

In a rocket ship (In a rocket ship)

Oh, you can't get to Heaven (Oh, you can't get to Heaven)

In a rocket

Lead and Kids: *ship*

All:*Oh, you can't get to Heaven in a rocket ship*

'Cause there is no rocket that could make that trip

All my sins are washed away

I've been redeemed