ZONTA CLUB OF CHEYENNE
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN THROUGH SERVICE & ADVOCACY

October 2026

Zephyr

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Message from the President



This October, we have the privilege of celebrating 70 years of the Zonta Club of Cheyenne. I feel especially fortunate to have shared more than a decade of that remarkable history as a member, yet many women in our club have devoted their time far longer to this work. The work often began years before they even joined Zonta. Whether gathered for committee meetings, club meetings, or Zunco events, I have learned from extraordinary women whose wisdom, dedication, and friendship continue to inspire me. Some carry invaluable knowledge of both our club's legacy and the broader story of women's progress in Cheyenne. Across generations, the women of our club have opened doors and improved lives in ways both visible and quiet. Each of us has a story of injustice that moved us to act, not only on an international scale, but right here at home. For more than 70 years, we have worked to make Cheyenne a better place for women. We have restored dignity to women leaving our emergency rooms by providing clean clothing; stood beside the families of domestic violence victims, assuring them that their mothers and daughters will not be forgotten; offered comfort to women traveling home after breast reconstruction; strengthened security for women seeking refuge in our safe house; and helped young women carry a little less of the financial burden of education. The impact of this work has grown year after year, creating a legacy far greater than any single project or moment. At our 70th anniversary celebration, I encourage you to seek out a fellow Zontian. Ask what brought her to Zonta, what work has inspired her through the years, and what memories she treasures most. Then thank her for helping make our hometown a better place for the women we love and for the generations still to come.

Jennica Fournier

District 12 Governor's Seminar Oct. 3rd

Please mark your calendars for this year's Governor's Seminar, which will be viewed virtually on October 3rd from 10:00 AM to 2:00 PM at the Cubby Hole. District 12 Governor Deb Beatty will conduct business and discussions.

Mary Walker and Jennica Fournier will be with us for questions and comments.

Join us for the

Governor's Seminar
VIRTUAL WATCH PARTY
October 3rd 10:00-2:00
Snacks will be provided
At the Cubby Hole Meeting Room
4500 Haunted Road
Cheyenne

- Cost: There is currently no fee to attend, and everyone is welcome.

- Agenda: The tentative plan features guest speakers for most of the session, with a primary focus on child marriage.

Z I's new proposals, ideas for new districting, new ammendments and new scheduling for scholarships that will effect each club will be presented at the **virtual Governor's Seminar** and open for discussion. **Attend the Watch Party** and have a hand in shaping what happens next. Convention members will be there to explain, refreshments will carry you

Our 70th Anniversary Celebrate with Us

Past Presidents, District 12 leaders, family and friends will join us on Saturday, October 8th for our anniversary party at LCCC's Campus, CCI Room 130.

The evening will entail a plethora of Cheyenne Zonta Club's history, remarks by our club's outstanding women, and the celebration of 70 years of activism, club achievements, and community impact. Join in with the induction of our new members and visit with our seasoned ones. *Bring your stories and memories to share!!*



We would love to share this celebration with everyone and would be honored if you could join us for an evening with wonderful Zontians with a purpose!!



RSVP by Oct 1st at https://forms.gle/4Cq1xQctBRnxa7Hz8



Zontian of Year
Missie Martin

We were thrilled to recognize Melissa Martin as our Zontian of the Year at last week's club meeting! (September 10th)💛
Melissa is truly a force for good, both within Zonta Club of Cheyenne and throughout our community. Her commitment, passion, and kindness are reflected in everything she does, and we are so grateful for the time and heart she gives to others.
Congratulations, Melissa, and thank you for all you do!
(Facebook 9-10)

"Huge congratulations on being named Zontian of the Year!
Honestly, no one deserves this honor more than you. Your heart for service shines through everything you do. Whether you are stepping up as a fierce advocate for women, making sure every single person in the room feels seen and included, or pouring your warm, caring energy into supporting others, you make our community a better place just by being in it. I am very proud of you and so grateful to call you my best friend. Keep shining. This recognition is so wonderfully deserved!" someone posted.



Betty Abernethy presents Melissa Martin with her Zontian of the Year Award

Habitat for Humanity Honors Kate Wright



Our newest four-home development at 5th and Bent has officially been named Kate's Corner, honoring former Executive Director Kate Wright and recognizing the decade of leadership, service, and passion she gave to Habitat and our community. Kate's Corner is more than the name of a development. It represents a legacy of bringing people together to build homes, community, and hope and the four families who will eventually call this place home will become part of that story.
(See press release)



Habitat for Humanity of Laramie County Names New Four-Home Development "Kate's Corner," Honoring a Decade of Leadership

CHEYENNE, WYO. September 2026- Every Habitat home tells the story of a family. **Kate's Corner tells the story of a leader who helped make those stories possible.**

Habitat for Humanity of Laramie County is proud to announce that its newest four-home development on **5th and Bent** will be named **Kate's Corner**, in honor of Habitat for Humanity of Laramie County's former Executive Director **Kate Wright** and the decade of leadership she gave to Habitat and the Cheyenne community.
The development recognizes Wright's lasting impact on Habitat for Humanity of Laramie County and her role in expanding opportunities for affordable homeownership throughout the community.
Kate first picked up a hammer as a Habitat volunteer in 2008. Her passion for the mission eventually led her to become Habitat for Humanity of Laramie County's first Executive Director, a position she held from **2012 through 2022**.
During those ten years, Kate helped guide countless volunteers, donors, community partners, and future homeowners around one simple belief: **everyone deserves a safe, decent, affordable place to call home.**
Whether celebrating alongside a family receiving the keys to their first home or working shoulder-to-shoulder with volunteers on a construction site, Kate understood that homeownership could change lives.
She also understood that Habitat's work has never been something one person does alone. **Kate's Corner is a reflection of that spirit.**



The four-home development will provide four local families with the opportunity of affordable homeownership, while honoring the legacy of someone who dedicated her career to helping make that opportunity possible for others.
Kate's Corner is proof that affordable homeownership is only possible when a community comes together.

Media Contact:
Brady Gale – Marketing Manager – Brady@cheyennehabitat.org – 307-637-8067, ext. 3

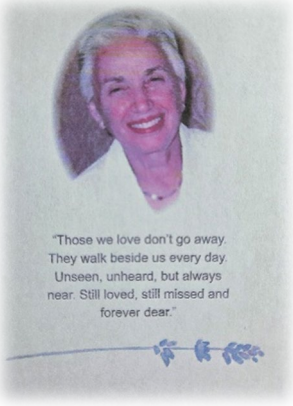


Bev Ambrose

Dec 7, 1937-July 2, 2026

Bev Ambrose joined Zonta in 1980 and remained a dedicated, long-time member of the Zonta Club of Cheyenne, except for a move to South Dakota, where she joined the local Zonta club there. She was recognized as Zontian of the Year in 1989, a reflection of her commitment to the organization and its mission.

At a recent Q & A during one of our meetings, Bev said one of the most exciting things about Zonta was that it helped women and girls all over the world. When asked what advice she would give to young women wanting to make a difference in their community, she said she would encourage them to join Zonta and begin changing the world in their own community.



Beyond Zonta, Bev loved music and played the trombone and handbells at church. She owned a children's clothing store and was also a registered nurse.

As our oldest member, Bev held a special place in the Zonta Club of Cheyenne. Her long-standing presence, commitment to service, and belief in changing the world through community action will be remembered and missed by our members.

In memory of Bev the Cheyenne Zonta members donated to Zonta International Rose Fund.

Club Committees Busy Planning

Cancel Out Committee Notes

- Denise Parrish will be treasurer again.
- Location has been confirmed at CFD
- No theme has been chosen yet
- .Have contacted last year's auctioneer
- We would like to ask Ty Warner to come again.
- We would like to get Corporate Sponsors signed up by the end of this year.
- Tracy Myers is chairing the baskets for the Silent Auction and requested all donations be turned in to her a week in advance.
- Kathy Cathcart will chair the bottle grab.
- Joelle Asley is doing social media.

- The Cancel Out Committee will be meeting on Tuesday, October 20, 2026 also at Betty's house. We encourage anyone interested in the fundraising part of this to please join us. There is a lot of work to do before March 5th. *I look forward to seeing many of you at one of these meetings.* Betty
  -

Membership Committee Notes

- The Membership Reception for new possible members was held at Wagonhound Wine Company on September 14th.
- Zunco is scheduled for November 3rd at Applebees
- Christmas Party and White Elephant exchange is Dec. 3rd.
- The Membership/Communications committee will be meeting on Saturday, October 10, 2026 at 10:00 a.m. at Betty Abernethy's house, 814 E Jefferson Rd, Cheyenne, WY 82007. This represents the September and October monthly meeting. Please join us.

Advocacy Committee Notes

The Food drive was a great success. Over 7,000 pounds of food were collected

Silent Witness March

- Silent Witness March will be November 21st (walk from Supreme Court building to Library.)
- The foundation gave us money to use for this event . We could use it for marketing the Silent Witness Walk. Suggestions were; make another stand to describe what Zonta is and what the Silent witness walk is, social media newspaper or Facebook marketing and or maybe we could purchase some scarfs/neck adornment for Zonta members walking,
- Governor's Proclamation date to be determined. Everyone join us.
- Mayor's Proclamation is November 25th at 2:30. Everyone come.

Scholarship changes:

- The committee is working to get scholarships in and coordinate deadlines.
- The ZI change is that we are giving them out every year not every two years.

As the committee plans develop, so do the opportunities to help out. Everyone is invited to attend any meeting. Getting involved is a great way to find out about Zonta at the local level as well as the Area 2 Level, District 12 level and Zonta International. Your work with benefit so many!!!

Zonta of Cheyenne was recognized, at the 2026 ZI Conference in Denver, for donating over $20,000 to the Zonta International Foundation in the biennial. This 2026 Award was for the donation to the Zonta Foundation for Women from 2024 and 2025 Cancel Out..



Social Injustice Resource Center July 2026 Newsletter Issue #113

Gender Inequality



Women are still not treated equally as men -- both in the U.S. and around the world. Here are some examples.

Pay Gap
Women working full-time earn about **11–12%** less than men on average.
Organization for Economic Co-Operation and Development

Unpaid Care Work
More than **710 million** women worldwide are excluded from the labor market because of family-care responsibilities.
World Bank

Labor Force Participation
Globally, about **53%** of women participate in the labor force compared with **80%** of men.
World Bank

Girls between the ages **5** and **14** spend around **160 million** more hours per day on household chores compared to boys.
UNICEF
39% of working mothers say that they are the ones to take time off from work and stay home when their children are sick — compared to **3%** of fathers.
KFF

Parliamentary Representation
Despite being **49.7%** of the world's population, women hold **27.5%** of parliamentary seats.
The United Nations

Safety
50% of women feel unsafe walking alone after dark in a quiet street near their home, compared to **15%** of men.
Center for Violence Prevention Research

Of women aged **16** to **34** years, **66%** have experienced a form of harassment in the previous **12** months; **44%** experienced catcalls, whistles, unwanted sexual comments or jokes, and **29%** felt like they were being followed.
Center for Violence Prevention Research

Social Interactions
Men interrupt **33%** more often when they speak with women than when they speak with other men.
George Washington University

Police have used license plate readers to stalk romantic interests at least **20** times.
Institute for Justice

Health
Women spend **25%** more of their lives in poor health or with disabilities than men, resulting in a loss of **75 million** years of life globally.

National Organization of Men Against Sexism

Globally
In Afghanistan, animals have more rights than women. If a husband beats his wife and causes injuries such as fractures, wounds, or bruises, the penalty can be **15** days in prison, but harming a bird or animal can carry a penalty of up to **5** months in prison.
United Nations High Commissioner for Human Rights

In 2024, India recorded **16** dowry deaths -- every day.

India Today

Less than **5%** of women live in economies approaching full legal equality. Only **6** countries give women the same legal rights as men: Belgium, Denmark, France, Latvia, Luxembourg and Sweden
World Bank

Only **8** out of **31** countries in Europe have laws that state that sex without consent is rape.
Amnesty International

National Geographic ranks women's rights in countries around the world by considering factors such as: government representation, cell phone use, employment, financial access, education, intimate partner violence, community safety, organized violence, discriminatory norms, son bias and
legal discrimination.

According to National Geographic, the **5** worst countries to be a woman are:

1. Yemen
2. Afghanistan
3. Syria
4. Pakistan
5. South Sudan

The **5** best countries to be a woman are:

1. Norway
2. Switzerland
3. Finland
4. Denmark
5. Iceland

(The U.S. ranks **19th**)
National Geographic

On the positive side, a majority of state constitutions have gender equality provisions.
Brennan Center for Justice

ZONTA FOUNDATION FOR WOMEN

Volume IX | September 2026

Inspiring Impact:

Zonta Foundation for Women Quarterly Report

Supporting lifelong learning for women and girls is one of the most effective long-term investments in creating a more equitable future for all. Education provides girls and women with the knowledge, skills, confidence and opportunities needed to pursue higher-paying careers, compete for leadership positions and transform communities.

Globally, women remain underrepresented in management and leadership, earn less than men, and are disproportionately concentrated in lower-paid roles. The International Labour Organization identifies unequal access to education and training, unpaid care responsibilities and weak enforcement of nondiscrimination protections as factors contributing to these persistent gaps.



IN 2025

Women held	Women were	Women made
30.5% of managerial positions worldwide.	**40.1%** of the global workforce.	**78 cents** for every dollar earned by male employees.



Investing in girls' education helps address these inequities at their roots. The World Bank estimates that if every girl worldwide completed 12 years of quality education, women's lifetime earnings could increase by $15 to $30 trillion globally. Education can also help challenge the social norms, stereotypes and discriminatory practices that limit women's opportunities later in life. UNESCO emphasizes that education can transform unequal peer relationships and discriminatory practices while giving girls and women greater agency to shape their lives and futures.

Through generous contributions to the Zonta Foundation for Women, Zonta is committed to advancing educational equality through meaningful fellowships, scholarships and awards that address equal access and opportunity for women and girls. Zonta's educational programs represent a powerful and lasting commitment to breaking barriers and advancing equality in traditionally male-dominated fields and supporting women in taking on greater leadership responsibilities.

ZONTA ADDRESSES BARRIERS FOR WOMEN IN THE WORKPLACE

- UNDER-REPRESENTATION IN CAREER FIELD
- UNDER-REPRESENTATION IN LEADERSHIP
- UNEQUAL PAY
- LOWER-INCOME OPPORTUNITIES

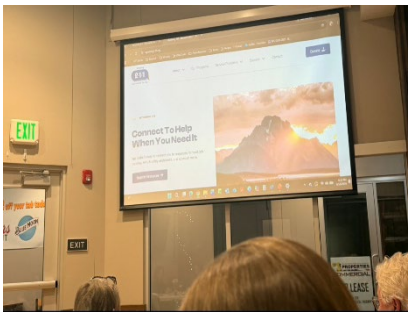
Zonta Club of Cheyenne Member Meeting

September 10,2026, 6:00p.m The Office Bar and Grill

Meeting called to order at 6:00 p.m. by Jennica
Introduction of new members - Devon Gable, Dodie Triplett and Karen Rossetti all introduced themselves and told why they joined Zonta.
Quorum Confirmation (⅓ of members - 13 members)
15 members in attendance with one guest - quorum confirmed.



Introduction of guest speaker - Jane Cramb from Wyoming 211
When you dial 211 on the phone, live operators can offer free information and referrals in the following areas such as Rent & Utility assistance, transportation, food & clothing, childcare services, disability & disaster services, domestic violence, counseling & health services, job training, legal assistance, mental health, senior & veteran services, housing & shelters and much more!!!!!! A very informative presentation was presented.



Board Report:

- Zonta International Blueprint for the Future presented by Jennica.

Why are we making changes?
Decline in Membership
Inefficiencies and inequity in governance
The current structure does not meet current non-profit and membership organization standards.
Changes to the Board and International Committees.
Term rules
Who can serve-younger members, competency based selection
Number of people on Board
Committee Structure
President/CEO and Treasurer/CFO roles changes District Restructuring -How?
Countries/Territories with 5+ clubs become their own district with its own board. Those with <5 clubs will be based on region. America, Europe, Asia Oceania.
District Restructuring - Why?
Language
Communications
Member cost & cost of operations
Ability to focus on advocacy at national level
Leadership and succession How will these changes affect us?
Connection
Governance
Leadership pathways
Advocacy
Cost
Jennica stated that the deadline for feedback from all clubs is October 31st.
This would change the structure of all US Zonta clubs (238 of them) would be incorporated into one district. In the US every state has different laws governing organizations would be a conflict. Not all of these changes affect the bylaws. Jennica stated she would like to form a committee to spend an afternoon to discuss this so we can send our feedback to international.
Mary Walker shared her experience as a delegate. We were fortunate to have 2 delegates. She started preparation in April to look at nominations for the International to be voted on. She stated that she had to do a lot of preparation before going to the Zonta International Conference. She had several training sessions ahead of the conference online so she would be prepared for the changes to bylaws that had to be voted on.There were 8 voting sessions and were very well governed by Roberts Rules.

Denise Parish did a presentation of proposed changes to the bylaws and articles of incorporation that were voted on.(detailed hand out given) 16 passed and 6 failed. We were recognized as a club who donated lots of money to Zonta International. We received this award this year.

Treasurers Report: Vickie was not present to give report.
Minutes from previous meeting (June)- Betty Abernethy moved to accept minutes as read and Joelle Ashley seconded and they were approved.

Service and Advocacy Report:

Silent Witness March is scheduled for Saturday November 21st at 10:00 a.m. We start at the supreme court building and end at the library. The silhouettes are then displayed at the library for 16 days. Reception at the library, where families can share their stories.

Mayor's proclamation - November 25th at 2:30

Governor's proclamation - date has not been determined yet.

The food drive was successful with 7,000 pounds of food collected.

Fund Raising Report:

Membership and Communications Report:

Membership Reception September 14th at Wagonhound Bar and Grill Membership and Communication Committee meeting last Thursday of the month at Betty's house.

November 2nd - Zunco at Applebees $15.00

Cancel Out CFD event center March 5th, 2027. We still need volunteers to help with this event. No theme has been selected yet but would like to carry over from last year "Picking up the Pieces" and maybe expand on that. The next meeting for this will be 28th at Betty's house.

Old Business:

70th Anniversary Party/October Meeting- October 8th 5:30 to 9:00 p.m. at LCCC Campus, CCI Room 130. Invites have been sent out please RSVP b y September 30th online. Need volunteers for decorating, set up and breakdown. Just come and celebrate. We are inviting sponsors, past presidents and every member to please bring a guest. We will have cocktails, heavy appetizers and desserts will be served.

Nominating Committee - looking for 1 more member to be on this committee,

Record Review was completed and only found a .37 cent discrepancy.

New Business:

Beverly Ambrose - long term member who passed away. Per our bylaws we are able to make a monetary donation of $50.00 without any further approval. Denise took up any further donations from some of the members at the meeting.

District Meeting - we have organized a watch party at the Cubby Hole or you can stay at home in your pj's and watch it. The Virtual District meeting will be October 3rd 10:00 a.m. until 2:00 p.m.

Meeting adjourned at 7:34 by Jennica
Respectfully submitted,
Barbara World, Secretary



Bev at the 60th Anniversary

P.S. Call For Help

Jane Cramb <Specialist3@wyoming211.org>

"We house a statewide database of information on resources that can help a person in need. People can either search our website at www.wyoming211.org or they can call us and we will do a brief intake of information to get a better understanding of their situation and then give them referrals to programs that might be able to help them. Or they could text us at 898211 with their zip code too." Interview by Kathy Orr 2023 Women's Fair

September's Treasurer's Report

Zonta Club of Cheyenne - Treasurer's Report as of 09/28/2026					
	Date	Check #	Debit	Credit	Balance
Ending Balance last Treasurer's Report					$18,978.78
Checks Written					
					18,978.78
					18,978.78
					18,978.78
					18,978.78
					18,978.78
					18,978.78
					18,978.78
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					18,978.78
Deposits					
					18,978.78
					18,978.78
					18,978.78
					18,978.78
					18,978.78
					18,978.78
Ending Balance					18,978.78
			Cleared		
Bank Balance is $19,224.42, less two outstanding checks totaling $ 245.64= $18978.78.					



Zonta of Cheyenne's 70th Anniversary Celebration

October 8th

5:30 to 9:00

at LCCC Campus, CCI Room 130

Delicious cocktails, heavy appetizers and desserts will be served.

Join our guest including past presidents, District 12 leaders, Area 2 ladies, friends and family and Zonta of Cheyenne members. Check out the photos from 5, 10 and even 70 years ago highlighting our club activities and projects. Hear stories and share memories with our outstanding members. Enjoy an evening of fun. Learn more about Cheyenne's Zonta.

Please RSVP by Sept. 30th

https://forms.gle/4Cq1xQctBRnxa7Hz8



Fall into Style

By Fort Collin's Zonta



Announcements

October Club Meeting

October 8th

5:30 to 9:00 p.m.

at LCCC Campus, CCI Room 130.

70th Anniversary Party

Advocacy & Service Committee

Next Meeting: Oct. 27th

At the Office Garage 5:30

Current Projects:

16 Days of Advocacy

Next Meetings: 11/24

12/22

Our *70th Anniversary Celebration!!!*

October 8th
5:30-8:30

Membership & Communications Committee Meeting

Sept-Oct. Mtg.-Friday
Oct.10 10:00

814 E Jefferson Rd, Cheyenne, WY 82007

Come help us !!

Check out our Website!!

Cheyennezonta.org

The latest activity information, scholarship forms, and contacts.

A proud supporter of Cancel Out and the Cheyenne Zonta Club

U-HAUL®

2026 Club Officers

President: Jennica Fournier
jennicafournier@gmail.com

Vice President: Joelle Ashley
joelledee@gmail.com

Secretary: Barbara World
bworldloveshorses@gmail.com

Treasurer: Vickie Ingerle
ingerlev@yahoo.com

Board of Directors:
Jody Gostas
Olivia Salazar
Denise Parrish
Kate Wright
Kristie Wilson

Nominating Committee

Michelle Huff
Tracy Myers
(2 Vacancies)

Committee Chairs
*A*dvocacy/Service: Jennica Fournier
Finance: Vickie Ingerle
Membership/Communication: Jill Randall and Betty Abernethy
Zonta International Foundation for Women
Ambassador: Mary Walker
Club Historian: Linda Bogart

Zonta Foundation :

Ann Erdmann, President
Linda Bogart, Vice President
Melissa Martin, Treasurer
Denise Parrish, Secretary
Vickie Ingerle, Member



Kate Wright	*10/2*
Kristie Wilson	*10/6*
Tracy Myers	*10/7*
Dasa Robertson	*10/10*
Ilaine Brown	*10/23*

Upcoming Meetings & Events:

Zonta Club Meeting
October 8th
5:30 to 9:00 p.m. at LCCC Campus, CCI Room 130

Advocacy & Service Committee Meeting
October 27th 5:30, Office Garage

Zonta Board Meeting
October 1st: 5:30
Place: County Library Sage Room

Membership/Communications Committee Meeting
4th Thursday of the month
Location: 814 E. Jefferson Rd. / Betty's Home
Zunco
November 2nd Applebees

www.cheyennezonta.org